



COURSE OUTLINE

COURSE TITLE: Working with the abused child

COURSE LEVEL: 3

DURATION: One day

Introduction

Working with abused children is difficult, demanding and complex work. Often children have such complex needs that it is difficult to know where to start. Children also present a whole range of challenging behaviour which is a result of the trauma they have suffered but which makes helping them and working with them even more difficult.

Benefits of Attending

Having a framework within which to work and gaining some understanding of some theory is important, but having a range of practical tools and activities with which to work is equally important. Often we think that this work requires specialist professionals, but while therapists, psychologists and psychiatrists certainly have their role, carers are often best placed to provide the foundation and support for this work and there is a great deal we can do to help these children.

The course will introduce the skills and increase participant's confidence to undertake this work.

Programme Highlights

- Understanding loss and how to work with issues of denial, anger and guilt
- Meeting need.
- Helping children develop feelings and empathy
- Working to keep children safe by dealing with the past and by building resilience
- Understanding the differences between attachments and trust.
- Developing relationships
- Building self esteem, self confidence and self discipline

Who Should Attend

Workers with some experience and understanding of the caring task and with experience of working with children and young people with complex needs who have suffered abuse and trauma

Special Notes

Working with the abused child (An introduction to direct work)

Learning Outcomes

- To give learners an appreciation of the issues surrounding abuse
- To give learners some basic direct work or therapeutic work techniques to start to address some of the issues around abuse

Introductions (15 mins)

Session 1. (1 hour) Understanding loss

- Attachment theory. Working with attachment issues
- Working with Loss. Denial, anger and guilt
- Needs theory. Development issues

Coffee (15 mins)

Session 2 (1 hour) Working safely

- Understanding and working with fear. Helping children feel safe
- Managing the environment. Boundaries and routines
- Belongingness.
- Managing/balancing risk (control and care)

Lunch (1 hour)

Session 3 (1 hour) Understanding trust and relationships

- Loss of trust
- Dealing with the past
- The importance of primary care
- Understanding and helping children who become abusive

Coffee (15 mins)

Session 4 (1 hour) Building resilience

- Resilience theory. Domains of resilience. How to promote resilience
- Self esteem, Self confidence and Self discipline
- A positive future

Any Questions (15 mins)

Close