<table>
<thead>
<tr>
<th>Page</th>
<th>Section</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>Annual Convention Overview and Welcome</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>About the Society for Sport, Exercise &amp; Performance Psychology</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Program Schedule at a Glance</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>Detailed Program Schedule</td>
<td>Thursday, August 8, 2019</td>
</tr>
<tr>
<td>8-9</td>
<td>Poster Session I Presentations</td>
<td>Thursday, August 8, 2019</td>
</tr>
<tr>
<td>10</td>
<td>Detailed Program Schedule</td>
<td>Friday, August 9, 2019</td>
</tr>
<tr>
<td>11</td>
<td>Detailed Program Schedule</td>
<td>Saturday, August 10, 2019</td>
</tr>
<tr>
<td>12-13</td>
<td>Poster Session II Presentations</td>
<td>Saturday, August 10, 2019</td>
</tr>
<tr>
<td>14</td>
<td>Detailed Program Schedule</td>
<td>Sunday, August 11, 2019</td>
</tr>
<tr>
<td>15</td>
<td>Notable Links</td>
<td></td>
</tr>
</tbody>
</table>
APA Annual Convention Overview and Welcome
From Your Program Chairs

We are looking forward to the APA Convention in Chicago, Illinois from August 8th – 11th, 2019! Over the past few months, the Society for Sport, Exercise & Performance Psychology (SSEPP) Executive Committee and Program Chairs have been hard at work organizing another fantastic convention. A few highlights of the program include:

- Lani Lawrence, PsyD, CMPC will deliver the **Steven R. Heyman Memorial Lecture** on Friday, August 9th at 11:00 AM.
- Brian Hainline, MD, Chief Medical Officer for the National Collegiate Athletic Association (NCAA) and Clinical Professor of Neurology at Indiana University School of Medicine, will present the **APA Division 47-ACSM Exchange Lecture** on Friday, August 9th at 12:00 PM.
- Judy Van Raalte, PhD will receive the **Distinguished Contributions to Science and Research in Sport, Exercise & Performance Psychology Award** on Saturday, August 10th at 12:00 PM.
- Jamie Shapiro, PhD will receive the **APA Division 47 Early Career Professional Award** on Saturday, August 10th at 12:00 PM.
- Jasmin Hutchinson, PhD will receive the **Sport, Exercise and Performance Psychology Journal Paper of the Year Award** on Saturday, August 10th at 12:00 PM.
- Alexandra M. Rodriguez, MS will receive the **APA Division 47 Thesis Award**, for her research, Exploring Social Comparison and Sociocultural Attitudes in Athletes with Physical Disabilities on Saturday, August 10th at 12:00 PM.
- Alexandra Thompson, PhD will receive the **APA Division 47 Dissertation Award** for her research, Eating Disorder Diagnosis and the Female Athlete: From College Sport to Retirement on Saturday, August 10th at 12:00 PM.
- Nick Dawson will receive the **APA Division 47 Student Poster Award** for his work No More Subscale Scores?: Bifactor Analysis of the Exercise Dependence Scale-Revised on Saturday, August 10th at 12:00 PM.
- J.D. DeFreese, PhD will receive the **APA Division 47 Professional Poster Award** for his work Former Collegiate Football Athlete Mental and Physical Functioning on Saturday, August 10th at 12:00 PM.

Other highlights include a raffle at the Business meeting on Saturday, August 10th at 11:00 AM with several prizes and the **Presidential Address** on Saturday, August 10th at 12:00 PM. There are also many co-sponsored and co-listed programming demonstrating collaboration efforts with other Divisions. In addition to these featured presentations, this year’s program includes a variety of symposia, skill-building sessions, and poster sessions as well as our first Conversation Hour. We also had a record **eleven hours of continuing education available**!

Please also join us for our Society Social, which will be held at the nearby Kroll’s on Friday evening. We look forward to seeing you this August in Chicago!

