

## Ipswich Private Kindergarten - Communicable Disease Guidance Chart

### Please retain for future reference

Disease	Incubation Period	Infectious period	Restrictions and exclusions
Chicken Pox	2-3 weeks	Infectious from 5 days before to 5 days after the appearance of spots.	Exclude for at least 5 days after spots first appear or until they become dry
Conjunctivitis	24-72 hours	Can be infectious whilst eye remains inflamed.	No exclusion required after medical advice given or treatment started.
Gastroenteritis (Diarrhoea &/or vomiting)	Varies according to cause	Infectious whilst symptoms remain	Exclude whilst symptoms remain and for a further 24 hours once symptom free.
Glandular Fever	4-6 weeks	Virus may be carried for up to a year after the illness	Exclusion is not necessary if child feels well.
Hand, foot & mouth	3-5 days	Whilst symptoms are present and for some time after symptoms have gone.	No exclusion necessary if child is well.
Headlice	Headlice require head to head contact for at least 1 minute to spread.	Whilst headlice and nits (unhatched eggs) are present.	No exclusion required once treated. Further treatments may be required.
Influenza	1-5 days	Infectious up to one week after onset.	Exclusion for a minimum of one week and until well.
Impetigo	4-10 days	Highly infectious until lesions have healed	Exclusion for 48 hours after treatment commenced.
Measles	7-18 days	Infectious from just before illness starts until 3 days after the appearance of rash	Exclude for a minimum of 5 days and until well.
Meningitis	Varies according to cause.	Medical advice should be sought at an early stage	Exclude until certified well.
Mumps	12-25 days	Infectious for 1 week either side of the onset of facial swelling.	Exclude until one week after onset of swelling
Ringworm	10-14 days	Infectious whilst red ring-like lesions are present	Exclusion is not necessary once treatment has commenced.
Rubella (German Measles)	14-23 days	Infectious for about 1 week before and for 5 days after the onset of rash.	Exclude for 5 days after onset of rash.
Scabies	2-6 weeks (1-4 days if previously infected)	Infectious until treated.	Exclude until the day after the first treatment.

Scarlet Fever (Scarletina)	1-3 days	Infectious until treated with appropriate antibiotic for 48 hours	Exclude until treated for 48 hours.
Slapped cheek disease	4-20 days	Infectious before rash appears but probably not after.	Exclusion until clinically well. Some children are not unwell with this disease so may not need exclusion.
Threadworms	A few days.	Infectious until treated.	No exclusion but personal hygiene must be promoted.
Verrucae & Wart	2-3 months	Infectious whilst visible.	No exclusion.
Whooping Cough (Pertussis)	7-10 days	If untreated, infectious from onset until about 3 weeks later. If antibiotics are used this period is reduced to about 5 days	Exclusion for 3 weeks from onset if untreated. If treated with antibiotic can return after 5 days.

Please inform IPK if your child has any of the above diseases so that appropriate action can be taken. All information will be treated in the strictest confidence. If you require further information on any of the above illnesses please call in at the office. Thank you.