Dear Survivors,

The holidays are fast approaching. As you all know, these usually joy-filled times can bring those who are grieving mixed emotions. I was just seven years old when my dad was killed in the line of duty in November, right before the holidays. Celebrations looked very different for my family, but we learned that different can still be ok. Celebrating the holidays and starting new traditions does not mean you are forgetting your loved one. It means you are finding new and healthy ways to cope and living your life to the fullest. For more tips on coping during the holidays, see pages 20-21.

I just returned home from the 2019 National Conference on Law Enforcement Wellness and Trauma in Oak Brook (IL). I met several other survivors and was able to connect with over 630 members of the law enforcement community. I witnessed many attendees getting the most out of every session offered and taking in every word our amazing keynote speakers said. This conference is moving to Oklahoma City in 2020. Please remember that survivors are always welcome to attend this conference and we hope to see you there next year.

The 2019 Hands-On Programs have ended and dates for 2020 are included on page 19. If you were unable to attend your retreat this year, make plans to go in 2020. You will not regret it and you will meet new friends that will become family. To my fellow adult children survivors, I look forward to seeing you at our retreat in June!

National Police Week is going to be here before we know it. The C.O.P.S. National Office has taken steps to open registration early this year, so don’t wait. Visit concernsofpolicesurvivors.org to register and get more detailed information about the week’s events.

On behalf of the C.O.P.S. National Board, Staff and entire membership, I wish you all peace and comfort during the holiday season. Check on your fellow survivors and be sure to send each other messages of love and support. The holidays are filled with a lot of red and green, but we all know the color that represents peace is blue.

Emilio Miyares
C.O.P.S. National President
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Mission Statement

Rebuilding shattered lives of survivors and co-workers affected by line-of-duty deaths.

Survivors can seek comfort from C.O.P.S. while awaiting a decision from the following determining agencies: The Federal Bureau of Investigation (FBI), Public Safety Officers’ Benefits (PSOB) Program, National Law Enforcement Officers Memorial Fund (NLEOMF) or Fraternal Order of Police (FOP).

Submission Information

Concerns of Police Survivors welcomes the submission of articles, trial updates, survivor news and memorials. Please know that all submissions will be considered, but may not be published. Inclusion of news articles or court documents makes the process much easier for C.O.P.S. When sending photos, please make sure they are high resolution (600KB or higher) or the original files. All submissions can be e-mailed to sara_slone@nationalcops.org with subject line “Newsletter Submission.”

Information for Our Readers

Throughout C.O.P.S. publications, you will find codes that tell how a person is related to an officer who has died in the line of duty. Here is a key for you:

W=Spouse; AC=Adult Child; C= Child; S=Sibling; M=Mother; F=Father; CW= Co-Worker; SM= Step-Mother; SF= Step-Father; SC=Step-Child; GM=Grandmother; GF=Grandfather; GC=Grandchild; FS=Former Spouse; FN=Fiancé; SO=Significant Other; F-IL=Father In-Law; M-IL=Mother In-Law; D-IL=Daughter In-Law; SN-IL=Son In-Law; SS-IL=Sister In-Law; B-IL=Brother In-Law; U=Uncle; A=Aunt; NC=Niece; NP=Nephew; CS=Cousin; FR=Friend
<table>
<thead>
<tr>
<th>Region</th>
<th>Member Name</th>
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</tr>
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<tbody>
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A unique effort of the U.S. Department of Justice; local, state, tribal, and federal public safety agencies; and national organizations, the Public Safety Officers' Benefits (PSOB) Program provides death and education benefits to survivors of fallen law enforcement officers, firefighters, and other first responders, and disability benefits to officers catastrophically injured in the line of duty.

The amount of the PSOB benefit is $365,670.00 for eligible deaths and disabilities occurring on or after October 1, 2019. The amount of the PSOB educational assistance benefit for one month of full-time attendance on or after October 1, 2019 is $1,248.00.

For questions regarding the Program, please call the PSOB Office at 1-888-744-6513 or email AskPSOB@usdoj.gov.

C.O.P.S. thanks Nathan Lawson of Bradenton (FL) for allowing the use of his amazing photos he took during Krawl’n for the Fallen 2018!

Would you like to serve on the C.O.P.S. National Board?

One of the most cherished and important ways to serve other survivors is by running for a Regional Trustee position on the C.O.P.S. National Board. Each trustee serves a one year term, for a maximum of four years. The National President serves a one-year term, for a maximum of two years. To find out more information, our National bylaws can be downloaded from www.concernsofpolicemembers.org/bylaws.

Any survivor seeking to serve on the National Board shall submit a completed application for nomination to the Chair of the Nominations/Election Committee, Cheryl Schultz (cheryl_schultz@nationalcops.org), no later than February 20th, 2020.

The application and criteria can be found on our website under the ‘Contact - National Board’ tab.

C.O.P.S. wants you all to remember that the National Office is now a destination place for all survivors to come visit. Come visit the office and walk down the Road to Hope into the Garden of Hope where you can sit and reflect on your officer.

The garden is lined with pavers dedicated to heroes from all across the nation and the C.O.P.S. Family Tree is truly a sight to see! We hope to see you in Camdenton, Missouri, soon!
To enable the C.O.P.S. organization to provide peer support close to home, 55 C.O.P.S. Chapters are functioning and others are in the process of organizing. Below are state or regional chapters that are here to help you through the difficult times:

