Re-visioning
Trauma Work with Children & Youth:
Essential skills for brief & longer-term conversations
November 9 & 10, 2017
Angel Yuen, M.S.W., R.S.W.
windzinstitute.com
A narrative therapy approach to trauma would suggest that no one is a passive recipient to trauma. Regardless of the nature of the trauma children and youth always respond in a range of unique and creative ways. These responses are often initially invisible to others and to the young person, but are essential to uncover in the therapeutic process.

Experiences of trauma can contribute to a sense of hopelessness for persons of all ages, as well as the service providers they are consulting with. Narrative Therapy approaches to traumatic experiences assist people to redevelop/develop a sense of personal agency and a renewed sense of self as the “other” stories that are always present are co-discovered. These are often subordinated stories of connection, hope, cherished values, and unacknowledged ways in which children and youth respond to hardship.

In this workshop Angel will offer hopeful and effective ideas and practices for working in both longer-term and brief services with children and youth who have experienced trauma. Many insider knowledges will be shared of how young people who have experienced trauma sustain what is important in life despite difficulties and challenges. Angel will share how to co-discover with children and youth the many skills of living and acts of resistance in which they have engaged. This will offer hope to young people, their caregivers and practitioners working with persons living with and facing consequences of historical trauma and ongoing hardships such as violence and oppression.

In this workshop participants will:
- Explore the taken-for-granted understandings of trauma and PTSD
- Learn how to doubly-listen to the stories of trauma and the responses to trauma
- Discover and practice how to engage in externalizing conversations to assist in separating young persons from the effects of trauma (eg: worthlessness, self-hate, fear)
- Practice lines of enquiry in re-authoring conversations which move Trauma identity stories to Preferred Identity stories
- Learn ways to respond in time-constrained settings to children and youth who have experienced trauma
- Build skills in specific practice guidelines such as remembering conversations to thicken preferred identity stories
Angel Yuen is a member of the Toronto District School Board social work team, a private therapist in Durham region, and co-founder and senior faculty of the Narrative Therapy Centre of Toronto. She has over 25 years of experience of working alongside children, young people and families.

Angel has published various narrative therapy papers which reflect her ongoing commitment to co-discovering and seeking out hopeful and effective ways of responding to trauma. Together, with Cheryl White, she co-edited the 2007 book Conversations about gender, culture, violence & narrative practice: Stories of hope and complexity from women of many cultures.

Angel is also a member of the Dulwich Centre international faculty in Adelaide, Australia and in this role she has facilitated many narrative therapy workshops in several countries for over a decade.

**Angel’s published papers related to trauma:**

- Discovering Children’s Responses to Trauma: a response-based narrative practice (2007)
- Less Pain More Gain: Explorations of responses versus effects when working with the consequences of trauma (2009)
- History Re-Authored: Young men responding to anger, trouble and hopelessness in urban schools (2011)
WORKSHOP DETAILS

LOCATION: Windz Institute At Reach Out Centre for Kids Centre of Learning, 504 Iroquois Shore Rd., Unit 12A Oakville, ON (Less than 2 kms from Oakville Go-train Station)

DATES: Thursday & Friday, November 9 & 10, 2017
TIME: 9:00 a.m. to 4:30 p.m.

FEES:

Regular Rate: $375 + HST

Early Bird Rate (Before October 4, 2017): $325 + HST - get your coupon code at rockevents.ca

Group Rate: Groups of 6 or more are eligible for a 10% discount of the total group fee. Cannot be combined with early bird rate. After selecting quantity of 6 or more on our registration site (rockevents.ca), enter coupon code groupspecial at checkout to receive your discount.

Students: Students in University or College qualify for a 10% discount. Cannot be combined with early bird rate. Students must provide a copy of their student identification card to windz@rockonline.ca with STUDENT CONFIRMATION in the subject line. Once confirmed, you will receive your coupon code via email to apply at checkout.

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CANCELLATION AND REFUND POLICY: Windz reserves the right to cancel workshops due to under-enrollment, instructor illness or inclement weather. If a workshop is cancelled, Windz is responsible for refunding only the tuition or registration payment. For a refund, a notice of cancellation must be received in writing 30 days prior to the workshop date. After that time, a credit maybe issued which may be applied to a future workshop of similar value. This credit must be used within one year of date of issue. An administration fee of $40 will be charged for cancellations. We are not able to offer a credit or refund if you notify us on the day of the workshop.