



EST. 1970

GLUTEN-FREE MENU

It will be our pleasure to accommodate your dietary needs. To assure proper preparation, please specify that you are ordering from our [Gluten-Free Menu](#).

QUESTIONS? PLEASE ASK.

We've been providing answers for more than 40 years. Serving you is why we're here. Vegan dish preparation? Dairy-free cheese?

Vegetarian menu? A romantic, private table?

We'll do our best to accommodate you. Always.

LOCAL FARMS + FRESHNESS = MAMA'S

Introducing

GLUTEN-FREE Duets

Featured BEEF: Ask for Today's Selection

**Tuscany Steak &
Shrimp Brandy Peppercorn**

*Sirloin (5oz.) served with a side of grilled asparagus
Shrimp – Penne tossed in a brandy peppercorn sauce*

OR

**Osso Buco &
Penne Alfredo**

*Osso Buco - A braised pork shank
\$31*

(Duets designed for one guest)

Two Tastes, One Entree

\$29

Chicken Parm & Penne Vodka



Eggplant Pisa & Penne Palma

*Pisa – Fresh breaded eggplant sautéed with spinach, roasted peppers, artichokes, portabella mushrooms, topped with balsamic reduction & gorgonzola cheese
Palma - spinach, artichoke, & sun-dried tomatoes in a white champagne sauce*

Grilled Sausage & Broccoli Rabe Cheese Ravioli

*Sausage – sautéed in garlic & oil, topped with feta
& balsamic reduction*

Tortellini- prepared with marinara sauce

Chicken Fresco & Aglio Oilo

Fresco – Breaded Chicken, bruschetta, fresh mozzarella over baby greens with balsamic reduction

Aglio Oilo – Penne tossed with garlic, oil, pine nuts, fresh basil & cherry tomatoes

Shrimp Parm & Penne Vesuvio

Vesuvio- mushrooms, peas & bacon in a sauce creamy Rosa

White Champagne Chicken & Spinach and Prosciutto

Chicken- Battered Chicken, white champagne sauce, topped with bruschetta over penne

Spinach – sautéed with prosciutto, garlic & oil



Eggplant Parm & Cheese Ravioli

Ravioli – prepared in a pink champagne sauce

Gluten-Free Guest Favorites

Di Tomasso “Old School” 24

Penne tossed with ricotta cheese & homemade red sauce over meatballs & sausage, topped with mozzarella cheese

Champagne Penne Palma 24

Sun-dried tomatoes, spinach, & artichokes in our homemade white champagne sauce served over penne

Chicken Toscana 25

Chicken, imported prosciutto, roasted peppers & spinach sautéed in white wine with melted mozzarella over penne

Ravioli Duo 23

A combination of cheese ravioli in red sauce & lobster ravioli in a vodka sauce, topped with bruschetta & fresh mozzarella

Shrimp Cosmopolitan 26

Pink champagne sauce, spinach & bacon over penne

Seafood Risotto 27

Mussels, clams, and shrimp in our homemade pink champagne sauce with a touch of rosemary

Pescatore 27

Mussels, Clams & Shrimp sautéed with garlic in marinara sauce, over penne

Eggplant Rollentini 24

In our homemade Tomato Basil Sauce served over penne

Rustic Atlantic Salmon 25

Served over rice in our rustic piccata sauce with grape tomatoes, mushrooms, onions capers, & fresh basil with a side of grilled asparagus

Eggplant Siena 24

Breaded Eggplant, Spinach & Garlic, topped with marinara sauce & melted mozzarella, over penne

**ENJOY THE PEACE OF MIND OF KNOWING THAT WE TAKE PRIDE IN THE
PREPARATION OF OUR GLUTEN- FREE ENTREES**

Appetizers

Fried Calamari 11
Mild or spicy red sauce

Eggplant Pisa 11
Breaded eggplant, portabellas, spinach, roasted red peppers & artichokes with Gorgonzola sauce & balsamic reduction

Fresh Mozzarella, Tomatoes & Basil 10
Sun-dried tomatoes, roasted red peppers & balsamic reduction. Add prosciutto, 2.00