**Alabama C.O.P.S.**
Cindy Hatcher, President
alabamacops.cindy@gmail.com
(251) 604-0602
www.alabamacops.org

**Alaska C.O.P.S.**
Jason Whetsell, President
akcopspresident@gmail.com
(907) 317-5264
www.alaskacops.org

**Arizona C.O.P.S.**
Marie Dryer-Kircher, President
marie.dryer@copsarizona.org
(602) 228-0643
www.copsarizona.org

**Arkansas C.O.P.S.**
Linda Craig, President
lindasuecraig@gmail.com
(501) 425-0645
www.arkansascops.org

**California**

**Central CAL C.O.P.S.**
Dave Wallace, President
dave.cencalcops@gmail.com
(209) 595-3403
www.cencalcops.org

**Southern CAL C.O.P.S.**
Liz White-Dibb, President
lwhitedibb.socalcops@gmail.com
(619) 843-8500
www.socalcops.org

**Northern CAL C.O.P.S.**
Susan Moody, President
k27forever@gmail.com
(707) 372-1604
www.norcalcops.org

**Colorado C.O.P.S.**
Sharon Byrne, President
sharon.byrne2016@gmail.com
(720) 253-5174
www.coloradocops.org

**Connecticut - See New England C.O.P.S.**

**DC C.O.P.S.**
Cindy Carter, President
cindycarter911@hotmail.com
(703) 618-2257
www.dc-cops.org

**Delaware C.O.P.S.**
Eleanor Allione, President
troopersmom4cops@yahoo.com
(302) 388-2657
www.delawarecops.org

**Florida**

**Central FL C.O.P.S.**
Virginia Ricks, President
centralflcops@gmail.com
(850) 445-2589
www.centralfloridacops.org

**Northeast FL C.O.P.S.**
Charles Shinholser, Director
crshinholser@hotmail.com
(904) 771-1827

**Northwest FL C.O.P.S.**
Harold Shover, President
haroldshover@gmail.com
(850) 635-5484

**South FL C.O.P.S.**
Sean Strzalkowski, President
strzalkowski.sean@gmail.com
(954) 790-9642
www.soflocops.com

**Iowa C.O.P.S.**
Toni Galetich-Christofferson, Director
toni@iwacops.org
(515) 422-6252
www.iwacops.org

**Kansas C.O.P.S.**
Linda Bohlender, President
lkbender@cox.net
(785) 213-6463
www.kscops.org

**Kentucky C.O.P.S.**
Brandi Durman, President
kentuckycops@gmail.com
(859) 230-0986
www.copskentucky.org

**Louisiana C.O.P.S.**
Kim Stuckey, President
kstuckeylacops@gmail.com
(225) 933-5191
www.la-cops.org

**Maine - See New England C.O.P.S.**

**Maryland C.O.P.S.**
Sue Nickerson, Director
mikie@atlanticbb.net
(410) 708-1334
www.mdcops.org

**Massachusetts - See New England C.O.P.S.**

**Michigan C.O.P.S.**
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(586) 945-0882
www.micops.org

**Minnesota C.O.P.S.**
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(651) 295-2314
www.mncops.org

**Mississippi C.O.P.S.**
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carolinemscops@gmail.com
(662) 678-3192

**Missouri C.O.P.S.**
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ajansen202@gmail.com
(636) 299-3772
www.mo-cops.org

Some of the most important work C.O.P.S. does is to help survivors apply for or check on the status of their benefits through the Public Safety Officers’ Benefits Program, as well as other available benefits. If you need assistance with your benefits, please contact Laurie Putnam, Director of Chapter & Survivor Support, at (573) 346-4911.
Montana C.O.P.S.
Nancy DeLaittre, President
delaittrecops@gmail.com
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Nebraska C.O.P.S.
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www.nebraskacops.org

New England C.O.P.S.
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www.newenglandcops.org

New Hampshire - See New England C.O.P.S.

New Jersey
NJSP Survivors of the Triangle C.O.P.S.
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(901) 412-5782
www.westtennesseeecops.org

Texas
Greater Houston C.O.P.S.
Cheryl Railsback, President
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www.greaterhoustoncops.org

Metroplex TX C.O.P.S.
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www.metroplexcops.org

South Texas C.O.P.S.
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www.southtexascops.com

West TX C.O.P.S.
Stacy Harvey, President
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Utah C.O.P.S.
Max Morgan, President
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www.utahcops.org

Vermont - See New England C.O.P.S.

Virginia C.O.P.S.
Shawn Godfrey, President
smgodfrey@hanovercounty.gov
(804) 305-1512
www.vacops.org

Washington State C.O.P.S.
Penny Brenton, President
info@washingtonstatecops.org
(425) 903-1004
www.washingtonstatecops.org

Wisconsin C.O.P.S.
Jo Ann Mignon, President
joannmignon@wicops.org
(920) 875-0506
www.wicops.org

States without an active chapter:
Hawaii
North Dakota
South Dakota
West Virginia
Wyoming
At C.O.P.S. Spouses Retreat in September, two surviving spouses found they were connected in a way they never expected. Tami Bernard-Ail decided to choose love rock painting as her activity and was joined by Sandra McKee. Sandra had chosen the craft because she and her granddaughter, Bella, had found a Facebook group called #Hadleyfoxrocks, which was started by a woman whose 8-year-old daughter died of Glioblastoma Multiforme, an aggressive brain cancer. The mission was to paint lady bugs on rocks and place them wherever you go. Sandra’s husband had died from the same cancer.

As the two spouses told the stories of their officers, a conversation about #Hadleyfoxrocks came up. Turns out, Tami is Hadley’s grandmother. After a few tears and overcoming the disbelief of such a small world, the two ladies painted rocks together. Tami made sure to send a ladybug rock home with Sandra to share with her granddaughter.

Congratulations to Jennifer Hernandez Reyes of Puerto Rico for receiving her Bachelor’s in Sonography. She is a long time C.O.P.S. Scholarship recipient and said, “Thank you for supporting my future! I will work hard to make you proud!” Jennifer is the surviving spouse of Puerto Rico Police Agent Jorge Sanchez-Santiago, EOW 8/15/2009.

David Andrew Sanders was born on July 6, 2019, to Angela Sanders. David is the surviving nephew of California Highway Patrol Officer Joseph P. Sanders, EOW 12/15/2008.

Congratulations to Michael Cox for completing the VooDoo Half-A-Toona mountain bike race in Acworth, GA, on Saturday, August 24. He rode 22 miles in 2.5 hours, all while raising $350.00 for C.O.P.S.

Cox is an investigator with the Georgia Department of Public Safety (Georgia State Patrol).
On August 8, 2018, Jace Austin John Harbour was born five weeks premature weighing 4lbs.15oz and 17" long. He is the son of Steve & Sabrina Harbour. Sabrina is the surviving sister, and Jace the surviving nephew, of New Mexico State Police Officer Damon K. Talbott, EOW 10/19/2001.

More congratulations to the Harbour family as Officer Talbott’s surviving nephew, Garrett Moody, graduated from Hollister High School on May 19, 2019. He now attends North Arkansas University where he plays baseball and is studying to be a teacher.

Big congratulations goes out to Adam Lee who signed a professional soccer contract with Germany’s Baiersdorfer SV team. (Image provided by IFXsoccer.com)

Adam is the surviving son of New York City Police Officer Kevin Lee, EOW 1/27/2006.

On August 8, 2018, Jace Austin John Harbour was born five weeks premature weighing 4lbs.15oz and 17" long. He is the son of Steve & Sabrina Harbour. Sabrina is the surviving sister, and Jace the surviving nephew, of New Mexico State Police Officer Damon K. Talbott, EOW 10/19/2001.

More congratulations to the Harbour family as Officer Talbott’s surviving nephew, Garrett Moody, graduated from Hollister High School on May 19, 2019. He now attends North Arkansas University where he plays baseball and is studying to be a teacher.

Christopher M. Shea, Jr. graduated from First State Military Academy in Clayton (DE) on May 31, 2019. Christopher was part of the first four-year cadets to graduate from a Marine Corp JROTC school. He now attends Wesley College in Dover (DE) majoring in Physical Education and Health.

Christopher is the surviving son of Delaware State Police Corporal Christopher Shea, EOW 7/18/04.
Kiana Favela graduated high school in the Spring and is now a freshman at the Dodge College of Film and Media Arts. She sent the following note to C.O.P.S.:

“I just wanted to say thank you again to the C.O.P.S. National organization for believing in me and for the very generous scholarship that has allowed me to attend the college of my dreams.”

Kiana is the surviving daughter of Honolulu (HI) Police Officer Steve Favela, EOW 11/26/2006.

Congratulations to Carlos Vasquez who graduated from Cypress Christian High School in Texas and is now in his freshman year at Baylor University.

