Welcome to the APA Convention in Chicago. This year’s Division 19 theme is “Leading the Way: Military Psychology.” More than ever, the field of Military Psychology is paving the way in the areas of cutting edge research, advocacy, evidence-based interventions, and current science-practitioner approaches. Our hope for this conference is for you to experience an exciting and informational exchange of ideas on approaches to support the service members and veterans.

There will be numerous opportunities to connect with others and learn from a diverse group of professionals from academia, clinical, consulting, industrial and organizational, operational, and research psychology. There will be many notable speakers presenting in the areas, such as: clinical inpatient and outpatient treatment for veterans, data driven mental health insights, ECPs DoD careers, veteran transition from the military, unit readiness, wellness, women leaders in the military. This will be a great opportunity to network, learn about current findings in Military Psychology, and accrue Division 19/APA sponsored continuing education credits. You can find more information about the conference here: https://www.militarypsych.org/apa-convention.html

We sincerely hope to see you in Chicago in August!

Stephen
Stephen Bowles, PhD, ABPP
President, Society for Military Psychology

Welcome to Chicago! On behalf of your program committee, I am excited to welcome you to APA2019. We started planning over a year ago and I am so excited to see the program come together!

Division 19 is one of the most diverse divisions in the APA which is reflected in our program. In fact, this year we have presentations developed in collaboration with or co-sponsored by 24 divisions and APA groups—that over 40% of APA’s divisions! I hope you will take the opportunity to explore something outside your own area, including our 5 presentations selected by APA as part of their central planning presentations (listed on p. 3).

We also have our first ever “Wine Down” poster session, featuring some of our amazing submissions as well as new research from earlier this Spring. Please join us at our Division social hours and get to know other members. Dr. Hannah Tyler, our 2020 Program Chair, has also designed a fabulous Hospitality Suite program, which will be well stocked throughout the convention.

I hope you will also take some time to let me know how you enjoyed the convention (on Twitter @DrLandoll or rlandoll@alumni.unc.edu) and what we can do to better serve our members. Convention is a time of great excitement and energy and it is important that we capitalize on the tremendous talent of our members.

Kind regards,

Ryan R. Landoll, Ph.D., ABPP, 2019 Program Chair
## Main Programming: Schedule at a Glance

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<th>Time</th>
<th>Thursday</th>
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<tr>
<td>0800</td>
<td>Intensive Outpatient Programs for Active Duty Service Members** McCormick W187b</td>
<td>Mental Health Interventions for Incarcerated Vets: ARC Resiliency¥ McCormick W471b</td>
<td>Comprehensive Health Psychology Services for Rural Vets¥ McCormick W187c</td>
<td>Wellness Programs Among College Students and US Army* McCormick W179a</td>
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<td>0900</td>
<td>Doing Harm Ethically: Relevant Situations Across Psychology* McCormick W181a</td>
<td>Combating Avoidance: Military Culture &amp; Intensive Treatment for PTSD** McCormick W175c</td>
<td>Interpersonal Factors Among Military and Veteran Survivors of Trauma** McCormick W187b</td>
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<td>Learning from Military Health Podcasts+ McCormick W187c</td>
<td>Continuum of Care in Military Medical &amp; Ops Settings** McCormick W184a</td>
<td>Military and Veteran Transitions: Culture, Process, and Asmt¥ McCormick W193b</td>
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<td>Women Leaders in Military Psychology¥ McCormick W471a</td>
<td>Division Posters McCormick Hall F</td>
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<td>1300</td>
<td>Operational Psychology Support in Aerospace, Military, and National Security* McCormick W175c</td>
<td>Division Business Meeting Marriott Grand Horizon Ballroom F</td>
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<td>1500</td>
<td>Core Competencies in Suicide Risk Assessment* McCormick W185d</td>
<td>Presidential Address: “Leading the Way: Military Psychology” Marriott Grand Horizon Ballroom F</td>
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<td>1600-1800</td>
<td>Welcome Social and “Wine Down” Poster Session Marriott Grand Horizon Ballroom C</td>
<td>Award Social Marriott Grand Horizon Ballroom F</td>
<td>Early Career Advice for Psychologists Looking for Work in DoD or VA* McCormick W187a</td>
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**Session Type Key**
- Symposium
- Conversation Hour
- Skill-Building Workshop
- Division Business

**Session Track Key**
- *CEs available
- ±Division Highlight
- øActive Duty
- ¥Veterans
- +Hot Topics
Doing Harm Ethically—Relevant Situations From Across the Field of Psychology

Sally Harvey PhD, Thomas Grisso PhD, Vicki V. Vandaveer PhD, David M. Corey PhD, Mark A. Staal PhD