Sincerely,
Jessica Bartley, Psy.D., LCSW, CMPC and Dolores Christensen, PsyD
APA Society for Sport, Exercise & Performance Psychology Program Chairs
ABOUT THE SOCIETY FOR
SPORT, EXERCISE & PERFORMANCE
PSYCHOLOGY

Mission Statement
APA Society for Sport, Exercise & Performance Psychology is a professional organization whose members are engaged in the science and practice of psychology within sport, exercise, and human performance. The division develops, promotes, and disseminates information to professionals and the public related to: 1) standards for competent and ethical practice, 2) models of graduate and post-doctoral training, and 3) scientific knowledge that informs and guides practice.

Benefits of Membership in the Society for Sport, Exercise & Performance Psychology (SEPP)
Benefits in SEPP are both tangible and intangible. The tangible benefits include subscriptions to the Exercise and Sport Psychology Newsletter and the Sport, Exercise, and Performance Psychology journal. The intangibles involve a sense of identity and community with colleagues who share a commitment to exercise and sport psychology. This sense of community is fostered by the division’s email list, sponsorship of programs at the APA Annual Convention, and involvement with various Society committee service and awards. For those interested in running, the APA Running Psychologists is section 1 of Division 47 and sponsors the annual Ray’s Race at the APA convention. Section 2 is Performance Psychology, which brings together those interested in research, teaching, and practice related to the psychological aspects of performers such as athletes, performing artists, business leaders, and professionals in high-risk occupations.

Additional Information:
• SEPP (Division 47) Membership requires an active APA membership number. Individuals who are not members of APA may join as professional affiliates or international affiliates instead. Division Membership: Dues for Division 47 members are currently $39 per year.

• Graduate and undergraduate students may become student affiliates of Division 47 whether they are APA affiliates or not. Student affiliates of Division 47 are eligible to serve on division committees. To be nominated as a Division 47 student representative, you must be both an APA student affiliate and a Division 47 student affiliate. Student affiliate dues are currently $20.

• Professional Affiliate Membership: Individuals who are not members of the APA may join as professional affiliates. Professional affiliates are non-voting members of the division. Professional affiliates may serve on Division 47 committees, but must be APA members in order to be nominated for an executive committee position. Professional Affiliate dues are currently $39.

• International Affiliate Membership: First, we extend a warm welcome to our international colleagues and we look forward to collaborating with you to advance the work of exercise and sport psychology around the world. International individuals who are not members of the APA may join as international affiliates. To join our division, please use the online membership form to complete your application. International affiliates may serve on the Division 47 committees, but must be APA members in order to be nominated for an executive committee position. International Affiliate dues are currently $39.
<table>
<thead>
<tr>
<th>Time</th>
<th>Thursday August 8</th>
<th>Friday August 9</th>
<th>Saturday August 10</th>
<th>Sunday August 11</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 – 7:50 am</td>
<td>Society for Sport, Exercise &amp; Performance Psychology Executive Committee Meeting (invitation only)</td>
<td>Ray's Race</td>
<td>Symposium: Moving Beyond the Therapy Room: The Added Value of Psychologists in Athletic Organizations</td>
<td>Ray's Race</td>
</tr>
<tr>
<td>8:00 – 8:50 a.m.</td>
<td>Society for Sport, Exercise &amp; Performance Psychology Executive Committee Meeting (invitation only)</td>
<td>Symposium: Unique Perspectives of the Impact of Media on Sport Psychology</td>
<td>Symposium: Unique Perspectives of the Impact of Media on Sport Psychology</td>
<td>Skill-Building Session: Gratitude in Practice: Four Approaches to Cultivating Gratitude in Athletes and Teams</td>
</tr>
<tr>
<td>9:00 – 9:50 a.m.</td>
<td>Society for Sport, Exercise &amp; Performance Psychology Executive Committee Meeting (invitation only)</td>
<td>Conversation Hour: The #MeToo Movement and Sexual Violence in Sports – Changes That Must Occur in Athletics</td>
<td>SSEPP Poster Sessions II</td>
<td>Skill-Building Session: Gratitude in Practice: Four Approaches to Cultivating Gratitude in Athletes and Teams</td>
</tr>
<tr>
<td>10:00 – 10:50 a.m.</td>
<td>Skill-Building Session – White Silence, White Fragility, and Allyship in the Field of Sport Psychology</td>
<td>Conversation Hour: The #MeToo Movement and Sexual Violence in Sports – Changes That Must Occur in Athletics</td>
<td>Conversation Hour: The #MeToo Movement and Sexual Violence in Sports – Changes That Must Occur in Athletics</td>
<td>Conversation Hour: The #MeToo Movement and Sexual Violence in Sports – Changes That Must Occur in Athletics</td>
</tr>
<tr>
<td>12:00 – 12:50 p.m.</td>
<td>Skill-Building Session: Sports Injury Recovery and Return to Play - Tools for the Practicing Psychologist</td>
<td>ACSM Exchange Lecture – Dr. Brian Hainline</td>
<td>Society for Sport, Exercise &amp; Performance Psychology Presidential Address + Distinguished Award</td>
<td>Society for Sport, Exercise &amp; Performance Psychology Presidential Address + Distinguished Award</td>
</tr>
<tr>
<td>1:00 – 1:50 p.m.</td>
<td>SSEPP Poster Sessions I</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:00 – 2:50 p.m.</td>
<td>Skill-Building Session: Exploring Athletes’ Spirituality from a Multicultural Framework</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:00 – 3:50 p.m.</td>
<td>Skill-Building Session: Exploring Athletes’ Spirituality from a Multicultural Framework</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:00 – 4:50 p.m.</td>
<td></td>
<td></td>
<td>Skill-Building Session: Athlete Activism and Leadership: A Program Using Sport to Combat Racism</td>
<td></td>
</tr>
<tr>
<td>6:30- 8:30 p.m.</td>
<td>Society for Sport, Exercise &amp; Performance Psychology Social Kroll’s 1736 S. Michigan Avenue Chicago, IL 60616</td>
<td></td>
<td></td>
<td>Continuing Education</td>
</tr>
</tbody>
</table>
THURSDAY, AUGUST 8, 2019