Carlos is the surviving son of Houston (TX) Police Officer Alberto Vasquez, EOW 5/22/01. He is pictured here with his mother, Patty, and brother, Andrew. Over 20 Houston Police Officers came out to celebrate as well!

Congratulations to Lauren Opryszek on being sworn in as a Tulsa (OK) Police Officer this summer. Lauren follows in the footsteps of her step-father, McHenry County (IL) Sheriff’s Deputy Dwight Maness, EOW 9/14/2015.

Lauren says it’s an honor to be able to carry on service in law enforcement for her family, stating, “I think it was meant to be carried on, and I think I am the one to do it.”

Stay safe, Officer Opryszek. Your step-father would be proud!
Ronald Gentry, 61, died August 7, 2019, in Coatesville, IN. Ron was deeply loved by his wife of 42 years, Terri, and his two daughters, Ronald is the surviving father-in-law of Indianapolis (IN) Metro Police Officer Rod Bradway, EOW 9/20/2013. His welcoming face will be missed each year at the C.O.P.S. Extended Family retreat.

Florence Ann Littlefield, 96, died peacefully on August 9, 2019, with her children by her side. Flo lived a full and remarkable life with her husband of nearly 74 years, Howard, who preceded her in death just one month earlier.

Howard and Florence spent their lives raising a large family of 13 children, 84 grandchildren, 83 great-grandchildren, and 9 great-great-grandchildren!

Florence is the surviving mother of San Bernardino (CA) Police Sergeant Tim Littlefield, EOW 9/14/1986.

Oliver Smith, Sr., 70, of Cheverly (MD) died August 29, 2019. Oliver is the surviving father of Metropolitan (DC) Police Officer Oliver Smith, Jr., EOW 2/26/1997.

Oliver and his wife, Cynthia, are founding members of the DC C.O.P.S. chapter.

Ezra “Zeke” Winters, 87, died August 20, 2019, in Muncie, Indiana. He leaves behind his wife of 69 years, Beverly, as well as two sons, many grandchildren, great-grandchildren, and a great-great-grandchild. His daughter-in-law, Molly, served as C.O.P.S. National President from 2000-2002.

He is the surviving father of Muncie (IN) Police Officer Gregg Winters, EOW 1/8/1991.

Angela Dunakin, 52, of Roseville (CA) died October 29, 2019. Angela leaves behind her three children and one granddaughter. She is the surviving spouse of Oakland (CA) Police Officer Mark Dunakin, EOW 3/21/2009.

Angela was a friend to many, especially her fellow surviving spouses who she had just spent the weekend with in September. Please remember if you are having a difficult time, call each other or reach out to a support staff member.

In Memoriam

Continued on next page.
Sharon (Jarrett) Felton Story, 53, of Yale (VA), died at her home four months after being diagnosed with brain cancer. This is the first death of a C.O.P.S. Past National President in the organization’s history.

Sharon was the surviving spouse of Sussex County (VA) Sheriff’s Deputy Thomas Felton, EOW 4/29/1989. She served as C.O.P.S. National President from 1996-1998. She was a founder of the Virginia Chapter and served a 2-year term on the National Law Enforcement Officers Memorial Board in Washington, D.C. In more recent years, she was a national trainer for C.O.P.S., delivering memorable speeches at numerous law enforcement events and trainings.

Sharon leaves behind her husband Wayne, and their beautiful 11 year-old daughter, Jessie. Through her involvement with C.O.P.S., Sharon touched many lives and will never be forgotten.
Blood drives are one of the easiest events when it comes to planning. Several C.O.P.S. chapters have already scheduled an event (or multiple events) in their states. If you have an American Red Cross that services your community, contact them and tell them you are a part of the C.O.P.S. Blue Blood Drive.

All you need to do is pick a date, time and location. The collection agency will handle everything else. To promote your event, create an event on social media so you can get an estimate of the number of donors you will expect. This will be good to know in advance, especially if you plan to give out t-shirts, snacks, or anything else to those who donate.

A major tip to not only promote your blood drive, but also to gain exposure for your C.O.P.S. chapter, is to connect with every law enforcement agency within a 25-mile radius of where the event will be held. Have materials about your chapter ready so they can stay connected with you after the drive. We suggest scheduling a drive in the month of January, specifically on or around January 9th to coordinate with Law Enforcement Appreciation Day.

How can we help you? Feel free to contact us at the C.O.P.S. National Office by calling 573-346-4911.

Remember! The American Red Cross can help you set up your drive!

**Online recruitment:** Log in to the blood drive management system on RedCrossBlood.org to send emails to promote your drive.

**Online resources:** Visit RedCrossBlood.org/RecruitmentResources to find tools to help make your drive a success including print-on-demand blood drive posters and flyers.

**Red Cross recruitment materials:** Your account manager will provide you with printed materials for your drive.

**SleevesUp virtual blood drive:** Visit RedCrossBlood.org/SleevesUp to invite your friends, co-workers and family across the country to pledge to donate at your blood drive or wherever it is most convenient for them.
Monday, May 11
Early arrival day at Reagan National Airport (DCA)
C.O.P.S. provides escorted transportation between 9am-6pm to your C.O.P.S. hotel. Transportation is provided to those who pre-registered with C.O.P.S. to stay at a C.O.P.S. hotel.

Tuesday, May 12
Official Arrival day at Reagan National Airport (DCA)
C.O.P.S. provides escorted transportation between 9am-6pm to your C.O.P.S. hotel.

Law Enforcement United (LEU) Arrival Ceremony
LEU raises awareness of law enforcement officers who have died in the line of duty. The Road to Hope bicycle concludes after over 250 miles are ridden in honor of officers who are being honored during the May 15 Memorial Service hosted by the Fraternal Order of Police & Auxiliary.

Wednesday, May 13
Candlelight Vigil hosted by the National Law Enforcement Officers Memorial Fund (NLEOMF)
The NLEOMF will host the 32nd Annual Candlelight Vigil on the National Mall at 8:00 p.m. to honor the law enforcement officers who have died in the line of duty.

Thursday, May 14
Concerns of Police Survivors (C.O.P.S.) hosts the National Police Survivors’ Conference held at the Hilton Alexandria Mark Center (host hotel).

Concerns of Police Survivors (C.O.P.S.) hosts the Kids/Teens Program and Daycare for surviving children and siblings of the fallen officer.

3rd Annual Blue Honor Gala (Pre-purchased tickets are required.)
**Friday, May 15**
National Peace Officers’ Memorial Service (NPOMS) hosted by the Grand Lodge Fraternal Order of Police & Auxiliary (FOP)
The FOP will host the 39th Annual National Peace Officers’ Memorial Service at 11:00 a.m. on the West Front Lawn of the U.S. Capitol to honor officers who have died in the line of duty.

**Saturday, May 16**
C.O.P.S. hosts the second day of the National Police Survivors’ Conference held at the Hilton Alexandria Mark Center (host hotel).
C.O.P.S. hosts the Kids/Teens Program and Daycare for surviving children and siblings of the fallen officer.
Picnic on the Patio hosted by C.O.P.S. at the Hilton Alexandria Mark Center. Join us for a fun evening to relax and enjoy activities and dinner with other survivors!

