Maurice is a Meals on Wheels driver…

“Helping to give elders in my community good food and a friendly greeting is something I look forward to each time I do it. It makes my day.”

If you or someone you know may be interested in becoming a Meals on Wheels driver, please contact:

Karen Budde
RSVP Volunteer Coordinator
(802) 751-0431

The NEK Council on Aging is offering volunteers a special opportunity to support friends and neighbors while working within a schedule that is flexible and works for them.

Deliver meals once a week, once a month, or join our substitute drivers list and fill in when we have an opening. Give it a try! You won’t regret it!

Most routes take about 2 hours. Mileage reimbursement is available.

When we address the needs of older Vermonters, we improve the lives of all Vermonters.