8:00 AM-9:50 AM
Session 129
Society for Sport, Exercise & Performance Psychology Executive Committee Meeting

Invitation only

10:00 AM- 11:50 AM
Session 446
Skill Building Session: White Silence, White Fragility, and Allyship in the field of Sport Psychology

Co-Chairs:
Dolores A. Christensen, PsyD
Ryan Sappington, MS

McCormick Place Room W175c

12:00 PM-12:50 PM
Session 442

Co-Chairs:
Leslie W. Podlog, PhD
John Heil, PhD

McCormick Place Room W181c

1:00 PM-1:50 PM
Poster Session I

ID 538

McCormick Place Hall F

2:00 PM-3:50 PM
Session 443
Skill Building Session: Exploring Athletes’ Spirituality from a Multicultural Framework

Chairs: Nicole T. Gabana, PhD
Author: Mark Aoyagi, PhD

McCormick Place Room W186c
Poster Session I: 1:00-1:50PM

Advocacy and Intercultural Competence: A Model for Wellness in Sport
Caroline M. Brackette, PhD

To Explore the Factor of Onset and Lengthening of YIPS: Focusing on Overcommitment to Sport
Kojiro Matsuda, MS, PhD; Yoshio Sugiyama, PhD; Eriko Alba, BA, MA

The Use of Outcome Measures by Mental Health Performance Consultants and Sport Psychologists
Rena M. Goodwin, MS; Trevor N. Tierney, MS; Robert J. Reese, PhD

Combined Psychological Skills Training for Sport Performance and Mental Health Can Reduce Anxiety
Jana Fogaca, PhD

Police Psychology and Sport Performance Psychology: A Comprehensive Skill Set for Law Enforcement
John Heil, PhD

Team Identification with the German National Soccer Team During the World Cup 2018
Bernd Strauss, PhD; Vera Storm, PhD; Dominik Kruessmann, BA

A Mindfulness Intervention for Collegiate Athletes with Concussion
Claire A. Kubiesa, PhD; Jacob Yuichung Chan, PhD; Lindsey Blom, EdD

The Impact of Exercising on Concurrent Academic Task Performance
Steven Wninger, PhD; Carrie A. French, MA; Andrew Mienaltowski, PhD

Brain Activity, Pre, During, and Post an Aerobic Test in African-American Female Student-Athletes
Lauren Chin; Kyle M. Pellerin; Andreas Stamatis, PhD; Inmaculada Ibanez-Casas, PhD