**Sunday, May 17**
Official Departure Day – no organized transportation to area airports.

You will be responsible for your transportation to and from Washington, D.C., your hotel accommodations, and any meals not provided by C.O.P.S. Survivors may be able to find assistance with transportation and hotel costs from their local C.O.P.S. chapter or law enforcement agency.

Survivors who register through C.O.P.S. for hotel accommodations will be escorted by law enforcement on May 11 or May 12 between 9:00 a.m. – 6:00 p.m. from Reagan National Airport (DCA) only to your C.O.P.S. hotel. Arriving on these days will allow you to take part in the escorted arrival to your hotel, pick up your credentials, check-in to your hotel, and sight see before the week’s events begin. If you choose to arrive on May 13 or later, you will not receive escorted transportation or check-in before busing to the Candlelight Vigil.

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You are invited to the 3rd Annual **Blue Honor** Gala
To be held on the evening of May 14th @ 7:00 p.m.
Location will be announced soon!

Tickets can be purchased at concernsofpolicesurvivors.org
Thank you to everyone who attended a Hands-On Program in 2019. We welcomed several new survivors to each program, and welcomed back even more returning survivors.

The best thing you can do for your fellow survivors is to share your experience at your specific program. Especially if they are hesitant to attend, as the fear of the unknown is taking over. What fears did the program help you overcome? Who did you meet that you made a connection with? What did you take from the counseling sessions? What was your favorite activity? Share your feedback with other survivors in your area and let us know at C.O.P.S., too! Email Susie Sapp at susie_sapp@nationalcops.org.

The dates for the 2020 Hands-On Programs are on page 19. Registration will open soon and we hope to see you there! Remember, every journey begins with a first step!
“Kids Camp, Spouses Retreat, and Police Week all come at a great time and are spread out just enough - so, when you feel like you are sinking in grief, these programs lift you back up and bring hope.”

“I came to Adult Children’s to reconnect with my C.O.P.S. family and to learn ways to cope with my loss in this new chapter of life.”

“We experience some type of trauma all year and reminders of our old trauma creep up. To have a retreat to go to and give ourselves a ‘tune-up’ is extremely helpful.”

“I attend for my dad. I like talking about him.”
Outward Bound® Experience

“Outward Bound® gives you the opportunity to grow into a leader. The chance to experience outdoor camping with friends is priceless.”

Young Adults Camp

“This camp, these people, are my world now. Next year I will be back for more memories and laughs. Thank you for being a safe place for me.”

Fiances/Significant Others Retreat

“I learned to open up. FNSO Retreat gives me courage.”

Spouses Retreat

“Spouses allows me three days to escape my real life and recharge. It allows me to grow my network of support larger every year.”

“Because, just like everything else in this grief process, it’s extremely out of my comfort zone. Just because it’s hard doesn’t mean it doesn’t help.”

Siblings Retreat

“I learned to open up. FNSO Retreat gives me courage.”
Dates for 2020 Hands-On Programs

Co-Workers for Couples Retreat April 3-6
YMCA Trout Lodge - Potosi, MO
Registration Deadline: March 3, 2020

Spouses for Couples Retreat April 17-20
YMCA Trout Lodge - Potosi, MO
Registration Deadline: March 17, 2020

Adult Children's Retreat June 12-15
YMCA Trout Lodge - Potosi, MO
Registration Deadline: May 22, 2020

Kids Camp June 20-26
Salvation Army Wonderland Camp - Camp Lake, WI
Registration Deadline: May 22, 2020

Outward Bound June 20-26
Yampa River in Colorado's Dinosaur National Monument
Registration Deadline: May 22, 2020

Young Adults Camp July 27-31
Epworth By The Sea - St. Simons Island, GA
Registration Deadline: June 27, 2020

Fiancés & Significant Others Retreat
August 14-17
YMCA Trout Lodge - Potosi, MO
Registration Deadline: July 14, 2020

siblings Retreat September 11-14
YMCA Trout Lodge - Potosi, MO
Registration Deadline: August 11, 2020

Spouses Retreat September 25-28
YMCA Trout Lodge - Potosi, MO
Registration Deadline: August 25, 2020

Co-Workers Retreat October 2-5
YMCA Trout Lodge - Potosi, MO
Registration Deadline: September 2, 2020

Extended Family Retreat October 16-19
YMCA Trout Lodge - Potosi, MO
Registration Deadline: September 16, 2020

Parents Retreat October 23-26
C.A. Vines Arkansas 4-H Center - Little Rock, AR
Registration Deadline: September 23, 2020

“Co-Workers Retreat
For the second time in my life, I felt like I belonged within the police community while at the Co-Workers Retreat.”

Extended Family Retreat
“Every session helped me. I never know until I get there what I need help with; then, others speak of their journey and I know what has been bothering me. It is a big help.”

Parents Retreat
“I felt so safe and at peace there. I hope I was able to help some of the new parents.”
How to Deal with Grief During the Holidays

The holidays can be the toughest time of the year.

The swell of grief around the holidays is a common reason clients enter my therapy office this time of year. People often seek help for the immense sorrow that starts surfacing right around Thanksgiving.

I experienced that wave of grief in my own life when my husband passed away. Christmas music, holiday parties, and festive decorations that were meant to bring joy, served as painful reminders of my loss. Like most people experiencing loss, the holiday season was the most painful time of all.

If you’re wondering how to get through the holidays this year without your loved one, these strategies can help:

**Trust that Grief is Part of Healing**

Time doesn’t heal the pain associated with a loss, it’s what you do with that time that matters. Grief is the process by which you heal. Experiencing the pain—rather than constantly trying to escape it—can actually help you feel better in the long-term.

So while it may be tempting to pretend the holidays don’t exist—or to numb the pain with alcohol—temporarily avoiding the pain only prolongs the anguish. Eventually, the holidays will get easier, but only if you allow yourself to experience the grief of going through them without your loved one.

**Set Healthy Boundaries**

You certainly don’t have to force yourself to face every holiday event or celebratory tradition, however. If attending a tree lighting ceremony or participating in the office gift swap is likely to bring about too many painful memories this year, be willing to say no. Other people may try to convince you to participate, but you certainly don’t have to try and please everyone.

**Focus on What You Can Control**

There are a lot of things you can’t control about the holidays. You may be subjected to Christmas music in the waiting room of your doctor’s office or you may overhear your co-workers constantly talking about their holiday plans. While you can’t prevent those things from happening, there are some things you can control.

Think about what you can do to lessen the heartache when you can. It’s OK to limit your decorations or shop for presents online only. Pick a few things you can do to assert some control over the holiday cheer and keep in mind that life goes on for other people and it’s OK that they’re happy to celebrate this year.

**Plan Ahead**

Often, the anticipation over how hard something is going to be is worse than the actual event. So while Thanksgiving dinner may only last two hours, you could easily spend three weeks dreading it. Create a simple plan for how you’ll get through the holidays to avoid extending your anguish.
Often, it’s helpful to create an escape plan. Drive yourself to holiday functions or ride with a trusted friend who will take you home whenever you want. Just knowing you can easily leave at any time can help you enjoy the activity much more than you would if you felt stuck.

