

APPOINTMENT POLICY

We have a waiting list for appointments. If you need to reschedule or cancel, please call our office 24 hours in advance so that we can schedule other patients. Thank you. There is a \$50 missed appointment fee without a 24 hour notice.

BEFORE YOU ARRIVE

We ask all patients to be sensitive to the mission of our clinic. Perfumes, colognes, scented lotions, hand creams, and essential oils trigger **migraine headaches** in many of our patients. **THEREFORE no perfume or fragrances allowed in our office.** Don't even spray once! Thank you!! **ESPECIALLY NO SCENTED LOTIONS.**

Please arrange for a baby sitter for children not being tested. If more than 1 child is being tested, 2 adults need to be present.

Patients under 18 years of age must have an adult present for office visit appointments, and before any allergy injections will be given

ALLERGY TESTING INFORMATION

CONTINUE YOUR ASTHMA MEDICATIONS, but prior to your appointment, **DISCONTINUE antihistamines, decongestants, cough syrups, eye-drops** and over-the-counter **nasal sprays** for 48 hours or 7 days.

SOME EXAMPLES:

STOP THESE MEDICATIONS

7 Days - Before Test

Allegra (generic Fexofenadine)
Atarax (generic Hydroxyzine)
Clarinet (generic Desloratadine)
Claritin (generic Loratadine)
Xyzal (generic Levocetirizine) -
Zyrtec (generic Cetirizine)
Tricyclic Antidepressants
(Amitriptyline, Doxepin)

48 Hours - Before Test

Nasal Sprays:

Astelin, Astepro, Patanase, Dymista,
Visine, Naphcon-A, Zaditor, Patanol, Pataday

Over-the-counter (OTC) nasal sprays:

Afrin, Neo-Senephine, 4-way, etc.

Eye Drops:

Elestat, Patanol, Pataday, Pazeo.

OTC Eye Drops:

Naphon A, Opcon A, Vizine, Zaditor.

OTC Allergy/Cold/Cough/Sleep Aids:

Alka-Seltzer Plus
Benedryl (generic Diphenhydramine)
Chlor Trimeton
Phenergan (generic Promethazine)
Sominex
Sudafed
Tavist (generic Clemastine)
Triaminic
Tylenol PM
Trazadone

Heart Burn Medications:

Axid (generic Nizatidine)
Pepcid (generic Famotidine)
Tagamet (generic Cimetidine)
Zantac (generic Ranitidine)

CONTINUE THESE MEDICATIONS

(Inhalers): Rescue:

Proair	Ventolin
Proventil	Xopenex.

Controllers:

Aerospan	Flovent
Alvesco	Pulmicort
Amuity	Qvar
Asmanex	

Combination Controller Inhalers:

Advair	Dulera
Anoro	Symbicort.
Breo	

Other inhalers:

Combivent	Spiriva
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Nasal sprays:

Flonase	Qnasl
Fluticasone	Rhinocort
Nasacort	Veramyst
Omnaris	

(Tablets):

Montelukast	Singulair,
Prednisone	Theophylline

Call us for any meds not listed here at 529-9292.

CHARGES AND PAYMENT

Plan on being in our office for up to 3 hours. **Charges for testing average approximately \$1800 for adults and \$1100 for children.** If the patient has positive test results and chooses immunotherapy (allergy injections). The cost of allergy serum and injections are not included in the Allergy Testing, this is an additional cost that will depend on your test results and treatment. This will be discussed with you the day of your testing. We ask that you pay \$200 at the time of your testing appointment unless prior arrangements have been made.

It is your responsibility to contact your insurance company regarding your coverage.

Some insurance companies require pre-authorization for allergy testing and immunotherapy. If you have a **managed care** policy, it is your responsibility to get a referral from your primary care physician prior to your appointment with Dr. Petty.

If you are covered by Medicaid Healthy Connections, you must contact your primary care physician to provide us with a referral. We must have the referral to proceed.

IDAHO ALLERGY AND ASTHMA CLINIC

3422 South 15th East
Idaho Falls, ID 83404
P: 208-529-9292
Fax: 208-525-6013

ALLERGY TESTING INFORMATION

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3422 SOUTH 15TH EAST
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