Shrimp Crostini 11
Garlic bread topped with shrimp, white champagne sauce & bruschetta

Mussels Marinara 10
Kiwi mussels sautéed in our homemade marinara sauce. Mild or spicy

Buffalo Shrimp 11
Breaded Shrimp tossed in a buffalo, ranch sauce over mixed greens

Pesto-Filled Fresh Mozzarella 11
Fried and finished with red sauce

Meat & Cheese Platter 11
Italian cheeses, pepperoni, prosciutto, soppressata and Kalamata olives

Fresh Calamari 10
Sautéed in our homemade marinara sauce. Mild or spicy

Grilled Calamari 11
Served over mixed greens, topped with balsamic reduction

Bruschetta Sampler 10
Gluten-Free focaccia
½: Bruschetta with fresh mozzarella
½: Pesto with sun-dried tomatoes

Eggplant Primo 11
Breaded eggplant rolled with prosciutto, roasted red peppers, red sauce, mozzarella & a touch of pesto

More Appetizers

LOCAL FARMS + FRESHNESS = MAMAS

Appetizer
Medley 12
Onions rings, mozzarella sticks & fried zucchini medallions

Soup 5
Ask for today's gluten-free selection

Garlic Bread with Mozzarella 8
Topped with pepperoni, 1.00

Fried Zucchini Medallions 9
Hand-battered and served with roasted red pepper dressing

Bread Sticks 9
With garlic, parmesan & melted mozzarella

Pierogis 10
With sautéed onions & sour cream

Homemade Mozzarella Sticks 10

Chicken Fingers 9
Four per serving

Salads

Small/Large
Add Grilled Chicken Breast, 2/3
Grilled Salmon Filet, 7
Grilled Shrimp, 3/4

LOCAL FARMS + FRESHNESS = MAMAS

Tossed Salad 4/6
Romaine, iceberg, tomatoes & black olives

Insalata 9/12
Mesclun mix, roasted red peppers, sun-dried tomatoes, pine nuts, fresh mozzarella & balsamic vinaigrette

Wedge Salad 9/12
Wedge of iceberg topped with bacon, crumbled bleu, red onion, cherry tomato & bleu cheese dressing

Caesar 7/9
Romaine, iceberg, croutons, Caesar dressing & shredded Parmesan

Moresca 9/12
Mesclun mix, dried cranberries, feta, walnuts, tomatoes, red onions & balsamic vinaigrette

Salmon Feta 15
Fresh organic salmon topped with feta, bacon over mixed greens & roasted red pepper dressing

Garden Mix 5/7
Mesclun mix, tomatoes & red onions.
Add feta, 1.00

Eggplant Pisa Salad 11/14
Eggplant, portabella, spinach, roasted red peppers & artichokes over greens with Gorgonzola dressing & balsamic reduction

Caldo Freddo 10/13
Mesclun mix, sautéed spinach, warm sausage medallions, tomatoes, black olives, mozzarella & Chianti-basil vinaigrette

Italian Antipasto 10/12
Romaine, iceberg, tomatoes, ham, salami, black olives, marinated vegetables & provolone

Asparagus Fresco 10/13
Asparagus wrapped with prosciutto, roasted red peppers & provolone over mesclun mix with balsamic reduction & sun-dried tomato

American Antipasto 11/13
Romaine, iceberg, tomatoes, ham, salami, black olives, mushrooms, green peppers, pepperoni, provolone & shredded mozzarella

Dressings

Balsamic Vinaigrette
Bleu Cheese
Caesar

Chianti Basil
Creamy Italian
Honey-Mustard
Roasted Red Pepper

Oil & Vinegar
Ranch
Lite Italian

Traditional Pastas

Add Chicken (Grilled or Breaded), 3
Creamy Rosa Sauce, 2

WINE Pairing

MERLOT
CHARDONNAY
STAGECOACH



Classic

Pasta 15

Penne in homemade tomato-basil sauce.