**Allow Yourself to Feel a Range of Emotions**

The holidays can bring about a wide range of emotions. You might feel joy, guilt, and sadness all within a few minutes. Allow yourself to feel those emotions without judging yourself or thinking you should be happy or you shouldn’t be laughing.

**Find a Way to Honor Your Memories**

Create a special way to memorialize the person you’ve lost. Whether you decide to light a candle every night or eat your loved one’s favorite food, honoring your loved one can serve as a tangible reminder that although your loved one is gone, the love never dies.

**Do Something Kind for Others**

Even when you’re in the midst of grief, you still have something to offer the world. Performing a few acts of kindness can be really good for the grieving spirit. Donate gifts to families in need, serve meals at a soup kitchen, or volunteer to help people at a nursing home make holiday crafts if you’re up for it.

**Ask for Help**

Don’t be afraid to ask for help when you’re struggling with the holidays. Reminding loved ones that you’re having a rough time may be enough, but you also may want to reach out for more support. Look for support groups or contact a professional counselor to help you deal with your grief in a healthy manner.

**Create New Traditions**

Don’t be afraid to create new traditions this year too. It’s OK to get creative and do something a little out of the ordinary. You can also alter old traditions and make them fit better with the new phase in your life.

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Amy Morin is a licensed clinical social worker, psychotherapist, college psychology instructor and internationally recognized expert on mental strength. She’s a Wall Street Journal and international bestselling author of 13 Things Mentally Strong People Don’t Do.
Like many of you, I was living the dream life! I had the most amazing husband and father to our three sons. My husband was a Sergeant for the Jenks Police Department in Jenks, OK. He was on the force for 19 years! We home educate our boys so they could have all the precious time with their daddy when he was home. The day he died, it felt as if I was in a really horrible dream. Here I am, walking into my father-in-law’s home, looking into the eyes of our precious children saying “Your daddy is gone…” and the tears flowed. The tears are non-stop some days and some days it feels like a drought.

Our intent for this story is for other survivors, especially if you are in the first few years since your officer’s death, to realize that everything you are experiencing is completely normal. People process grief differently. A child grieves differently than an adult. A spouse grieves differently than a parent. One sibling grieves differently than another sibling.

There is no handbook to clearly define how a person will grieve, nor how to HELP that person grieve. But one support system that has been proven to work for decades is peer support of others who are going through what you are going through. I hope Lisa’s story resonates with you and leaves you with the understanding that spontaneous outbursts happen, tears will come at odd times, humor will change, hobbies will change, and learning to navigate a new normal does not happen over night.

I attended the C.O.P.S. Spouses Retreat in September of this year. As staff, one of our roles during retreats is to make sure participants are going to activities, sessions and debriefings. Debriefings, if you have never been to a retreat, are when survivors tell their stories and listen to their peers who have suffered a similar tragedy.

I was helping direct people to the correct meeting rooms that they were assigned to when I noticed a woman on her cell phone outside one of the rooms. She had a yellow nametag, which means it was her first time attending the retreat. I sat down with the intentions of waiting a minute and then politely ushering her towards her debriefing group. Then I listened. Yes, I rudely eavesdropped on a woman I had never met and pretended to check my cell phone.

What I overheard would change my perspective on the day-to-day struggles surviving spouses cope with, especially ones who have young children.

The woman was Lisa Crain. She was 39 years old when her husband, Jenks (OK) Police Sergeant Brian Crain, died in the line of duty on February 23, 2019. They had three young sons ages five, eight and 14. I was overhearing her conversation with her eight-year-old.

That gutwrenching call of a mother explaining to her son why she left him for the very first time since his father died not only made my stomach hurt from empathy, but also woke me up to the amazing strength and resiliency so many survivors exude. Lisa ended the call with two sentences that reminded me of why C.O.P.S. exists: “I need to be here. Mommy needs to be here.”

After the retreat, Lisa and I stayed in contact through Facebook. I started taking in all her posts that were raw with emotion, yet had a sense of humor and positivity to them. So I asked her, “Would you tell your story with me? I think it will resonate with so many others.” 48-hours later, the following story was in my inbox.

Our First Year...  By Lisa Crain
Prologue by Sara Slone
The story of the Crain family as they take life day by day in their first year after losing their officer.
We are now nearly 8 months out from his end of watch and our lives are forever changed. My once obedient 5-year-old has fits of rage because his sweet mind can’t understand why his daddy isn’t here. My 8-year-old had to restart 2 grade levels below because the trauma to his brain, watching his daddy have a heart attack, was hell. My teen, my sweet, sweet teen felt guilt far beyond his own understanding because he was being a teenager and pushing his daddy away. Things that “normal” families, who have never had this type of trauma, will never experience.

I often have my own meltdowns and questions of normalcy. Why can’t I follow a simple recipe when I used to make extravagant meals? Meals! I could cook far better than any restaurant in town but found myself not even being able to make oatmeal. Why can’t I control this beast who has thrown himself down on the floor for absolutely zero reason? Why doesn’t my 3rd grader know what 2+2 equals? And WHY do I have to teach this AGAIN? WHY AM I HERE?

Since Brian’s passing, I have inherited 2 children in my bed. Sleep is now just a suggestion for me, they sleep like logs! I have lost all bathroom privacy, not that I had much to begin with but, hey, what’s one more toy in the bathtub? Leaving the house alone?

People do that? Haha! Nothing beats the sweet little voice of a child telling his mommy how much he just loves to be with her… Except the fear that washes over their sweet hearts when I need to leave. Is my coming home?

We have weekly counseling sessions for each one of us. I have to make sure each child gets one-on-one time with mommy in addition to our nightly hold-hands-until-we-fall-asleep routine. We are constantly on a rollercoaster ride called the emotional train wreck. Who’s going to fall off the ride and cry today? Who’s going to be successful and step off feeling victorious only to jump back on? I mean, why we can’t try another ride is beyond me at this point but it definitely feels like a constant battle. Who am I going to have to emotionally stabilize today? Me? Or one of my sweet children who didn’t deserve to lose their daddy?

I often look back at the last 8 months and ask: is this NORMAL? Is screaming fits in the grocery store over an ugly flower normal? Is the lack of knowledge normal? Is MY brain fog and lack of every day comprehension to things I could do in my sleep normal? Are these new fears of abandonment and death normal? Is the smothering of “extra love” and lack of privacy normal? And my answer to it all is….yes. Yes, because we all have experienced something that has rocked our worlds in a way that causes pain and heartache to be the forefront of everything we now do.
But because of this new “normal”, we have to make a choice. As a family, we have to choose JOY! Each day! It’s a must for us as we wake up and wonder what emotion today is going to hold. What wrong move or word will be said that will cause someone to melt. No, this new life and first year is not easy. It’s filled with ugly, raw, real life that sucks, that hurts like no other, but it also has brought us beauty in these ashes. It has taught me to find healing in the rain. It has made me see that no matter what the future holds, this day is a day that I was given! That my children were given! I am alive! My boys are alive! WE are alive! We are breathing and fully able to heal!

