

Name: Prov	vider:	Date:		
Paddlesport Leader Skills Checklist				
Participant Focused Leadership Skills	Strong	Competent	Needs Developing	
1. Venue selection/use				
2. Safety frameworks				
3. Vision (inspirational role model)				
4. Positive support to group members				
5. Appropriate level of challenge				
6. Leadership style and levels of control				
7. Judgement and decision-making				
8. Equipment				
9. Impact on environment and others				
Personal Paddling Skills	Craft paddled:			
	Strong	Competent	Needs Developing	
10. Applied technical skills				
11. Tactical paddling skills				
12. Choice of craft				
13. Beyond the paddle skills				
14. Navigation skills				
15. Physical capabilities/awareness				
16. Psychological skills				
17. Personal safety management				
Rescue Skills	Craft paddled and rescued:			
	Strong	Competent	Needs Developing	
18. Deep/Open Water:				
- Capsized paddler				
<ul> <li>Incapacitated upright paddler</li> </ul>				
- Unconscious paddler				
- Self-rescue				
- Swamped craft				
18. Slow Moving Water:				
- Capsized paddler				
- Incapacitated upright paddler				
- Upright entrapped paddler				
- Self-rescue				
- Swamped craft				
19. Deal with problems/accidents				
20. Carry out emergency procedures				



Underpinning background knowledge, understanding and experience			
Explain and justify leadership			
decisions			
Supporting knowledge and			
understanding			
Experience			
Understanding of leadership			
responsibilities			
Commitment to reflective practice			



Name:

**Specific Comments and Action Points** 

Participant Focused Leadership Skills:

Personal Paddling Skills:

**Rescues:** 

Background Knowledge and Understanding:

**Experience:** 

**Reflective Practice:**