We have an excellent program this year. Please see the following pages for a preview of events.

Please note, the program is subject to date/time change, and will be updated continuously up to the conference.

Program Chairs
Allison Bielak & Tina Savla
Allison.Bielak@colostate.edu; JSavla@vt.edu
From Cradle to Grave: Are Early Life Traumas Reversible in Later Life? *

This symposium brings together a diverse set of papers that test continuity and discontinuity theory to understand the role of cumulative disadvantages, adaptability, and resilience to early life traumas and later life outcomes. Discussions will focus on modifying factors and future avenues for therapy, interventions, and inquiry.

Thurs, 8/9 - 11am to 12:50pm

How has Psychology Prepared You for Aging?

Led by Dr. Joseph Gaugler, a panel of practitioners, academics, and researchers will discuss aging from Eastern and Western perspectives, and provide insights from their own work and experiences on how to plan for retirement, disability, and dying.

Fri, 8/10 - 10am to 10:50am

New Frontiers in Biopsychosocial Research and Stress Interventions *

The papers in this symposium will discuss the new frontiers in stress research and describe stress-reduction programs and interventions designed for all ages. Dr. Steve Zarit will discuss these current trends and provide future vision and recommendations for improving the design of interventions for stress and coping.

Sat, 08/11 - 9am to 10:50am

A Guide on Best Practices for Running An Intervention

You may already understand the basics of how to run an intervention, but the details are very important. This session will provide the audience with best practices on how to conduct an intervention or randomized controlled trial. Topics include recruitment strategies, maintaining fidelity, avoiding placebo effects, statistical analysis, and how to translate a lab-controlled intervention to the real world.

Sat, 08/11 - 4pm to 5:50pm

* Sessions offering CE credits have been reviewed and approved by the American Psychological Association Office of Continuing Education in Psychology (CEP) and the Continuing Education Committee (CEC) to offer CE credits for psychologists. The CEP Office and the CEC maintain responsibility for the delivery of the programs.
August 9th, 2018
Executive Committee Meeting
SF Marriott Marquis Hotel:
Pacific Room E
8am to 9:50am

You're Only As Old As You Think and Do *
Symposium
Moscone Center: Room 206
10am to 10:50am

From Cradle to Grave: Are Early Life Traumas Reversible in Later Life? *
Symposium
Moscone Center: Room 208
11am to 12:50pm

Understanding and Promoting Resilience in Family Caregivers
Symposium
Moscone Center: Room 2016
12pm to 1:50pm

Introducing a New Tool to Help Mentors Guide Students to Critical Careers in Aging
Skill-Building Session
Moscone Center: Room 3007
2pm to 2:50pm

Division 20 Fellows Address: Dr. Shevaun D. Neupert
Moscone Center: Room 2000
3pm to 3:50pm

Division 20 Members Dinner (with Div. 12)
The Stinking Rose
Contact Tina Savla
(tinasavla@gmail.com)
6:30pm

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August 10th, 2018

Stress Management Strategies for Older Adults and Caregivers
Paper Session
Moscone Center: Room 2004
8am to 8:50am

Poster Session: Adult Development and Aging - I
Moscone Center: Halls ABC
9am to 9:50am

How has Psychology Prepared You for Aging
Conversation Hour
Moscone Center: Room 2003
10am to 10:50am

Baltes Distinguished Research Achievement Award: Dr. Carol D. Ryff
Moscone Center: Room 3002
11am to 11:50am

Division 20 Business Meeting
Hilton San Francisco Union
Square Hotel: Golden Gate
Rooms 6 and 7
4pm to 4:50pm

Division 20 Presidential Address: Dr. Joseph Gaugler
Hilton San Francisco Union
Square Hotel: Golden Gate
Rooms 6 and 7
5pm to 5:50pm

Awards Ceremony and Social Hour
Hilton San Francisco Union
Square Hotel: Golden Gate
Rooms 6 and 7
6pm to 7:50pm
August 11th, 2018

Multiple Pathways to Resilient Aging
Paper Session
Moscone Center: Room 2010
8am to 8:50am

New Frontiers in Biopsychosocial Research and Interventions for Stress and Coping *
Symposium
Moscone Center: Room 215
9am to 10:50am

Poster Session: Adult Development and Aging - II
Moscone Center: Halls ABC
11am to 11:50am

Collaborative Programming
Co-sponsored with Div. 5, 7, 12
Moscone Center: Room 156
4pm to 5:50pm

August 12th, 2018

Arts- and Media-based Approaches in Promoting Health and Well-being for Older Adults
Symposium
Moscone Center: Room 2006
10am to 10:50am

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Neuroscience of Creativity  
Symposium Co-sponsored with Divisions 3, 6, 10, 21  
Moscone Center: Room 2004  
Thurs, 8/9: 12pm to 12:50pm

Multicultural Guidelines: An Ecological Approach to Context, Identity, and Intersectionality  
Symposium Co-sponsored with Divisions 17, 39, 43, 45  
Moscone Center: Room 157  
Sat, 8/11: 10am to 11:50am

Veteran Mental Health: Lifespan Perspectives and Evidence-based Approaches  
Symposium Co-sponsored with Divisions 12, 18  
Moscone Center: Room 154  
Sat, 8/11: 12pm to 12:50pm

Symposium Co-sponsored with Divisions 5, 7, 12  
Moscone Center: Room 156  
Sat, 8/11: 4pm to 5:50pm

**OTHER SESSIONS OF INTEREST**

Getting Funded Without Getting Burned Out: An Interactive Mentoring Workshop  
Co-sponsored with Division 40  
Moscone Center: Rooms 3022/2024  
Sat, 8/11: 9am to 10:50am

Maintaining a Competitive Edge through Publication Success: Strategies for New Investigators  
Co-sponsored with Committee on Early Career Psychologists  
Moscone Center: Room 207  
Sat, 8/11: 9am to 10:50am

Current and Emerging Cognitive Interventions  
Environmental, Behavioral, & Technological Development  
Co-sponsored with Division 40  
Moscone Center: Room 207  
Sat, 8/11: 4pm to 5:50pm
APA 2018

Registration and Housing for the 2018 Convention will open on April 16, 2018
http://www.apa.org/convention

See you in San Francisco