



COURSE OUTLINE

COURSE TITLE: Play. Playing outside the box

COURSE LEVEL: 3

DURATION: One day

Introduction

There is a growing body of research that has begun to identify the disturbing consequences of children and young people being denied access to stimulating play experiences. Many young people within the 'looked after' system need to experience an environment which allows them to re-discover the childhood they may have lost. In order to achieve this organisations need to have a skilled workforce that not only understands the importance of play and exploration has in developmental terms, but also has the ability to engage children and young people in play

Benefits of Attending

- To understand that children and young people need to be given 'permission' to play
- To remember and reflect on their childhood play
- Understand that vulnerable teenagers need to 'play' just as much as the younger child
- Understand that relationships are key to engaging young people

Programme Highlights

- To examine the current use of existing play and leisure activities
- Introduce and explore the concept of the 'inner child'
- To explore strategies aimed at engaging children and young people who may be resistant to new ideas
- Develop an action plan aimed at developing outdoor and indoor, play friendly activities that fully utilise the resources available.

Who Should Attend

All child care practitioners working with vulnerable children and young people

Special Notes

This is an active course. Learners will be asked to engage in potentially 'messy' activities

Play. Playing outside the box

Learning Outcomes

- To enable learners to understand the importance of play and exploration in the development of the child and the concept of the 'inner child'
- To enable the learner to explore strategies aimed at engaging children who may be resistant to new ideas and to develop an action plan for play

Introductions (15 mins)

Session 1 (1 hour) Understanding the importance of play and exploration

- The importance of play and exploration for development
- Loss of play and current concerns
- Remembering your early childhood

Coffee. (15 mins)

Session 2. (1 hour) The inner child

- Concept of the inner child
- Learning how to play
- Why we need to invest in relationships

Lunch (1 hour)

Session 3. (1 hour) Engaging the resistant child

- Engaging children in 'play' activities
- Look at existing constraints that are in place to prevent development

Coffee. (15 mins)

Session 4 (1 hour) Develop an action plan for play

- Developing a plan
- Play as a therapeutic tool

Any Questions (15 mins)

Close