



## COURSE OUTLINE

COURSE TITLE: Sexually harmful behaviour (Basic awareness)  
LEVEL: 3

COURSE

DURATION: One day

### Introduction

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Sexually harmful behaviour in adolescents is a much misunderstood subject. Workers are often worried about trying to intervene for a variety of reasons. Our own values and attitudes affect how and what we think about this emotive subject and it is often difficult to get a consensus about what to do with young people with this type of challenging and sometimes dangerous behaviour. The course aims to de-mystify the subject and encourages all workers to gain a greater understanding of the topic and to start engaging with these young people in meaningful way

### Benefits of Attending

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The course allows learners to understand the difference between healthy, problematic and harmful sexualised behaviour and gives guidance about working in all these areas.

### Programme Highlights

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The course allows discussion by learners around the difficult topics of sexuality and sexual practice.

The course provides an easy to use model to assist workers to assess young people

Learners will have an opportunity to look at various ways of working with these young people

The course provides learners with an insight into the impact of this type of behaviour

The course also gives learners clear guidance and information about where to get more in-depth training and support when faced with more serious situations

### Who Should Attend

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Any children and young people's worker

### Special Notes

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# Sexually Harmful Behaviour (Adolescents)

## Basic Awareness Course

Learning outcomes:

- The learner will gain a basic awareness of adolescent sexually harmful behaviour and will have a model to work to
- The learner will gain an understanding of the work required to address these issues and gain an understanding of the likely impacts on all involved.

Introductions. (15 mins)

Session 1. (1 hour) Understanding sexualised behaviour

- Values and attitudes around sexualised behaviour
- Understanding sexuality and adolescence
- Children and young people's sexual behaviour

Coffee. (15 mins)

Session 2. (1 hour) Understanding sexually harmful behaviour

- Sexual abuse. Sex offenders. Sexual exploitation
- Continuum of sexual behaviours
- Understanding young people who sexually harm

Lunch (1 hour)

Session 3. (1 hour) An Introduction to working with sexually harmful behaviour

- Monitoring. Recording. Pattern mapping
- Assessment
- Managing risks

Coffee (15 mins)

Session 4. (1 hour) The impact of sexually harmful behaviour

- Working with the perpetrator
- Impact on the family. Working with the family
- Impact on the worker. Issues for residential workers. Next steps

Any Questions (15 mins)

Close