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*Child centered services available
†Domestic violence/sexual assault services available
^Psychiatric services available

If you or someone you know is struggling emotionally, is in crisis, or needs someone to talk to, please reach out and get support:

- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
  TTY: 1-800-799-4889
- Spanish Language National Suicide Prevention Lifeline: 1-888-628-9454
- Crisis Text Line: 741741
- Veterans Crisis Line: call 1-800-273-8255 and Press 1
- Trans Lifeline: 1-877-565-8860
- Disaster Distress Helpline: 1-800-985-5990
- Trevor Helpline: 1-866-4u-TREVOR (488-7386)
- Love Is Respect: 1-866-331-9474 or text “loveis” to 22522
Anderson County

Rehabilitation

Anderson/Oconee Behavioral Health Services
Provides adult and adolescent counseling and support services for substance use/abuse.
226 McGee Road
Anderson, SC 29625
Phone: (864) 260-4168
Email: aobhs@aobhs.org
Web: www.aobhs.org
Payment: accepts Medicaid and offers a sliding scale

Haven of Rest Ministries
Residential men’s and women’s bible-based discipleship programs for overcoming addiction.
219 West Whitner Street
Anderson, SC 29624
Phone: (864) 226-6193
Web: www.havenofrest.cc
Payment: services are free

Southwest Carolina Treatment Center
Specializes in opiate addiction treatment through Medication-Assisted Treatment (MAT) and counseling.
341 West Beltline Boulevard
Anderson, SC 29625
Phone: (864) 222-9798
Phone After Hours: (864) 516-5449
Web: www.carolinatreatmentcenters.com/anderson-sc/

Support Services

Mental Health America - Anderson County
Provides advocacy and education about mental illness as well as customized training programs and some support services.
P.O. Box 1925
Anderson, SC 29622
Phone: (864) 984-0635

NAMI Anderson-Oconee-Pickens
Provides free education, support groups, and advocacy to people with a mental illness and their families.
P.O. Box 45
Pendleton, SC 29670
Phone: (864) 882-5131
Email: michelleready@hotmail.com
Web: www.namiaop.org

SC Vocational Rehabilitation Department
Prepares and assists individuals with disabilities for employment.
3001 Martin Luther King Jr. Boulevard
Anderson, SC 29625
Phone: (864) 224-6391
Web: www.scvrd.net

Therapy

Anderson Center for Mindfulness
Offers therapy for children, adolescents, adults, families, and groups, specializing in anxiety, trauma, PTSD, depression, mood disorders, EMDR, and grief.
616 Bonham Court
Anderson, SC 29621
Phone: (864) 844-8019
Anderson-Oconee-Pickens Mental Health Center
Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
200 McGee Road
Anderson, SC 29625
Phone: (864) 260-2220
Child, Adolescent, and Family William E. Pascoe Center
515 A Camson Road
Anderson, SC 29625
Phone: (864) 716-2316
Web: www.aopmentalhealth.org
Payment: accepts Medicaid

Carlene M. Wentworth, PhD, LPC
Offers therapy and counseling for adults, specializing in PTSD, depression, anxiety, addiction, anger, trauma, infidelity, and divorce.
4120 Clemson Boulevard, Suite E
Anderson, SC 29621
Phone: (864) 760-3150
Web: www.drcarlenewentworth.com
Payment: accepts Medicaid and offers a sliding scale

Counseling for Life
Offers psychotherapy and counseling services for individuals, couples, and families, specializing in anxiety, depression, parenting, mood disorder, dual diagnosis, sensory integration, adjustment disorder, PTSD, women’s issues, and divorce.
125 Muddy Toes Drive
Anderson, SC 29626
Phone: (864) 353-3384
Web: www.counseling4life.net
Payment: accepts Medicaid

Dana Wiley, MD, P.A.
Offers comprehensive psychiatric and psychological services including depression, anxiety disorders, counseling, healthy nutrition, and suboxone therapy.
4325-A Old Mill Road, Suite 2B
Anderson, SC 29621
Phone: (864) 225-1195
Web: www.danawileymd.com

* Ernest C. Martin, MD, PA Behavioral Health Group
Provides outpatient treatment services for adults.
102 Buford Avenue
Anderson, SC 29621
Phone: (864) 261-9506
Web: www.ernestmartinmd.com

* † Foothills Child Advocacy Center
Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.
216 East Calhoun Street
Anderson, SC 29621
Phone: (864) 261-6111
Web: www.foothillsalliance.org

Gateway Children’s Mental Health Services
Specializes in children and adolescents (ages birth to 18), offering general practice.
2406 North Main Street, Suite A
Anderson, SC 29621
Phone: (864) 406-6041
Email: referrals@gatewaychildrens.com
Web: www.gatewaychildrens.com
Payment: accepts Medicaid

Hoptown Counseling
Provides counseling for adults, specializing in anxiety, depression, spirituality, divorce, family conflict, life coaching, men's issues, and transitions.
2303 B Main Street
Anderson, SC 29621
Phone: (864) 559-8844
Email: thisishopetown@gmail.com
Web: www.thisishopetown.com

Inspiring Change Professional Counseling Services
Offers counseling for adolescents, adults, couples, families, and groups, specializing in mental health disorders, relationship issues, grief/loss, life transitions, anger, and divorce.
4120 Clemson Boulevard, Suite I
Anderson, SC 29621
Phone: (864) 724-7552
Email: info@inspiringchangesc.com
Web: www.inspiringchangesc.com

Life's Transitions
Provides therapy for adolescents and adults, specializing in addiction, anger management, emotional disturbance, and mood disorders.
2410 North Main Street
Anderson, SC 29621
Phone: (864) 712-4813
Payment: accepts Medicaid and offers a sliding scale
New Life Family Counseling
Offers therapy for children, adolescents, adults, couples, and families, specializing in Cognitive Behavioral Therapy, anxiety, relationship issues, and anger.
2135 North Main Street, Suite 201
Anderson, SC 29621
Phone: (864) 225-3937
Web: newlifefamilycounseling vpweb.com

Restoring Hope Counseling, LLC
Offers counseling for children, adolescents, adults, and families, specializing in anxiety, women’s issues, ADHD, adoption, mood disorders, family conflict, grief, life transitions, peer relationships, self-esteem, spirituality, and stress.
218 Tribble Street
Anderson, SC 29625
Phone: (864) 642-1171
Web: www.arestoredhope.com

Stress Management Center
Offers psychotherapy and counseling for adults, specializing in anxiety, adjustment disorders, relationship issues, and stress management.
1115 Dunlap Road
Anderson, SC 29621
Phone: (864) 225-0792
Web: www.fernviewcenterforwellbeing.com/stressmanagementcenter

* † The Family Counseling Center of Anderson
Provides counseling for children, adolescents, and families with behavioral and emotional challenges, specializing in trauma, parenting, anger, and victim therapy.
410 East Shockley Ferry Road
Anderson, SC 29624
Phone: (864) 225-6266
Web: newfoundfoundschILDren.com/nfhfc-who-we-are-and-what-we-do/family-counseling-center-anderson/
Payment: accepts Medicaid

Clear Skye Treatment Centers
Provides comprehensive treatment services to assist individuals dealing with opiate addiction.
104 Willis Plaza
Gaffney, SC 29341
Phone: 1-800-792-9030
Web: clearskyetreatmentcenters.com

Cherokee County Commission on Alcohol and Drug Abuse
Provides adult and adolescent counseling and support services for substance use/abuse.
210 West Montgomery Street
Gaffney, SC 29341
Phone: (864) 487-2721
Payment: accepts Medicaid

Support Services
Mental Health America-Cherokee County
Provides advocacy and education about mental illness as well as customized training programs and some support services.
126 Foxfire Drive
Gaffney, SC 29340
Email: clifmartha@aol.com
ReGenesis Community Health Center
Provides quality health care to the community.
1604 N. Limestone St.
Gaffney, SC 29340
Phone: (864) 902-1000
Web: www.myrhc.org
Payment: accepts Medicaid, offers a sliding scale
SC Vocational Rehabilitation
Department
Prepares and assists individuals with disabilities for employment.
364 Huntington Rd
Gaffney, SC 29341
Phone: (864) 489-9954
Web: www.scvrd.net

Therapy

* ^ Cherokee Mental Health Center
Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
125 East Robinson Street
Gaffney, SC 29340
Phone: (864) 487-2710
24-Hour Emergency On-Call Services: 1(800) 277-1366
Deaf/Hard of Hearing after hours contact: deafhotline@scdmh.org
Payment: accepts Medicaid, offers a sliding scale

Epiphany Family Services
Offers counseling.
423 North Granard Street
Gaffney, SC 29341
Phone: (864) 649-1046

Outside of the Box Therapy
Offers individual and couples therapy for grief, trauma, caregiver support.
115 E Montgomery St #864
Gaffney, SC 29340
Phone: (864) 597-9493
Web: outsideoftheboxtherapy.com
Payment: accepts Medicaid, offers a sliding scale

† SAFE Homes
Provides services to victims of sexual assault and domestic violence.
405 North Logan Street
Gaffney, SC 29341
Phone: (864) 583-9803
Web: www.shrcc.org

Sara Baker Counseling, LLC
Offers counseling services.
302 S. Limestone St. Suite 1
Gaffney, SC 29340
Phone: (864) 425-7076
Email: sarabakercounseling@yahoo.com
Payment: accepts Medicaid

Chester County

Rehabilitation

Hazel Pittman Center
Provides adult and adolescent counseling and support services for substance use/abuse.
130 Hudson Street
Chester, SC 29706
Phone: (803) 377-8111
Web: www.hazelpittman.org
Payment: accepts Medicaid

Therapy

* ^ Catawba Community Mental Health Center - Chester Clinic
Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
524 Doctors Court
Chester, SC 29706
Phone: (803) 581-8311
Payment: accepts Medicaid and offers a sliding scale

* The Saluda Counseling Center
Offers psychotherapy for children, adolescents, adults, couples, and families, specializing in art therapy, medication management, anxiety, depression, grief, trauma, stress, addiction recovery, chronic illness, PTSD, and ADD/ADHD.
135 Wylie Street
Chester, SC 29706
Phone: (803) 327-6103
Email: contactus@thesaludacenter.net
Web: www.thesaludacenter.org
Fairfield County

Rehabilitation

Fairfield Behavioral Health Services
Provides adult and adolescent counseling and support services for substance use/abuse.
200 Calhoun Street
Winnsboro, SC 29180
Phone: (803) 635-2335
Email: jjohnson@fairfieldbhs.org
Web: www.fairfieldbhs.org
Payment: accepts Medicaid and offers a sliding scale

Therapy

* ^ Columbia Area Mental Health Center Fairfield County Clinic
Offers services to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
1073 US Highway 321 Bypass South
Winnsboro, SC 29180
Phone: (803) 898-0123
Web: www.state.sc.us/dmh/camhc/index.html
Payment: accepts Medicaid and offers a sliding scale

Eau Claire Cooperative Health Center
Ridgeway Family Practice
Offers counseling for children and offers medication management and counseling for adolescents and adults. Family medicine and dental services are also offered at this practice.
755 US Highway 21 South
Ridgeway, SC 29130
Phone: (803) 337-2920
Web: www.ecchc.org/Locations/RidgewayFamilyPractice
Payment: accepts Medicaid and offers a sliding scale

Watertree Counseling Boutique
Offers Counseling for adults, couples, families, and groups, specializing in relationship issues, aging, grief, dream work, life transitions, coping skills, and self-esteem.
Watertree Counseling Boutique
Lake Watertree, Ridgeway, SC 29130
Phone: (803) 252-1866
Email: donna@watertreecounseling.com
Web: www.watereecounseling.com
^ A New Crossroad
Treats addiction through Medication Assisted Treatment for recovery from opioids and other drugs. Also provides individual and group therapy.
206 Wall Street
Piedmont, SC 29673
Phone: (864) 295-1280
Web: www.anewcrossroad.com

^ Crossroads Treatment Center of Greenville
Provides outpatient rehabilitation for opiate addiction.
157 Brozzini Court, Suite A-D
Greenville, SC 29615
Phone: (800) 805-6989
Web: crossroadstreatmentcenters.com
Payment: accepts Medicaid

Don Foster and Associates
Provides substance use treatment services.
104 Mills Avenue
Greenville, SC 29605
Phone: (864) 235-5666

FAVOR Greenville
Offers addiction recovery coaching services and peer support groups.
355 Woodruff Road, Suite 303
Greenville, SC 29607
Phone: (864) 385-7757
Email: info@favorgreenville.org
Web: www.favorgreenville.org
Payment: does not charge for services or bill insurance companies

^ Greenville Metro Treatment Center
Provides opioid addiction treatment and recovery services including medically supervised withdrawal, Medication Assisted Treatment and counseling.
602 Airport Road, Suite C
Greenville, SC 29607
Phone: (864) 234-7952

Hope for Families Recovery Center
Provides adolescents, adults, and families treatment for alcohol and drug abuse.
136 Milestone Way
Greenville, SC 29615
Phone: (864) 906-2395
Email: appointments@hffrc.com
Web: hopeforfamiliesrecoverycenter.com

Miracle Hill Overcomers Center
Offers a 27-week Christian-based addiction recovery program for men.
1916 North Pleasantburg Drive.
Greenville SC 29609
Phone: 864-631-0088
Web: www.miraclehill.org/how-we-help/addiction-recovery/overcomers-program/

Miracle Hill Renewal Center
Offers a 6-month Christian-based addiction recovery program for women.
19 Graves Drive
Greenville, SC 29609
Phone: 864-242-2166
Web: www.miraclehill.org/how-we-help/addiction-recovery/miracle-hill-renewal-program/

^ Pavillon Greenville Outpatient Services
Offers outpatient treatment for adults with substance use disorders and any co-occurring disorders.
101 Pelham Commons Boulevard
Greenville, SC 29615
Phone: (864) 241-6688
Web: www.pavillon.org/iop.php

Solutions Recovery Center
Offers sober living and outpatient services for adults with substance abuse disorders.
207 West Antrim Drive
Greenville, SC 29607
Phone: (864) 567-7010
Web: solutionsrecoverycenter.com

The Phoenix Center
Drug addiction treatment center providing inpatient and outpatient services for adults and adolescents, detoxification services for adults, and a program for children who live in substance abusing families.
1400 Cleveland Street
Greenville, SC 29607
Phone: 864-467-3790
Help Line: 864-467-4747
Web: www.phoenixcenter.org

Turning Point of South Carolina
Offers programs for healing from addiction.
24 Bruce Rd
Greenville, SC 29605
Phone: 864-299-0090
Web: www.turningpointofsc.org
Support Services

Alzheimer’s Association
Provides advocacy, education, and support for people living with Alzheimer’s and for all of those impacted by Alzheimer’s including caregivers.
123 Antrim Drive
Greenville, SC 29607
Phone: (864) 250-0029
Web: www.alz.org/sc

Gateway
Provides employment services, housing, and a day program for individuals with persistent mental illness.
415 Rutherford Street
Greenville, SC 29609
Phone: (864) 242-9193
Web: www.gateway-sc.org

Payment: accepts Medicaid

McKinney House
Specialized housing for deaf individuals with mental illness who are clients with the Department of Mental Health
307 Miller Road
Mauldin, SC 29662
Phone: (864) 297-5044
Web: www.mhagc.org/mckinney-house.php

Mental Health America of Greenville County
Provides advocacy and education about mental illness as well as customized training programs and some support services.
429 North Main Street, Suite 2
Greenville, SC 29601
CRISLine: (864) 271-8888
Phone: (864) 467-3344
Web: www.mhagc.org

NAMI Greenville
Provides free education, support groups, and advocacy to people with a mental illness and their families.
2303 East North Street, Suite L
Greenville, SC 29607
Phone: (864) 331-3300
Email: info@namigreenvillesc.org
Web: www.namigreenvillesc.org

South Carolina Autism Society
Provides support services and referral for families with children with Autism.
Main Office:
806 12th Street
West Columbia, SC 29169
Case Management Satellite Office:
318 Prado Way
Greenville, SC 29607
Phone: (864) 609-4950
Web: www.scautism.org