So, in this first year, I will continue to snuggle 2 little boys. I will take each day and decide if I can mentally prepare a meal or order out. I will giggle at my teenager and make bad mom jokes while singing 80’s music at him to brighten his day. And we will keep choosing JOY. And in the really sucky days, we will cry in my closet, hold each other’s hands and sleep off some of the bad choices we made in the midst of pain. And start all over when the sun rises in the morning.

“I didn’t want anything sad in these pictures! I wanted to capture HOPE, joy and the smile my sweet hubby always had!”

Katherine Thacker was appointed to serve on the Officer Down Memorial Page board of directors in 2019. She is the surviving daughter of Investigator Brandon H. Thacker of the Kentucky Department of Alcoholic Beverage Control who was shot and killed on April 16, 1998, when Katherine was just two years old. She recently graduated from Liberty University in Lynchburg (VA) with degrees in Integrated Communications and Women’s Leadership.

Katherine has spent much of her life finding ways to further serve and honor the law enforcement community in the United States. In 2016, Katherine founded the event “Words of Worth” at Liberty University. An annual event drawing in hundreds of attendees, W.O.W. partners with multiple organizations and on-campus clubs and departments to educate students and faculty members of the importance of law enforcement and the impact officers make in their communities across the nation. At the event, attendees write letters to the families and agencies of officers who have lost their lives in the line of duty during the year prior. Katherine currently resides in Louisville, Kentucky and works full time as an Event Coordinator at Southeast Christian Church.

Additionally, she is a figure skating coach at the local skating club where she grew up training. With a specific passion and heart for the officers and law enforcement families like her own who have made the ultimate sacrifice, Katherine is looking forward to continue serving this community through the ODMP Board of Directors.

(Retrieved from https://www.odmp.org/info/about-odmp)
“I wanted to design an ornament that showed how police officers help Santa deliver presents. The moon is the “C” from C.O.P.S., and is shining bright over everyone to keep them safe.”

-Benjamin Cheney, 6, surviving grandson of Northville (NY) Police Officer Robert J. Johnson, EOW 7/3/2017

In memory of Robert J. Johnson EOW 7/3/2017

Order by December 6th to receive by Christmas!

We are hopeful this adorable pewter ornament will bring you joy and comfort during this holiday season and will be treasured well into the future. We hope you will consider donating $100 to receive this limited edition keepsake ornament. Your officer’s name and EOW will be engraved on the ornament.

If you order by December 6th, 2019, the ornament can be mailed to you before Christmas. Or you can choose to have your ornament displayed on the Christmas tree at the National Office and then mailed to you after the holidays. Visit concernsofpolicesurvivors.org to order online or contact the Development Office at 573-346-4911.

The 5th Annual Krawl’n for the Fallen event brought out over 600 Jeeps to Starke (FL) on November 8-10, at the Florida International Rally and Motorsport Park. Jeeps from all over the country came out to enjoy the trails, all while honoring our nation’s fallen heroes.

Founder, Chrissy Johnson, said “Krawl’n is not just about being extreme. Krawl’n is about understanding the extreme. The extreme sacrifice that our law enforcement officers choose to make every day when they strap that vest on and click that gun into their belt.”

Pictured below are survivors from local Florida chapters who came out to be honored and were treated with Jeep rides on the trails. All proceeds go to C.O.P.S.

“Not just a Jeep event...”
Who should attend? Law Enforcement Administrators, Officers and Deputies, Peer Support and Employee Assistance Personnel, Planning and Research, Chaplains, Survivors, and Law Enforcement Spouses.

Presenters: Presenters for this training include Survivors, Law Enforcement Officers, Counselors, and experts in the field of Law Enforcement Trauma and Police Suicide.

Curriculum: Agency Preparation, PSOB Benefits, Research Findings from Agencies and Survivors, Death Notification Procedures, Support Services to Surviving Families, C.O.P.S. Programs, Co-worker Issues, Cumulative Trauma from every day Law Enforcement, Police Suicide, Funeral Planning and Protocol, Disability Issues, and Personal Triumphs.

Orlando, FL January 13-15, 2020
Registration Deadline: December 14, 2019

Fairfax, VA February 3-5, 2020
Registration Deadline: January 10, 2020

Kansas City, MO March 2-4, 2020
Registration Deadline: February 1, 2020

Plano, TX March 23-25, 2020
Registration Deadline: February 22, 2020

Little Rock, AR April 20-22, 2020
Registration Deadline: February 22, 2020

New York, NY June 15-17, 2020
Registration Deadline: May 15, 2020

Reno, NV July 13-15, 2020
Registration Deadline: June 12, 2020

Bozeman, MT August 3-5, 2020
Registration Deadline: July 4, 2020

Columbus, OH August 24-26, 2020
Registration Deadline: July 23, 2020

Dates on all locations are still being finalized check www.concernsofpolicetraumas.org.
From Central Florida C.O.P.S.

The families of Kissimmee Police Officer Matthew Baxter and Sergeant Sam Howard need support as the penalty phase of the man who killed their officers concluded in mid-November. Families made their victim impact statements as the death penalty was recommended by the jury.

Support is also requested for the upcoming trial for Markeith Loyd who is accused of the murder of Lieutenant Debra Clayton, EOW 1/9/2017. The trial will begin in early 2020.

Upcoming events:
January 11, 2020
Cornhole Tournament
Clermont Brewing Company

May 7, 2020
Golf Tournament
Disney Magnolia Golf Course

Dates to be announced soon:
First Responder Charity Flag Football Game
Back the Blue 5k

From Arizona C.O.P.S.

Upcoming events:
January 9, 2020
Blue Blood Drive (3 locations)
Phoenix, Prescott and Tucson
Locations available on Arizona C.O.P.S. Facebook.

March 1, 2020
16th Annual Arizona Fallen Officer Memorial 5K

From Western New York C.O.P.S.

The chapter will be hosting their annual Christmas party on Thursday, December 5th. A short meeting will proceed the party. It will be held at a central location for chapter members to attend. Contact Jeannette Shields to RSVP.

From Missouri C.O.P.S.

Chapter board members announced the decision to give an allowance of $150 to survivors in Missouri to assist with travel to Hands-On Programs (pending available funds).

Upcoming events:
January 11, 2020
Chapter Winter Party
Adam’s Mark Hotel and Conference Center
Kansas City, MO

January 17, 2020 (2:00 -7:00 p.m.)
Blue Blood Drive
St. Charles Convention Center

April 4, 2020
Molly’s Miles 5K
Columbia, MO

From DC C.O.P.S.

Interested in serving on the Chapter Board? The DC Chapter members will vote for elected Board positions at their annual meeting in March 2020 (date TBD). The new Board will assume leadership in April 2020 for a two-year term.

Elected positions are president, vice president, secretary and treasurer. Contact Cindy Carter at president@dc-cops.org if you are interested in serving or to nominate someone.

