



# COURSE OUTLINE

**COURSE TITLE: Safeguarding Vulnerable Adults**

**COURSE LEVEL: 3**

**DURATION: One day**

## Introduction

---

Unfortunately the abuse of vulnerable adults is a common occurrence in our society. Safeguarding vulnerable adults is therefore an important and at times complex task. Many adults are vulnerable to abuse and we need to be able to recognise this and understand what we can do to protect them.

## Benefits of Attending

---

The course promotes and raises awareness of the issues around abuse and allows learners a chance to think more in depth about the issues and to discuss existing or new issues that they may have come across. It also gives learners clear guidance about what to do when they come across abuse issues.

## Programme Highlights

---

The course looks at understanding who is a vulnerable adult, and what makes adults vulnerable as well as touching on issues of consent and the capacity to make decisions.

The course looks at the different forms of abuse and defines these as well as looking at who might abuse adults and why this abuse happens.

The course gives learners a clear picture of the legal framework including legislation, guidance and policies and procedures as well as looking at how to report any incidents or suspicions of abuse.

The course also looks at how we can make our practice safer and looks at a number of practice issues as well whistle blowing, training and supervision and the difficult subject of allegations against workers.

## Who Should Attend

---

All staff working with vulnerable adults

## Special Notes

---

---

# Safeguarding vulnerable adults

## Learning outcomes

- To help learners understand about vulnerable adults and abuse of adults
- To help learners respond appropriately to concerns and to report these
- To assist learners to work safely with and around vulnerable adults

Introductions. (10.00 – 10.15)

## Session 1. (10.15 – 11.15) Understanding who is a vulnerable adult

- Who is a vulnerable adults. Disability, illness and old age
- Capacity and consent
- Equality and diversity

Coffee. (11.15 – 11.30)

## Session 2. (11.30 – 12.30) Understanding abuse of vulnerable adults

- Different forms of abuse.  
Physical, sexual, neglect, psychological, discriminatory, financial
- Who abuses vulnerable adults. Signs of abuse

Lunch (12.30 – 1.30)

## Session 3. (1.30 – 2.30) Legislation, guidance and reporting

- Duty of care. Organisational policies and procedures and personal responsibilities
- Legal framework. Independent Safeguarding Authority
- Recording and reporting. Support services. Confidentiality

Coffee (2.30 – 2.45)

## Session 4. (2.45 – 3.45) Safe working practices

- Induction, training and supervision of workers
- Working with and around vulnerable adults
- Whistle blowing. Allegations against workers

Any Questions (3.45 – 4.00)

Close (4.00)