SC Vocational Rehabilitation Department
Prepares and assists individuals with disabilities for employment.
105 Parkins Mill Road
Greenville, SC 29607
Phone: (864) 297-3066
Web: www.scvrd.net

Upstate Warrior Solution
Offers support services to former and current military and their families.
3 Caledon Court, Suite 2A
Greenville, SC 29615
Phone: (864) 520-2073
Email: info@upstatewarriorsolution.org
Web: upstatewarriorsolution.org

Therapy

An Inner View Counseling & Consult Services, LLC
Offers counseling to adolescents, adults, couples, and families, specializing in anxiety, stress, and depression.
3114 Highway 153, Suite G
Piedmont, SC 29673
Phone: (864) 343-8734
Payment: offers a sliding scale

B. McDonald Therapy, LLC
Provides therapy for adolescents, adults, and the LGBTQ population, specializing in anxiety, OCD, suicidality, depression, self-harm, borderline personality disorder, and body-focused repetitive behaviors.
37 Villa Road, Suite 206
Greenville, SC 29615
Phone: (864) 248-6012
Web: www.bmcdonaldtherapy.com
Email: bmcdonaldtherapy@gmail.com

* Bay Laurel Center for Psychotherapy
Offers child, adolescent, adult, and family therapy, specializing in anxiety, depression, behavioral issues, life transitions, parenting, mood regulation, play therapy, trauma, and ODD.
110 Manly Street
Greenville, SC 29601
Phone: (864) 298-8026
Web: www.baylaureltherapy.com
Bennefield & Associates, LLC
Offers counseling to children, adults, adolescents, and couples specializing in trauma, PTSD, and mood disorders.
400 C South Main Street
Mauldin, SC 29662
Phone: (864) 293-7575
Payment: accepts Medicaid and offers a sliding scale

Blue Ridge Counseling Services, LLC
Offers counseling to adolescents and adults, specializing in alcohol/drug dependency, stress, PTSD, anger, childhood trauma, and EMDR.
1 Chick Springs Road, Suite 216 C
Greenville, SC 29609
Phone: (864) 421-7777
Web: blueridgecounseling.info

Breckenridge Counseling Services, LLC
Offers cancer support, caregiver support, and stress management.
200 North Main Street, Suite 301E
Greenville, SC 29601
Phone: (732) 245-8505
Web: www.shervanfossan.com
Payment: accepts Medicaid

Browning Geriatric Consulting, LLC
Provides counseling specializing in aging, life changes, caregiver stress, adjustment, and family dynamics.
311 Mills Avenue
Greenville, SC 29605
Phone: (864) 233-5260
Email: administrator@browninggeriatric.com
Web: www.browninggeriatric.com

Burke’s Consulting, LLC
Offers marriage/relationship, individual, and group counseling.
1200 Woodruff Road
Greenville, SC 29607
Phone: (864) 527-1253
Web: www.burkescounseling.org

Carolina Counseling Partners
Offers therapy for adolescents, adults, couples, and families, specializing in anxiety, depression, grief, trauma, ADHD, transitions, and relationships.
3150 South Highway 14
Greenville, SC 29615
Web: carolinacounselingpartners.com

Carolina Counseling and Consulting, LLC
Provides therapy services for children, adolescents, and adults.
10 West Pointe Boulevard
Mauldin, SC 29662
Phone: (864) 675-1350

Carolina Counseling and Consulting Center
Provides pastoral counseling services.
7 Pettigru Street
Greenville, SC 29601
Phone: (864) 235-7501
Email: help@canterburycounseling.org
Web: canterburycounseling.org
Payment: offers a sliding scale fee

 Choices for Change Counseling, PC
Offers counseling for adolescents, adults, families, and groups, specializing in ODD, grief, anger, mood issues, and sexual abuse.
25 Woods Lake Road
Greenville, SC 29607
Phone: (864) 553-6741
Email: ronnie@choicesforchangecounseling.org
Web: choicesforchangecounseling.org
Payment: accepts Medicaid

Clear Path Family Therapy
Offers individual and couples therapy.
198 Roper Mountain Rd Ext., Suite C
Greenville, SC 29615
Phone: (864) 670-2070
Email: ashley@clearpaththerapyservices.com
Web: clearpaththerapyservices.com

Compass of Carolina
Offers counseling for children, adults, adolescents, couples and families.
1100 Rutherford Road
Greenville, SC 29609
Phone: (864) 467-3434
Email: info@compassofcarolina.org
Web: www.compassofcarolina.org
Payment: offers a sliding scale

Crockett Assessment & Trauma Services
Offers therapy to adults, specializing in trauma, PTSD, depression, and traumatic brain injury.
30 Memorial Medical Drive
Greenville, SC 29605
Phone: (864) 501-5938

Cynthia K. Whitaker, LISW-CP
Provides counseling to adults and couples, specializing in the female reproductive tract, relationship problems, panic disorder, PTSD, sexual disorders, anxiety, pain, stress, depression, menopause, and grief.
101 Halton Village
Greenville, SC 29607
Phone: (864) 455-1600

Cheryl B. Wells, MS, LPC, CEDS
Offers counseling for adolescents, adults, couples, and families, specializing in anxiety, depression, eating disorders, and body image.
2 Shannon Creek Court
Greenville, SC 29615
Phone: (864) 404-1200

Clarity Counseling DBT
Offers DBT for children, adolescents, and adults.
14 Manly Street
Greenville, SC 29601
Phone: (864) 634-4876

* Carolina Center for Counseling & Behavioral Interventions, LLC
Provides counseling for children, adolescents, adults, and families, specializing in depression, bipolar disorder, anxiety, PTSD, ADHD, and autism spectrum disorders.
421 South East Main Street, Suite 201
Simpsonville, SC 29681
Phone: (864) 963-4028
Web: www.cccbi.net

† Carolina Counseling & Behavioral Interventions, LLC
Offers counseling to children, adults, adolescents, and couples, specializing in trauma, PTSD, and mood disorders.
1200 Woodruff Road
Greenville, SC 29607
Phone: (864) 527-1253
Web: www.carolinacounseling.com

Cynthia K. Whitaker, LISW-CP
 Offers counseling to adults and couples, specializing in the female reproductive tract, relationship problems, panic disorder, PTSD, sexual disorders, anxiety, pain, stress, depression, menopause, and grief.
101 Halton Village
Greenville, SC 29607
Phone: (864) 455-1600

Cynthia K. Whitaker, LISW-CP
Provides counseling to adults and couples, specializing in the female reproductive tract, relationship problems, panic disorder, PTSD, sexual disorders, anxiety, pain, stress, depression, menopause, and grief.
101 Halton Village
Greenville, SC 29607
Phone: (864) 455-1600
^ Dana Wiley, MD, P.A.
Offers psychiatric and psychological services including nutrition, anxiety, depression, and suboxone therapy.
102 Commons Boulevard, Suite C
Piedmont, SC 29673
Phone: (864) 220-9115
Web: www.danawileymd.com

Debbie Plonkey, MS, LMFT
Provides individual, couples, and family therapy, specializing in anxiety, depression, IMAGO relationships, and addiction/recovery.
702 East Washington Street
Greenville, SC 29601
Phone: (864) 627-9968
Web: www.dplonkeytherapy.com
Email: debbie@dplonkeytherapy.com

Deborah K. Leporowski, Psy.D., LLC
Offers child, adolescent, and adult services, specializing in assessment, PTSD, diagnostic clarification, expert witness testimony, and CALOCAS.
124 Edinburgh Court, Suite 105
Greenville, SC 29607
Phone: (864) 752-7577
Web: www.drleporsowski.com

Destination Greatness, PLLC
Offers services to families, couples, adults, and adolescents, specializing in depression, anxiety, and addiction.
1 Chick Springs Road, Suite 214F
Greenville, SC 29609
Phone: (864) 354-9985
Web: destinationgreatnessllc.org
Payment: accepts Medicaid and offers sliding scale

Eastside Family Therapy Associates
Offers adolescent, adult, couples, and family counseling, specializing in grief, anxiety, depression, trauma, eating disorders, and relationships.
28 Parkway Commons Way
Greer, SC 29650
Phone: (864) 879-4388
Web: eastsidefamilytherapy.net

Family Alliance Counseling Services, LLC
Offers individual, couples, and family services for depression, anxiety, anger, trauma, and life transitions.
25 Woodslake Road, Suite 706
Greenville, SC 29607
Phone: (864) 238-0590
Web: www.familyalliancecs.com

Evolve Psychotherapy, LLC
Provides services to individuals with eating disorders and disordered eating
216 Adley Way
Greenville, SC 29607
Phone: (864) 605-3545
Web: evolvepsychotherapy.net

Family Therapy and Trauma Center
Offers services to adults, couples, and groups, specializing in veterans, PTSD, and marriage and family.
311 Bennett Center Drive
Greer, SC 29650
Phone (864) 968-9687

^ FastBrain Greenville
Offers services for children, adolescents, and adults with ADHD
201-B Old Boiling Springs Road
Greer, SC 29650
Phone: (864) 558-0092
Web: www.fastbrain.com

^ * Forensic Counseling Associates, P.C.
Works with children, adolescents, and adults, specializing in sexual abuse, anxiety, PTSD, ODD, and depression.
124 Edinburgh Court, Suite 105
Greenville, SC 29607
Phone: (864) 607-2833
Email: dmstabp@gmail.com
Payment: accepts Medicaid and offers a sliding scale

* ^ Gateway Children’s Mental Health Services
Offers general practice for birth to 18.
515 West Butler Road, Suite A
Greenville, SC 29607
272 Lowndes Hill Road, Suite A
Greenville, SC 29607
Phone: (864) 406-6041
Email: referrals@gatewaychildrens.com
Web: www.gatewaychildrens.com
Payment: accepts Medicaid

* ^ GIFT Counseling Center for Wellness, LLC
Offers individual counseling services including play therapy, EMDR, and trauma-focused treatment.
119 Manly Street
Greenville, SC 29601
Phone: (864) 534-1224
Email: office@giftcounselingcenter.com
Web: www.giftcounselingcenter.com

Ginger Culbertson, MSW, Llsw-CP
Offers counseling for children, adults, and adolescents, specializing in EMDR, trauma, relationships, anger, bipolar disorders, depression, and spirituality.
414 Pettigru Street, Suite E
Greenville, SC 29601
Phone: (864) 242-1807

Grace Jones Family Therapy, LLC
Offers individual, couples, and family therapy for anxiety, eating disorders, body image, coping skills, depression, self-esteem, and bipolar disorder.
28 Parkway Commons Way
Greer, SC 29650
Phone: (864) 990-5617
Web: gracejonesfamilytherapy.com
Email: gracejonesfamilytherapy@gmail.com

* Greenville ADHD Specialists, PA
Provides testing, individualized treatment plans, and medication management for ADHD.
211 East Butler Road
Mauldin, SC 29662
Phone: (864) 205-1662
Web: www.greenvilleadhd.com
| **Greenville Counseling Associates** | Offers Christian adolescent, adult, couples, and family counseling, specializing in trauma, anxiety, depression, bipolar disorders, eating disorders, grief, and ADD/ADHD.  
4 Parkway Commons Way  
Greer, SC 29650  
Phone: (864) 877-7025  
1627 East North Street  
Greenville, SC 29607  
Web: www.greenvillecounseling.com/ |
| **Greenville Relationship Institute** | Offers counseling to individuals and couples, specializing in Emotionally Focused Couples Therapy, relationship distress, and marriage enrichment.  
710 Pettigru Street  
Greenville, SC 29601  
Phone: (864) 990-4442  
Web: greenvillemarriagecounseling.com  
Email: info@greenvillemarriagecounseling.com  
Payment: offers a sliding scale |
| **Greenville Relationship Institute** | Offers counseling to individuals and couples, specializing in Emotionally Focused Couples Therapy, relationship distress, and marriage enrichment.  
710 Pettigru Street  
Greenville, SC 29601  
Phone: (864) 990-4442  
Web: greenvillemarriagecounseling.com  
Email: info@greenvillemarriagecounseling.com  
Payment: offers a sliding scale |
| **Halsey Counseling and Educational Center** | Provides psychoeducational evaluations for learning disabilities and ADD/ADHD, and provides individual, group, and family therapy.  
1326 Haywood Road, Suite 101  
Greenville, SC 29615  
Phone: (864) 527-5910  
Web: www.halseycounseling.com |
| **Happy Hooves** | Offers equine therapy for children and adults with special needs.  
4700 Dacusville Highway  
Marietta, SC 29661  
Phone: (864) 989-0043  
Email: happyhoovessc@aol.com  
Web: www.happyhoovessc.com |
| **iTrust Wellness Group, LLC** | Offers mental health services to all ages, specializing in addiction, grief, anxiety, depression, bipolar, PTSD, panic disorder, OCD, and schizophrenia.  
111 Commons Way  
Greenville, SC 29611  
Phone: (864) 520-2020  
Web: www.itrustwellnessgroup.com |
| **iTrust Wellness Group, LLC** | Offers mental health services to all ages, specializing in addiction, grief, anxiety, depression, bipolar, PTSD, panic disorder, OCD, and schizophrenia.  
111 Commons Way  
Greenville, SC 29611  
Phone: (864) 520-2020  
Web: www.itrustwellnessgroup.com |
| **Havenwood Behavioral Health** | Offers inpatient adult behavioral health and substance use services.  
1 Havenwood Lane, Suite A  
Travelers Rest, SC 29690  
Phone: (864) 660-6217  
Web: www.havenwoodbehavioral.com |
| **Hope & Healing Family Counseling, LLC** | Offers counseling to individuals, couples, and families, specializing in childhood emotional and behavioral disorders, PTSD, mood disorders, grief, and relationships.  
212 Whitsett Street  
Greenville, SC 29601  
Phone: (864) 430-5326  
Web: www.hopeandhealingfc.com  
Payment: offers a sliding scale |
| **Illuminate Upstate** | Offers counseling for adolescents and adults, specializing in anxiety, depression, substances, eating disorders, self-harm, divorce, trauma.  
101 East Park Avenue  
Greenville, SC 29601  
Phone: (864) 380-6889  
Web: www.illuminateupstate.com |
| **iTrust Wellness Group, LLC** | Offers mental health services to all ages, specializing in addiction, grief, anxiety, depression, bipolar, PTSD, panic disorder, OCD, and schizophrenia.  
111 Commons Way  
Greenville, SC 29611  
Phone: (864) 520-2020  
Web: www.itrustwellnessgroup.com |
| **Jeanna Smith Counseling** | Offers counseling for individuals, couples, and families, specializing in relationships, trust, blended families, grief, trauma, depression, and anxiety.  
200 North Main Street  
Greer, SC 29651  
Phone: (864) 977-1296  
Payment: offers a sliding scale |
| **Jonathan Kittel Counseling** | Offers counseling for children, adults, adolescents, couples, and families.  
156 Milestone Way, Suite D  
Greenville, SC 29615  
Phone: (864) 214-2084  
Email: jonathan@jonathankittelcounseling.com  
Web: jonathankittelcounseling.com |
<table>
<thead>
<tr>
<th>Name</th>
<th>Specializations</th>
<th>Contact Information</th>
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| Joseph Feleppa, MSW, LISW-CP      | Provides individual outpatient therapy for adults with substance use disorders, depression, anxiety, and panic disorder. | 101 Pelham Commons Boulevard Greenville, SC 29645  
Phone: (864) 275-3419  
Web: www.joefeleppatherapy.com |
| Living Bread                      | Offers mental health and nutrition counseling for eating disorders.                                    | 1627 East North Street Greenville, SC 29607  
Phone: (864) 660-9407  
Web: www.livingbreadgreenville.org  
Payment: offers a sliding scale |
| Joy D. Bennet, LISW-CP            | Specializes in therapy for children, adults, couples, and divorcing and blended families.              | 109 Laurens Road, Suite 4-D Greenville, SC 29607  
Phone: (864) 230-6300  
Email: joy@joybennet.org  
Web: www.joybennet.org |
| Judith Alexander, MSW             | Specializes in EMDR, depression, anxiety, trauma, grief, spiritual issues, and couples counseling.     | 315 Miller Road Greenville, SC 29662  
Phone: (864) 232-9922  
Email: judithalexandermsw@gmail.com  
Web: www.judithalexandermsw.com |
| Marley J. Wolf M.Ed LPC Counseling Services | Offers individual, couples, and family counseling, specializing in anxiety, depression, parenting, grief, career issues, stress, addiction, and conflict. | 6 West Pointe Boulevard Mauldin, SC 29662  
Phone: (864) 360-4287  
Web: marleyjwolfcounseling.com  
Email: info@marleyjwolfcounseling.com |
| McCall Counseling and Therapy, LLC | Offers counseling for adolescents and adults, specializing in trauma, PTSD, substance abuse, and relationships. | 508-A Pettigru Street Greenville, SC 29601  
Phone: (864) 270-9324 |
| Melissa Panasko, LISW-CP          | Offers individual, couples, and family counseling, specializing in grief, anxiety, depression, eating disorders, mood disorders, and relationships. | 250 South Pleasantburg Drive Greenville, SC 29607  
Phone: (864) 630-6185  
Web: www.melissapanasko.com |
| Meredith Manker, LPC, PA          | Provides individual, couples, and family counseling, specializing in depression, anxiety, grief, stress, addiction, anger, and elder care issues. | 250 South Pleasantburg Drive Greenville, SC 29607  
Phone: (864) 630-6185  
Web: www.meredithmanker.com  
Email: meredithmanker@gmail.com |
| New Horizon Family Health Services | Offers behavioral health care services for children, adolescents, and adults.                          | 975 West Faris Road Greenville, SC 29605  
Phone: (864) 729-8330  
1588 Geer Highway Travelers Rest, SC 29690  
Phone: (864) 836-1109  
111-A Berry Avenue Greer, SC 29651  
Phone: (864) 801-2035  
Web: www.newhorizonfhs.org |
| Mind Renewal Services, LLC        | Provides individual, family, and group counseling, specializing in child abuse, behavior, depression, CALOCUS, Autism, HIV, and parenting. | 10 Century Drive, Suite B Greenville, SC 29607  
Phone: (864) 509-9087 x101  
Web: mindrenewalservicesllc.com  
Payment: accepts Medicaid |
**New Leaf Counseling LLC**
Specializes in ages 16+, domestic violence, couples counseling, divorce, stress, and sexual assault
3443 Pelham Road, Suite 200
Greenville, SC 29615
Phone: (864) 612-3004
Web: newleafcounselingllc.com

