



# COURSE OUTLINE

COURSE TITLE: Child development

COURSE LEVEL: 3

DURATION: One day

## Introduction

---

This course is designed to impart a basic foundation in 'normal' child development through the use of a series of theoretical workshops interspersed with group exercises that draw on personal experiences and specific case histories. As the course progresses we will begin to look at 'developmental delay' and introduces candidates to a brief overview on 'attachment theory'.

## Benefits of Attending

---

It is our belief that in order for staff to meet the needs of the young people in their care it is of crucial importance that they have a understanding of 'normal' human growth and development in order to identify 'abnormal' or 'dysfunctional' development.

## Programme Highlights

---

- To understand the process of 'normal' growth and development
- To look at a number of developmental theories
- To help staff to begin to learn how recognise the development level of children in our care and to think of appropriate ways of meeting their needs
- To appreciate the importance and relevance of strong primary attachments
- To gain some understanding of developmental delay and how this affects the ways in which we work with difficult and troubled young people.

## Who Should Attend

---

All members of staff who work with vulnerable children and young people

## Special Notes

---

---

# Child Development

## Learning Outcomes

- To assist the learner to understand and monitor the expected pattern of development for children and young people from birth to 18 years
- To provide learners with the understanding of how to intervene and support children and young people with impaired development and disrupted transitions

## Introductions (15 mins)

### Session 1 (1 hour) Child development theory

- Stages of child development
- Physical, emotional, social and behavioral development

### Coffee. (15 mins)

### Session 2. (1 hour) Monitoring child development

- Developmental delays and monitoring
- Developmental differences. Social and environmental factors
- How disability may affect development

### Lunch (15 mins)

### Session 3. (1 hour) Interventions and child development

- Interventions with children and young people with impaired developmental
- How play and activities are used to support child development

### Coffee. (15 mins)

### Session 4 (1 hour) Transitions and their impact

- Different types of transitions
- Dealing with the impact of disrupted transitions

### Any Questions (15 mins)

### Close