With the premise that psychologists have obligations to both individuals and society, we will present diverse examples, outside the doctor-patient relationship, exploring these competing values and providing an analysis of relevant ethical standards.
Wellness Programs Among College Students and US Army
William Gibson, PhD (Chair), Richelle S. Concepcion, PsyD, Paula Thompson, PsyD, Camilla Nonterah, PhD

The US military and universities are adapting the elements of established wellness programs to build resiliency and coping skills to address various behavioral health issues. Programs address unique stressors faced by their populations and reduce obstacles such as stigma associated with behavioral health treatment. This symposium discusses wellness programs from different lenses, namely strategies to address disparities among the target populations, describe these specific programs as well as their goals, and offer anticipated and reported outcomes.

McCormick W179a

Learning From Military Health Podcasts---Find Your Voice and Help Beneficiaries Worldwide
Julie T. Kinn, PhD, Christina Armstrong, PhD

Podcasts are an ideal method to quickly and inexpensively share information, health resources, and training. As podcast listenership grows, so do the opportunities for helping service members, veterans, their families, and their healthcare teams. In this session, the speakers will discuss both the benefits and potential challenges of adding podcasts to an organization’s repertoire of health resources. Participants will gain practical tips for planning, evaluating, and promoting their own podcast series.

McCormick W187c

Active Duty Military Populations

Intensive Outpatient Programs for Active Duty Service Members
Patricia K. Carreño, BA, Alan L. Peterson, PhD, ABPP

Clinical research suggests intensive outpatient programs (IOPs) yield significant symptom reduction and functional improvements for active duty military while reducing downtime in service member readiness. This panel brings together providers from across the military health system to describe and evaluate intensive treatment programs currently available for service members. Panelists will discuss the structure of their IOPs, treatment elements, strengths and limitations, as well as lessons learned in their roles as program developers and treatment providers.

McCormick W187b

Continuum of Care within Military Medical and Operational Settings
Richelle S. Concepcion, PsyD, Darryl S. Salvador, PsyD, Ashley M. Shenbergerhess

This symposia addresses how the integration and embedding of behavioral health programs within their respective populations’ footprints have addressed the underutilization of behavioral health services in civilian/military populations and offered increased accessibility to health care and stigma reduction. Each presenter will describe their specific embedded behavioral health program to provide the audience with an understanding of how programs such as these can foster collaboration between leadership/medical providers and behavioral health ideally to maximize comprehensive care.

McCormick W184a
Mental Health Interventions for Incarcerated Veterans—American Red Cross Resiliency Workshops

Kristina M. Pecora, PsyD (@kristinapecora), Robert D. Clark, PhD (@Drbob1978)

The American Red Cross, in partnership with Vets Rebuilding Community, Inc., provides compassionate, evidence-based psychoeducation and skill-building groups to meet the mental health needs of an increasing incarcerated veteran population. Monthly workshops focus on communication, stress management, and emotion regulation. This presentation focuses on the experiences of the two presenters - psychologists and Red Cross volunteers - as they modify, create and deliver workshops at Cook County Department of Corrections in Illinois. @CcdocRc will take questions during the presentation!

McCormick W471a  #CcdocRc #resiliencyproject #redcross #redcrossrocks  Fri 0800-0850

Combating Avoidance—Military Culture and Intensive Treatment for PTSD

Katherine A. Dondanville, PsyD, Michael Brennan, PsyD, Philip Held, PhD, Wyatt R. Evans, PhD

Join us for a 1-Hour Skill-Building Session. The session will discuss the key elements necessary for implementing evidence-based treatments (EBTs) for PTSD in an intensive 1-3 week treatment format. The Session will focus on enhance practitioners’ skills in adapting and implementing Cognitive Processing Therapy and Prolonged Exposure. Attendees will obtain advanced knowledge on implementing EBT for combat-related PTSD, adapting treatment protocols, intensive implementation, and national intensive programs.

McCormick W175c  Fri 0900-0950

Developing Comprehensive Health Psychology Services for Rural Veterans

Adam D. Sumner, PhD, Hilary Kindsfater, PhD, Melissa Boyer, PsyD, Shari Dade, PhD

This presentation will address the successful implementation and evaluation of comprehensive health psychology services at a rural Veterans Health Administration setting with particular focus on Primary Care Mental Health Integration, Home-based Primary Care, health psychology participation in the multidisciplinary pain team, and telehealth. In addition to programmatic and patient-level outcomes, the presentation will address cultural factors affecting the delivery of mental health services in a rural setting and unique professional development opportunities for psychologists.

