

# **COURSE OUTLINE**

COURSE TITLE: Leadership styles

COURSE LEVEL: 5

DURATION: One day

### Introduction

Leaders are made not born. Understanding the difference between management and leadership is important, and taking time to develop our styles of leadership and become a better leader is important. Leadership is vital and the course will help managers develop their knowledge, practice and skills.

#### **Benefits of Attending**

Leaders have to have a vision and need to develop ways of communicating this vision and of motivating others to both share this vision and work towards it. Developing a team that works well together towards common a common goal is vital if we are going to provide an effective service for others. The course is flexible and encourages participants to examine themselves and discuss real issues

#### **Programme Highlights**

- Understand the characteristics of leadership
- Understand and develop a variety of clear and effective styles of leadership
- Learn about the theories of motivation and how to motivate others
- Understand about different learning styles and how to work with these
- Understand the dynamics of change and how to make change positive. Action planning

#### **Who Should Attend**

The course is a basic course in leadership styles and is ideal for new or aspirant managers.

#### **Special Notes**

This course works well with the Management Skills one day course

## Leadership Styles.

Learning outcomes

- To assist learners with understanding the concept of leadership
- To assist learners develop their leadership styles, skills and qualities

Introductions. (15 mins)

Session 1. (1 hour) Understanding Leadership

- Differences between management and leadership
- Creating a vision for your organisation
- Characteristics of leadership. Awaken the leader in you
- The most effective leadership tool, listening

Coffee. (15 mins)

Session 2. (1 hour) Leadership styles

- Situational leadership.
- Other leadership styles models

Lunch (1 hour)

Session 3. (1 hour) Effective leadership

- Liking yourself, developing confidence and assertiveness
- Dealing with stress. Emotional resilience
- Know what you want from others. Trust and respect

Coffee (15 mins)

Session 4. (1 hour) Leading others; leading change

- Leading change
- Mentoring
- Motivating others
- Action planning

Any Questions (15 mins) Close