

**COUNSELING** *Solutions* **OF ALASKA, LLC**

701 East Tudor Road, Suite 215, Anchorage, Alaska 99503  
phone: 907-644-8044, records fax: 907-770-0357

**Authorization for Release of Information**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ SSN (last 4): \_\_\_\_\_

I, the  client /  parent /  legal guardian, hereby authorize Counseling Solutions of Alaska, LLC, to:

Release Counseling Solutions' information to:  Obtain information from:

Person / Organization: \_\_\_\_\_

Phone / Fax: \_\_\_\_\_

Address: \_\_\_\_\_

Please send records by:  fax  mail or  I will pick them up in person.

Your contact information (phone # with voice-mail, or e-mail): \_\_\_\_\_.

*Fees: \$25.00 for records of 25 – 100 pages or \$50.00 for over 100 pages; fee is waived when records sent directly to another provider.*

**Purpose of This Request:**  Treatment  Personal  Legal  Other: \_\_\_\_\_

For Treatment Dates: \_\_\_\_\_

**Information to be Released:** \_\_\_\_\_ Verbal Exchange of Information  
*initials*

**Medication Management**

**Counseling**

**Other**

\_\_\_\_\_ Psychiatric Assessment  
*initials*

\_\_\_\_\_ Therapist Intake Assessment  
*initials*

\_\_\_\_\_ Gastric Bypass Mental Health Evaluation  
*initials*

\_\_\_\_\_ Pharmacologic Progress Notes  
*initials*

\_\_\_\_\_ Therapy Progress Notes  
*initials*

\_\_\_\_\_ Psychological Testing  
*initials*

\_\_\_\_\_ Medication Tracking Sheet  
*initials*

\_\_\_\_\_  
*initials*

\_\_\_\_\_ Laboratory Reports  
*initials*

\_\_\_\_\_  
*initials*

I authorize the release of records relating to:

\_\_\_\_\_ Mental Health (**required**)  
*initials*

\_\_\_\_\_ Alcohol/Substance Abuse (*if applicable*)  
*initials*

\_\_\_\_\_ HIV/AIDS status (*if applicable*)  
*initials*

I understand that authorizing the disclosure of this health information is voluntary. I can refuse to sign this authorization. I do not need to sign this form in order to ensure treatment, payment, enrollment or eligibility of benefits. I understand that I may inspect or copy the information to be used or disclosed, as provided in CFR 164.524. I understand that any disclosure of information carries with it the potential for an unauthorized re-disclosure and the information may not be protected by federal confidentiality rules.

I understand that I have the right to revoke this authorization at any time, except to the extent that action has already been taken in reliance on this authorization. I understand that if I revoke this authorization, I must do so in writing and present my written revocation to Counseling Solutions of Alaska, LLC. I understand that the revocation will not apply to my insurance company when the law provides my insurer the right to contest a claim under my policy. Without a written revocation, this authorization will remain in effect for one (1) year, unless an earlier date or condition / event is specified here:

\_\_\_\_\_  
Signature of Client or Parent / Guardian / Legal Representative

\_\_\_\_\_  
Relationship (*if applicable*)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Witness (**required**)

\_\_\_\_\_  
Date

*A photocopy or faxed copy shall be considered as valid as the original.*