



COURSE OUTLINE

COURSE TITLE: Introduction to autism

COURSE LEVEL: 3

DURATION: One day

Introduction

An introductory day which looks at the many different aspects of Autism from its definition right through to supporting those involved with living and working with people with this diagnosis. It addresses the types and symptoms, the medication involved and how to provide person centred care.

Benefits of Attending

This awareness course is designed to present the learner with the essential knowledge and skills required to offer the best professional approach to caring for people who have autism. At the end of the course, learners will be able to define autism clearly, explain the importance and benefits of tracking the progression of autism and develop a clear vision about their roles and responsibilities.

Programme Highlights

Using a variety of facilitation and presentation techniques, the group will explore:

- Myths and facts. History of autism
- Types and forms of the condition
- The Triad of Impairment
- Communication
- Sensory perception
- Achieving Person Centred Care
- Reduction of inappropriate behaviours
- Why care routines are so important
- Obsessions and fixations

Who Should Attend

The course is an invaluable 'first step' for all who work in autism care or those who want to have a general understanding of autism and its effects.

Special Notes

Introduction to autism

Learning outcomes

- To give learners a basic understanding of Autism and Aspergers syndrome
- To give learners a range of skills and tools to work with young people with Autism or Aspergers syndrome

Introductions (15 mins)

Session 1 (1 hour) Understanding Autism

- What is Autism
- Aspergers syndrome
- The autistic spectrum

Coffee (15 mins)

Session 2 (1 hour) The triad of impairments

- Social interaction
- Social communication
- Social imagination

Lunch (1 hour)

Session 3 (1 hour) Sensory challenges people may experience

- Sight, hearing and sound
- Feelings and touch. Vestibular
- Smell and taste

Coffee (15 mins)

Session 4 (1 hour) Communication challenges

- Interpretation and understanding
- Too much information

Any questions (15 mins)

Close