

Bianca's Dance Company's Physical Distancing and Sanitation Protocols for Phase 1 of the Alberta Relaunch Strategy

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1.0 Upon Entry

Dancers will be dropped off outside of the building. No parents or siblings will be permitted inside the studio.

Physical distancing of 2 meters must be maintained while entering. Dancers will wait in the car or stand outside 2 m apart until there is no one using the door.

All Junior Elite Company students must use the front door to the building. A hand sanitizing station must be used at the bottom of the stairs before entering our suite.

All Intermediate and Senior Elite Company students must use the back door to the building. A hand sanitizing station must be used on the stairs before entering our suite.

Students are not permitted to go into the change rooms. All belongings must be brought in a small bag which will be brought directly into the studio with them. Students will then line up in the symptom check queue. There will be physical markings on the floor to ensure a physical distance of 2m is maintained.

Before entering studio A or B each student will have their temperature taken by a digital thermometer to ensure they are not running a fever. They will be asked the appropriate questions from the chart below to determine if they have any symptoms of COVID-19. If a student answers YES to any of the questions the student WILL NOT be allowed on the premises. An exception will be made if the symptom is due to an underlying health condition that Bianca's Dance Company has been made aware of in advance and is listed in the students medical file.

1.	Do you have any of the below symptoms:		
	• Fever (greater than 38.0C)	YES	NO
	• Cough	YES	NO
	• Shortness of Breath / Difficulty Breathing	YES	NO
	• Sore throat	YES	NO
	• Runny Nose	YES	NO
2.	Have you, or anyone in your household travelled outside of Canada in the last 14 days?	YES	NO
3.	Have you, or anyone in your household been in contact in the last 14 days with someone who is being investigated or confirmed to be a case of COVID-19?	YES	NO
4.	Are you currently being investigated as a suspect case of COVID-19?	YES	NO
5.	Have you tested positive for COVID-19 within the last 10 days?	YES	NO

Face masks are strongly encouraged however they are not mandatory. Face masks provide a physical barrier that may help prevent the transmission of viruses by blocking the dispersion of large particle droplets propelled by coughing, sneezing and talking.

Bianca's Dance Company will provide one mask per student per month. Additional masks may be purchased for \$3 per mask. Students may also provide their own masks from home.

After securing face mask hands will be sanitized and students will be instructed to head directly to the studio without touching anything.

2.0 Illness

Students should inform Bianca's Dance Company staff immediately if they develop any of the symptoms in the above-mentioned chart.

Students who develop symptoms will be isolated until they are picked up by a parent or guardian.

Parents and students have been made aware that CMOH Order 05-2020 legally obligates individuals who have a fever, cough, shortness of breath, sore throat, runny nose (that is not related to a pre-existing illness or health condition) to be in isolation for 10 days from the start of symptoms or until symptoms resolve, whichever takes longer.

Parents should alert Bianca's Dance Company of any health conditions their child has which may cause similar symptoms of SARS-CoV-2 and/or COVID-19. These health conditions and symptoms include but are not limited to a cough and/or shortness of breath due to asthma or exercise induced asthma, and/or a sore throat, runny nose and/or nasal congestion due to severe seasonal allergies.

3.0 While in the Building

A direct route to studio A from the back door and studio B from the front door will be provided with the appropriate doors being open to avoid touching contact surfaces.

Currently (June 2020) we must operate in cohorts of 10 people. This includes staff and children. A cohort is defined as a group of children and staff members assigned to them who stay together throughout the day.

If a cohort transfers rooms at any point there will be 10 minutes given between the transfer to properly disinfect each room. A 245 nm UV light will be turned on in the studio for 10 min to kill all organisms in the room. This will kill all airborne viruses in the air, on the floor, or on the walls. Contact surfaces will also be wiped down.

There will be no communal areas for students to mingle and gather before or after classes.

Class start and end times have been staggered to reduce the chance of contact between cohorts.

Washrooms will be supplied with disinfecting products and all contact surfaces (facets, toilet flushers, locks, handles, knobs, etc) will be wiped down after hands are washed and before exiting.

Students will sanitize before leaving the studio and head directly to the exit one at a time without touching anything within the building besides their own outdoor shoes. All non essential objects have been removed from this route.

4.0 While in Dance Class

Masks should be worn to prevent the asymptomatic transfer of the virus to surfaces or the air while in the building.

Students will only make contact with the studio floor and ballet bars. No other props, blocks, yoga mats, or other communal tools will be in use.

Both studio A and B will have the perimeter marked on the floor with tape in boxes of 2m by 2m. This will ensure students physical distance as they line up to go across the floor.

Both studio A and B will be marked in the centre of the room with X's 2m apart to ensure students physical distance while executing centre work and stretching.

Both studio A and B will be marked on the side of the room with 7 boxes of 2 m by 2m. These boxes will act as “cubbies” and students will be permitted to put their bags and personal belongings in this area.

Snacks can be stored in students bags in the above mentioned “cubbies.” Students will not be permitted to use the fridge or microwave for meal preparation. Students will not share food.

Students will eat snacks in their “cubbies” inside studio A or B.

Students will not share water bottles and will keep water bottles in their designated “cubbie” at all times.

Students are not permitted to make any physical contact at any point and must maintain a physical distance of 2 m from other students and instructors.

Only one student is permitted to leave class to go to the washroom at one time. Students will wipe all contact surfaces and wash their hands before returning to class.

5.0 Responsibilities

All students must have an updated COVID-19 signed waiver on file before entering the premises.

A detailed record of who enters and exits the premises including times and dates will be kept in the case of a positive case of COVID-19. This will be available for the ease of use in contact tracing conducted by AHS.

All protocols have been communicated with staff, students and parents through this document and our updated waiver.

Signage has been posted throughout the studio to remind dancers of our protocols.

6.0 Cleaning and Disinfecting Protocols

Bianca’s Dance Company will increase daily cleaning and disinfection of common areas and surfaces. We will be paying particular attention to door knobs, light switches, washrooms and other high touch surfaces.

We will be using Spray Nine, a disinfectant with the following DIN (drug identification number) 02160331. Spray Nine has demonstrated effectiveness against viruses on hard non-porous surfaces.

Ballet bars will be disinfected using Lysol wipes after each use.

A 245 nm UV light will be turned on in the studio for 10 min to kill all organisms in the room before any cohort switching and at the end of every night. This will kill all airborne viruses in the air, on the floor, or on the walls.

*Cleaning refers to the removal of visible dirt, grime and impurities. Cleaning does not kill germs but helps remove them from the surface. Disinfecting refers to using chemical to kill germs on surfaces. This is most effective after surfaces are cleaned. Both steps are important to reduce the spread of infection.