McCormick W187c  #ruralmentalhealth  Sat 0800-0850

Interpersonal Factors Among Military Personnel and Veteran Survivors of Trauma

Rebecca K. Blais, PhD, Ryan Holliday, PhD

This symposium brings together research examining the impact of trauma on interpersonal functioning among military personnel and veterans. Presenters will discuss the interrelationship between trauma and relationship satisfaction, functioning, and support. Additionally, the utility of a psychosocial intervention in addressing decreased interpersonal functioning among trauma-exposed veterans will be presented. Gaps in current knowledge will also be illustrated to inform necessary future research directions to provide military personnel and veterans optimal clinical care.

McCormick W187b  @RMIRECC  Sat 0900-0950

Military and Veteran Transition—Cultural Perspectives, Process, and Assessment

Kristen Vescera, MS, John M. Velasquez, PhD, Kristin N. Saboe, PhD (Co-Chairs)

This session will provide presentations on three critical aspects of the process individuals experience as they transition from military service to civilian status as Veterans of the U.S. Armed Forces. Subtopics include a) the introduction of a cultural competence model for military/Veteran populations and their families, b) the role of the Transition Assistance Program (TAP) and Serve Members’ transition process, and c) the Veterans’ Administration use of the Disability Questionnaire (DBQ) and its effectiveness.

McCormick W193b  #VAdisability #militaryculture  Sat 1100-1150
Hospitality Suite Information

Our Hospitality Suite will be one of the Presidential Suites located in the Hyatt Regency McCormick Place. The room number will be posted throughout convention spaces and available on our social media platforms beginning on Wednesday, August 7th.

Suite programming is listed on your right. We have several Q&A sessions designed to provide a venue for additional discussion around our main programming. We will also have several student panels. A few additional highlights include:

**Welcome Breakfast:** Come pick-up your Division 19 ribbons, grab an extra copy of this reader, and have breakfast on us as you start off the APA Convention Thursday morning beginning at 0730. (free breakfast for first 25 attendees)

**ECP Mentorship Workshop and Lunch:** Join us over lunch as the Early Career Psychology committee hosts a mentorship workshop (free lunch for first 25 attendees). After, hear from our ECP Grant Award winners for 2019!

**Society Leadership and Meet Your EXCOM:** Saturday at noon you will have the opportunity to meet your 2020 Executive Committee. In addition, that afternoon will be various planning meetings for division activities. A great way to learn more about what our Society is planning and to get involved! All are welcome, including attending the Society Leadership Program activities!

**Tri-Service Q&A:** Psychologist leaders and recruiters from all services will be available to answer questions on Saturday at 0900.

**Post Social Receptions:** On Thursday, we will honor all our members who have volunteered to support Society initiatives over the past year (by invitation only). On Friday, the International Committee will host a reception following the Awards Social. On Saturday, the Early Career Psychology Committee will host a DoD/VA Networking Event to follow the convention programming.

In addition to scheduled programming, the Hospitality Suite is open from 0800—2000 (8 PM) Thursday, Friday, and Saturday, and from 0800-1100 on Sunday (except during Division Business and Socials—see grey blocked times). During open time, come by to socialize and enjoy some complimentary snacks! We encourage open time be used to foster discussions on a variety of topics related to military psychology.

Division Events at Convention

**Division Poster Sessions:** Poster sessions will take place in McCormick Place, Hall F. See the APA convention program for a full list of 80 posters presented on a wide range of topics pertaining to Military Psychology. Division posters will be identified by a small ribbon indicating they are sponsored by Division 19. Presenting? Be sure to take a selfie and tag #MilitaryAtAPA2019!

**Thursday and Friday (8 & 9 August) at Noon in McCormick Hall F**

“Wine Down and Posters Up”: On the first day of the convention, come see some of the Division’s top posters alongside a new “Rapid Submission” process featuring late-breaking submissions. Food, drink, and fellowship welcome you to Chicago. We will also honor our travel and research awards, Student Chapters and the Arthur W. Melton Early Achievement Award. This is a great opportunity to meet friends old and new! Thursday August 8: 4 PM—5:50 PM Marriott Grand Horizon Ballroom C

**Division Business Meeting:** Come to our Division Business meeting Friday afternoon and hear about the state of our division and vote on important division business. We will also recognize our awardees for the Charles S. Gersoni Military Psychology Award, Distinguished Mentor Award and John C. Flanagan Lifetime Achievement Award. Friday August 9: 1 PM—2:50 PM Marriott Grand Horizon Ballroom F

