



# COURSE OUTLINE

COURSE TITLE: Food safety

COURSE LEVEL: 2

DURATION: One day

## Introduction

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This course is designed to provide candidates who are involved with the preparation of food with the necessary skills and knowledge required by the National Minimum Standards. The course follows the syllabus provided by all awarding bodies and uses a wide range of material including quizzes, video clips, and other interactive media. At the end of the course, candidates have to undertake and pass an exam comprising of a number of multi-choice questions in order to receive a certificate.

## Benefits of Attending

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Food safety and quality are important for the well being of the staff and young people in your homes. Good food hygiene and quality is everyone's responsibility and care workers must be aware of the hazards associated with their job and how these hazards can be controlled.

## Programme Highlights

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Microbiological Hazards  
Food Poisoning and its control  
Contamination Hazards  
HACCP Regulation  
Personal Hygiene  
Food Safety Law and enforcement

## Who Should Attend

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All new members of staff and all those staff whose certification may have lapsed

## Special Notes

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Refresher advised every three years

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## Food safety

### Learning outcomes

- To provide learners with a thorough introduction to food safety, when preparing food for others
- To test learners knowledge with a short exam

### Introductions (15 mins)

#### Session 1 (1 hour) Introduction to food safety

- Introduction to food safety

### Coffee (15 mins)

#### Session 2 (1 hour) Hazards and food poisoning

- Microbiological hazards
- Food poisoning
- Contamination, hazards and controls

### Lunch (1 hour)

#### Session 3 (1 hour) Hygiene and controls

- HACCP from purchase to service
- Personal hygiene
- Food premises and equipment
- Food pests and controls
- Cleaning and disinfection

### Coffee (15 mins)

#### Session 4 (1 hour) Food safety law and exam

- Food safety law and enforcement
- Revision
- Exam

### Any questions (15 mins)

### Close