Who is invited to attend the retreat?

C.O.P.S. Spouses Retreat is planned for surviving spouses of law enforcement officers who died in the line of duty, as determined by C.O.P.S. criteria. Other relatives and friends are not eligible to attend.

How will the retreat benefit me?

After losing their spouse to line-of-duty death, surviving spouses can be faced with many challenges such as altered life plans, raising children alone and/or becoming a one income household.

At C.O.P.S. Spouses Retreat you will spend the weekend bonding and receiving support from others who genuinely know how you feel, attending seminar sessions designed for your needs, participating in activities that challenge your limits and unwinding in a stress free environment. It is our goal for you to leave the retreat feeling relaxed with a support system of peers and knowledge to help you in the future.

Where is the retreat located?

We will be staying at the YMCA Trout Lodge on Sunnen Lake in Potosi, MO. This is located 90 minutes outside of St. Louis.

How do I get to the retreat?

If you are flying, you should plan to arrive at St. Louis Lambert Airport (STL) between 9:00 a.m. and 2:30 p.m. on Friday, September 25. You will be met by a C.O.P.S. representative at the airport and transported to the YMCA Trout Lodge by bus. You will be transported back to the St. Louis Airport on Monday, September 28, by 11:30 a.m. Please be sure your return flight is after 12:30 p.m. to allow time for check-in and security checks.

If you are driving, you will need to arrive at the YMCA Trout Lodge between 3:00-5:00 p.m. on Friday, September 25, and stay through breakfast on Monday, September 28. Meals and activities are planned; no late arrivals or early departures please.

What is the cost of the retreat?

Your only expense is your travel to and from the St. Louis Airport or to and from the YMCA Trout Lodge if you are driving. If you fail to cancel your attendance and you do not show up for the program, you could be subject to a participation fee for the following year’s program.
Testimonial

Brandy Durman-Toombs started attending C.O.P.S. Hands-On Programs by taking her son to Kids Camp. She admits that her whole life since losing her husband has been focused on making sure her son’s needs come first. But, at the C.O.P.S. Spouses Retreat, it’s a different experience.

Brandy says “This retreat is the one time during the year that I can focus totally on me and being a better version of myself. I’ve made life-long friends who I can truly depend on. I come back refreshed, renewed and confident that I can move forward.”

**Brandy is the surviving spouse of Lexington-Fayette Urban County Police Officer Bryan Durman, EOW 4/29/2010.**

**Code of Conduct:** This program has a Code of Conduct. Breaking that code will cause immediate expulsion from the program. Cost of expulsion will be the responsibility of the affected participant. A copy of the C.O.P.S. Code of Conduct and Cancellation Policy will be sent to you after we receive your registration request. C.O.P.S. and the counselors working with C.O.P.S. reserve the right to pre-qualify applicants and excuse those who may not be suitable for the program. All decisions concerning the same shall be final.

**Limited travel assistance may be available. Contact your local C.O.P.S. Chapter or the C.O.P.S. National Office for additional information.**

**Are you aware of the following benefits for you and your children?**

**Education Benefits:** Surviving spouses and children of law enforcement officers who died or were catastrophically injured in the line of duty and received the PSOB benefit are eligible for the Public Safety Officers’ Education Assistance also provided by the PSOB Office. PSOEA will pay up to $1,224 per month to the student for tuition, room/board, transportation, supplies and books.

To obtain educational assistance, visit: [www.psob.gov](http://www.psob.gov)

Surviving children and spouses of law enforcement officers who died in the line of duty are eligible for C.O.P.S.’ scholarships provided that the law enforcement survivor is not entitled to a tuition-free education as a state benefit.

For more on the C.O.P.S. scholarship program, visit: [www.concernsofpolicesurvivors.org/scholarship](http://www.concernsofpolicesurvivors.org/scholarship). To see if your state has a tuition-free education benefit, visit: [www.concernsofpolicesurvivors.org/survivorbenefits](http://www.concernsofpolicesurvivors.org/survivorbenefits).

**Kids/Family Counseling:** Reimbursement for out-of-pocket expenses for individual child/family counseling is available to families of law enforcement officers who died in the line of duty based on Concerns of Police Survivors’ membership criteria. C.O.P.S. Kids will reimburse for the child’s individual sessions or for family counseling if recommended by a mental health professional.

Additionally, any medications prescribed by a mental health professional for the child in counseling can be reimbursed. For more information on the C.O.P.S. counseling program and how to secure reimbursements, visit: [www.concernsofpolicesurvivors.org/counseling](http://www.concernsofpolicesurvivors.org/counseling).

This event is organized by National C.O.P.S. The sale of merchandise for any cause other than National C.O.P.S. is strictly prohibited. All merchandise sold or distributed at any Hands-On Program must be approved by National C.O.P.S., prior to the program. This project was supported by Cooperative Agreement No. 2016-PS-DX-K002 awarded by the Bureau of Justice Assistance.
Registration Form (Please print or register online at www.concernsofpolicesurvivors.org)

First Name: ________________________________  Last Name: ________________________________

Date of Birth: ________ / ________ / _______________

Address ___________________________________________________________________________________

City _______________________________________  State ________________________  Zip ______________

E-mail ____________________________________________________________________________________

Home Phone _________________________________  Cell Phone _________________________________

Roomate Preference _________________________________________________________________________

If you have a medical condition or dietary concerns we should be aware of, please describe below:
____________________________________________________________________________________________

Arrival flight information on September 25:   Departure flight information on September 28:

<table>
<thead>
<tr>
<th>Airline</th>
<th>Flight #</th>
<th>Time</th>
<th>Airline</th>
<th>Flight #</th>
<th>Time</th>
</tr>
</thead>
</table>

If you are arriving in St. Louis a day early, will you be riding the bus from the airport to the Trout Lodge on September 25?  □ Yes  □ No

□ I will be driving. Please send detailed directions.

Officer’s Name __________________________  End of Watch _______ / _______ / ___________

Department _____________________________________________________________________

Cause of Death:  □ Accidental  □ Felonious  □ Natural Causes

Your Health Insurance __________________________  Policy Number __________________________

In case of emergency, notify:

Name________________________________  Relationship___________________________

Home Phone___________________________  Cell Phone_____________________________

Detach this registration form and return to the C.O.P.S. National Office or register online at www.concernsofpolicesurvivors.org by August 25, 2020.

For more information, call the C.O.P.S. National Office - (573) 346-4911.

This program is planned for surviving spouses who have been affected by the line-of-duty death of a fallen law enforcement officer according to C.O.P.S. criteria.  C.O.P.S. is a 501(c)(3) corporation.  Donations are tax deductible.