**Tylana Woodward**Physiotherapy &
Pelvic Floor Physiotherapy

**Mitchell Shorten**Physiotherapy and Fitness

Courtney Geraghty
Remedial Massage Therapist &
strength & conditioning

Mark Davis
Physiotherapy & Educator

## **BOWEL RECORD CHART**

Date	Time	Stool Type	Quantity of stool passed	Pain, distress or discomfort	Where Stool was passed?	Pants soiled?		Dose of laxative taken?			
			<ul><li>Large</li><li>Medium</li><li>Small</li></ul>	<ul><li>when passing?</li><li>Yes</li><li>No</li><li>Some</li></ul>	<ul><li>Toilet</li><li>Pants</li><li>Other</li></ul>	Number of times during the day	<ul><li>Type of soiling</li><li>Solid</li><li>Loose</li><li>Stain</li></ul>	Breakfast	Lunch	Dinner	Night

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