Former Collegiate Football Athlete Mental and Physical Functioning
J.D. DeFreese, PhD; Zachary Y. Kerr, PhD; Michael McCrea, PhD; Kevin M. Gusiewicz, PhD

Female Student-Athlete Wellbeing: What Do We Know and Where Do We Go from Here
Joyce O. Ogunrinde, PhD; Luiza Martins, MS

Sexual Harassment and Abuse of Power in Dance
Linda H. Hamilton, PhD

Integration of Mental Health and Sport Psychology Services into Division III Athletic Departments
Lindsey Greviskes, PhD; Logan Edwards, PhD; Kristina Navarro, PhD

Effects of Sex and Competition Level on Perceived Motivational Factors in High School Athletes
Tsz Lun Chu, PhD; Tao Zhang, PhD; Allen Jackson, PhD; Xiangli Gu, PhD; Shayla Warren

Using Afrocentric Themes to Encourage Weekly Physical Activity in Black Women
Keri Kirk, PhD; Denée Mwendwa, PhD
Mind the Mind: Findings on Positive Mental Health in the Performing Arts
Sara Ascenso, PhD

Exploring Positive Body Image and Exercise Motives as Predictors of Exercise Behavior among Women
Natalie M. Ramsey, MS, BS; Christy Greenleaf, PhD; Ann Swartz, PhD; Lori Klos, PhD

Improving Cognitive Functioning in Schizophrenia: Review of Exercise Interventions
Bernalyn Ruiz, MA; Margaux Grivel, MA; Cindy Hu, BA; Simran L., Bharadwaj, BA; Maximillian S. Wu; Sophia M. Wang, BS

When Anger Motivates: Approach States Selectively Influence Running Performance
Carlene A. Horner, MA; Grace E. Giles, PhD; Eric Anderson, PhD; Andrew G. Thompson, PhD; Brigid A. Gilwa; Maya E. Herm, BA; Grace M. Elliott, BS; Shaina B. Martin, BS; Caroline R. Mahoney, PhD; Tad T. Brunye, PhD

Examining Mental Health and Performance Enhancement Integration in Sport Psychology
Trevor N. Tierney, MS; Rena M. Goodwin, MS; Emily Murphy, BS; Travis R. Scheadle, BS; Robert J. Reese, PhD

A Community of Achievement: Crossfit's Influence on Individuals Over 40
Christina E. Nikitopoulos, MEd

Smartphone Usage and Social Media's Effect at Varying Levels of Physical Activity
Shane Synder, BA; Danielle Brecht, MA; Cory A. Newell, MS; Catherine A. Spann, PhD; George Clemons, PhD

How Imaginary Civic and Civil Priorities Support Self-Efficacy for Sport Among Young Adults
Xue Jiang, MA; Sierra A. Ryan, MA; Matin A. Firas; Theresa A. Thorkildsen, PhD

APA 2019
SOCIETY FOR SPORT, EXERCISE & PERFORMANCE PSYCHOLOGY
DETAILED PROGRAM SCHEDULE*

LOCATIONS ARE SUBJECT TO CHANGE BY APA. PLEASE REFER TO THE ONLINE APA SITE FOR CONFIRMATION. HTTP://WWW.APA.ORG/CONVENTION/PROGRAM-SEARCH.ASPX

FRIDAY, AUGUST 9, 2019

8:00 AM-9:50 AM  Session 449
Moving Beyond the Therapy Room--The Added Value of Psychologists in Athletic Organizations
Chair: Alex D. Auerbach, PhD
Authors:
Tyler C. Bradstreet, PhD
Chelsi Day, PsyD
Joey Ramaeker, PhD
McCormick Place Room W176a

5:00 PM-5:50 PM  Society for Sport, Exercise & Performance Psychology Student and Early Career Professional Speed Mentoring
Marriott Marquis Chicago Hotel Marina City Room

9:00 AM-10:50 AM  Session 441
Conversation Hour: The #MeToo Movement and Sexual Violence in Sports -- Changes that Must Occur in Athletics
Chair: Mitch Abrams, PsyD
McCormick Place Room W193b

