

# **COURSE OUTLINE**

COURSE TITLE: Conduct disorder and ADHD

**COURSE LEVEL:** 

3

**DURATION:** One day

#### Introduction

The course looks these two disorders in detail as they appear to be diagnosed more commonly these days. The two disorders both have related behavioural difficulties and often challenging behaviour and these disorders can be difficult to separate. The course attempts to give clear advice about what the two disorders are and how to work with young people who have these. The trainer will make use of group tasks and discussions; problem solving using case examples and feedback as well as direct teaching with some use of presentations.

#### **Benefits of Attending**

Learners will gain an understanding of Conduct Disorder and ADHD with an explanation as to the possible causes and symptoms which the conditions may present along with the ability and knowledge on how to take action to help manage the condition and access the appropriate responses and support services. Learners will explore the underlying causes and the impact behaviours have on others.

# **Programme Highlights**

- Raised awareness of Conduct Disorder and an understanding of the possible causes
- An opportunity to gain a greater understanding of ADHD and how to work with young people who are diagnosed with this disorder
- Gain an understanding of both medical treatment and social work practice
- Looking at practical strategies for working with these young people and their families
- Gain knowledge of appropriate responses and support services to help manage the condition

#### Who Should Attend

Any experienced child care worker. Particularly those working with children and young people diagnosed with these disorders.

## **Special Notes**

### Conduct disorder and ADHD

#### Learning outcomes

- To give learners clear information about conduct disorder and ADHD as well as other related conditions
- To give learners some ways of working with young people with these disorders

### Introductions (15 mins)

### Session 1 (1 hour) Conduct disorder and related conditions

- What is conduct disorder
- Causes and sign and symptoms
- Other related conditions

Coffee (15 mins)

### Session 2 (1 hour) Working with a child with conduct disorder

- Assessment and treatment
- Working with challenging behavior
- Managing the risks

Lunch (1 hour)

## Session 3 (1 hour) ADHD

- What is ADHD
- Causes and signs and symptoms
- Related difficulties

Coffee (15 mins)

## Session 4 (1 hour) Working with a child with ADHD

- Assessment and treatment
- Working with medication
- Working with other professionals

Any questions (15 mins)

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