



## New Zealand Certificate in Health & Wellbeing (Level 3) Health Assistance

### Welcome to Links Training

Links Training was established as a Private Training Establishment in 2008 for people working in the disability and health care sectors in both the community and residential care facilities. We encourage people back to education in a friendly professional environment to enable them to continue on the pathway of learning skills for life.

### Qualification Overview

This industry training programme aims to develop the skills and knowledge required to provide care under the direction and delegation of a health professional in a range of contexts including; aged residential, acute, primary and rehabilitative care. This programme is targeted at people who are employed as health assistants in various health and wellbeing settings.

The graduate will benefit by gaining recognition of transferrable skills and knowledge valued across the health and wellbeing sector, and the specific skills and knowledge required to perform a role within the sector.

### Programme Overview

This industry training programme aims to develop the skills and knowledge required to support and empower people in home and community settings.

This programme is targeted at people who are employed or volunteer, as health care assistants and need to develop the skills and knowledge required to effectively support people to achieve their goals in their daily life.

### Learning Resources

We can provide all resources required for this training.

### How long will it take?

A total of 70 credits is required for this qualification, on average it will take 12 months to complete. We will check your NZQA Record of Achievement for any Unit Standards that you may have already completed toward this qualification; these will not need to be repeated.

### Funding

Te Pou funding maybe available to a workplace/ organisation check out <http://www.tepou.co.nz>

### Fees

Our fees are **not** required to be paid in full at the beginning of the training.

The *administration and material* fee is required when we receive the training agreement. This is a non-refundable fee. The *training fee* is invoiced when a trainee submits an assessment to us for marking.

### Instructor/Assessor qualifications

All our staff members have the relevant qualifications, as set down by NZQA and Careerforce, to be competent to deliver and assess against the Unit Standards and Qualifications in this booklet. All our staff are formally trained in Adult Education Level 5.

### Why choose Links Training?

As a Private Training Establishment, Links Training strives to work with both trainees and their workplaces to get the best possible outcomes for all parties. We can assist organisations or individuals to undertake training in their chosen fields. Whether it be training for the full qualification, completing a qualification or individual unit standards we can offer training in a manner that suits the organisations/trainees.



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Compulsory Units Standards = 14 credits

ID:	Title:	Level:	Credits:
28521	Recognise and describe responses to vulnerability and abuse in a health or wellbeing setting	3	5
28542	Demonstrate and apply knowledge of professional and ethical behaviour in a health or wellbeing setting	3	5
27459	Observe and respond to changes in people in a health or wellbeing setting	3	4

Elective Unit standards: Choose unit standards from the following table with credit value of at **least 56 credits**.

ID:	Title:	Level:	Credits:
1810	Provide information about resources and support services in a health or wellbeing setting	3	2
16870	Describe intellectual disability and the support needs of a person with an intellectual disability	3	4
16871	Describe physical disability and the support needs of a person with a physical disability	3	4
20827	Support a person to use prescribed medication in a health or wellbeing setting	3	3
23375	Describe hearing impairment	3	5
23377	Use visual strategies for communicating with Deaf and hearing Impaired	3	5
23382	Support a person to participate as a member of the community in a health or wellbeing setting	3	3
23385	Demonstrate knowledge of advocacy and self-advocacy in a health or wellbeing setting	3	4
23386	Support a person to meet personal care needs in a health or wellbeing setting	3	5
23387	Describe the ageing process and its effects on a person's lifestyle and wellbeing	3	7
23388	Provide support to a person whose behaviour presents challenges in a health or wellbeing setting	3	4
23389	Describe risk management planning in a health or wellbeing setting	3	3
23391	Respond to loss and grief in a health or wellbeing setting	3	2
23925	Support, mentor, and facilitate a person to maximise independence in a health or wellbeing setting	3	6
24895	Describe the visual system and vision impairment	3	5
25987	Describe culturally safe principles and Pacific values for people in a health or wellbeing setting	3	6
26974	Describe interaction, supports, and reporting for people with dementia in a health or wellbeing setting	3	8
26977	Move a person using equipment and care for equipment in a health or wellbeing setting	3	5
26980	Provide comfort cares, and report changes in the condition of a person with a life-limiting condition	3	3
26981	Describe risks, impacts, and actions for falls and minimise risk of	3	3

	falls in a health or wellbeing setting		
27457	Describe the anatomy and physiology of systems and associated organs of the human body	3	6
27458	Support a person to achieve goals in a health or wellbeing setting	3	3
27460	Describe a person's nutritional requirements and feeding issues in a health or wellbeing setting	3	3
27461	Describe indicators of wellness, interventions, care, and support for people at different lifespan stages	3	5
27465	Contribute to therapeutic programmes and/or groups in a health or wellbeing setting	3	5
27466	Apply modalities in physiotherapy as a health assistant	4	6
27467	Apply supported communication strategies in a health or wellbeing setting	4	5
27468	Apply safe swallowing strategies in a health or wellbeing setting	3	5
27469	Use specialised assistive and/or therapeutic equipment with people in a health or wellbeing setting	3	4
27833	Support people to use assistive equipment and move in a health, disability, or aged care context	3	5
28524	Describe a person's holistic needs and their impact on a person's health and wellbeing	3	5
28520	Demonstrate knowledge of specific conditions and their impacts when providing support in a health or wellbeing setting	3	9
28528	Describe and apply a person-centred approach in a health or wellbeing setting	3	3
28535	Demonstrate knowledge of procedures for infection control in a health or wellbeing setting	3	4
28536	Apply health, safety, and security practices in a health or wellbeing setting	3	5
28543	Describe culturally safe Māori operating principles and values, and their application in a health or wellbeing setting	3	5
28544	Provide support to people from different cultures in a health or wellbeing setting	3	5
28546	Describe incontinence and interventions to assist a person in a health or wellbeing setting	3	5
28547	Support a person with diabetes in a health or wellbeing setting	3	3
28550	Support a person with chronic obstructive pulmonary disease (COPD) in a health or wellbeing setting	3	3
28557	Communicate to support people's health and wellbeing	3	5
28563	Provide person-centred care when supporting a person with early-stage dementia in a health or wellbeing setting	3	8
28737	Demonstrate knowledge of pressure injuries and pressure care	3	4
28738	Describe the key principles of palliative care and a support worker's role in a palliative approach to care	3	3

Please note: these are the unit standards that Links training (2008) Ltd can offer. There are more electives available through Careerforce. Visit [www.careerforce.org.nz](http://www.careerforce.org.nz) for more information

**Please contact our office for more information and fee structures.**

Workplace training grants may be available through Te Pou <http://www.tepou.co.nz>