Upcoming events:
December 8, 2019 (11:30 a.m.)
Decorating of the C.O.P.S./MPD Christmas Tree at Metropolitan Police Department Headquarters

Annual Holiday Lunch (1:00 p.m.)

December 11, 2019 (6:30 p.m.)
Lighting of the C.O.P.S./MPD Christmas Tree

December 16, 2019 (11:00 a.m. – 6:00 p.m.)
Paul’s (Dittamo) Holiday Dinner

January 5, 2020 (11:30 a.m.)
Un-decorating of the C.O.P.S./MPD Christmas Tree

To submit your Chapter updates, please email Susie Sapp at susie_sapp@nationalcops.org.

Continued on next page.
Tabitha Cornish of California and her twin children, Sidnie and Cash, 11, are paying special tribute to our nation’s fallen law enforcement officers who have died in the line of duty in 2019. They have named it the #2019FallenOfficerTribute Runs.

Together, the family has learned about every single officer who has died, including their names, department, cause of death, and who they leave behind. Then they run for them. What began as 59 miles in honor of these heroes, has now grown to over 100.

Tabitha said “It is my duty and obligation as a mother (with her husband, Dennis), in today’s growing culture of hate toward law enforcement, to teach our two children to always show the respect and honor that our heroes have earned, and to bring awareness to the honor, integrity, courage, and commitment they bring to the job in their effort to protect each of us every single day.”

From Pennsylvania C.O.P.S.

The Chapter is awaiting updates on two House Bills. HB 432 would expand Workers Compensation to include PTSI (PTSD) and HB 1459 would establish a statewide Critical Incident Stress Management program. Both bills have passed first consideration.

Upcoming events:
December 4, 2019
Chapter Family Christmas Party
(Chapter meeting to follow)
Hilton Harrisburg

January 9, 2020
Blue Blood Drive
Various locations

March 14, 2020
Pittsburgh St. Patrick’s Day Parade
Float will be designed by surviving children.
(Chapter meeting to follow)
Pittsburgh Bureau of Police Headquarters

California Family Runs for the Fallen

Tabitha Cornish of California and her twin children, Sidnie and Cash, 11, are paying special tribute to our nation’s fallen law enforcement officers who have died in the line of duty in 2019. They have named it the #2019FallenOfficerTribute Runs.

Next year, we are moving the conference to a city that is no stranger to tragic events and the sacrifices so many first responders make. On April 19, 1995, our nation woke up to the deadliest domestic terrorist attack in U.S. history when a truck bomb exploded at the Alfred P. Murrah Federal Building in Oklahoma City. 168 lives were lost and over 680 people were injured. Local, state, federal and worldwide agencies engaged in extensive rescue efforts.

Since 2020 marks the 25th anniversary of that tragic event, C.O.P.S. is honored to host the location of next year’s National Conference on Law Enforcement Wellness and Trauma in the amazing and resilient city of Oklahoma City (OK).

Details will be released at the first of the year.

The 2019 National Conference on Law Enforcement Wellness and Trauma in Oak Brook (IL) was a huge success. This year’s conference brought out 634 registered participants from 45 states.

Thank you to the main sponsor, Illinois C.O.P.S. Having local support during the planning process and at the event is key and you all were simply incredible.

Keynote speakers Jason Schechterle, Jim Uhl and Jesse Ferrell kept a captive audience and performances by Jim Peterik and Hunter Thomas Mounce did not disappoint.
Georgia Androy is a student at Iowa State University, completing her degree in Animal Science. Georgia is the daughter of Deputy Gilbert Androy, EOW 10/15/1997.

Renise Bayne is a student at Wayland Baptist University, completing her degree in Human Services. Renise is the spouse of Officer Bryant Bayne, EOW 7/22/1995.

Bryce Bordonaro is a student at Mercyhurst University, completing his degree in Intelligence Studies and Spanish. Bryce is the son of Deputy Sheriff Frank Bordonaro, EOW 7/8/2014.

Jennifer Butler-Amoroso is a student at Florida Gulf Coast University, completing her degree in Legal Studies. Jennifer is the daughter of Officer John Butler, EOW 3/10/1997.

Nicholas Chapin is a student at University of Tennessee at Chattanooga, completing his degree in Criminal Justice and Psychology. Nicholas is the son of Sergeant James Chapin, EOW 4/2/2011.

Gabryella Clardy is a student at Framingham State University, completing her degree in Early Childhood Studies. Gabryella is the daughter of Trooper Thomas Clardy, EOW 3/16/2016.

Tyler Clardy is a student at University of Massachusetts - Amherst, completing his degree in English and Education. Tyler is the son of Trooper Thomas Clardy, EOW 3/16/2016.

Mariah Darden is a student at Virginia State University, completing her degree in Psychology and Health Sciences. Mariah is the daughter of Police Officer Seneca Darden, EOW 5/21/2006.

Keahi Favela is a student at Chapman University, completing his degree in Health Science. Keahi is the son of Police Officer Steve Favela, EOW 11/26/2006.

Kiana Favela is a student at Chapman University, completing her degree in Broadcast Journalism. Kiana is the daughter of Police Officer Steve Favela, EOW 11/26/2006.

Jocelyn Fontanez-Rivera is a student at Universidad de Puerto Rico, completing her Bachelor degree. Jocelyn is the daughter of Agent Jose Fontanez-Correa, EOW 5/23/2007.

Melanie Fontanez-Rivera is a student at Universidad Ana G. Mendez, completing her degree. Melanie is the daughter of Agent Jose Fontanez-Correa, EOW 5/23/2007.

Caitlin Forgione is a student at University of Kansas, completing her degree in Theatre. Caitlin is the daughter of Deputy Anthony Forgione, EOW 7/22/2008.

Marlise Greene is a student at Wilkes Community College, completing her degree in Nursing. Marlise is the daughter of Master Police Officer John Knapp, EOW 3/4/1999.

Lauren Haist is a student at University of North Georgia, completing her degree in Graphic Design. Lauren is the daughter of Patrol Officer Charles Haist, EOW 2/16/2005.

Haley Hester is a student at UNC - Wilmington, completing her degree in Biology. Haley is the daughter of Deputy Sheriff Dewayne Hester, EOW 6/8/2012.

Marissa Holfester is a student at Midwestern University, completing her four-year degree in Veterinary Medicine. Marissa is the daughter of Detective William Holfester, EOW 1/22/2008.

Kaila Holloway is a student at Louisiana State University School of Medicine, completing her MD/MPH degree. Kaila is the daughter of Officer Daryle Holloway, EOW 6/20/2015.

Cydni Holloway is a student at Emory University, completing her degree in Business Administration. Cydni is the daughter of Officer Daryle Holloway, EOW 6/20/2015.

Gabrielle Leon is a student at Cleveland State University, completing her Masters in Social Work. Gabrielle is the daughter of Officer Wayne Leon, EOW 6/25/2000.
Deadline Dates for Scholarship Applications are as follows:

**Summer Semester - April 1 // Fall Semester- June 1 // Winter/Spring Semesters - October 1**

APPLY ONLINE at concernofpolicesurvivors.org!