**North Hills Medical Center**
Offers general psychiatric services.
800 Pelham Road
Greenville, SC 29615
Phone: (864) 234-5800
Web: northhillsmedicalcenter.net
Payment: accepts Medicaid

**North Main Counseling**
Offers counseling for adolescents, adults, couples, families, and groups, specializing in adjustment, emotional and behavioral problems, and ADHD.
702 Pettigru Street
Greenville, SC 29601
Phone: (864) 232-2212
Email: info@northmaincounseling.com
Web: northmaincounseling.com

**Optima Counseling and Consulting, LLC**
Offers counseling to adolescents and adults, specializing in LGBT issues, dementia, grief, loss, and adjustment.
3505 Pelham Road Suite B
Greenville, SC 29615
Phone: (864) 762-4355

**Palmetto Family Works, LLC**
Provides individual, family, and group counseling, specializing in stress, play therapy, depression, anxiety, trauma, grief, career issues, and conflict.
102 Renaissance Circle
Mauldin, SC 29662
Phone: (864) 538-6906
Web: palmettofamilyworks.com
Payment: accepts Medicaid and offers a sliding scale

**Pam Amatucci, LISW-CP**
Specializes in mood, stress, anxiety, anger, ADHD, adjustment, trauma, relationships, grief, and pet therapy.
5 Center Street
Travelers Rest, SC 29690
Phone: (864) 832-0186 x4
Payment: offers a sliding scale

**Pathways Counseling Center, LLC**
Offers counseling to children, adults and adolescents, specializing in OCD, grief, ADHD, chronic illness, anxiety, development disorder, and depression
58 Parkway Commons Way
Greer, SC 29650
Phone: (864) 561-1133
Web: www.pathwaysofgreenville.com

**Pettigru Counseling Associates, Inc.**
Offers psychotherapy to individuals, couples, families, and groups, specializing in depression, anxiety, stress, trauma, blended families, divorce, adoption, and relationships.
405 Pettigru Street
Greenville, SC 29601
Phone: (864) 271-3549
Web: www.pettigrucounseling.com

**Piedmont Center for Mental Health Services**
Provides assessment, psychotherapy, treatment services, and day programs to adults, children, and their families experiencing mental health issues.
Greer Office
220 Executive Drive
Greer, SC 29651
Phone: (864) 879-2111
Simpsonville Office
20 Powderhorn Rd
Simpsonville, SC 29681
Phone: (864) 963-3421
Rainbow House
900 West Poinsett Street
Greer, SC 29650
Sunshine House
526 Main Street
Simpsonville, SC 29681
Web: www.state.sc.us/dmh/piedmont/contact.html

**Piedmont Psychiatric Services**
Provides psychiatric evaluation and medication management for adults, and adolescents with depression, bipolar, anxiety, eating disorders, psychotic disorders, and ADHD/ADD.
12 Maple Tree Court, Suite 201
Greenville, SC 29615
Phone: (864) 315-3736
Web: psychiatryofgreenville.com

**Poinsett Psychiatric Services**
Provides psychiatric care and psychotherapy services to adults, children, adolescents, and geriatrics.
2094 Woodruff Road
Greenville, SC 29607
Phone: (864) 676-9211
Web: www.piedmontonline.com

**Psychiatry of Greenville**
Provides psychiatric evaluation and medication management for adults, and adolescents with depression, bipolar, anxiety, eating disorders, psychotic disorders, and ADHD/ADD.
12 Maple Tree Court, Suite 201
Greenville, SC 29615
Phone: (864) 315-3736
Web: psychiatryofgreenville.com

**Queen Counseling Services**
Provides counseling to individuals, couples, and families, specializing in stress, anxiety, depression, grief, relationships, changes, and parenting.
2 Sevier Street, Suite 2A
Greenville, SC 29605
Phone: (864) 918-6416
Web: queencounselingservices.com
Email: josh@queencounselingservices.com
Reedy River Counseling Associates
Offers evidence-based treatment for a variety of issues including eating disorders, feeding disorder, nutrition, trauma, PTSD, anxiety, depression, bipolar disorders, abuse, ADD/ADHD, and relationships.
1 Chick Springs Road, Suite 103
Greenville, SC 29609
Phone: (864) 626-3696
Web: reedyrivercounseling.com

* Richardson Psychiatry
Provides medication management, supportive therapy, and consultations for children, adolescents, and adults.
5 Center Street
Travelers Rest, SC 29690
Phone (864) 436-1627
Web: www.aprilrichardsomd.com

Riner Counseling, LLC
Offers individual, couples, and family counseling, specializing in infertility, pregnancy or postpartum distress, pregnancy or infant loss, traumatic childbirth, and adjustment to parenthood.
127 A Commons Way
Greenville, SC 29611
Phone: (864) 416-4560
Web: renewallifecounseling.com
Email: info@renewallifecounseling.com
Payment: accepts Medicaid

River Falls Counseling
Offers counseling services for adults, adolescents, couples, and families.
185 Riley Smith Drive
Greenville, SC 29615
Phone: (864) 907-4443
Payment: offers a sliding scale

* Riverstone Family Counseling, LLC
Offers child and adolescent, couples, family, and sports counseling.
137 Commons Way
Greenville, SC 29611
Phone: (864) 263-3039
Email: contactus@riverstonefamily.com
Web: www.riverstonefamily.com
Payment: offers sliding scale fees

Ross A. Collins, MS, LPC, NCC
Offers individual, couples, and family counseling, specializing in relational difficulties, and adjustment disorders.
250 South Pleasantburg Drive
Greenville, SC 29607
Phone: (864) 380-5231
Web: www.rossacollins.com

† Safe Harbor
Offers services to victims of domestic violence including emergency shelter, counseling and case management, assistance with orders of protection, and transitional housing.
429 North Main Street
Greenville, SC 29601
Phone: (864) 467-1177
24-Hour Crisis Line: 1 (800) 291-2139
Web: www.safeharborsc.org

* Sherbondy’s Psychiatric Solutions
Offers psychiatric and therapeutic services including addiction, medication management, and individual, marriage, family, and play therapy.
225 Adley Way
Greenville, SC 29607
Phone: (864) 987-9747
Email: sherbondys@sherbondyspsychiatric.com
Web: sherbondyspsychiatric.com

* South Carolina Psychiatric Group
Offers medication management, clinical evaluations for psychiatric disorders, and opioid dependence treatment.
68 Parkway Commons Way
Greer, SC 29650
Phone: (864) 877-5688
Web: www.scpsychiatricgroup.com
Payment: accepts Medicaid

* Stevens Psychiatry
Provides psychiatric evaluations and treatments for children, adolescents, and adults.
509 Pettigru Street
Greenville, SC 29601
Phone: (864) 520-1133
Web: www.stephenspsychiatry.com

* Still Wind Ministries
Offers counseling for children, adults, adolescents, couples, and families, specializing in adoption, trauma, abuse, neglect, and animal-assisted therapy.
111 Lovett Drive
Greenville, SC 29607
Phone: (864) 234-1150
Web: www.stillwindministries.org

* Thornberry Counseling
Offers individual, couples, and family counseling, specializing in infertility, pregnancy or postpartum distress, pregnancy or infant loss, traumatic childbirth, and adjustment to parenthood.
127 A Commons Way
Greenville, SC 29611
Phone: (864) 416-4560
Web: renewallifecounseling.com
Email: info@renewallifecounseling.com
Payment: accepts Medicaid

* Riner Counseling, LLC
Offers individual, couples, and group counseling, specializing in eating disorders, addiction, self-harm, OCD, trauma, ADHD, and career counseling.
1900 Augusta Street
Greenville, SC 29605
Phone: (864) 608-0446
Web: www.rinercounseling.com
Email: drmarycatherine@rinercounseling.com

* Sherbondy’s Psychiatric Solutions
Offers psychiatric and therapeutic services including addiction, medication management, and individual, marriage, family, and play therapy.
225 Adley Way
Greenville, SC 29607
Phone: (864) 987-9747
Email: sherbondys@sherbondyspsychiatric.com
Web: sherbondyspsychiatric.com

* South Carolina Psychiatric Group
Offers medication management, clinical evaluations for psychiatric disorders, and opioid dependence treatment.
68 Parkway Commons Way
Greer, SC 29650
Phone: (864) 877-5688
Web: www.scpsychiatricgroup.com
Payment: accepts Medicaid

* Stephens Psychiatry
Provides psychiatric evaluations and treatments for children, adolescents, and adults.
509 Pettigru Street
Greenville, SC 29601
Phone: (864) 520-1133
Web: www.stephenspsychiatry.com

* Still Wind Ministries
Offers counseling for children, adults, adolescents, couples, and families, specializing in adoption, trauma, abuse, neglect, and animal-assisted therapy.
111 Lovett Drive
Greenville, SC 29607
Phone: (864) 234-1150
Web: www.stillwindministries.org
Suntia Smith, MSW, LISW-CP
Provides individual, couples, and family counseling, including for members of the LGBT community.
3445 Pelham Road, Suite B
Greenville, SC 29615
Phone: (864) 559-8181
Web: www.suntiasmith.com
Payment: accepts Medicaid

Susanne Latessa
Offers counseling for adults, specializing in grief, loss, and spiritual direction.
8 Clarendon Avenue
Greenville, SC 29609
Phone: (864) 484-2707
Web: www.supportheals.com
Email: slatessa33@gmail.com

* ^ Synergy Group Psychiatry
Offers counseling for children, adults, and adolescents, and psychological, psychoeducational, adoption, and pre-surgical assessments.
127 West Antrim Drive
Greenville, SC 29607
Phone: (864) 239-4110
Web: www.synergygroupsc.com

^ The Brewer Center for Psychiatry and Counseling
Offers individual, couples, and family therapy, specializing in ADHD, anxiety, depression, and medication management.
121 Interstate Boulevard, Suite 2-A
Greenville, SC 29615
Phone: (864) 297-4275
Web: www.brewercenter.com

^ The Carolina Center for Behavioral Health
Offers treatment for teens, adults, and seniors with psychiatric and substance abuse disorders, and dual-diagnosis.
2700 East Phillips Road
Greer, SC 29650
Phone: (864) 235-2335
Web: www.thecarolinacenters.com
Payment: accepts Medicaid ages 12-21

The Cottage Counseling
Offers counseling for adolescents and adults, specializing in eating disorders, anxiety, and depression.
710 Pettigru Street
Greenville, SC 29601
Phone: (864) 631-1035
Web: www.lynnvictoryrd.com

The Journey Home
Counseling for women, specializing in anxiety, depression, grief, emotional problems, abuse, change, and personality disorders.
710 Pettigru Street
Greenville, SC 29601
Phone: (864) 855-3231
Web: www.journeyhomelc.com

* † The Julie Valentine Center
Provides free, confidential services for sexual assault/child abuse survivors and their families, including child advocacy therapy, forensic interviews, rape crisis services, and adult therapy.
2905 White Horse Road
Greenville, SC 29611
Phone: (864) 331-0560
24/7 Crisis Hotline: (864) 467-3633
Web: www.julievalentinecenter.org

Thomas E. Thorsheim, PhD
Offers individual and group therapy and psychological assessment, specializing in anxiety, OCD, depression, grief, and addiction.
45 Greenland Drive
Greenville, SC 29615
Phone: (864) 421-0098
Web: www.drthorsheim.com

Three Springs DBT Group of Greenville County, LLC
Provides DBT which is useful for clients with bipolar disorder, depression, anxiety, PTSD or OCD.
14 Manly Street
Greenville, SC 29601
Phone: (864) 242-5551
Web: www.3springsdbt.com

Touchstone Counseling and Coaching
Offers counseling for individuals, couples, families, and groups, specializing in depression, anxiety, bipolar disorder, sexual abuse, domestic violence, grief, and stress.
105 Commons Way
Greenville, SC 29611
Phone: (864) 451-2258
Email: giovanna@touchstone-counseling.org
Web: touchstone-counseling.org
Payment: offers a sliding scale

Travelers Rest Counseling Associates, LLC
Offers individual and family therapy, couples counseling, and parent education.
128 South Main Street
Travelers Rest, SC 29690
Phone: (864) 918-5515
Web: travelersrestcounseling.com
Payment: some associates offer a sliding scale

UPlift Counseling Services, LLC
Offers individual therapy to adolescents and adults, specializing in OCD, coping, depression, anxiety, bipolar disorder, social skills, relationships, and family dynamics.
400 South Main Street, Suite C Mauldin, SC 29662
Phone: (864) 458-8176
Web: www.uplifeconsultingllc.com

Upstate Family Solutions, LLC
Offers counseling for individuals, couples, and families, specializing in relationships, depression, anxiety, abuse, divorce, grief, and trauma.
107 Sunbelt Court
Greer, SC 29650
Phone: (864) 354-5957
Email: amywoodmft@gmail.com
Web: upstatefamilysolutions.com
**Upstate Psychiatry, P.A.**
Provides psychiatric services to children and adults.
27 Memorial Medical Drive
Greenville, SC 29605
Phone: (864) 295-2221
Web: upstatepsychiatry.com

**Upstate Recovery Center**
Offers therapy to individuals, groups, couples, and families, specializing in sexual addiction, infidelity, partner trauma, depression, anxiety, and PTSD.
37 Villa Road
Greenville, SC 29615
Web: upstaterecoverycenter.com

**Wendy Chaney Therapy Services**
Provides individual, couples, and family therapy, specializing in ADHD, behavior, anger, relationships, anxiety, depression, mood, addiction, school issues, abuse, grief, and PTSD
345 Prado Way
Greenville, SC 29607
Phone: (864) 901-8845
Email: wendy@wendychaneyllc.com
Web: www.wendychaneyllc.com
Payment: accepts Medicaid

