



COURSE OUTLINE

COURSE TITLE: Health and Safety in the Workplace Level 2 CIEH Award
COURSE LEVEL: 2

DURATION: One day

Introduction

A good knowledge of health and safety is essential to all employees in any organisation in order to ensure the maximum safety, security and welfare of all persons. This training course provides learners with the knowledge required of the broad range of health and safety related issues in the workplace and identifies the responsibilities of the employer and employee in ensuring everybody's safety.

Benefits of Attending

Learners will be required to complete a 30 question multiple-choice test paper as part of the training day, and will need to achieve a score of 20 out of 30 correct answers to achieve the Level 2 Award in Health and Safety in the Workplace which is accredited by the Chartered Institute of Environmental Health (CIEH) and Ofqual.

Programme Highlights

Understand the different aspects which relate to health and safety in the workplace
Understand the responsibilities of employees and employers in ensuring safety
Understand the control measures which can be put into place to reduce the risk of harm
Understand legislation and different regulations which form the Health and Safety at Work Act 1974

Who Should Attend

Any member of staff

Special Notes

Health and Safety (Half day)

Learning outcomes

- To ensure that all learners understand the legal requirements of current Health and safety legislation and guidance
- To ensure that all learners understand health and safety issues, learn how to conduct a standard risk assessment and are able to act to minimise and reduce risks

Introductions. (15 mins)

Session 1. (1 hour) Introduction to Health and Safety

- State the meaning and importance of health and safety
- State the different reasons why the health and safety of people could be put at risk
- Confirm health and safety legislation and the risk of non-compliance

Coffee. (15 minutes)

Session 2. (1 hour) Health and Safety Issues part one

- State health hazards, types and control measures
- Health and safety risk assessments
- Accidents and the legal requirements for accident reporting and recording
- Describe the factors that contribute to slips, trips and falls and methods to prevent them

Lunch (1 hour)

Session 3. Health and Safety Issues part two

- Hazardous substances and COSHH
- Electricity
- Manual handling
- Working at height
- Transport and vehicles
- Noise
- Workstation ergonomics

Coffee. (15 minutes)

Session 4. (1 hour) Health and Safety and Fire Hazards

- Common causes of fire
- Preventative measures
- Action to be taken in case of fire, including evacuation
- Procedures and the safe use of extinguishers

Any Questions and feedback (15 mins)

Close