

# Job Description Performance Coach

#### **Job Details**

Responsible to:	SCA Head of Performance and Pathways
Responsible for:	Delivery of first-class, professional coaching services for the Scottish athletes committed to world class achievements
Direct contacts:	<ul> <li>SCA Staff, Committees and Board</li> <li>Athletes demonstrating commitment towards world class achievements</li> <li>Scottish Competitors</li> </ul>

• Local Coaches, Volunteers, Parents, Partners (**sport**scotland, SIS, etc...) working as a network around the athletes

#### **Key Result Areas**

- A. To deliver coach-led training sessions on a day to day basis
- B. To deliver coach-led training sessions at training camps and races supported by the SCA Performance Programme
- C. To assist in coordinating the training environment, including services providers from **sport**scotland Institute of Sport (SIS)

The work schedule will be agreed with the Head of Performance and Pathways on an annual basis and adjusted from time to time due to the developing nature of the SCA Performance Programme.

### **Responsibilities**

- A. To deliver coach-led training sessions to "Programme Athletes" at the location(s) at which they are based on a day to day basis (Primarily, but not exclusively, Edinburgh International Climbing Arena, Ratho)
  - 1) Delivering daily sport specific training sessions at agreed locations
  - 2) Delivering land based training sessions
  - 3) Carry out regular reviews, one to one feedback with athletes, club coaches, parents to help personalise the training, review goals and progression strategies
  - 4) Advising athletes, parents and volunteer coaches about best practices, to follow the day to day training plan in instances where their daily location is different from that of the Performance Coach
- B. To deliver coach-led training sessions to supported Athletes during training camps and races supported by the SCA
  - 1) Delivering sport specific coaching sessions at specific training camps
  - 2) Delivering land based training sessions at specific training camps
  - 3) Conducting TTPP review and analysis
  - 4) Delivering coaching support at specific race events
  - 5) Following SCA procedures to help plan and manage the logistics and athlete's supervision for the training camps and races



- C. To coordinate the training environment for supported Athletes.
  - 1) Keeping in regular touch with athletes, parents and volunteers giving regular feedback about athlete performance and about upcoming activities and events (performance and overall SCA)
  - 2) Tracking athletes progress and performance regarding agreed Key Performance Indicators (KPIs) with Head of Performance and Pathways and SIS
  - 3) Being responsible for the delivery of mentoring to employed and volunteer coaches including running specific days each year
- D. To support the sport and competition structure within Scotland
  - 1) Liaising with club-coaches to promote crossover with the performance programme where appropriate
  - 2) Attending, engaging with and supporting competitions within Scotland
  - 3) Visiting clubs to provide support and engagement with younger generations of paddlers

## **General tasks**

- A. Achieving the targets and outcomes agreed with the Line Manager as part of on-going performance appraisal
- B. Embracing the lifestyle of working unsociable hours (early morning and end of afternoon/evenings before school time and after school time, together with being away from home on training camps and competitions (approx. 50 days per year)
- C. Attending meetings relevant to the post and reporting to the Line Manager
- D. Working as part of the overall SCA team supporting other SCA projects and work namely to support the development of canoeing and kayaking in its widest sense within Scotland
- E. Undertaking any other tasks appropriate to this level of responsibility at the request of the Line Manager.
- F. Networking and liaison as an ambassador for the SCA with other external delivery partners and sportscotland, Regional Coaching and Volunteering Managers including attending regional meetings and forums