**William M. Fisher, MD**
Specializes in behaviors associated with Autism Spectrum Disorder
1 Havenwood Lane
Travelers Rest, SC 29690
Phone: (864) 834-8013
Payment: accepts Medicaid

**Willow Tree Counseling**
Offers counseling for teens, young adults, women, and members of the LGBTQ+ community.
9 Toy Street
Greenville, SC 29601
Phone: (864) 729-4184
Email: info@willowtreecounselingsc.com
Web: willowtreecounselingsc.com
Payment: accepts Medicaid

**† Wright Choice Consulting, LLC**
Offers adolescent, adult, couples, and family services, specializing in behavior, mood, anger, domestic violence, behavior, mood, depression, parenting, and ADHD
250 South Pleasantburg Drive
Greenville, SC 29607
Phone: (866) 323-7760
Email: wrightchoiceconsulting@gmail.com
Web: wrightchoiceconsulting.org

**Yadira Baez-Lockard, PsyD, LLC**
Offers individual, family, and group counseling, specializing in criminal forensic, clinical, psychosexual, and neuropsychological assessment and treatment.
102 Commons Boulevard, Suite C
Piedmont, SC 29673
Phone: (864) 501-0165
Payment: accepts Medicaid

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**Lancaster County**

**Rehabilitation**

**Counseling Services of Lancaster**
Provides adult and adolescent counseling and support services for substance use/abuse.
114 South Main Street
Lancaster, SC 29720
Phone: (803) 285-6911
Web: www.counselingserviceslancaster.org
Payment: accepts Medicaid

**Support Services**

**SC Vocational Rehabilitation Department**
Prepares and assists individuals with disabilities for employment.
1150 Roddey Drive
Lancaster, SC 29720
Phone: (803) 285-6909
Web: www.scvrd.net
Therapy

* Horse "N" Around Therapeutic Riding Center
Offers equine therapy for children and adolescents with physical or developmental disabilities.
2593 North Rocky River Road
Lancaster, SC 29720
Phone: (704) 641-2146
Email: horseroundtrc@yahoo.com
Web: www.horseroundtrc.org
Payment: accepts Medicaid

* Catawba Community Mental Health Center - Lancaster Clinic
Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
1906 Highway 521 Bypass South
Lancaster, SC 29720
Phone: (803) 258-7456
Payment: accepts Medicaid and offers a sliding scale

* † Palmetto CASA - Children's Advocacy Center
Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.
106 North York Street
Lancaster, SC 29720
Phone: (803) 286-5232
Web: www.palmettocasa.org

Laurens County

Rebound Behavioral Health
Offers adult inpatient behavioral health and substance abuse treatment, specializing in depression, bipolar disorder, substance abuse, anxiety, PTSD, and co-occurring disorders.
134 East Rebound Road
Lancaster, SC 29720
Phone: (888) 641-8385
Web: reboundbehavioralhealth.com
Payment: accepts Medicaid for individuals ages 18-21 and 65+

* The Saluda Counseling Center
Offers psychotherapy for children, adolescents, adults, couples, and families, specializing in art therapy, medication management, anxiety, depression, grief, trauma, stress, addiction recovery, chronic illness, PTSD, and ADD/ADHD.
700 North Main Street
Lancaster, SC 29720
Phone: (803) 327-6103
Email: contactus@thesaludacenter.net
Web: www.thesaludacenter.org

Support Services

GateWay Counseling Center
Provides adult and adolescent counseling and support services for substance use/abuse.
219 Human Services Road
Clinton, SC 29325
Phone: (864) 833-6500
Web: www.gatewaycounseling.org
Payment: accepts Medicaid

Mental Health America - Laurens County
Provides advocacy and education about mental illness as well as customized training programs and some support services.
P.O. Box 369
Laurens, SC 29360
Phone: (864) 984-0635
Email: Tjohnson.mha@gmail.com

SC Vocational Rehabilitation Department
Prepares and assists individuals with disabilities for employment.
22861 Highway 67 E
Clinton, SC 29325
Phone: (864) 984-6563
Web: www.scvrd.net
**Therapy**

**Community Care and Counseling of Laurens County**
Offers counseling for adults, couples, and families, specializing in anxiety, depression, grief, stress management, trauma, and relationship and parenting issues.
300 West Main Street
Laurens, SC 29360
Phone: (864) 442-7585
Payment: offers a sliding scale

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**Laurens Mental Health Clinic**
Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
442 Professional Park Road
Clinton, SC 29325
Phone: (864) 938-0912
Web: www.beckmancenter.com
Payment: accepts Medicaid and offers a sliding scale

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**Lumos Counseling Services**
Offers therapy for adolescents, adults, and families, specializing in EMDR, Cognitive Behavioral Therapy (CBT), Solution Focused Therapy, Dialectical Behavior Therapy (DBT), and working with members of the LGBTQ+ community.
210 Physicians Park Drive, Suite S
Clinton, SC 29325
Phone: (864) 939-8224
Email: jacob@lumoscounselingservices.com
Web: lumoscounselingservices.com

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**Let’s Saddle Up Therapeutic Horsemanship**
Offers equine therapy for children, military veterans, and senior adults with physical, mental, social, or emotional challenges.
Solid Rock Stables
1907 Durbin Road
Fountain Inn, SC 29644
Mailing Address
554 Spring Road
Laurens, SC 29360
Phone: (864) 871-1744
Web: www.letssaddleup.org

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**Palmetto Equestrian Therapeutic Riding Program**
Offers equine therapy for children, adolescents, and adults with cognitive, physical, social, and/or emotional disabilities.
PO Box 71
Clinton, SC 29325
Phone: (864) 923-4998
Email: petprogram@bellsouth.net
Web: www.petprogram.org

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**The Winding Road**
Offers counseling for children, adolescents, adults, couples, and families, specializing in anxiety, addiction, mood disorders, and trauma.
112 Henderson Lane
Laurens, SC 29360
Phone: (864) 683-8240
Web: www.thewindingroad.info
Payment: accepts Medicaid and offers a sliding scale
Newberry County

Rehabilitation

Westview Behavioral Health Services
Offers inpatient and outpatient services for individuals, couples, and families experiencing alcohol and substance abuse issues, as well as parenting and educational programs.
800 Main Street
Newberry, SC 29108
Phone: (803) 276-5690
Web: www.westviewbehavioral.org
Payment: accepts Medicaid and offers a sliding scale

Support Services

SC Vocational Rehabilitation Department
Prepares and assists individuals with disabilities for employment.
2601 Evans Street
Newberry, SC 29108
Phone: (803) 276-8438
Web: www.scvrd.net

Therapy

* Newberry Mental Health Clinic
Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
2043 Medical Park Drive
Newberry, SC 29108
Phone: (803) 276-8000
Web: www.beckmancenter.com
Payment: accepts Medicaid and offers a sliding scale
Oconee County

Rehabilitation

**Anderson/Oconee Behavioral Health Services**
Provides adult and adolescent counseling and support services for substance use/abuse.
691 South Oak Street
Seneca, SC 29678
Phone: (864) 260-4168
Email: aobhs@aobhs.org
Web: www.aobhs.org
Payment: accepts Medicaid and offers a sliding scale

**^ Crossroads of Seneca**
Provides outpatient rehabilitation for opiate addiction.
209 Oconee Square Drive
Seneca, SC 29678
Phone: (864) 888-2337
Web: crossroadstreatmentcenters.com
Payment: accepts Medicaid

Support Services

**SC Vocational Rehabilitation Department**
Prepares and assists individuals with disabilities for employment.
1951 Wells Highway
Seneca, SC 29678
Phone: (864) 882-6669
Web: www.scvrd.net

Therapy

**^ ACG Counseling Center**
Offers counseling for children, adults, adolescents, couples, and families, specializing in trauma, EMDR, anxiety, play therapy, depression, addiction, ADHD, ODD, anger, and emotional regulation.
111 North Earle Street
Walhalla, SC 29691
Phone: (864) 916-4349
Email: admin@acgcounseling.com
Web: www.acgcounseling.org
Payment: accepts Medicaid

**Cheryl Smart, LISW-CP**
Offers counseling for adolescents and adults, specializing in depression, anxiety, trauma, stress, transitions, relationships, and health issues.
206 West North 1st Street, Suite C
Seneca, SC 29678
Phone: (864) 888-4211
Email: cheryl@cherylsmart.net
Web: cherylsmart.net/index.html

**Carolina Counseling Professionals**
Offers counseling for children, adolescents, families, couples, and groups, specializing in equine assisted therapy, play therapy, trauma, anxiety, depression, transitions, and stress.
203 Central Park Lane, Suite A
Seneca, SC 29678
Phone: (864) 973-1359
Web: carolinacounselingprofessionals.com
Payment: accepts Medicaid

**Jeanne Malmgren, MEd, LPC, NCC, CCTP**
Offers counseling for adults and groups, specializing in midlife, aging, grief, trauma, depression, anxiety, anger, LGBTQ concern, and transitions.
206 West North 1st Street
Seneca, SC 29678
Phone: (864) 784-1077
Email: malmgrenjeanne@gmail.com
Web: upstatecounselor.com

**Fortitude Consulting, Counseling, and Supervision Services, LLC**
Offers counseling for children, adolescents, adults, and families, specializing in trauma, PTSD, sexual abuse, veterans, anxiety, and mood disorders.
530 Bypass 123, Site E-2
Seneca, SC 29678
Phone: (864) 952-1219
Web: fortitudeccss.com
**Oconee Mental Health Clinic**
Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
115 Carter Park Road
Seneca, SC 29678
Phone: (864) 855-0157
Web: www.aopmentalhealth.org
Payment: accepts Medicaid

Sherrì S. Brown-Osborne, LISW-CP
Offers counseling for children, adolescents, adults, couples, and families, specializing in relationship issues, working with the LGBTQ+, community, anxiety disorders, grief, trauma, and depression.
200 West North 1st Street
Seneca, SC 29678
Phone: (864) 610-5264
Payment: offers a sliding scale

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**Pickens County**

**Rehabilitation**

**Behavioral Health Services of Pickens County**
Provides adult and adolescent counseling and support services for substance use/abuse.
309 East Main Street
Pickens, SC 29671
Phone: (864) 898-5800
Payment: accepts Medicaid and offers a sliding scale

**Home with A Heart**
Residential treatment for men struggling with alcohol and substance abuse that uses a 12-step and bible-centric approach to recovery.
220 James Mattison Road
Liberty, SC 29657
Phone: (864) 843-3058
Web: www.homewithaheart.com
Payment: services are free

**Recovery Concepts, LLC**
Offers Medication Assisted Opioid Dependence Treatment and services for co-occurring disorders.
1653 East Main Street
Easley, SC 29640
Phone: (864) 306-8533
Email: director@recoveryconcepts.us
Web: www.recoveryconcepts.us
## Therapy

<table>
<thead>
<tr>
<th>Service Provider</th>
<th>Services Offered</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Web</th>
<th>Payment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anchor of Hope Counseling</td>
<td>Offers individual, couples, and family therapy, specializing in building strong relationships, EMDR, grief, resilience, stress, and conflict.</td>
<td>110 Liberty Drive, Suite 203, Clemson, SC 29631</td>
<td>(864) 654-7858</td>
<td><a href="mailto:hope@anchorofhopecounseling.com">hope@anchorofhopecounseling.com</a></td>
<td>anchorofhopecounseling.com</td>
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<tr>
<td>Baptist Easley Pastoral Counseling Center</td>
<td>Offers individual, couples, and family counseling, specializing in marriage and family therapy, grief, anxiety, depression, and stress.</td>
<td>112 John Street, Suite 101, Easley, SC 29640</td>
<td>(864) 442-7585</td>
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<tr>
<td>DMT Counseling</td>
<td>Offers counseling for adolescents and adults, specializing in anxiety, depression, grief, life transitions, dementia, and chronic health/pain.</td>
<td>406 Piedmont Road, Suite 4, Easley, SC 29642</td>
<td>(864) 616-1203</td>
<td><a href="mailto:towdenise@gmail.com">towdenise@gmail.com</a></td>
<td><a href="http://www.dmtcounseling.com">www.dmtcounseling.com</a></td>
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<tr>
<td>Easley Counseling and Training Center</td>
<td>Offers individual, couple, and family counseling, specializing in adjustment disorders and relational difficulties.</td>
<td>406 Piedmont Road, Suite 5, Easley, SC 29642</td>
<td>(864) 380-5231</td>
<td></td>
<td><a href="http://www.rossacollins.com">www.rossacollins.com</a></td>
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</tr>
<tr>
<td>Family Wellness Counseling Center</td>
<td>Offers counseling for children, adolescents, and families, specializing in adoption issues, transitions, grief, divorce, and aging.</td>
<td>316 C West Main Street, Easley, SC 29671</td>
<td>(864) 561-6485</td>
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<tr>
<td>Foothills Community Health Care</td>
<td>A medical home that includes behavioral health services for children, adolescents, and adults, specializing in anxiety, depression, trauma, substance abuse recovery, and grief.</td>
<td>403 Hillcrest Drive, Suite E, Easley, SC 29640</td>
<td>(864) 343-1220</td>
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<tr>
<td>Nature’s Way Home Counseling and Life Coaching</td>
<td>Offers nature-based individual and couples counseling, specializing in equine-assisted therapy, anxiety, depression, PTSD, sexual abuse, grief, relationships, and stress.</td>
<td>P.O. Box 1233, Pickens, SC 29671</td>
<td>(864) 933-8000</td>
<td><a href="mailto:shellyascoach@gmail.com">shellyascoach@gmail.com</a></td>
<td><a href="http://www.shellysmith.org">www.shellysmith.org</a></td>
<td></td>
</tr>
<tr>
<td>Pickens Mental Health Clinic</td>
<td>Offers services to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.</td>
<td>337 West Main Street, Easley, SC 29640</td>
<td>(864) 878-6830</td>
<td></td>
<td><a href="http://www.aopmentalhealth.org">www.aopmentalhealth.org</a></td>
<td></td>
</tr>
</tbody>
</table>
Ravan Counseling Services  
Offers counseling for adults, couples, families, and groups, specializing in anger, anxiety, depression, trauma, self-esteem, grief, transitions, phobias, relationships, divorce, and stress.  
404-A East First Avenue  
Easley, SC 29640  
Phone: (864) 644-8251  
Email: jjava.ucca@bellsouth.net  
Web: www.ravancounseling.com  
Payment: accepts Medicaid

* Robin’s Nest Counseling, LLC  
Offers therapy for children, adults, and adolescents, specializing in family therapy, family life adjustments, adolescent issues, grief, and families with children with chronic illness.  
300 Couch Lane  
Easley, SC 29642  
Phone: (864) 553-6100  
Web: www.robinestcounseling.com

Southern Solace Counseling, PC  
Offers counseling for adolescents and adults, specializing in anxiety, stress, self-esteem, relationships, women’s issues, and depression.  
1011 Tiger Boulevard, Suite 610  
Clemson, SC 29631  
Phone: (864) 633-7937  
Web: www.clemsoncounseling.com

The Family Doctor  
Offers counseling for children, adults, adolescents, couples, and families, specializing in Marriage/Family therapy, addiction, divorce mediation, and psychological testing for personality disorders and ADD.  
1011 Tiger Boulevard, Suite 610  
Clemson, SC 29631  
Phone: (864) 840-8644

The Journey Home  
Provides counseling and support to women, specializing in anxiety, depression, grief, loss, abuse, life change, emotional problems, and personality disorders.  
303 South First Street  
Easley, SC 29640  
Phone: (864) 855-3231  
Web: www.thejourneyhomellc.com

* The Well Center  
Offers counseling for children, adults, and adolescents, specializing in art therapy, transitions, anxiety, anger, depression, self-esteem, pregnancy and postpartum mental health.  
209 Pendleton Road, Suite C  
Clemson, SC 29631  
Phone: (864) 383-1996  
Email: ginny@wellcentertherapy.com  
Web: www.wellcentertherapy.com