**Presidential Address—Leading the Way: Military Psychology:** Come listen to our Division President, Dr. Steven Bowles, share with us how Military Psychology is Leading the Way Friday August 9: 3 PM —3:50 PM Marriott Grand Horizon Ballroom F

**Awards Social:** Join us as we honor our Division 19 Award Winners for the Julius E. Uhlaner Award (Military Selection & Recruitment), Robert M. Yerkes Award (non-psychologist), and Robert S. Nichols Award (Uniformed Psychologists) Friday August 9: 4 PM—5:50 PM Marriott Grand Horizon Ballroom F

**Social Hours are open to current and prospective members of the Society—membership in the Society is FREE for the first year**

Want to get involved with Division 19 and unsure how? Renew your membership and do these five things at convention:
1. Attend our social hours and meet Division leaders
2. Join us in our hospitality suite (note themed Saturday afternoon meetings)
3. Use #MilitaryAtAPA2019 to share your APA story
4. Come to our Division Business Meeting to hear about other leadership opportunities
5. Ask a member of our Convention Support Team
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*Note: Sunday schedule includesDoD/VA Early Career Psychology Networking Social.
Co-Listed Events from Other APA Divisions

Division 1 (General Psychology)
Military Personnel, Veterans, and Family We Are #Here4U: Our E-Solution for Military Mental Wellness Thu 0900-0950 MCP 180

Division 7 (General Psychology)
Character Development in Early Adulthood: The Sample Case of West Point Cadets Thu 1100-1250 MCP w180

Division 14 (Industrial/Organizational Psychology)
Composing Teams for Mission to Mars Fri 0900-0950 MCP w474a
Innovations in and Applications of Stealth Assessment for Selection, Education, and Research Sat 0800-0950 MCP w471a

Division 22 (Rehabilitation Psychology)
Helping Legally Blind Veterans Lead Meaningful Lives Sun 1100-1150 MCP w185a

Division 26 (History of Psychology)
Past to Future: Cold War Military Psychology and Its Legacy Friday 0900-0950 MCP w470b
Ground Zero as Psychology Laboratory: Testing Military Attitudes in the Atomic Age* Fri 1100-1150 MCP w175b

Division 52 (International Psychology)
Doing No Harm: Psychologists Promoting Human Rights and Human Dignity in the 21st Century Thu 0800-0950 MCP w193a
The Global Impact of War, Politics, and Migration and Refugee Policies: The Role of Psychology Fri 1600-1750 MCP w181a

41st Annual Running Psychologists “Ray’s Race” 5K and Walk—Help Division 19 earn the “Fastest Division” prize by signing up Ray’s Race, hosted by Section 1 of APA Division 47 (Sports, Exercise, and Performance Psychology) on Saturday August 10th at 7 AM. Sign up here: https://www.athlinks.com/event/41st-annual-running-psychologists-rays-race-314676

Sessions offering CE credits have been reviewed and approved by the American Psychological Association Office of Continuing Education in Psychology (CEP) and the Continuing Education Committee (CEC) to offer CE credits for psychologists. The CEP Office and the CEC maintain responsibility for the delivery of the programs.

MCP = McCormick Place

Convention Program Leadership and Team

Program Committee
Alexander Wind
Allison Battles
Ashley DeMarco
Brian Letourneau
Carrie Kennedy
Charley Blunt
Chaska Gomez
Demietrice Pittman

Erica Harris
Felicia Pryor
Frank Norton
Heather Smigowski
Jackie Hammleman
Jason Cantone
Jeremy Jinkerson

Jessica Ford
Joanna Dziura
Lisa Boyce
Marcus VanSickle
Michael Gasser
Michelle Kelley
Nathan Ainspan

Nausheen Momem
Nick Grant
Rachell Jones
Rebecca K Blais
Richard Ievoli
Russ Reynolds
Ryan Warner
Samantha Daniel

Sara S Hennings
Shara Francin
Shayne Gallaway
Sherrie Wilcox
Tiffany Brakefield-Allen
Trina Do
Wyatt Evans

Rapid Submission Review Committee
Angela Legner
Bruce Crow
Chaska Gomez

Christine McCall
Christopher Corbin
Heather Smigowski

Joshua Carmins
Mary Gregerson
Michelle Kelly

Sara S Hennings
Shara Francin
Shayne Gallaway
Sherrie Wilcox
Tiffany Brakefield-Allen
Trina Do
Wyatt Evans

Convention Support Team
Athena Jones
Bruce Crow
Kelsey MacKenzie
Paula Eddleman

Additional support provided by Student Travel Award recipients

Convention Leadership Team
Angela Legner, Past Chair
Ryan Landoll, Chair
Hannah Tyler, Incoming Chair