

Scourie News

March 2018

Issue 141

Dates for March

Tues 13th/27th Recycling bins

Tues 6th/20th Refuse bins

Sat 10th Reay Forest Gun Club shoot

Wed 28th Schools close for Easter holidays



Scourie Gala 2018

Spring is just around the corner, so it is time to think about our gala events for this year.

The first event for 2018 will be held on Fri 4th & Sat 5th May. This will be a car treasure hunt, a raft race and a dance in the village hall.

Look out for further details on local posters, social media & future editions of the Scourie News.

Get building those rafts!



Congratulations!

Former Scourie Primary and KLB High School pupil, Stuart Johnstone of Harbour Road, has recently celebrated his first stage of training in the Royal Navy with his family. Stuart started training on the 19th of November and passed out on the 9th of February from HMS Raleigh Torpoint near Plymouth. He is now doing his phase 2 training as a naval surface engineer which is 32 weeks long at HMS Sultan Portsmouth.

Well done, Stuart, on your success and best wishes for the future!

Knitting for Kenya

The Kinlochbervie schools group, including Scourie Primary, are in the process of building a link with a primary and a secondary school in the Molo district of central Kenya. As part of this, 4 teachers from KLB ASG spent a week of February in Kenya visiting the schools and developing relations with the staff and pupils over there.

This is predominantly a professional link where staff will share teaching styles and resources whilst pupils learn about global citizenship. However some of the families at Nguzu River Primary School are very poor and cannot afford the school uniform for their

children. This is where our local residents can help by knitting royal blue jumpers for school-aged pupils.



Anyone who would like to be involved should give jumpers to Aileen MacDonald when they are ready or, for the non-knitters, please contribute some wool which can be passed on to others to produce the jumpers. Many thanks to everyone who helps with this worthy cause.



North West Training Centre
Kinlochbervie High School
Morse Road, Kinlochbervie
By Lairg, Sutherland IV27 4RR
Tel: 01971 521238 Regd. Charity SC019902



Jewellery Making Workshop

Saturday, 5 & 17 May 2018, 10am-4pm
Kinlochbervie High School

Join Konstantina Pateraki for this 2-day creative workshop learning how to make you very own stunning jewellery.

Design and make a beautiful pair of silver earrings, or maybe a pendant or brooch?



All the tools and materials you need will be provided but you are welcome to bring anything you particularly want to include in your pieces.

Each session costs just £20 per person but places are limited so don't delay or you may be disappointed.

For more information or to book a place on this course please contact Gary Sutherland on 01971 521238 or email northwest.ttc@outlook.com



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ageScotland Early Stage Dementia Awareness

Low Cost Life

Tuesday, 13 March 2018

Do you work with or care for older members of your family or the community?
If so, this workshop will be invaluable to you.

In association with Age Scotland, this training will help you to understand dementia, its signs and symptoms, and the effects it has upon different people particularly in its early stages.

The training will look at communicating with someone living with dementia and also what we can do to reduce the risk of dementia.

This training session is free and a high lunch is provided, but places are limited so book early to avoid disappointment.



For more details or to book a place contact Gary Sutherland on 01971 521238 or email northwest.ttc@outlook.com.



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Elementary Food Hygiene

Thursday, 19 April 2018

This one-day course provides a general introduction to Food Hygiene and satisfies the requirements of the Food Safety Act and other associated legislation.

- Food Pests, Bacteria
- Food Premises, Equipment and Utensils
- Food Poisoning, Cleaning and Disinfection
- Personal Hygiene
- Record Keeping
- Food Hygiene Law

The course concludes with an examination, after which you will receive an industry recognised REHIS certificate of achievement valid for three years.



The fee is just £85 per person and a discount may be available if you have attended this course previously with us.

For more information or to book a place on this course please contact Gary Sutherland on 01971 521238 or email northwest.ttc@outlook.com



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Hospitality Training

Serving Your Business Better

Wednesday, 28 March 2018
Durness Village Hall

Involved in the hospitality industry? Have staff who need training? Our one-day interactive training course is just what you've been looking for!