* Upstate Carolina Counseling Associates  
Offers counseling for children, adults, adolescents, and families, specializing in mood disorders, conflict, emotional disturbance, impulse control, and autism.  
405-A East First Avenue  
Easley, SC 29640  
Phone: (864) 644-8251  
Email: admin@UCCASC.com  
Web: upstatecarolinacounseling.com  
Payment: accepts Medicaid and offers a sliding scale

Upstate FORT (Family Oriented Recreation and Therapy)  
Offers counseling for children, adults, adolescents, couples, and families, specializing in art therapy, transitions, self-esteem, parenting, and adventure therapy.  
100 McCollum Street, Suite 2  
Clemson, SC 29631  
Phone: (864) 710-0391  
Email: upstatefort@gmail.com  
Web: www.upstatefort.com  
Payment: offers a sliding scale
Spartanburg County
Rehabilitation

^ BHG Spartanburg Treatment Center
Specializes in opioid treatment through Medication-Assisted Treatment (MAT) and addiction counseling.
239 Access Road
Spartanburg, SC 29303
Phone: (864) 503-0207
Web: spartanburg.bhgrecovery.com
Payment: accepts Medicaid

Celebrate Recovery / Hope Church
A Christ-based approach to addiction recovery
102 John Dodd Road
Spartanburg, SC 29303
Phone: (864) 497-4642
Email: lhillstock@yahoo.com

Faith Home Inc. Christian Rehabilitation for Alcoholics & Addicts
Provides rehabilitation for individuals with a substance abuse addiction.
Women's Facility:
309 Washington St.
Abbeville, SC 29620
Men's Facility:
144 Faith Home Rd.
Greenwood, SC 29649
Men's Facility:
180 Battleground Rd.
Cowment, SC 29303
Phone: (864) 223-0694
Email: faithhomegwd@msn.com
Web: www.faithhomegwd.net

FAVOR Spartanburg
Offers addiction recovery coaching services and peer support groups.
Episcopal Church of the Advent
141 Advent Street
Spartanburg, SC 29302
Phone: (864) 940-1136
Email: favor@favor Spartanburg.org
Web: www.favor greenville.org
Payment: free

GoForth Recovery
Offers housing and a structured environment that allows alcoholics and addicts to recover.
P.O. Box 6560
Spartanburg, SC 29304
Phone: (864) 586-5886
Email: info@goforthrecovery.com
Web: www.goforthrecovery.com

Mel-Med
Medication-assisted recovery for alcohol, opiates, and tobacco recovery.
1451 East Main Street, Suite 2A
Spartanburg, SC 29307
Phone: (864) 586-3979
Email: DrMel@Mel-Med.com
Web: www.Mel-Med.com

Palmetto Carolina Treatment Center, LLC
Specializes in opiate addiction treatment through Medication-Assisted Treatment (MAT) and counseling.
325 Inglesby Parkway, Unit F
Duncan, SC 29334
Phone: (864) 433-8443
Web: carolinatreatmentcenters.com/

The Forrester Center for Behavioral Health
Provides adult and adolescent counseling and support services for substance use/abuse.
187 W. Broad Street
Spartanburg, SC 29306
Phone: (864) 582-7588
Web: www.theforestercenter.org
Payment: accepts Medicaid

Access Health Spartanburg
Designed to be a link between the uninsured and local health professionals, Access Health guides eligible clients to a medical home.
631 N Church Street
Spartanburg, SC 29302
Phone: (864) 560-0190
Web: accesshealthspartanburg.org
Payment: free (must not have health insurance and live at or below 150% of the federal poverty level)

Alzheimer’s Association
Provides advocacy, education, and support for people living with Alzheimer’s and for all of those impacted by Alzheimer’s including caregivers.
901 South Pine Street
Spartanburg, SC 29302
Phone: (864) 542-9998
Web: www.alz.org/sc

Support Services
* Family Connection of SC
Family supports and trainings for families with a member that has a disability.
249 North Grove Medical Park Drive, Suite 200, Second floor
Spartanburg, SC 29303
Phone: (864) 585-5462
Email: info@familyconnectionsc.org
Web: www.familyconnectionsc.org

Mental Health America—Spartanburg
Provides advocacy and education about mental illness as well as customized training programs and some support services.
Phone: (864) 345-2523
Email: nholland@mha-sc.org

NAMI Spartanburg
Provides free education, support groups, and advocacy to people with a mental illness and their families.
187 W. Broad Street
Spartanburg, SC 29306
Phone: (864) 707-2814
Email: office@namispartanburgsc.org
Web: www.namispartanburgsc.org

New Day Clubhouse
Provides employment services, housing, as well as the day program for individuals with persistent mental illness.
325 South Church Street
Spartanburg, SC 29306
Phone: (864) 582-5431
Web: www.newdayclubhouse.com
Payment: accepts Medicaid

ReGenesis Community Health Center
Provides quality health care to our community.
Administration / Medical Offices:
460 Langdon Street
Spartanburg, SC 29306
Phone: (864) 582-2411
Phone: (864) 594-4465
Pediatrics/Teen Center & Pharmacy
750 South Church Street
Spartanburg, SC 29306
Phone: (864) 582-2411
Woodruff Office
220 Irby St.
Woodruff, SC 29388
Phone: (864) 670-9415
Web: www.myrhc.org
Payment: accepts Medicaid and offers a sliding scale

SC Vocational Rehabilitation Department
Prepares and assists individuals with disabilities for employment.
353 South Church St
Spartanburg SC 29306
Phone: (864) 585-3693
Web: www.scvrd.net

Upstate Warrior Solution
Offers support services to former and current military and their families.
160 East St. John Street, 3rd Floor
Spartanburg, SC 29306
Phone: (864) 977-1288
Email: info@upstatewarriorsolution.org
Web: upstatewarriorsolution.org

Therapy

Almost Perfect Counseling
Specializes in adolescents through adults, individuals, couples, families, anxiety, depression, life changes.
1714 Boiling Springs Road
Boiling Springs, SC 29316
Phone: (864) 415-5068
Email: almostperfectcounseling@gmail.com

Anna S Rickell, LISW CP
Offers counseling services for a variety of diagnosis including grief & trauma.
210 North Radcliff Way
Spartanburg, SC 29301
Phone: (864) 541-7286
Phone: (914) 714-3816
Email: anna@rickell.com

Ashley Kemp Counseling, LLC
Specializes in ages 15-65, depression, anxiety, trauma, CBT, DBT, and EMDR.
707 East Main Street
Spartanburg, SC 29302
Phone: (864) 932-3215

Betty Tysinger, Ph.D.
Specializes in young adults through elderly, couples and families.
707 East Main Street
Spartanburg, SC 29302
Phone: (864) 814-9801

* Dr. Caleb Loring
Provides individual therapy, parenting techniques and psychological assessments.
324 East Saint John Street, Suite B
Spartanburg, SC 29302
Phone: (864) 641-6979
Web: www.drcaleboring.com

Carrie H. Edmonds, LPC
Offers individual and family counseling.
561 East Main Street
Spartanburg, SC 29301
Phone: (864) 706-2265
Email: carrie@chelpc.com

† Children's Advocacy Center of Spartanburg, Cherokee, & Union
Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.
100 Washington Place
Spartanburg, SC 29302
Phone: (864) 515-9922, ext. 112
Web: cacsp.org
Coda Counseling
Specializes in age 4+, individuals and families, substance abuse, anxiety, OCD, depression, mood management, and grief/loss.
110 South Dean Street
Spartanburg, SC 29302
Phone: (864) 316-8242

Counseling on Pine
Specializes in ages 12+, individuals, anxiety, self-esteem, and life transitions.
378 South Pine Street, Suite 3
Spartanburg, SC 29302
Phone: (864) 568-0252

David G Heatherly, PhD
Specializes in children 10+, adults, individuals, couples and families.
707 East Main Street
Spartanburg, SC 29302
Phone: (864) 542-9601

Denise Levereaux, MSW
Specializes in adults, individuals, trauma, PTSD, anxiety and depression, work stress, divorce, family conflicts, and social stressors.
1953 Old Reidville Road
Spartanburg, SC 29301
Phone: (864) 680-0495
Web: dltherapy.com/

Don Foster and Associates, Inc.
Specializes in addiction, co-occurring disorders, and offender counseling.
975 Asheville Highway
Spartanburg, SC 29303
Phone: (864) 235-5666

Elena Mendez Counseling
Specializes in Asperger/high functioning Autism issues, children, adolescents, adults, individuals, couples, and families.
2165 Chesnee Highway
Spartanburg, SC 29303
Phone: (864) 237-5961
Web: elenamendezcounseling.com
Payment: offers a sliding scale

Elizabeth Perry Counseling, LLC
Specializes in individuals and couples with anxiety, depression, eating disorders, codependency, addiction recovery, and low self-esteem.
243 East Blackstock Road, Suite 3
Spartanburg, SC 29301
Phone: (864) 383-0248
Payment: accepts Medicaid and offers a sliding scale

* Emerge Family Therapy Center & Teaching Clinic
Provides individual, couples, marriage and family counseling.
138 Dillion Drive
Spartanburg, SC 29307
Phone: (864) 583-1010
Web: www.emergeftc.org
Payment: offers a sliding scale

Eubanks Peer Support Living Room
A safe space where individuals can find support and resources to prevent a behavioral health crisis.
358 Serpentine Drive
Spartanburg, SC 29303
Phone: (864) 591-3501

Family Builders Counseling Services
Offers individuals, couples, families, children, teenagers, and adults the opportunity to achieve their goals through the counseling process.
1965 Old Furnace Rd.
Boiling Springs SC 29316
Phone: (864) 327-6304
Email: kevin.cooksey@familybuilderscounseling.com
Web: familybuilderscounseling.com
Payment: accepts Medicaid

Full Circle Counseling
Specializes in ages 6+, adults, anxiety, bipolar, depression, substance abuse, parenting, marital issues
199 Spartanburg Hwy.
Lyman, SC 29365
Phone: (864) 559-8944
Payment: accepts Medicaid

* Gateway Children’s Mental Health Services
Specializes in children and adolescents (ages birth to 18), offering general practice.
397 Serpentine Drive, Suite B
Spartanburg, SC 29303
Phone: (864) 406-6041
Email: referrals@gatewaychildrens.com
Web: www.gatewaychildrens.com
Payment: accepts Medicaid

Ginger Church, LPC-I
Specializes in teens, depression, anxiety, and divorce issues.
561 East Main Street
Spartanburg, SC 29302
Phone: (864) 909-0604
Payment: offers a sliding scale

Gordon Consulting and Counseling
Specializes in adults, individuals, couples, addictions and mood disorders.
167 Alabama Street
Spartanburg, SC 29302
Phone: (864) 921-5721

Grey Group
Specializes in adults, military, PTSD, adjustment disorders, grief/loss, anxiety and dual diagnosis.
958 East Main Street, Suite B
Spartanburg, SC 29302
Phone: (864) 817-9008
Web: www.greygroupcounseling.com

H&W Enterprises (Health and Wellness Outpatient Practice)
Provides individual, family, group and medication therapy.
1524 John B. White Sr. Boulevard, Suite 6
Spartanburg. SC 29301
Phone: (864) 586-3300
E-mail: tpeoples@hwenterprisesofnc.com
Web: healthandwellnessofsc.com
* HALTER Therapeutic Riding Center
Therapeutic Horseback Riding program serving people with special needs.
1400 Carolina Club Rd
Spartanburg, SC 29302
Phone: (864) 586-1671
Web: www.haltersc.org
Payment: offers scholarships available

* Hart to Heart Therapy
Specializes in children, adolescents, adults, couples and families, grief, trauma, crisis care, abuse/neglect, anxiety, depression, and spiritual care.
101 North Pine Street, Suite 210
Spartanburg, SC 29302
Phone: (864) 920-1202
Web: www.aliciahart.net

Healing Solutions, LLC
Offers individual, couples, and family counseling services.
340 East Main Street, Suite 102
Spartanburg, SC 29302
Phone: (864) 707-2167
Email: amymorgan@hsccg.org
Web: facebook.com/healingssolutionsllc
Payment: accepts Medicaid

* In Step Counseling
Specializes in children 7-12, adolescents, and young adults.
175 Magnolia Street, Suite 106
Spartanburg, SC 29306
Phone: (864) 310-6776
Payment: accepts Medicaid

Intrinsic Therapy, LLC
Provides individual, family, group, adolescent counseling specializing in relational conflicts, emotional disturbances, and disordered eating.
101 N Pine Street, Suite 303
Spartanburg, SC 29302
Phone: (864) 464-9029
Payment: accepts Medicaid (Molina) and offers a sliding scale

JoAnn Smith, MDiv, LMFT, LPC
Specializes in children, adolescents, adults, couples, trauma survivors, addiction, dissociative personality disorder, and spirituality.
331 Bryant Road
Spartanburg, SC 29303
Phone: (864) 977-8120
Payment: accepts Medicaid

Joe Grace, PhD
Specializes in children, adolescents, adults, couples, ADHD, alcoholism, personality dynamics, and disability evaluations.
853 North Church Street, Suite 510
Spartanburg, SC 29303
Phone: (864) 560-1512

Living Stones Family Services
Offers individual therapy using cognitive approach, specializing in trauma, grief, depression, child therapy, sexual abuse, and anger.
101 North Pine Street, Suite 303
Spartanburg, SC 29302
Phone: (864) 663-5615
Email: lipscomb.livingstonesfs@gmail.com
Payment: accepts Medicaid

Magnolia Counseling Associates
Provides therapy specializing in trauma, bipolar disorder, depression, anxiety and eating disorders, and behavioral problems.
153 North Spring Street
Spartanburg, SC 29306
Phone: (864) 583-5969
Web: www.magnoliacounseling.net

^ MGC Psychiatry
Specializes in psychiatric care for geriatric patients.
391 Serpentine Drive, Suite 400
Spartanburg, SC 29303
Phone: (864) 560-7517
Payment: accepts Medicaid

Middle Tyger Community Center
Provides free medical clinic hours, counseling services, and additional community services and supports.
84 Groce Road
Lyman, SC 29365
Phone: (864) 439-7760
Web: www.middletyger.org
Payment: offers a sliding scale

Janet Barnes McConnell Counseling
Specializes in individuals and couples with relationship problems, adult survivors of childhood sexual abuse, and sexual intimacy issues.
157 Hall Street
Spartanburg, SC 29302
Phone: (864) 474-5695

Jessica Loving Counseling, LLC
Specializes in depression, anxiety, and PTSD.
601 West Main Street
Spartanburg, SC 29301
Phone: (864) 706-6423
Payment: accepts Medicaid

Kim Minnick, LISW-CP, CAC II, MAC
Specializes in ages 11+, tweens, teens and young adults, adults, couples, addictions, mood disorders, and women’s issues.
561 East Main Street
Spartanburg, SC 29302
Phone: (864) 363-0063

Linda Cooper, LPC, NCC
Specializes in ages 12+, depression, bipolar, addiction, grief, trauma
154 Wyatt Road
Boiling Springs, SC 29316
Phone: (864) 529-7473

^ MGC Psychiatry
Specializes in psychiatric care for geriatric patients.
391 Serpentine Drive, Suite 400
Spartanburg, SC 29303
Phone: (864) 560-7517
Payment: accepts Medicaid

Middle Tyger Community Center
Provides free medical clinic hours, counseling services, and additional community services and supports.
84 Groce Road
Lyman, SC 29365
Phone: (864) 439-7760
Web: www.middletyger.org
Payment: offers a sliding scale
Monique Watson, LPC, NBCC, MAC, CACII
Balancing Act Coaching & Consulting, LLC
Specializes in individuals, couples, families, addictions, coaching, and weight management.
354 Marion Avenue
Spartanburg, SC 29306
Phone: (864) 205-7660

New Beginnings Counseling Services
Specializes in ages 6+, children and families, couples, anxiety, depression, ADHD, ADD, trauma, relationship issues, and military/veteran support.
145 North Church Street
Spartanburg, SC 29306
Phone: (864) 266-3393
Payment: accepts Medicaid

