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Retirement village or aged care?

Throughout our lives we make choices about where to live, largely driven by lifestyle, work or family. However, as we get older our health or increasing levels of frailty may have a greater impact on these choices.

Homes come in a variety of shapes, styles and legal structures. Planning ahead and researching options can help you to make a well-informed decision when you think you need to move.

Where we live in our older years is not just a decision about physical location but how we can access care and support. It is important to understand what is affordable as well as how your daily routine can be managed.

Accommodation versus care

When care is needed, many people compare the option of a retirement village against residential aged care. While both provide supportive environments for older people, they are not complete substitutes. The funding and care implications are quite different.

Don't view the comparison as just a property transaction based on price and size. For example, in a retirement village you may have access to a whole unit or villa, while for a similar price in a residential aged care service, you have only a single room. You should also think about how much support you need each day.

Retirement villages versus residential care

Retirement villages offer the opportunity to live in a community of older people. The village operator will maintain the external building and community garden areas, but it is still independent living. For an additional cost, you may be able to access support inside your home but services vary from one retirement village to the next, and unless provided through a Home Care package, costs are not subsidised by the Government.

Residential aged care bundles fully supported living and care together with accommodation. This care is provided 24/7 and the costs are heavily subsidised by the government. The table below provides a basic summary of some of the key comparisons:

	Retirement village	Residential care
Entry cost	Set by the operator and specified	A published price which you can
(accommodation)	in the contract. Usually a lump	choose to pay as a fully refundable
	sum "purchase" but some villages	lump sum or a daily "rental"
	may allow a rental arrangement.	amount.
Tenancy right	Occupancy usually under a lease	Permanent tenancy for life, with
	or licence arrangement.	rules for future moves specified in
		the agreement.
Centrelink /DVA	Homeowner status depends on	If a homeowner before moving, this
means-test	the amount paid. If determined	status continues while a spouse
	to be a homeowner, the entry	continues to live there, or otherwise
	amount paid is exempt.	for the first two years only (or until
		home is sold).
Options when	Depends on contract. If the unit	A lump sum paid for the room (less
leave	is sold you may or may not share	any fees deducted) is refunded. All
	in any capital gains. A deferred	other rights terminate.
	management fee and	
	refurbishment expenses are	
	generally deducted from the	
	refunded amount.	
Cost of care	Optional services provided at the	Rules for calculating fees are set by
	operator's discretion – with	the government based on means-
	commercial and non-subsidised	testing, with minimum and
	pricing.	maximum annual fees.

The value of advice

Pulling together the information you need to make choices can be difficult and stressful for you and your family. Emotions can run high.

Giving yourself time by starting your research early can reduce stress levels and for an older person, can ensure their voice is heard more clearly. Call us today on 02 6056 8777 for advice to guide you through the process and help to create effective solutions for you and your family.

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