Add meatball, sausage or meat sauce, 3.00

Penne

Alfredo 22

Enjoy Carbonara-style with bacon, 2.00

Baked

Penne 18

Ricotta cheese, red sauce & melted mozzarella

Aglio

-e- Oilo 19

Sautéed garlic & oil, basil, grape tomatoes, pine nuts over penne. Add fresh mozzarella, 2.00

Tomasso's

Old School 24

Penne baked with red sauce, ricotta, meatball, sausage & mozzarella

Lasagna 22

Homemade with ground beef, sausage, salami, ricotta and mozzarella. Served in our homemade tomato-basil sauce with melted mozzarella.

Cheese

Ravioli 19

In homemade tomato-basil sauce
Add creamy Rosa sauce, 2.00

Meatball or

Sausage

Parmigiana 20

With penne

Primavera 23

Roasted red peppers, broccoli, zucchini & tomatoes in garlic & olive oil. Over penne

Eggplant

Parmigiana 22

With penne

Eggplant

Rollantini 24

Breaded eggplant rolled with ricotta, topped with our tomato-basil sauce & mozzarella, over penne. Add spinach, 1.00

Specialty Entrees

Add Chicken (Breaded or Grilled), 3
Add Grilled Shrimp, 5

WINE Pairing

*CABERNET
PINOT GRIS
MERLOT*



Champagne

Palma 24

Sun-dried tomatoes, spinach & artichokes in white champagne sauce. Over penne

Italian

Risotto 25

Creamy parmesan sauce, sausage medallions, green peppers, onions & mushrooms

Rosario 22

Breaded eggplant, artichokes, roasted red peppers & sun-dried tomatoes in creamy Rosa sauce. Over penne

Penne

Vodka 20

Our famous vodka sauce. Add prosciutto, 3.00

Tour of

Italy 23

Select 3 of your favorites:
Veal, Eggplant, Meatballs, Sausage or Chicken, baked with red sauce & mozzarella cheese. Side of penne

Vegetable

Risotto 24

Asparagus, green peppers, zucchini & tomatoes in creamy light Rosa sauce

Casena 24

Creamy pink champagne sauce & bruschetta over penne

Vesuvio 22

Mushrooms, bacon & peas in creamy Rosa sauce. Over penne

Campagna 22

Artichokes, sun-dried tomatoes & broccoli in sweet sherry wine sauce with mozzarella. Over penne

Creamy

Pesto 23

A delightful combination of Alfredo & pesto sauces, enhanced with sun-dried tomatoes. Over penne

Mushroom

Risotto 20

With portabella mushrooms in brandy-cream sauce

Chicken Entrees

WINE Pairing
MERLOT
CHARDONNAY
STAGECOACH



Chicken

Toscana 23

Grilled chicken, prosciutto, roasted peppers & spinach in white wine sauce with mozzarella. Over penne

Chicken

Risotto 22

Grilled or breaded chicken, bacon & sun-dried tomatoes in our Alfredo Sauce

Francese 22

Breaded chicken in white wine-lemon sauce over penne

Chicken

Vesuvio 23

Mushrooms, bacon & peas in creamy rosa sauce over penne. (grilled or breaded chicken)

Chicken

Campagna 23

Artichokes, sun-dried tomatoes, broccoli, & mozzarella over penne with a sweet sherry wine sauce. (grilled or breaded chicken)

Balsamic

Chicken 23

Grilled chicken in sweet balsamic reduction with garlic, onions & chilled fresh mozzarella. Served over penne

Chicken

Marsala 22

Breaded chicken mushrooms, garlic & onions in Marsala wine sauce over penne

Chicken

Di Soronno 22

Breaded chicken, prosciutto, breaded eggplant & fresh mozzarella on baby greens with balsamic reduction

Chicken

Primavera 23

Roasted Peppers, broccoli, zucchini & tomatoes in garlic & olive oil over penne. (grilled or breaded chicken)