New Horizons Counseling
Provides individual, couples and family therapy.
1714 Boiling Springs Road
Boiling Springs, SC 29316
Phone: (864) 764-1007
Web: newhorizonscounselingsc.com

North Grove Counseling Associates
Offers individual, couples, and family counseling services.
240 North Grove Medical Park Drive
Spartanburg SC 29303
Phone: (864) 699-9213
Web: northgrovecounseling.com

Palmetto Child & Family Psychiatry, LLC
Specializes in children, adolescents, and young adults (under 50).
104 North Daniel Morgan Avenue, #110
Spartanburg, SC 29306
Phone: (864) 327-1789

Palmetto Counseling and Play Therapy
Specializes in children 3+, adolescents, adults, individuals and family, anxiety, play therapy, depression, life adjustments, and parenting support.
1965 Old Furnace Road
Boiling Springs, SC 29316
Phone: (864) 542-7140
Web: www.palmettotherapy.com

Palmetto Family Enrichment Center, P.C.
Offers counseling for a variety of mental health diagnosis.
1330 Boiling Springs Road, Suite 280
Spartanburg, SC 29303
Phone: (864) 573-6908

Pathfinder Counseling & Consulting, LLC
1032 Union Street
Spartanburg, SC 29302
Phone: (864) 205-1110
Email: patty@pathfindersc.com

Pathways Pastoral Counseling
Provides individual and family therapy and can support families struggling through chronic illness and cancer.
400 Dupre Dr.
Spartanburg, SC 29307
Phone: (864) 542-3019
Web: www.pathwayspc.com
Payment: accepts Medicaid

Piedmont Care, Inc.
Provides HIV/AIDS testing, prevention, counseling and linkages to resources.
101 North Pine Street, Suite 200
Spartanburg, SC 29302
Phone: (864) 582-7773
Web: www.piedmontcare.org

* Project Hope
Offers ABA therapy and other services for children and adults with autism and their caregivers.
200 Elford Court
Spartanburg, SC 29306
751 East Georgia Street
Woodruff, SC 29388
51 Cavins Road
Woodruff, SC 29388
Phone: (864) 676-0028
Web: www.projecthopesc.org
Payment: accepts Medicaid

River Rock Therapy
Specializes in children and teens, anxiety, trauma, and grief
175 Magnolia Street, Suite 102
Spartanburg, SC 29306
Phone: (864) 809-3516

* Psychiatric Associates of Spartanburg, PA
Offers client centered therapy for a wide range of conditions.
943 N Church St
Spartanburg, SC 29303
Phone: (864) 585-2214

Recreating Positive Living, LLC
Offers counseling services to individuals and families.
2375 East Main Street, Suite A105, Office 102
Spartanburg SC 29307
Phone: (864) 415-8640

Renaissance Therapy & Forensic Counseling Center
Specializes in children 10+, adolescents, adults, couples and families, anxiety, depression, bipolar, borderline personality disorder, anger management, DBT, and substance abuse.
1090 Boiling Springs Road
Spartanburg, SC 29302
Phone: (864) 573-5956

^ Psychiatric Associates of Spartanburg, PA
Offers client centered therapy for a wide range of conditions.
943 N Church St
Spartanburg, SC 29303
Phone: (864) 585-2214
<table>
<thead>
<tr>
<th>Provider</th>
<th>Services</th>
<th>Address</th>
<th>Phone</th>
<th>Payment</th>
<th>Web Link</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ruth C. Compton, LPC</td>
<td>Provides group, individual, and play therapy and often uses CBT.</td>
<td>707 East Main Street, Spartanburg, SC 29302</td>
<td>(864) 316-5910</td>
<td>Email: <a href="mailto:ruthcompton6@gmail.com">ruthcompton6@gmail.com</a></td>
<td>Web: <a href="http://www.ruthcompton.com">www.ruthcompton.com</a></td>
</tr>
<tr>
<td>Shelby Albright, LLC</td>
<td>Offers counseling for adolescents, adults, couples, and families, specializing in anxiety and working with the LGBTQ+ community.</td>
<td>324 East Saint John Street, Suite D2, Spartanburg, SC 29302</td>
<td>(864) 513-6394</td>
<td>Payment: offers a sliding scale.</td>
<td></td>
</tr>
<tr>
<td>† SAFE Homes</td>
<td>Offers resources and counseling services for victims of domestic violence and sexual assault.</td>
<td>236 Union Street, Spartanburg, SC 29302</td>
<td>(864) 583-9803</td>
<td>Email: <a href="mailto:shrcc@aol.com">shrcc@aol.com</a></td>
<td>Web: <a href="http://www.shrcc.org">www.shrcc.org</a></td>
</tr>
<tr>
<td>St. Luke’s Free Medical Clinic</td>
<td>Provides free medical care and counseling services to uninsured.</td>
<td>162 North Dean Street, Spartanburg, SC 29302</td>
<td>(864) 542-2273</td>
<td>Email: <a href="mailto:info@slfmc.org">info@slfmc.org</a></td>
<td>Web: <a href="http://www.slfmc.org">www.slfmc.org</a></td>
</tr>
<tr>
<td>* Shannon Rogers Therapy</td>
<td>Specializes in children, adolescents, adults, and family therapy, ADHD, anxiety, anger, depression, social skills, and parenting.</td>
<td>324 East St. John Street, Suite F, Spartanburg, SC 29302</td>
<td>(864) 278-0070</td>
<td></td>
<td>Web: shannonrogertherapy.com</td>
</tr>
<tr>
<td>† Stacey L. Jackson, LPC</td>
<td>Offers counseling services specializing in domestic violence, PTSD, trauma, sexual abuse, personality disorders, sexuality, and spirituality.</td>
<td>2375 East Main Street, Suite A-105, Spartanburg, SC 29307</td>
<td>(864) 398-9322</td>
<td>Email: <a href="mailto:sljacksonlpc@gmail.com">sljacksonlpc@gmail.com</a></td>
<td>Payment: accepts Medicaid</td>
</tr>
<tr>
<td>Skylyn Counseling</td>
<td>Specializes in couples therapy, family and individual therapy, parenting supports, depression, anxiety, and conflict resolution.</td>
<td>503 West 2nd Street, Spartanburg, SC 29301</td>
<td>(864) 585-5010</td>
<td>Email: <a href="mailto:landa@skylynconsulting.com">landa@skylynconsulting.com</a></td>
<td>Web: <a href="http://www.skylynconsulting.com">www.skylynconsulting.com</a></td>
</tr>
<tr>
<td>* Spartanburg Area Mental Health</td>
<td>Offers service to adults, children, and their families affected by significant mental illness or emotional disorders.</td>
<td>250 Dewey Avenue, Spartanburg, SC 29303</td>
<td>(864) 585-0366</td>
<td>24 Hour Emergency On Call: (864) 585-0366</td>
<td>Deaf/Hard of Hearing Emergency: Hours: <a href="mailto:deafhotline@scdmh.org">deafhotline@scdmh.org</a></td>
</tr>
<tr>
<td>* Transitions Therapy</td>
<td>Specializes in adolescents 16+, adults, and veterans.</td>
<td>175 Magnolia Street, Suite 104, Spartanburg, SC 29306</td>
<td>(864) 497-2882</td>
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<tr>
<td>Trinity Place, LLC</td>
<td>Offers individual and family counseling, specializing in LGBT and transgender individuals, and anxiety.</td>
<td>236 Union Street, Suite 2, Spartanburg, SC 29302</td>
<td>(864) 649-6272</td>
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</tr>
<tr>
<td>* Turning Leaves for Children</td>
<td>Offers therapy for children, specializing in trauma, grief, and high conflict divorce cases.</td>
<td>601 West Main Street, Spartanburg, SC 29301</td>
<td>(864) 598-9461</td>
<td>Web: turningleavesforchildren.com</td>
<td></td>
</tr>
<tr>
<td>† Upstate Psychiatric Associates</td>
<td>Offers services to all ages, specializing in ADD/ADHD, refractory, neuroendocrine assessments, genetic testing, disorders of amino acid metabolism, and affective disorder.</td>
<td>1330 Boiling Springs Road, Suite 2800, Spartanburg, SC 29303</td>
<td>(864) 585-0328</td>
<td></td>
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</tr>
<tr>
<td>WellSource Counseling, LLC</td>
<td>Specializes in children, adolescents, adults, couples, family, anxiety, self-esteem, addiction and dual diagnosis.</td>
<td>101 North Pine Street, Suite 210, Spartanburg, SC 29302</td>
<td>(864) 990-4324</td>
<td>Email: <a href="mailto:wellsourcecounseling.spartanburg@gmail.com">wellsourcecounseling.spartanburg@gmail.com</a></td>
<td>Web: <a href="http://www.wellsourcounseling.com">www.wellsourcounseling.com</a></td>
</tr>
<tr>
<td>Transitions Therapy</td>
<td>Specializes in adolescents 16+, adults, and veterans.</td>
<td>175 Magnolia Street, Suite 104, Spartanburg, SC 29306</td>
<td>(864) 497-2882</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Winzai Amadi Counseling Services</td>
<td>Specializes in children, adolescents, adults, ADHD, severe emotional and behavioral disturbance, substance abuse, trauma, and parenting issues.</td>
<td>700 Squires Point, Unit B, Duncan, SC 29334</td>
<td>(864) 249-3756</td>
<td>Email: <a href="mailto:winzai.amadi6@gmail.com">winzai.amadi6@gmail.com</a></td>
<td>Web: <a href="http://www.winzaiamadi.com">www.winzaiamadi.com</a></td>
</tr>
</tbody>
</table>
Union County

Rehabilitation

Union County Commission on Alcohol and Drug Abuse
Provides adult and adolescent counseling and support services for substance use/abuse.
201 South Herndon Street
P.O. Box 844
Union, SC 29379
Phone: (864) 429-1667
Payment: accepts Medicaid and offers a sliding scale

Support Services

SC Vocational Rehabilitation Department
Prepares and assists individuals with disabilities for employment.
131 North Main Street
Jonesville, SC 29353
Phone: (864) 475-5000
Web: www.scvrd.net

Therapy

*^ Union Mental Health Center
Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
130 Medical Sciences Drive
Union, SC 29379
Phone: (864) 427-1224
24-Hour Emergency On-Call Services:
1(800) 277-1366
Deaf/Hard of Hearing after hours contact: deafhotline@scdmh.org
Payment: accepts Medicaid, offers a sliding scale
York County

Rehabilitation

Keystone Substance Abuse Services
Provides inpatient and outpatient services for substance use/abuse, and prevention and education programs.
199 South Herlong Avenue
Rock Hill, SC 29732
Phone: (803) 324-1800
Email: info@keystoneyork.org
Web: www.keystoneyork.org
Payment: accepts Medicaid

Rock Hill Treatment Specialists
Offers outpatient rehabilitation services for individuals dependent or addicted to narcotics.
1274 East Main Street
Rock Hill, SC 29730
Phone: (803) 526-7666
Email: rockhilltreatment@gmail.com
Web: www.rockhilltreatment.com

Support Services

NAMI Piedmont Tri-County
Provides free education, support groups, and advocacy to people with a mental illness and their families.
421 Oakland Avenue
Rock Hill, SC 29730
P.O. Box 3626
Rock Hill, SC 29732
Phone: (803) 610-8174
Email: NamiPTC@gmail.com
Web: www.namipiedmont.org

SC Vocational Rehabilitation Department
Prepares and assists individuals with disabilities for employment.
1020 Heckle Boulevard
Rock Hill, SC 29732
Phone: (803) 327-7106
Web: www.scvrd.net

Therapy

Affinity Health Center
A full-service family practice offering a wide range of healthcare services including counseling and mental health services.
455 Lakeshore Parkway
Rock Hill, SC 29730
300 Clinton Avenue
Clove, SC 29710
120 East Elliot Street
Fort Mill, SC 29715
37 Pinckney Street
York, SC 29745
Phone: (803) 909-6363
Email: info@affinityhealthcenter.org
Web: www.affinityhealthcenter.org
Payment: accepts Medicaid and offers a sliding scale

*Anderson Counseling and Education
Offers counseling for children, adolescents, adults, couples, and families, specializing in self-esteem, trauma, sexual abuse, grief, depression, anxiety, marital counseling, and play therapy.
100 Stone Village Drive, Suite 104-B
Fort Mill, SC 29708
Phone: (980) 404-2365
Web: www.andersonedcounsel.org
Payment: accepts Medicaid and offers a sliding scale

Ann Clark, MA, LPC
Offers counseling for children, adolescents, adults, couples, and families, specializing in depression, anxiety, anger, stress, addiction recovery, and spiritual matters.
830 North Jones Avenue
Rock Hill, SC 29730
Phone: (803) 448-0086
Web: www.rockhillcounselor.com
Payment: accepts Medicaid and offers a sliding scale

Bridgebuilders Family and Youth Services, Inc.
Offers therapy for children, adults, adolescents, families, and groups.
2025 Ebenezer Road, Suite G-2
Rock Hill, SC 29732
Phone: (803) 619-6900
Email: info@BBFYS.com
Web: www.bbfys.com

*Brown Clinical Services
Offers counseling for children, adolescents, adults, couples, and families, specializing in grief, abuse, behavior, ADHD, ODD, PTSD, anger, depression, anxiety, and attachment.
1612 Ebenezer Road, Suite 203
Rock Hill, SC 29732
Phone: (803) 328-1624
Email: info@brownclincialserv.com
Web: www.brownclinicalservice.com
Payment: accepts Medicaid
Carolina Community Counseling
Offers child, adolescent, adult, and family counseling, specializing in conflict, coping, anxiety, emotional disturbance, stress, depression, and relationships.
2012 West Highway 160, Suite 9
Fort Mill, SC 29708
Phone: (866) 652-0093
Email:kristen@carolinacommunitycounseling.org
Web: carolinacommunitycounseling.org

Charlotte Counseling and Consulting, PLLC
Offers therapy for children, adults, adolescents, couples, and families, specializing in addiction, behavior, trauma, and emotional disturbance.
454 South Anderson Road, Suite 134
Rock Hill, SC 29730
Phone: (704) 771-4633
Email:j.funderburg@cccpllc.com
Web: jamarrfunderburg.wixsite.com/website
Payment: accepts Medicaid and offers a sliding scale

Christian Counseling Center
Offers counseling for adults, couples, and groups, specializing in marriage and relationships, anxiety, stress, depression, grief, and self-esteem.
229 Johnston Street
Rock Hill, SC 29730
Phone: (803) 325-5603
Email: roger@christiancounseling3.com
Web: www.christiancounseling3.com

Catawba Community Mental Health Center
Offers services to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
448 Lakeshore Parkway, Suite 205
Rock Hill, SC 29730
Phone: (803) 328-9600
York Adult Services
205 Piedmont Boulevard, Suite 100
Rock Hill, SC 29732
Phone: (803) 327-2012
Catawba Family Center (Child, Adolescents, and Families Clinic)
448 Lakeshore Parkway, Suite 110
Rock Hill, SC 29730
Phone: (803) 329-3177

Carolina Counseling Center
Offers therapy for individuals, couples, and families, specializing in anxiety, depression, PTSD, stress, and anger.
1721 Ebenezer Road, Suite 215
Rock Hill, SC 29732
Phone: (803) 366-7404
Web: www.juliusmeyer.com

Charlotte Counseling and Consulting, PLLC
Offers therapy for children, adults, adolescents, couples, and families, specializing in addiction, behavior, trauma, and emotional disturbance.
454 South Anderson Road, Suite 134
Rock Hill, SC 29730
Phone: (704) 771-4633
Email:j.funderburg@cccpllc.com
Web: jamarrfunderburg.wixsite.com/website
Payment: accepts Medicaid and offers a sliding scale

Executive Counseling
Offers counseling for children, adolescents, adults, and families, specializing in Christian counseling, addiction, trauma, grief, depression, anxiety, and relationships.
Fort Mill, SC 29708
Phone: (803) 220-2618
Web: www.executivecounseling.org
Payment: accepts Medicaid and offers a sliding scale

