"Dearest Beautiful Beings of Light:
As you are well aware, there is much unsettled energy in your world... in global situations, in weather conditions, in personal relations and in your physical chemistry as well as your minds, and these unsettled energies ARE the catalysts for change. It is in the shake up that you wake up!

So as you view the chaos out there, bless it and celebrate it as it is literally blowing up the old energy like dynamiting through the rocks (old dense energy) to create greater access (new highway) to higher awareness. And it is from this higher awareness that the change you so desire in your world can be accomplished.

When you see chaos in any situation, minor or catastrophic, bless it Dear Ones rather than cursing it or being debilitated by it as that will send a powerful vibration out that will assist the necessary change rather than resist it, or continue to feed the unwanted situation. You are much more powerful beings than you give yourself credit for. You have the power within your mind, body and energy field to change the world as you know it. It is through energy and by just believing that it is so! We have said before that you are the conduits of the Light that is being anchored on your earth, and as this Light gets anchored and emanated through you, it stirs things up - it cleans house, and cleaning house can get messy and uncomfortable.

Being uncomfortable is one of the symptoms of impending change. You have seen it before in your lives and felt the benefit of the changes that ensued. During these times of the Great Shift it is just on a much grander scale than you have yet to experience, and it is the unknown that creates the greatest discomfort for most of you. Remember, it is in the unknown, in the great void, that creation happens... and creation IS happening on a grand scale in these present moments. As more of you allow yourself to be comfortable with the unknown and holding the vision for what you DO want, it is creating a powerful emanation of benevolent energy that the Universe IS responding to even though you may not see tangible results in this moment. Just know that the "new energy field" for the earth is in place and each time you send benevolent energy thoughts out from your mind and your body it powers that field to override the old programs and conditioning.

Your physical chemistry is going through immense change that is also creating much
uncomfortableness, like you want to jump out of your skin. And we encourage you to love and soothe your body as if it were a scared child or animal, and assure it that you will take good care of it through these times. It will require very different foods and nutrients and more rest as it goes through the fluctuations of energy, so honour that, listen to your body - it is very wise and is the vehicle for your personal gift to this world... and that gift is YOU in all your glory and magnificence!

A Personal Message from me...

Talk about change... I am still here in my hometown which is quite a change for me as I usually only come for short visits in between my travels. It has been a wonderful month of reconnecting with family and friends, and with the land and water here... I am on Lake Huron and minutes from Lake Superior, one of the most powerful lakes in the world. Lake Superior is where I had many power surges and mystical experiences at the beginning of my own spiritual journey and "awakening". The eagle is my power animal and has appeared to me here almost everyday bringing it's connection to Spirit and Creation.

Speaking of power surges... Another major solar flare has caused unsettled energy in our technology as well as our bodies these past few days creating communication glitches as well as much lethargy. Our sun is a portal for emanation of higher frequencies and the solar flares send a purging energy that creates more room for us to hold light within our bodies, though it definitely creates mental, emotional and physical uncomfortableness. So I am grateful to be in these beautifully serene surroundings and have just allowed myself to be very quiet and rest as the solar flares also can raise consciousness through altered states, and it is being in stillness that makes that possible.

It seems like these Cosmic energy surges and alignments are never ending lately and what I am very strongly aware of is that we are being prepared to live in "new" energies free of the dense emotions and cellular memories that have kept us weighted down. I feel like much is being orchestrated for the fall and the year to come in all areas of our lives and for us just to allow that unfolding. When "US" talked about the uncomfortableness with the unknown, that really sums it up for me right now as that is exactly what I am experiencing.

In this moment in time, I plan to be spend the fall helping out my friend with her B&B making several trips to Toronto for events, client sessions and personal appointments. And to spend the winter somewhere warm though that is the "unknown" part of the plan as yet and trust that I will be shown... I always am!

(I encourage you to check out my friend's B&B Sunsets and Silence. You may want to consider coming to northern Ontario for a fall vacation as the colours are spectacular here!)

So I invite you to join 'US' transmitting their beautiful energy in our teleconferences on the 7th
and 21st of each month, as well as my live channel event coming up in Oakville on Sept. 22 (see details below). These gatherings help you to attune to the new vibrations and frequencies that are being emitted from the Cosmos!

... Judith

Upcoming Events

"DECADE OF LIGHT"
Teleconference Channel
Sun., Sept. 21, 2014 12:00 p.m. EDT (9:00 a.m. PDT)
$11.00 Register Here

"DECADE OF LIGHT"
Teleconference Channel *(Note: New Time!)*
Tues., Oct. 7, 2014 *7:00 p.m.* EDT (4:00 a.m. PDT)
$11.00 Register Here

... a gathering of like-hearted souls in our bi-monthly anchoring of the "light" within ourselves and our world!

Join Judith and other Lightholders to hear an empowering message and to receive an energy activation from "US" (United Souls of Heaven and Earth), a group of loving, supportive, non-physical spiritual teachers whose purpose for coming forth at this time is just as their name indicates:

"To unite heaven and earth by activating the Divine Essence in all human beings."

Each time we gather in a group, the energy is exponentialized for the individual participants as well as for our world. This truly is how we are creating heaven on earth!

(The telechannel on Sept. 7th message was *Greater Capacity to Affect Change* and was a very high energy transmission with so much valuable information. If you would like to order this Mp3 just Click Here).

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presents

**LIVE CHANNEL & ACTIVATION**

*with Judith Onley and "US"

back again for Fall Equinox...

**Mon. September 22, 2014  7:00-9:00 p.m.**

**AKASHA'S DEN**

#1-313 Lakeshore Rd., Oakville, ON

Pre-Registration Only. LIMITED SEATING! $44 +hst

Contact:  info@akashasden.com  905-844-5055

Experience your own "Light and energy" with Judith and "US" (United Souls of Heaven and Earth), a group of loving, supportive, non-physical spiritual teachers whose purpose for coming forth at this time is just as their name indicates:

"To unite heaven and earth by activating the Divine Essence within all human beings."

Hear an empowering message and receive a physical energy activation that will immediately help you:

* handle emotional ups and downs with greater ease
* amplify your energy field allowing you to exude confidence & clarity
* raise your vibration and conscious awareness/intuitiveness
* anchor light through your physical body to unite Heaven and Earth
* feel JOY in all that you engage in throughout the day!

Pre-Registration Only. LIMITED SEATING! $44 +hst. Call Akasha's Den  905-844-5055

Are you in need of an "energy upgrade"? Book a Personal Channel with Judith and "US" at the EVENT SPECIAL of $80 for 30 minutes, or $150 for 60 minutes.

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Feel free to share this newsletter with friends and family. The more who hear it, the greater the energy field we create for positive change on the planet!

With much love and gratitude to you all as we embrace this incredible time in our evolution from human beings to Light Beings,
What is Channeling?

Channeling is a gateway between the physical and non-physical realms facilitated through a human being who is willing to speak the words for all to benefit from the teachings and wisdom of the higher realms of enlightenment. It is a blending of these energies for the betterment of humankind through awareness and empowerment.