6:30 PM-8:30 PM  Society for Sport, Exercise & Performance Psychology Social
Kroll’s
1736 S. Michigan Avenue
Chicago, IL 60616

11:00 AM-11:50 AM  Session 452
Invited Address:
Steven R. Heyman Memorial Lecture
Nohelani Lawrence, PsyD
Inclusiveness, Diversity, and Tolerance in Sport, Exercise, and Performance Psychology
McCormick Place Room W178b

12:00 PM-12:50 PM  Session 451
Invited Address: ACSM Exchange Lecture
Brian Hainline, MD
McCormick Place Room W176a
SOCIETY FOR SPORT, EXERCISE & PERFORMANCE PSYCHOLOGY
DETAILED PROGRAM SCHEDULE*

LOCATIONS ARE SUBJECT TO CHANGE BY APA. PLEASE REFER TO THE ONLINE APA SITE FOR CONFIRMATION HTTP://WWW.APA.ORG/CONVENTION/PROGRAM-SEARCH.ASPX

SATURDAY, AUGUST 10, 2019

8:00 AM-8:50 AM  Session 447
Unique Perspectives of the Impact of Media on Sport Psychology
Chair: Harold E. Shinitzky, PsyD
McCormick Place Room W186b

9:00 AM-9:50 AM  Poster Session II ID 539
McCormick Place Hall F

11:00 AM-11:50 AM  Session 130
Society for Sport, Exercise & Performance Business Meeting
McCormick Place Room W182

12:00 PM-12:50 PM  Session 99
Presidential Address and Distinguished Contribution to Science and Research in Sport, Exercise, and Performance Psychology Award
Bradley Hack, PhD
Distinguished Contribution to Science and Research in Sport, Exercise, and Performance Psychology Award
Judy L. Van Raalte, PhD
Early Career Professional Award
Jamie Shapiro, PhD
Dissertation Award
Alexandra Thompson, PhD
Master’s Thesis/Project Award
Alexandra Rodriguez, MS
SEPP Paper of the Year
Jasmin Hutchinson, PhD
Student Poster Award
Nicholas A. Dawson, BS
Professional Poster Award
J.D DeFreese, PhD
McCormick Place Room W182

4:00 PM-4:50 PM  Session 445
Skill-Building Session: Athlete Activism and Leadership—A Program using Sport to Combat Racism
Co-Chairs:
Andrew Mac Intosh, PhD
Christopher T. Stanley, PhD
Authors:
Collin Williams, PhD
Eric Martin, PhD
McCormick Place Room W176b

5:00 PM-5:50 PM  Symposium: Multidimensional Aspects of Diversity and Performance Psychology—Does Theoretical Orientation Matter?
Co-Chairs:
Carolyn Davis, PhD
Angel Brutus, PsyD
Author: Sani Shippherd, PhD
Poster Session II: 9:00-9:50 AM

Psychoeducational Group Counseling for Division I Student Athletes
Katherine J.E. Tepper, BA

Male Athletes and Eating Disorders: Underrepresented and Underreported
Julie Freedman, Med

Reflections of Two Graduate Students’ Career Aspirations in Counseling and Sport Psychology
Rena M. Goodwin, MS; Trevor N. Tierney

The Relationship Between Athletic Identity and Attitudes Toward Seeking Help in College Students
Michael P. Filiaci, EdS, MA; Pamela F. Foley, PhD

The Relationship Between the TOPF and Performance on the NFL Concussion Battery
Vijay Bajnath, MS; Ryan Bennett, BS; Jason Jimenez, MS; Charles J. Golden, PhD

Walkabout Cognition
Andrew Bowen, BS

Domestic Violence: Bridging Gaps in Sport Psychology Interventions
Ryan M. Sliwak, MA; Sandra Lee, PhD; Noelany Pelc, PhD

Flow, Mindfulness, and Time Orientation in College Athletes
Amelia M. Gardiner, BA; William F. Haefele, PhD; William Sturgill, PhD

Student-Athlete Social Media Engagement and Interference with Daily Activities
Hannah F. Levy, BA; Chris Barry, PhD; Devon Bortfeld, BS; Julie R. Chrysosferidis, MS