Chicken

Parmigiana 21

In our homemade tomato-basil sauce with penne. Add creamy rosa sauce, 2.00

Lemon-

Rosemary

Chicken 21

Breaded chicken in our homemade lemon sauce over rice, side of steamed broccoli

Seafood Entrees

Seafood

Risotto 24

Mussels, clams and shrimp in pink champagne sauce with a touch of rosemary

Clam

Sauce 22

Littleneck clams sautéed in garlic & oil over penne. Add shrimp, 3.00

Mussels 22

Mussels sautéed with garlic served in our marinara sauce over penne

Lobster

Ravioli 23

In our homemade vodka sauce topped with bruschetta & fresh mozzarella

Cosmopolitan 23

Shrimp, pink champagne sauce, spinach & bacon over penne

Pescatore 24

Mussels, littleneck clams & shrimp sautéed with garlic in our homemade marinara sauce. Served over penne

Shrimp alla

Creamy Pesto 23

A blend of Alfredo & pesto sauces with sun-dried tomatoes. Over penne

Shrimp

Fra Diavolo 22

Shrimp sautéed in a spicy marinara sauce over penne

Create Your Own Fish Entrée

Served over Rice 25

Select a Fish

Atlantic Salmon

Parmesan Tilapia

Select a Sauce

Rustic Piccata

Grape tomatoes, capers, onions, mushrooms, & basil in a white wine sauce

Champagne
Sauce

Light and creamy sauce with roasted peppers and sun-dried tomatoes.

(Select Pink or White)

Balsamico

Balsamic reduction with bruschetta &

Select a Vegetable

Grilled

Asparagus

Sautéed Spinach

Grilled Zucchini

Steamed

Broccoli

You may substitute rice for pasta

Sides

**Asparagus &
Prosciutto** 7
Sautéed with garlic in olive
oil

**Onion
Rings** 6
Served with a roasted pepper
dressing on side

**Sautéed Spinach
or Broccoli** 5
With fresh garlic. Add
imported prosciutto, 2.00

Meatballs 7
In tomato-basil sauce.
Creamy rosa sauce, 1.00

**French
Fries** 4

**Steamed
Broccoli** 5

Sausage 5
In tomato-basil sauce.

Veal Entrees

**Veal Brandy-
Peppercorn** 22
In a rich cream sauce over
rice, with a side of grilled
asparagus

**Veal
Toscana** 23
Prosciutto, roasted peppers &
spinach sautéed in a white
wine sauce with mozzarella.
Over penne

**Veal
Fresco** 21
Breaded veal, bruschetta &
chilled fresh mozzarella over
a bed of baby greens topped
with a balsamic reduction

**Veal
Parmigiana** 22
In our homemade tomato-
basil sauce with penne. Add
creamy rosa sauce, 2.00

**Veal
Marsala** 23
Sautéed with mushrooms,
onions & garlic in Marsala
wine sauce over penne

Chicken Sandwiches

Select Your Style

7" Baguette 10

Traditional Focaccia 10

Dairy-Free Cheese, add 3

Grilled Chicken Capri

Roasted red peppers, baby greens, fresh mozzarella & balsamic vinaigrette

Chicken Sorrento

Grilled chicken, pesto, sun-dried tomatoes & fresh mozzarella

California Chicken

Grilled chicken, lettuce, tomatoes, mayonnaise & melted mozzarella

Chicken Parmigiana

With homemade tomato-basil sauce or creamy rosa sauce

Procida

Grilled chicken, ham, Swiss cheese, tomatoes & honey-mustard dressing

Buffalo Chicken

Breaded chicken, lettuce, tomato, Buffalo sauce & bleu cheese dressing

Montesa

Breaded chicken, bacon, lettuce, tomatoes, mozzarella & ranch dressing

Select Your Style

7" Baguette 10

Traditional Focaccia 10

Dairy-Free Cheese, add 3

Cheese Steaks

Classic Cheese Steak

American cheese & red sauce

California Cheese Steak

Lettuce, tomatoes, mayonnaise, ketchup & American cheese.