C.O.P.S. scholarships are awarded to surviving children and spouses of law enforcement officers who have died in the line of duty, who wish to pursue a course of study beyond high school. Recipients are determined by an independent scholarship committee. Scholarships are not awarded to survivors who are entitled to a tuition-free education as a state death benefit.
In partnership with the National Association of Police Equipment Distributors (NAPED), SIG SAUER is pleased to offer a Special Edition Thin Blue Line SIG SAUER P320 pistol.

The Special Edition Thin Blue Line SIG SAUER P320, is a Carry-size pistol in 9mm, it is a modular striker-fired pistol with serialized trigger group, interchangeable polymer group module, and SIGLITE Night Sights. Please visit sigsauer.com for more information.

Federal and Speer Ammunition are proud to support C.O.P.S. and the organization’s critical mission to assist families and partners of fallen officers. As the top suppliers of duty and training ammunition for police officers across America, they emphasize the utmost quality to provide officers with the most effective product possible.

To find out more about Federal visit www.federalpremium.com and for Speer and Gold Dot ammo see www.speer-ammo.com.

HAVE YOU GOT YOURS YET?

Justice Federal will give a portion of each transaction back to C.O.P.S. each time you use your C.O.P.S. VISA® Rewards Credit Card.

0% APR* six-month introductory rate on purchases, balance transfers and cash advances

11.90% non-variable APR* after six months on purchases, balance transfers and cash advances

Over $69,000 has been donated since March 2018!

THE OFFICIAL VISA® OF C.O.P.S.
Veteran-owned Pit Barrel Cooker is a must-have for the holidays. Their reviews speak for themselves! With their custom made police logo plates, you can gift yourself or someone you love the #1 barrel cooker on the market while supporting C.O.P.S. Proceeds will be donated to C.O.P.S. for each Thin Blue Line plate sold. It is the perfect gift to honor our officers.

Visit www.pitbarrelcooker.com or follow them on Instagram @PitBarrel and Facebook @PitBarrelCookerCo.

The thin blue line runs deep within the hearts of every law enforcement officer in our great country and makes the world a better, safer place.

Those who answer the call to wear their badges with pride, honor and valor are the inspiration for the Blue Line Quartz Watch available at HonorinBlue.com.

MantraBands are simple, elegant bracelets with a touch of delicate polish and an uplifting message; promoting a lifestyle of optimism, positivity, mindfulness.

Wear your MantraBand every day as your daily reminder, affirmation, and inspiration. Made with love at mantraband.com.

David Dodd with Point27 previewed their newest necklace design for the blue family. This beautiful infinity necklace is available at shieldsofstrength.com.

While on the site, be sure to check out all the other jewelry they offer, complete with your favorite scripture.

Proudly supporting the men, the women and their families who work and sacrifice to keep our communities safe.

Find the perfect wristband for your hero at www.zox.la/heroes
Thin Blue Line USA is dedicated to supporting our men and women in blue and those who have fallen. For a limited time, they are selling an exclusive bundle for members of C.O.P.S. that includes their Thin Blue Line Remember Shirt and Survivor Bracelet for $20. Wear yours with pride to commemorate the loved ones we lost in the line of duty.

Back by popular demand! This candle light has once again been created by Streamlight and are available for purchase at copsshop.com. One light is $12.00, six for $55.00, or 12 for $100.00! Push the button the bottom to see the blue flame light up!

These are perfect for the holidays or for letting the blue lights shine bright year round. Being a Streamlight product, these candles will light for many years to come!

Born Primitive is an Active-Duty Owned and Operated brand whose mission is to give back to charities who support those who serve as often as possible. We hold a special place for those who have made the ultimate sacrifice in the line of duty. A portion of every sale of all pieces in our Thin Blue Line Collection is donated to C.O.P.S. Lest we forget.

Dan Post Boots is donating a portion of the proceeds of every sale of the Thin Blue Line Boots. To date, they have donated over $20,000 to C.O.P.S. Check out their collections of men’s, women’s and children’s boots at danpostboots.com and receive a 10% discount!

The Blue Siege AA* is the perfect ultra-compact lantern for family camping trips, power outages, or lighting up a dark path. In partnership with C.O.P.S. for 20 years, Streamlight donates $2.00 from the sale of each light to the organization to support its ongoing programs and activities for survivors of fallen officers. The Blue Siege AA features one white and two blue LEDS, and the C.O.P.S. logo on its globe.

Or, need a stocking stuffer? The Streamlight Nano Flashlight is a perfect option! Visit www.copsshop.com available to purchase.

Pro Feet’s Hero Series “Never Forget” Crew Socks honor our nation’s first responders with a thin blue line motif. Their antimicrobial, moisture-wicking fabric and arch reinforcement deliver all-day comfort. Plus, with every purchase Pro Feet will contribute 5% of the cost back to our partners at C.O.P.S.

Thin Blue Line USA is dedicated to supporting our men and women in blue and those who have fallen. For a limited time, they are selling an exclusive bundle for members of C.O.P.S. that includes their Thin Blue Line Remember Shirt and Survivor Bracelet for $20. Wear yours with pride to commemorate the loved ones we lost in the line of duty.

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These are perfect for the holidays or for letting the blue lights shine bright year round. Being a Streamlight product, these candles will light for many years to come!
Proceeds from your COPS SHOP purchase go towards healing programs and trainings for America’s surviving law enforcement families and co-workers.

Get your orders in by December 11th in order to receive by Christmas.

New 20 oz. Gator Travel Tumbler can be custom engraved!

Spend $150 or more and receive a FREE Honor In Blue watch!

www.copsshop.com
Survivors and supporters came out to COPS Walk Harpers Ferry to celebrate the 15th anniversary of this original COPS Walk. Participants walked in honor of their fallen loved ones in September and raised $131,922.71!

C.O.P.S. Co-founder, Suzie Sawyer, was in attendance and spent time with one of the original organizers of this event, Kam Flynn. Streamlight’s Clayton French also joined to mingle with survivors and show his support for the law enforcement community.

Thank you to all who participated in this momentous occasion!
Thanks to all who participated in the 2019 COPS Walk Midwest. This year’s walkers rasied a total of $58,131.13.

Located in St. Charles, Illinois, this walk is perfect for anyone looking for a central location in the nation to get involved with C.O.P.S. Can we welcome you out in 2020?

Save the date for
June 12-14, 2020
in St. Charles, Illinois at the Hilton Garden Inn.

February 21-23, 2020
Buckeye, Arizona - Verrado Trail
The 13th Annual C.O.P.S. National Golf Tournament was held at Old Kinderhook Golf Course on August 4th in Camdenton (MO). Between registered teams, raffles, silent auction and the Lucky Ladder Drop, $40,168 was raised for Hands-On Programs!

The C.O.P.S. “Twisted” Golf Classic, hosted by Suzie Sawyer, returned to Camdenton this year on September 25th. Players enjoyed fun games and odd twists of the rules at every hole. The host course, Lake Valley Golf and Country Club, is the home course of none other than our own C.O.P.S. founder, Suzie Sawyer!

Thanks to all who played and helped raise over $23,000 for Hands-On Programs!
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