Impact of Texting While Cycling on Self-Selected Exercise Intensity
Steven Wininger, PhD; Getler Lemberg, BA

Adjustment to College for First-Year Division III Athletes: Examining Coping and Athletic Identity
Kate C. Hibbard-Gibbons, MA; Patrick Munley, PhD

Sexual Attraction, Boundary Crossings, and Sport Psychology Practice
Tess Palmateer, MS; Trent A. Petrie, PhD

Mental Health and Self-Compassion in DIII Student Athletes: The Moderating Role of Mental Toughness
Raneem Z. Kurzum, BA; Jordynne Ales, BA; Andreas Stamatis, PhD; Paul Deal, PhD

Why Do Athletes Suppress Positive Emotions During Games?
Eriko Aiba, BA, MA; Yoshio Sugiyama, PhD; Kojiro Matsuda, MS, PhD

No More Subscale Scores? Bifactor Analysis of the Exercise Dependence Scale-Revised
Nicholas A. Dawson, BS; Joseph H. Hammer, PhD

Measuring Mental Toughness in Sport: Which Assessment Tool Is the Most Widely Accepted?
R. Noah Padgett, BS; Grant B. Morgan, PhD; Andreas Stamatis, PhD

From Atlanta to Rio: Evolution of Tattooing Among Men’s Olympic Volleyball Players From 1996 to 2016
Theoklitos Karipidis, MS; Britton W. Brewer, PhD; Judy L. VanRaalte, PhD; Albert J. Petitpas, EdD; Jesse A. Steinfeldt, PhD

The Benefits of Savoring Positive Experiences for Division I Athletes: A Preliminary Investigation
James D. Doorley, MA; Salma Osman, AA; Emma Brodowski, AA; Emilee Kruchten, BA; Caroline Hudson, BA; Todd B. Kashdan, PhD

Not immune to Mental Health Problems: The Prevalence of Depression and Anxiety in Student-Athletes
Lindsay L. Craig, BS; Robert Seifer, PhD; Ashley Striping, PhD; John E. Lewis, PhD

APA2019
Women in Competitive Cycling: Constraints and Facilitators to Continued Engagement in Sport
Alison L. Riley-Schmida, MA; Kathryn Faulkner, MA; Kelsey Waniger, BA; Joel Bartlett, MA; Billie Gray, MA; Erin Ayala, PhD

"I Feel Empowered and Alive!": Exploring Embodiment Among Physically Active Women Age 40 and Older
Gretchen Paulson, MS; Christy Greenleaf, PhD; Lori Klos, PhD; Natalie M. Ramsey, MS, BS; Alexandra Rodriguez, MS

Exploring Physical Activity and Avoidance Motivation Among Women With BMI => 25 Kg/M2
Alexandra Rodriguez, MS; Christy Greenleaf, PhD; Lori Klos, PhD; Natalie M. Ramsey, MS, BS; Gretchen Paulson, MS

Fluidity of Self and Collective Efficacy Beliefs: A Season-Long Study
Lauren E. Pierce, MA

Utilization of Healthy Lifestyle Choices to Implement Change in Rural School Districts
Jennifer Shaheed, MA; Elizabeth Grace, MA; Joanna Harberts, MS; Mary Peterson, PhD

Kindergartens' Motor Skills in Relation to Early Adolescents' Academic Performance
Ping Zhu, MS; Joon Young Lee, MS

APA2019
SUNDAY, AUGUST 11, 2019

9:00 AM-10:50 AM

Session 444
Skill-Building Session: Gratitude in Practice – Four Approaches to Cultivating Gratitude in Athletes and Teams
Chair: Nicole T. Gabana, PhD

McCormick Place Room W181a

11:00 AM-11:50 AM

Symposium: Is There a Policy/Guideline for That? Current Issues for Psychologists in Athletic Organizations
Chair: Tyler C. Bradstreet, PhD
Authors: Title IX Issues
Alex D. Auerbach, PhD
Mental Health Emergencies
Kacey K. Oiness-Thompson, PhD
Eating Disorders
Aubrette M. Kinne, PhD

McCormick Place Room W176c