Cheese Steak Combo

Enhance or Create a Cheese Steak

Green Peppers

Hot Peppers

Lettuce

Mushrooms

Onions

Tomatoes

Mozzarella

Traditional Sandwiches

Fresh Mozzarella & Roasted Peppers

Basil, tomatoes & olive oil.
Add prosciutto, 2.00

Mama's Classic

Salami, pepperoni, &
prosciutto with lettuce,
tomatoes, oil & vinegar, salt,
pepper & oregano

Sausage & Peppers

With tomato-basil sauce

Hot Turkey BLT

Bacon, lettuce, tomatoes,
provolone & ranch dressing

Veal Parmigiana

With tomato-basil sauce or
creamy rosa sauce

Eggplant Parmigiana

With tomato-basil sauce or
creamy rosa sauce

Italian

Ham, salami & provolone
with lettuce, tomatoes, oil &
vinegar, salt, pepper &
oregano

Meatball Parmigiana

With tomato-basil sauce or
creamy rosa sauce

Sausage Parmigiana

With tomato-basil sauce

Turkey & Cheese

Lettuce, tomatoes, oil &
vinegar, salt, pepper &
oregano

Select Your Style

7" Baguette 10

Traditional Focaccia 10

Dairy-Free Cheese, add 3

Veggie Sandwiches

Eggplant, Spinach & Garlic

With melted mozzarella & a
touch of red sauce

Eggplant & Roasted Peppers

Fresh mozzarella & balsamic
vinegar

Veggie Melt

Portabella mushrooms, black
olives, roasted red peppers,
onions, tomatoes, lettuce with
mozzarella and oil & vinegar

MAMA'S GOURMET PERSONAL PIZZA

Est 1970...The Tradition Lives On

Fresh Mozzarella, Tomato & Basil with a touch of Garlic	20
Baked Penne ricotta, gluten-free penne, red sauce	20
Penne Vodka	20
Hawaiian pineapple & ham	19
Mama's Combo sausage, mushrooms, pepperoni, green peppers, & onions	21
Double Deluxe sausage, mushrooms, pepperoni, onions, green peppers, meatball, ham, black olives, & extra cheese	23

Avelino sausage medallions, spinach & roasted red peppers, sauce & mozzarella	20
Tomasso meatballs, sausage, ricotta, mozzarella & red sauce	20
Grilled Steak Combo green peppers, mushrooms & onions with mozzarella	21

Lo Bianco white Champagne sauce, bruschetta, mozzarella	20
Eggplant Pisa breaded eggplant, portabellas, spinach, roasted red peppers, artichokes, mozzarella, Gorgonzola sauce & a touch of balsamic	22
Primavera broccoli, spinach, tomatoes, & a touch of garlic	21
Vegetable Combo broccoli, black olives, spinach, onions, peppers, mushrooms	21
White Pizza with Broccoli and Spinach (ricotta & mozzarella cheese)	20

Meat Supreme meatballs, pepperoni, ham & sausage	21
Buffalo Chicken breaded chicken, buffalo sauce, ranch & mozzarella	20
Chicken Parmigiana breaded chicken, garlic & parsley	20
BBQ Chicken breaded chicken, barbeque sauce & mozzarella	20
Chicken Sorrento breaded chicken, sun-dried tomatoes, a touch of red sauce, mozzarella & pesto	21
Chicken & Bacon ranch dressing & mozzarella	21

Shrimp, Spinach & Prosciutto red sauce, a touch of garlic & mozzarella	22
Seafood Combo littleneck clams, shrimp, mussels & a touch of garlic	22

Gluten-Free Plain Pizza (10 in.) 14
You CREATE it, we'll make it, you'll love it!
 Personal Pizzas - 2 per topping

Vegetable

Meat & Seafood

Artichokes	Mushrooms	Anchovies	Mussels
Asparagus	Onions	Bacon	Pepperoni
Black Olives	Pineapple	Chicken (grilled or breaded)	Prosciutto
Broccoli	Roasted Red Peppers	Clams	Sausage
Bruschetta	Spinach	Fresh Calamari	Shrimp
Capers	Sun-Dried Tomatoes	Ham	Steak
Eggplant	Tomatoes	Meatball	Salami
Garlic	Zucchini		

Pasta

Decadent

8

Chocolate

8

