

Scottish Canoe Association - COVID-19 Return to Paddling Framework v3 19/06/20

		PROVISIONAL				
		Lockdown	Phase 1	Phase 2	Phase 3	Phase 4
Protections	Physical Distancing				TBC	TBC
	Frequent handwashing & hygiene measures				TBC	TBC
Group Size & Type	Alone/Own household + One Other household (outdoors) *				TBC	TBC
	Alone/Own household + Two Other household (outdoors) *					
	Outdoor groups where physical distancing can be maintained				TBC	TBC
	Indoor groups where physical distancing can be maintained				TBC	TBC
Activities	Paddling for exercise				TBC	TBC
	One-to-one Coaching				TBC	TBC
	Coaching/Leading/Guiding				TBC	TBC
	Activities involving beginners				TBC	TBC
	Normal Club and Centre activity **				TBC	TBC
	Governing Body Awards				TBC	TBC
	Scottish Competitions & Events				TBC	TBC
Paddling Environment & nature of activity	Wild Camping				TBC	TBC
	Paddle well within limits at a lower difficulty level than previously accustomed to and where you can be self-sufficient (inc. self-rescue)				TBC	TBC
Travel	Return to normal paddling with regard to physical distancing, hygiene and emergency service provision				TBC	TBC
	A short distance of "broadly 5 miles" (can include driving)				TBC	TBC
	"Drive locally" (not yet defined)				TBC	TBC
	"Beyond local area"				TBC	TBC
	Further Travel				TBC	TBC
Equipment	Shared travel - with reduced capacity				TBC	TBC
	Owned or sole use - stored at a location where the individual/household has exclusive access				TBC	TBC
	Owned or sole use - accessed each session from a shared store				TBC	TBC
	Shared / hired - with appropriate cleaning of kit ***				TBC	TBC
Facilities	Indoor Gym/Showers/Changing Rooms				TBC	TBC
	Indoor Classrooms etc				TBC	TBC
	Swimming Pools				TBC	TBC
	Residential Facilities				TBC	TBC

Key

Confirmed	This cannot take place in this phase
Confirmed	Can take place in this phase providing all other criteria is met
Provisional	Might be able to take place providing all other criteria is met (based on Scottish Government information)
Provisional	Cannot take place in this phase (based on Scottish Government information)
Provisional	To be confirmed (based on Scottish Government information)

Notes:

- General Activities – with careful conservative planning of environment & nature of activity to mitigate against Covid-19 risk'
- * A maximum of eight people
- ** One-to-two household Coaching, as defined in the SCA Phase 2 Guidance, can take place during Phase 2
- *** Agreed cleaning regime for shared/hired kit in Phase 2 together with staggered/timetabled usage