Fort Mill Psychotherapy
Offers therapy for adolescents, adults, couples, and families, specializing in addiction, self-esteem, relationships, grief, stress, parenting, and coping.
100 Stone Village Drive
Fort Mill, SC 29708
Phone: (855) 588-2532
Web: fortmillpsychotherapy.com

Four Seasons Counseling Services
Offers counseling and therapy for adolescents, adults, couples, and families, specializing in depression, anxiety, grief, stress, relationships, and transitions.
454 South Anderson Road, Suite 305A
Rock Hill, SC 29730
Phone: (803) 327-0058
Web: www.dcoopertherapist.com

Hyatt Counseling, LLC
Offers counseling for children, adolescents, adults, and families, specializing in trauma, grief, anxiety, addiction, depression, and change.
2106 Celanese Road
Rock Hill, SC 29732
Phone: (803) 307-4647
Email: info@michellehyatt.com
Web: www.michellehyatt.com
Payment: offers a sliding scale

Inner Transformation Therapeutic Services, PLLC
Offers counseling for children, adolescents, and adults specializing in trauma, grief, anxiety, depression, relationships, and stress.
331 East Main Street
Rock Hill, SC 29730
Phone: (980) 209-3222
Email: info@innertransformationpllc.com
Web: innertransformationpllc.com
Payment: accepts Medicaid

Journeys of Life Therapeutic Resources
Offers counseling to children, adolescents, adults, and families, specializing in depression, self-esteem, life stressors, and anger.
2025 Ebenezer Road, Suite G
Rock Hill, SC 29732
Phone: (803) 280-4618
Email: info@journeysoflifetherapy.com
Web: journeysoflifetherapy.com
Payment: accepts Medicaid

Hyatt Counseling, LLC
Offers counseling for children, adolescents, adults, and families, specializing in trauma, grief, anxiety, addiction, depression, and change.
2106 Celanese Road
Rock Hill, SC 29732
Phone: (803) 307-4647
Email: info@michellehyatt.com
Web: www.michellehyatt.com
Payment: offers a sliding scale

Inner Transformation Therapeutic Services, PLLC
Offers counseling for children, adolescents, and adults specializing in trauma, grief, anxiety, depression, relationships, and stress.
331 East Main Street
Rock Hill, SC 29730
Phone: (980) 209-3222
Email: info@innertransformationpllc.com
Web: innertransformationpllc.com
Payment: accepts Medicaid

Journeys of Life Therapeutic Resources
Offers counseling to children, adolescents, adults, and families, specializing in depression, self-esteem, life stressors, and anger.
2025 Ebenezer Road, Suite G
Rock Hill, SC 29732
Phone: (803) 280-4618
Email: info@journeysoflifetherapy.com
Web: journeysoflifetherapy.com
Payment: accepts Medicaid

Hyatt Counseling, LLC
Offers counseling for children, adolescents, adults, and families, specializing in trauma, grief, anxiety, addiction, depression, and change.
2106 Celanese Road
Rock Hill, SC 29732
Phone: (803) 307-4647
Email: info@michellehyatt.com
Web: www.michellehyatt.com
Payment: offers a sliding scale
<table>
<thead>
<tr>
<th><strong>Kim Engel-Hughes, LPC</strong></th>
<th><strong>Milestone Counseling, LLC</strong></th>
</tr>
</thead>
</table>
| Offers counseling to adults and families, specializing in anxiety, OCD, depression, relationships, abuse, LGBT issues, food allergies, trauma, and parenting.  
1700 First Baxter Crossing, Suite 204  
Fort Mill, SC 29732  
Phone: (803) 547-1106  
Email: kengelhughestherapy@gmail.com  
Web: www.engelhughestherapy.com | Offers counseling for children, adolescents, and adults, specializing in trauma, anxiety, depression, EMDR, and borderline personality disorder.  
150 BW Thomas Drive, Suite 105  
Fort Mill, SC 29708  
Phone: (803) 616-1691  
Email: rebeccagray@milestonecounselingllc.com  
Web: milestonecounselingllc.com  
Payment: offers a sliding scale |

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<thead>
<tr>
<th><strong>Dr. Lois Vernon</strong></th>
<th><strong>New Hope Carolinas</strong></th>
</tr>
</thead>
</table>
| Provides individual, couples, and family counseling, specializing in depression, anxiety, parenting support, grief, work and career issues, stress, addiction, and conflict.  
229 Johnston Street  
Rock Hill, SC 29730  
Phone: (803) 448-6333  
Web: www.drloisveronen.com | A psychiatric residential treatment facility for adolescents ages 12-21, specializing in emotional and behavioral issues, trauma, self-injury, anger, substance abuse, intellectual disability, PTSD, developmental disability, and mood disorders.  
101 Sedgewood Drive  
Rock Hill, SC 29732  
Phone: (877) 328-9300  
Web: www.newhopetreatment.com  
Payment: accepts Medicaid |

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<thead>
<tr>
<th><strong>Lucy Bedenbaugh, M.ed, LPC</strong></th>
<th><strong>North Central Family Medical Center</strong></th>
</tr>
</thead>
</table>
| Provides therapy for adolescents, adults, and couples, specializing in relationship issues, coping skills, anxiety, addiction, depression, grief, trauma, and life transitions.  
1624 Ebenezer Road  
Rock Hill, SC 29732  
Phone: (803) 274-1567  
Web: www.lucybedenbaughlpc.com | A community health center offering counseling services.  
1131 Saluda Street  
Rock Hill, SC 29370  
Phone: (803) 325-7744  
Web: www.northcentralmed.com  
Payment: accepts Medicaid and offers a sliding scale |

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<tr>
<th>*** Palermo Counseling Services**</th>
<th>*** Palermo Counseling Services**</th>
</tr>
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</table>
| Offers counseling for children, adolescents, and families, specializing in behavior, school issues, ADD/ADHD, substance use, anger, mood disorders, stress, relationships, and attachment.  
302 Tm Hall Street  
Fort Mill, SC 29715  
Phone: (803) 322-0447  
Email: palermocounseling@gmail.com  
Web: palermocounseling.wixsite.com/palermocounseling2 | Offers counseling for children, adolescents, adults, and families, specializing in clinical evaluation/diagnostic assessment, depression, anxiety, ADHD, CBT, DBT, substance abuse, and anger.  
1721 Ebenezer Road, Suite 225  
Rock Hill, SC 29732  
Phone: (803) 329-9639  
Web: palmettocounselingconsulting.com |

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<thead>
<tr>
<th>*** † Safe Passage Children’s Advocacy Center**</th>
<th>*** RideAbility Therapeutic Riding Center**</th>
</tr>
</thead>
</table>
| Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.  
104 Oakland Road  
Rock Hill, SC 29730  
Phone: (803) 327-7558  
Web: www.safepassagesc.org | Offers equine therapy for children, adults, and families with special needs to promote emotional, social, physical and psychological wellbeing.  
937 Stallion Spirit Trail  
Clover, SC 29710  
Phone: (803) 222-6008  
Email: rideabilitysc@gmail.com  
Web: www.rideabilitysc.com |
Burke County Rehabilitation

**Burke Recovery**
Offers addiction treatment for adolescents, adults, and families, including outpatient and residential services, and recovery support. 
203 White Street 
Morganton, NC 28655 
Phone: (828) 433-1221 
Web: www.burkerecovery.com 
Payment: accepts Medicaid 

**Groups Recover Together**
Offers Suboxone treatment and therapy for opiate addiction. 
214 Avery Avenue 
Morganton, NC 28655 
Phone: (800) 683-8313 
Email: info@joinGroups.com 
Web: www.joingroups.com 

**Archway Counseling**
Offers outpatient drug and alcohol addiction treatment services for adolescents and adults. 
222 West Union Street 
Morganton, NC 28655 
Phone: (828) 475-1804 
Payment: accepts Medicaid 

**Burke County Children's Advocacy Center - Gingerbread House**
Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required. 
408 South Green Street 
Morganton, NC 28655 
Phone: (828) 430-9949 
Email: burkecac@southmountain.org 
Web: www.southmountain.org/childrens-advocacy-centers/

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**Stepping Stones Counseling Services, LLC**
Offers therapy for children, adolescents, adults, couples, and families, specializing in play therapy, depression, anxiety, trauma, relationships, and work conflicts. 
1365 Ebenezer Road 
Rock Hill, SC 29732 
Phone: (803) 817-7837 
Web: steppingstonescounselingsc.com 
Payment: accepts Medicaid 

**Susan H. Bullard, LISW-CP**
Provides psychotherapy for children, adolescents, and adults, specializing in anxiety, codependency, depression, grief, life transitions, relationships, self-esteem, and trauma. 
1624 Ebenezer Road 
Rock Hill, SC 29732 
Phone: (803) 599-8869 
Web: www.susanbullardtherapy.com 

**Sweet Fire Counseling**
Offers counseling for adults, couples, families, and groups, specializing in relationships, infidelity, anxiety, depression, ADHD, grief, trauma, and personality disorders. 
229 Johnston Street 
Rock Hill, SC 29730 
Phone: (803) 524-3480 
Web: www.sweetfirecounseling.com 

**The Mediation and Family Services Center, Inc.**
Offers counseling for adults and families, specializing in anxiety, depression, grief, marital difficulties, and Family Court Mediation. 
1477 Ebenezer Road 
Rock Hill, SC 29732 
Phone: (803) 389-6222 
Web: www.mediationandfamily.com 
Payment: accepts Medicaid 

**The Saluda Counseling Center**
Offers psychotherapy for children, adolescents, adults, couples, and families, specializing in art therapy, medication management, depression, anxiety, grief, trauma, stress, PTSD, addiction, chronic illness, and ADHD. 
2400 West Main Street 
Rock Hill, SC 29732 
2955 Highway 160W 
Fort Mill, SC 29708 
Phone: (803) 327-6103 
Email: contactus@thesaludacenter.net 
Web: www.thesaludacenter.org 

**Thompson Community Counseling Center**
Offers counseling services for children, adolescents, and families, specializing in depression, anxiety, anger, trauma, family conflict, divorce, ODD, and communication. 
377 Rubin Drive, Suite 204 
Fort Mill, SC 29708 
Phone: (704) 376-7180 
Web: www.thompsonccf.org 
Payment: accepts Medicaid 

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The Cognitive Connection
Offers substance use treatment services including assessments, dual disorder treatment, employment training, cognitive behavioral intervention, peer support, outpatient services, group therapy, and suboxone treatment.
350 East Parker Road
Morganton, NC 28655
Phone: (828) 391-5026
Email: info@thecogcon.com
Web: www.thecogcon.com
Payment: accepts Medicaid and offers a sliding scale

Therapy

*^ A Caring Alternative
Offers therapy and intensive in-home services for children and adolescents, and offers therapy and support services for adults, specializing in mental health and substance use disorders.
301 East Meeting Street
617 South Green Street, Suite 200, Suite 102
Morganton, NC 28655
Phone: (828) 437-3000
Email: info@caringalternative.com
Web: www.caringalternative.com

^ Burke Integrated Health
Offers therapy for individuals, families and groups, psychiatric care and medication management, peer support, and substance abuse services including suboxone treatment, intensive outpatient treatment, outpatient treatment, and dual-diagnosed treatment.
301 East Meeting Street, Suite 101
Morganton, NC 28655
Phone: (828) 624-0300
Email: info@burkeintegratedhealth.com
Web: burkeintegratedhealth.com
Payment: accepts Medicaid and offers a sliding scale

^ Catawba Valley Behavioral Healthcare
Offers a day treatment program, residential services, peer support, crisis services, and outpatient treatment for individuals with intellectual developmental disabilities or behavioral health disorders.
301 East Meeting Street, Suite 104
Morganton, NC 28655
Phone: (828) 624-1900
Web: www.cvbh.org

Clear Perspective, LLC
Offers therapy for children, adolescents, and adults, specializing in EMDR, anxiety, Autism, ADHD, behavioral difficulties, depression, eating disorders, grief, PTSD, trauma, substance abuse, LGBT, and marital difficulties.
140 Beach Street
Morganton, NC 28655
Phone: (828) 475-0149
Email: clearperspective@clearperspective.co
Web: www.clearperspective.co
Payment: accepts Medicaid

^ Focus Behavioral Health Services, LLC
Offers services for youth and their families, including day treatment, outpatient, residential, intensive in-home, and equine assisted learning services.
207 Queen Street
Morganton, NC 28655
Phone: (828) 439-8191
Web: www.focusbhs.com

^ Fresh Start Counseling Center
Offers counseling for children, adolescents, adults, couples, and families, specializing in relationship issues, grief, anxiety, depression, parenting, stress management, substance abuse, physical and sexual abuse, and spiritual issues.
512 E Fleming Drive
Morgantown, NC 28655
Phone: (828) 443-0005
Email: holly@fscounselingcenter.com
Web: www.fscounselingcenter.com
Payment: accepts Medicaid

Karen G. Steele, PLLC
Offers counseling for adolescents, adults, and couples, specializing in trauma, PTSD, stress, spirituality, anxiety, depression, chronic pain, grief, life transitions, and relationship issues.
216 North Sterling Street, Suite C
Morganton, NC 28655
Phone: (828) 477-4319
Web: www.karensteele.org

Life Works Counseling Practice
Offers counseling for children, adolescents, and adults, specializing in depression, anxiety, relationships, grief, stress management, parenting, conflict resolution, behavioral problems, ADHD, and play therapy.
205 East Union Street
Morganton, NC 28655
Phone: (828) 433-9190
Email: lifework@bellsouth.net
Web: www.lifeworksnc.com
* **Mimosa Christian Counseling Center**
  Offers counseling for children, adolescents, adults, couples, and families, specializing in depression, anxiety, stress, trauma, abuse, marital concerns, and relationships.
  220 Burkemont Avenue
  Morganton, NC 28655
  Phone: (828) 433-5600
  Web: mimosachristiancounseling.org

**One Love Periodic Services, Inc.**
Offers behavioral health services including clinical assessment, outpatient services, medication management, intensive in-home services, and residential services.
103 North Green Street
Morganton, NC 28655
Phone: (828) 433-4567
Web: www.oneloveservices.com

† **Options of Burke County**
A domestic violence, rape, and sexual assault shelter, education, and advocacy center offering domestic violence support groups and therapy for victims of domestic violence, rape, sexual assault, or child abuse.
PO Box 2512
Morganton, NC 28655
Phone: (828) 438-9444
Web: www.optionsburkecounty.org

**Patricia Hawkins Wells, MDiv, PsyD, NCFBPPC**
Offers counseling for adults and couples, specializing in anxiety, depression, trauma, PTSD, grief, women’s issues, marital concerns, and spirituality.
200 North King Street
Morganton, NC 28655
Phone: (919) 698-8098
Web: drpatriciawells.clientsecure.me

* **The Counseling Group**
Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in anxiety, PTSD, abuse, addiction, substance use disorder, depression, parenting, stress management, play therapy, ADHD, Autism, grief, and relationships.
305 East Union Street, Suite B113
Morganton, NC 28655
Phone: (828) 322-8736
Email: contact@thecounselinggroup.com
Web: www.thecounselinggroup.com

**Wisdom Path, PLLC**
Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in relationships, trauma, compulsive behaviors, depression, anxiety, and bipolar disorder.
220 West Union Street
Morganton, NC 28655
Phone: (828) 475-6544
Email: wisdompathnc@gmail.com

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**Catawba County Rehabilitation**

**New Season Hickory Metro Treatment Center**
Offers services to treat opioid addiction including medication-assisted treatment, counseling, medically supervised withdrawal, and outpatient services.
1152 Lenoir Rhyne Boulevard Southeast
Hickory, NC 28601
Phone: (828) 485-1320
Email: hickory.nc@cmlgp.com
Web: www.newseason.com

