

# **COURSE OUTLINE**

COURSE TITLE: Sexual exploitation COURSE LEVEL: 3

**DURATION:** One day

#### Introduction

Sexual exploitation of vulnerable children and young people takes many forms, from inappropriate relationships to highly organised prostitution. The course aims to help participants understand the issues around this difficult subject, to understand why young people are drawn into this and to learn how best we as professionals can respond and protect young people

### **Benefits of Attending**

- To gain a more in depth understanding of sexual exploitation
- To help vulnerable young people deal with their past
- To understand our own values and attitudes around these issues
- To develop our direct working approach to sexual exploitation

# **Programme Highlights**

Children and young people will get something out of being exploited and we have to understand this dynamic. Children are often very frightened and at great risk and we have to fully understand how to deal with these issues in a multi disciplinary way. We need to understand the law and what we can do at a practical level to help stop this exploitation.

#### Who Should Attend

Any worker who is working with children and young people.

All children are vulnerable to exploitation but children who are "looked after" are particularly vulnerable. It is also important that we are clear about our own values and attitudes particularly when young people "choose" to place themselves in positions where they are exploited sexually

# **Special Notes**

### Learning outcomes

- To gain a more in depth understanding of sexual exploitation
- Understand what we can do to prevent sexual exploitation
- To develop our child protection approach
- To understand the law and assist with the prosecution of offenders

### Introductions. (15 mins)

### Session 1. (1 hour) Understanding sexual exploitation

- What do we mean by Sexual exploitation.
- How are young people drawn into sexual exploitation
- Our attitudes and values around sexual exploitation
- Sexual behaviour as self harm

Coffee. (15 mins)

### Session 2. (1 hour) Prevention

- Understanding needs. Loss, fear, powerlessness and self esteem
- Working with the past.
- Risks and Risk indicators. Risk assessments

Lunch (1 hour)

# Session 3. (1 hour) Child Protection

- Education. Sex and relationships.
- Confidence, assertiveness and building resilience
- Teamwork. Communication

Coffee (15 mins)

# Session 4. (1 hour) Prosecution

- Understanding the law
- Multi disciplinary work
- Practical actions. Keeping the unit and ourselves safe

Any Questions (15 mins)

Close