

VOICES *of* BEVERLY HILLS

STEPHEN COHEN HENRIQUES

CADAC II, CASAC, & M.E.D

Customized Concierge Aftercare Treatment

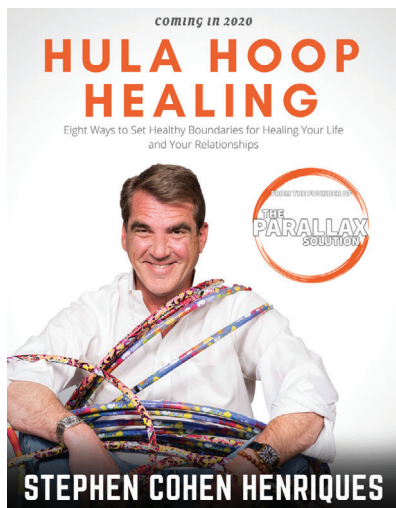
I help people get “unstuck.” That’s the difference. As a booze baby boomer, my mother drank during her pregnancy, so is it any wonder that I cocooned into alcoholism? Though I have lots of letters after my name, it’s my personal experience that speaks to those afflicted with chaos, addiction or unheralded trauma.

Once I understood that trauma is the root of addiction, I was compelled to help others who, like me, walk into treatment centers full of shame, blame and confusion. I tap into that pain and help close the wound. I rid you of your dramas within a short time.

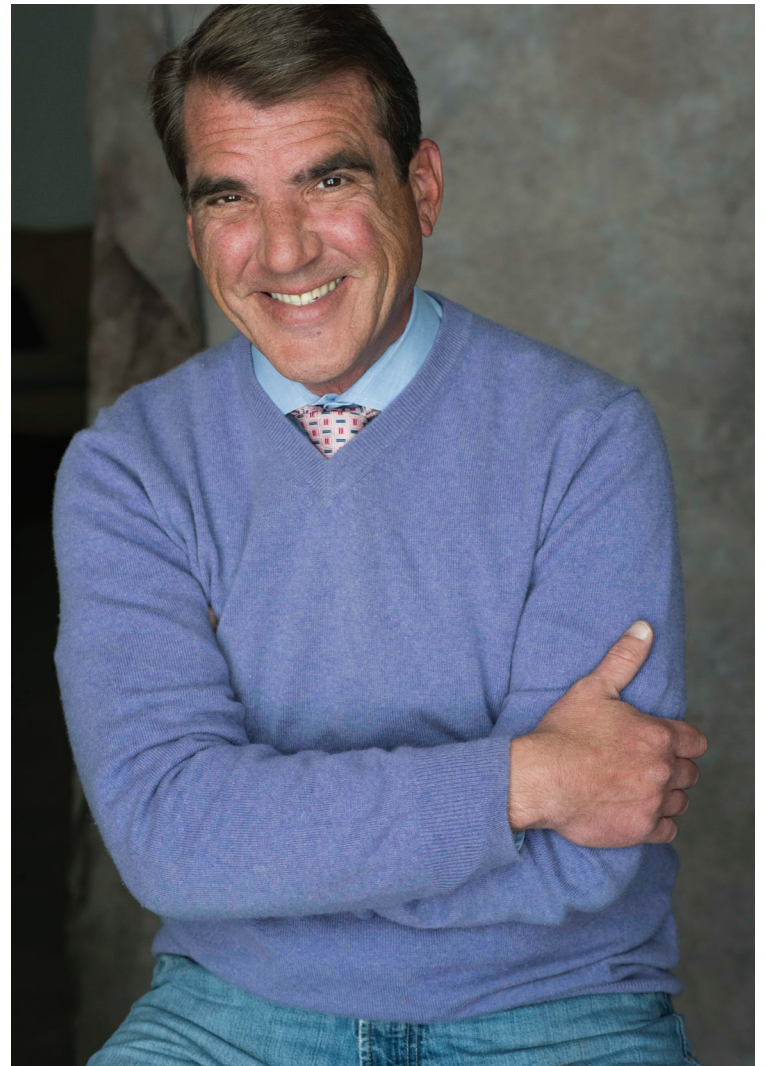
The most frightening aspect of rehab is going back out into the world again. If you have surgery there’s a recuperation period, physical therapy and other post-surgical treatments. Not so for the newly sober individual. That’s where I come in. Going into treatment is mainly about separating the individual from their drug of choice and getting their feet on solid ground, according to the American Medical Association.

The real work begins after discharge where you are thrust back into your environment, and it’s sink or swim. As a result, far too many people relapse. You are vulnerable, your emotions are raw, you’re faced with the same dilemmas and your family is going to expect you to be okay and get on with your life. They don’t have to adjust, but we do. Our lives depend on it.

That’s where I come in. I am jokingly called the ‘fixer,’ because it’s the clients who are changing their lives. I’m the coach---the umpire, the facilitator and the proper dictionary. I founded The Parallax Solution to help people willing to get down to the business of eliminating negative internal dialogue - emotional or physical addictions - into a safe, non-judgmental state of being. We create, adapt-and-adopt healthy alternatives that become primary choices for your life without the crutches that you have used for so long.



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