Topics to be covered include:

- Understanding the Hospitality Industry
- Personal Hygiene for Food Safety
- Staff Uniform/Work Wear
- Meeting & Greeting Guests
- Menu Choices Knowledge
- Food Intolerance & Allergy Awareness
- Table Settings for Different Services
- Food & Beverage Service at Table
- Clearing Tables & Coffee/Tea Service
- Dealing with Complaints & Handling Refunds



Get in touch now to book a place. Just £60 per person.



For more details or to book a place contact Gary Sutherland on 01971 521238 or email northwest.ttc@outlook.com.



Disclaimer

The Scourie News is compiled by Aileen MacDonald on behalf of Scourie & District Community Council. The contents do not necessarily reflect the opinions of either and are included on request.

Paper & ink is supplied by Reay Forest Estate.

To include an item please email to scourienews@btinternet.com

or phone Aileen on 502371



Invitation - The North West Highland Geopark is launching a business network

The Geopark is setting up a Business Partnership, allowing businesses across the whole area to work together. It is holding a series of meetings across the whole Geopark to launch the idea, and invite people to help set the objectives, and agree what would be useful to work on together

A meeting has been arranged in Scourie Village Hall at 7pm on Wednesday 14th March.

One of the Geopark's UNESCO objectives is to develop the local economy through sustainable tourism. "Sustainable" is a difficult term to define sometimes, and we take it to mean slow tourism, where people are here long enough to spend plenty of money instead of leaving a woosh noise and a trail of exhaust fumes.

We are working to develop a strong brand for the Geopark, so that people have a clear idea of what is here, how good it is and why they need to come. And when they come they know where to look, and the experience matches what they expected.

Themes already identified are:

- promoting businesses across the whole Geopark effectively
- a Geofood trail where we can promote catering establishments, accommodation providers, producers and other outlets using good local produce
- a Geoart and Geocraft trail, helping visitors find their way to studios, workshops and retail outlets
- joint lobbying on behalf of all Geopark businesses where the need arises

Why not come and make sure the programme meets your needs?

We will also be running the Geofestival again this year, but during the summer this time, when tourists are still here. More in the next edition of Scourie News.

Contact Graham Phillips, Geopark Business Development Officer graham@nwhgeopark.com 01408 633396



Willow Weaving Workshop
Back by popular demand, this two day workshop, led by Tim Palmer will take you through the process of weaving a frame basket using semi-green willow. Suitable both for beginners and those wanting to develop existing skills.

Saturday 24th and Sunday 25th March

10am-5pm

Assynt Leisure Centre

£15

Plus cost of materials

To book your place on workshop email Susan on

susanpease1@gmail.com

February Weather

A damp and windy start to the month, but with temperatures hovering around the 4 degree mark. In the middle of the month there were reports that the jet stream had reversed direction, and would bring in very cold weather from the continent. This cold spell struck at the end of the month, with temperatures staying below zero all day, but we did not get the snow that other parts have experienced. 45 miles south, Ullapool has had over 25 cm, while we barely had enough to make footprints!

The average maximum temperature was 6.5 deg C, with a high of 9.3 on 19th. The average minimum was 2 deg C, with a low of -4.3 on 28th.

Rainfall total was 74.1 mm with the wettest day being the 8th with 12.6 mm. There were 7 days where no rain was recorded.

The average barometer reading was 1006, with a high of 1032 on 26th and a low of 971 mB on 14th.

The average wind speed was 7.6 mph, with the highest gust being 34.9 mph on 14th and 15th.

The solar radiation gradually increased through the month as the days got longer. The daily average being 24.1 kw/m²

Wee Winter Walks in Northwest Sutherland

with the Countryside Ranger

MARCH

Keep fit & enjoy yourself.

No charge but donations to HLH Countryside Rangers welcome.

- Tues. 6th Kinloch river & woods, Kyle of Tongue.
- Thurs.15th The Wheelhouse by Laid, Eriboll.
- Tues. 20th Scourie coast, cliffs and caves.
- Thurs.29th Talmine to Port Vasco.

Booking essential; all walks begin at 10:30 a.m. lasting about 3hrs. Bring appropriate clothing & a snack. Meeting point given out on booking. Contact the High Life Highland Ranger.

For further information Tel 01971 511756, Donald Mitchell.

Or e-mail donald.mitchell@highlifehighland.com



