



COURSE OUTLINE

COURSE TITLE: Safeguarding and domestic violence

COURSE LEVEL: 3

DURATION: One day

Introduction

Domestic violence is widespread and is clearly recognised as having profound effects on children and young people who experience it. In many ways witnessing domestic violence can be as traumatic and damaging as being direct physical or sexual abuse. Children and young people who live or who have lived in a situation where there is domestic violence will have a whole range of issues that need to be dealt with. Dealing with the fear and uncertainty that will have built up over time is vital for the future well being of all children and young people.

Benefits of Attending

The course spends some time looking at understanding domestic violence and more importantly understanding the impact and trauma caused. Until we fully understand the impact it is difficult for us to support children and young people to deal with the past. The course also starts to provide a range of ideas and techniques for addressing these issues and for providing the worker with skills and confidence to undertake this work.

Programme Highlights

- An opportunity to discuss our values and attitudes around domestic violence
- An in depth look at the impact caused by experiencing domestic violence
- A chance to look at some specific skills and techniques around supporting children
- A brief look at the concept of building resilience in children affected by domestic violence

Who Should Attend

The course is for any child care worker who works with children and young people of any age who has experienced domestic violence. It is particularly suitable for foster carers and residential workers

Special Notes

Safeguarding and domestic violence

Learning outcomes

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- To enable learners to gain a greater understanding of the domestic violence and the impact it has on children and young people
 - To give learners an opportunity to learn about how to support children and young people to deal with the ongoing trauma of having experienced domestic violence

Introductions. (15 mins)

Session 1. (1 hour) Understanding domestic violence

- Definitions of domestic violence
- Prevalence and understanding causes of domestic violence
- Domestic violence and child abuse
- Legislation, guidance, multi disciplinary working

Coffee. (15 mins)

Session 2. (1 hour) The impact of domestic violence

- Impact on young children (under 5s)
- Impact on older children (6 – 12)
- Impact on teenagers

Lunch (1 hour)

Session 3. (1 hour) Working with children and young people who have experienced domestic violence

- Triggers (alcohol, special occasions, men)
- Feeling safe
- Helping children to understand domestic violence

Coffee (15 mins)

Session 4. (1 hour) Building resilience with children who have experienced domestic violence

- Direct work
- Family work
- Resilience work

Any Questions (15 mins)

Close