**The Cognitive Connection**
Offers substance use treatment services including assessments, dual disorder treatment, employment training, cognitive behavioral intervention, peer support, outpatient services, group therapy, and suboxone treatment.
929 15th Street Northeast
Hickory, NC 28601
Phone: (828) 327-6026
Adolescent Services
4330 Viola Sipe Drive
Conover, NC 28613
Phone: (828) 256-3436
Email: info@thecogcon.com
Web: www.thecogcon.com
Payment: accepts Medicaid and offers a sliding scale
**Therapy**

**Access Family Services**
Offers services for children, adolescents, adults, and families, specializing in trauma, crisis management, intensive in-home services, and medication management.
738 4th Street Southwest
Hickory, NC 28602
Phone: (828) 468-8624
Email: smclean@accessfamilyservices.com
Web: www.accessfamilyservices.com

**Catawba Valley Behavioral Healthcare**
Offers a day treatment program, residential services, peer support, crisis services, and outpatient treatment for individuals with intellectual developmental disabilities or behavioral health disorders.
327 1st Avenue Northwest
Hickory, NC 28601
Phone: (828) 695-5900
Web: www.cvbh.org

**Brian S. Hissom & Associates, PLLC**
Offers counseling for children, adolescents, adults, and families, specializing in ADHD, anxiety, depression, anger, social skills development, pain and chronic health problem management, and sleep.
321 7th Street Northeast, Suite B
Hickory, NC 28601
Phone: (828) 465-2195
Web: www.hickorycounseling.com

**Children’s Advocacy and Protection Center of Catawba County**
Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.
4360 County Home Road
Conover, NC 28613
Phone: (828) 465-9296
Web: www.crossroadscounseling.org

**Cornerstone Counseling Center**
Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in addiction, anxiety, ADD, depression, divorce, eating disorders, grief, parenting, stress, spiritual issues, and trauma.
439 1st Avenue Northwest
Hickory, NC 28601
Phone: (828) 322-4941
Email: ccc.cornerstonescounselingnc@gmail.com
Web: www.cornerstonecounselingnc.org

**Catawba Valley Behavioral Healthcare**
Offers counseling for children, adolescents, adults, and families, specializing in trauma, crisis management, intensive in-home services, and medication management.
738 4th Street Southwest
Hickory, NC 28602
Phone: (828) 468-8624
Email: smclean@accessfamilyservices.com
Web: www.accessfamilyservices.com

**Crossroads Counseling Center**
Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in grief, divorce, depression, anxiety, sexual and physical abuse, ADHD, attachment, parenting, dissociative disorders, spiritual issues, trauma, Autism spectrum, and early childhood issues.
255 18th Street Southeast
Hickory, NC 28602
Phone: (828) 327-6633
Web: www.crossroadsCounseling.org
Payment: accepts Medicaid

**Family Guidance Center**
Offers counseling for children, adults, adolescents, couples, and families, specializing in depression, anxiety, child abuse, behavior, parenting, eating disorders, relationships, grief, trauma, sexual assault, and stress.
17 Us Highway 70 Southeast
Hickory, NC 28602
Phone: (828) 322-1400
Email: familyguidance@fgcservices.com
Web: www.fgcservices.com
Payment: offers a sliding scale

**Greater Hickory Cooperative Ministry Free Clinic**
Offers counseling, mental health, and substance abuse assessments.
31 1st Avenue Southeast
Hickory, NC 28602
Phone: (828) 327-0979
Email: info@ccmhickory.org
Web: www.ccmhickory.org
Payment: free (must be adults and meet clinic income and insurance guidelines)

**Growing Tree Counseling Center, PLLC**
Offers counseling for children, adolescents, adults, couples, and families, specializing in relationship issues, addiction, trauma, depression, anxiety, anger, grief, and stress.
715 Fairgrove Church Road
Southeast, Suite 202
Conover, NC 28613
Phone: (828) 638-5907
Web: www.grow-nc.com
Hickory Psychiatric Center
Offers psychiatric services for adults, specializing in stress, anxiety, mood disorder, medication management, and other behavioral health issues.
24 2nd Avenue Northeast, Suite 201
Hickory, NC 28601
Phone: (828) 324-9900
Email: info@hickorypsychiatriccenter.com
Web: hickorypsychiatriccenter.com
Payment: accepts Medicaid and offers a sliding scale

Juanita Brown, PLLC
Offers counseling for children, adolescents, adults, and groups, specializing in trauma, PTSD, EMDR, depression, anxiety, and peer support.
Hickory, NC 28601
Phone: (828) 201-4442
Web: www.brownwalsh.com
Payment: accepts Medicaid and offers a sliding scale

JumpStart Counseling Services
Offers counseling for adolescents, adults, couples, and families, specializing in depression, anxiety, trauma, PTSD, anger management, marital and family problems, substance abuse, and ADHD.
729 1st Avenue Southwest
Hickory, NC 28602
Phone: (828) 302-3868
Web: jumpstartcounselingservice.com
Payment: offers a sliding scale

Life Recreated
Offers counseling for adolescents, adults, couples, and families, specializing in ADHD, anxiety, depression, emotion regulation, substance use disorders, grief, and relationships.
825 3rd Avenue Northwest, Suite 2
Hickory, NC 28601
Phone: (704) 534-7110
Email: brenton@liferecreatednc.com
Web: www.liferecreatednc.com

* Marriage and Family Therapy Services
Offers therapy for children, adolescents, adults, couples, and families, specializing in premarital therapy, divorce, play therapy, and parenting.
832 2nd Avenue Northwest
Hickory, NC 28601
Phone: (828) 328-4673
Web: www.powertothrive.com

* New Directions Counseling Services
Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in EMDR, abuse, Autism, ADHD, relationships, stress, anxiety, depression, grief, PTSD, self-esteem, codependency, social phobia, and life transitions.
201 Government Avenue Southwest, Suite 305
Hickory, NC 28602
Phone: (828) 267-1740
Web: www.newdirectionsncs.com
Payment: accepts Medicaid

Renovo Christian Counseling
Offers counseling for adults and couples, specializing in marriage and premarital counseling, parenting, divorce, depression, anxiety, grief, stress, anger, and conflict resolution.
Piedmont Center, Suite 122
1375 Lenoir Rhyne Boulevard, Southeast
Hickory, NC 28602
Phone: (828) 446-4341
Email: info@renovoforlife.com
Web: www.renovoforlife.com

* * Support, Inc.
Offers services for children, adolescents, and adults, including family centered treatment, intensive in-home services, medication management, substance abuse programs, and individual, family, and group therapy.
1053 13th Street Southeast
Hickory, NC 28602
Phone: (704): 865-3525
Web: www.supportinc.org

* The Counseling Group
Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in anxiety, PTSD, abuse, addiction, substance use, depression, parenting, stress, play therapy, ADHD, Autism, relationships, and grief.
106 Third Avenue NE
Hickory, NC 28601
Phone: (828) 322-9130
Email: contact@thecounselinggroup.com
Web: www.thecounselinggroup.com

* Seeds of Hope Counseling, PLLC
Offers counseling for children, adolescents, adults, families, and groups, specializing in stress, chronic illness, anxiety, depression, gender and sexuality, the LGBT+ community, play therapy, and education advocacy.
231 13th Avenue PL NW, Suite A
Hickory, NC 28601
Phone: (828) 457-8597
Web: www.seedsofhopepllc.com
Payment: accepts Medicaid

* Stepping Stones of Newton
Offers counseling for children, adolescents, adults, families, and groups, specializing in autism, depression, oppositional behavior, anger, ADHD, relationships, anxiety, divorce, grief, and regulation issues.
20 East 1st Street
Newton, NC 28658
PO Box 245
Phone: (828) 467-3900
Email: steppingstones@charter.net
Web: steppingstonesofnewton.com

* Stepping Stones of Newton
Offers counseling for children, adolescents, adults, including family centered treatment, intensive in-home services, medication management, substance abuse programs, and individual, family, and group therapy.
1053 13th Street Southeast
Hickory, NC 28602
Phone: (704): 865-3525
Web: www.supportinc.org

* The Counseling Group
Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in anxiety, PTSD, abuse, addiction, substance use, depression, parenting, stress, play therapy, ADHD, Autism, relationships, and grief.
106 Third Avenue NE
Hickory, NC 28601
Phone: (828) 322-9130
Email: contact@thecounselinggroup.com
Web: www.thecounselinggroup.com

* Therapy of Hickory
Offers therapy for children, adolescents, adults, couples, and families, specializing in autism, depression, PTSD, eating disorders, depression, self-esteem, ODD, pain, play therapy, art therapy, EMDR, grief, and anxiety.
1015 2nd Street Northeast, Suite 210
Hickory, NC 28601
Phone: (828) 409-6743
Email: davidkadans@hushmail.com
Web: www.therapyofhickory.com

* Therapy of Hickory
Offers therapy for children, adolescents, adults, couples, and families, specializing in autism, depression, PTSD, eating disorders, depression, self-esteem, ODD, pain, play therapy, art therapy, EMDR, grief, and anxiety.
1015 2nd Street Northeast, Suite 210
Hickory, NC 28601
Phone: (828) 409-6743
Email: davidkadans@hushmail.com
Web: www.therapyofhickory.com
Cleveland County

Rehabilitation

^ Crossroads Treatment Centers of Cleveland County
Provides outpatient rehabilitation for opiate addiction.
1895 East Dixon Boulevard
Shelby, NC 28150
Phone: (828) 429-4499
Web: crossroadstreatmentcenters.com
Payment: accepts Medicaid

* † ^ Phoenix Counseling and Crisis Centers
Offers mental health, substance abuse, sexual assault, and crisis services for children, adolescents, and adults.
Cleveland Crisis & Recovery Center
609 North Washington Street
Shelby, NC 28150
Phone: (704) 751-3693
Shelby Outpatient
200-2 South Post Road
Shelby, NC 28152
Phone: (704) 476-4106
Web: www.phoenixcc.us
Payment: accepts Medicaid and offers a sliding scale

† Cleveland County Abuse Prevention Council, Inc.
Offers services for survivors of domestic violence and sexual assault and to homeless women and children including individual and group therapy for adolescents and adults.
407 West Warren Street
Shelby, NC 28150
Phone: (704) 487-9325
Domestic Violence and Sexual Assault Crisis Line: (704) 481-0043
Web: apcouncil.wordpress.com
Payment: offers a sliding scale

Therapy

Art of Therapy Center
Offers counseling for children, adolescents, and adults, specializing in play therapy, infant mental health services, faith-based counseling, and parenting.
103-1 North Lafayette Street
Shelby, NC 28150
Phone: (980) 484-2111
Web: www.artoftherapycenter.com
Payment: accepts Medicaid and offers a sliding scale

Expeditionary Counseling
Offers counseling for children, adolescents, adults, couples, and families, specializing in depression, anxiety, marriage, anger management, conflict resolution, grief, life transitions, OCD, spiritual issues, and stress disorders.
1050 Sam Lattimore Drive
Shelby, NC 28152
Phone: (704) 200-9343
Web: expeditionarycounseling.com
Payment: accepts Medicaid and offers a sliding scale

Inner Healing Solutions, Inc.
Offers therapy for children, adolescents, adults, couples, and families, specializing in trauma, PTSD, anxiety, depression, and relationships.
2007 East Dixon Boulevard
Shelby, NC 28152
Phone: (704) 466-3022
Web: innerhealingsolutions.com
Payment: offers a sliding scale
LDH Counseling and Consulting, PLLC
Offers counseling for adolescents, adults, couples, and families, specializing in dual diagnosis, domestic violence, coping, depression, grief, anxiety, substance use, bipolar disorder, ADHD, and trauma
331 South Washington Street
Shelby, NC 28150
Phone: (704) 734-9247
Payment: offers a sliding scale

Shelby Wellness and Therapy Center
Offers counseling for individuals, couples, and families, specializing in depression, anxiety, grief, parenting, stress, conflict, postpartum depression, and substance abuse.
809 North Lafayette Street, Suite A
Shelby, NC 28150
Phone: (704) 284-0554
Email: info@shelbytherapy.com
Web: www.shelbytherapy.com
Payment: accepts Medicaid and offers a sliding scale

Preferred Choice Healthcare
Offers counseling for children, adolescents, adults, couples, and families, specializing in domestic violence, anger management, EMDR, parenting, play therapy, substance abuse, and trauma.
1243-4 East Dixon Boulevard
Shelby, NC 28152
Phone: (704) 487-4000
Web: www.pchnc.com
Payment: accepts Medicaid and offers a sliding scale

Sarah Philbeck, PLLC
Offers counseling for adults, couples, families, and groups, specializing in art therapy, trauma, abuse, depression, anxiety, addiction, grief, anger management, and stress management.
621-A South Lafayette Street
Shelby, NC 28150
Phone: (704) 837-2022
Email: counseling@sarahphilbeck.com
Web: www.sarahphilbeck.com

Stacie Camp Bennett
Offers counseling for adolescents, adults, couples, and groups, specializing in trauma, abuse, addiction, mood disorders, anxiety disorders, chronic pain, grief, and relationships.
213 South Trade Street, Suite B
Shelby, NC 28152
Phone: (704) 301-8093
Web: stacie-bennett.clientsecure.me
Payment: offers a sliding scale

* * The Children’s Advocacy Center of Cleveland County
Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.
101 Trade Street
Shelby, NC 28150
Phone: (704) 600-6025
Email: info@shelbytherapy.com
Web: www.shelbytherapy.com
Payment: accepts Medicaid and offers a sliding scale

Cold Water Counseling
Offers counseling for adolescents, adults, couples, and families, specializing in caregiver support, spiritual crisis, trauma, grief, stress, aging issues, and school issues.
1607 Rankin Lake Road
Gastonia, NC 28052
Phone: (704) 765-2059
Email: david@coldwatercounseling.com
Web: www.coldwatercounseling.com

* Creative Perspectives, PLLC
Offers therapy for children, adults, adolescents, couples, and families, specializing in ADHD, animal assisted therapy, women’s issues, career counseling, anxiety, and autism.
127 South Main Street
Mt Holly, NC 28120
Phone: (704) 759-6525
Web: creativeperspectivestherapy.com
Payment: offers a sliding scale
<table>
<thead>
<tr>
<th>Name</th>
<th>Services</th>
<th>Address</th>
<th>Phone</th>
<th>Web</th>
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</thead>
<tbody>
<tr>
<td>Debbie Crane, LCSW/ACSW</td>
<td>Offers counseling for adults, specializing in depression, PTSD, anxiety, trauma, grief, divorce, stress, and addiction.</td>
<td>Gastonia, NC 28052 111 East 3rd Avenue</td>
<td>(704) 874-0065</td>
<td><a href="http://www.debbiecrane.com">www.debbiecrane.com</a></td>
</tr>
<tr>
<td>Essential Journey Counseling, PLLC</td>
<td>Offers counseling for adolescents, adults, couples, families, and groups, specializing in relationship issues, family conflict, depression, sexual assault, and coping skills.</td>
<td>Gastonia, NC 28054 609 North Highland Street</td>
<td>(704) 435-7954</td>
<td><a href="http://www.gastoniacounselor.com">www.gastoniacounselor.com</a></td>
</tr>
<tr>
<td>Gaston Family Health Services</td>
<td>A patient-centered medical home offering behavioral health services specializing in anxiety, depression, stress, substance use, mood, pain, behavior, attention, and relationships.</td>
<td>Bessemer City, NC 28016 119 West Pennsylvania Avenue</td>
<td>(704) 629-3465</td>
<td><a href="http://www.gfhs.info">www.gfhs.info</a></td>
</tr>
<tr>
<td>Gaston Family Medical Center</td>
<td>Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in depression, anxiety, parenting, grief, stress management, bullying, conflict resolution, academic needs, and attention deficit.</td>
<td>Gastonia, NC 28052 991 West Hudson Boulevard</td>
<td>(704) 853-5010</td>
<td><a href="http://www.gfhsinfo.com">www.gfhsinfo.com</a></td>
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<td>Gillian Squillacioti, LPC</td>
<td>Offers counseling for adolescents, adults, and couples, specializing in anxiety, depression, grief, self-esteem, the LGBT community, and mood disorders.</td>
<td>Gastonia, NC 28054 435 West Union Road, Suite 6</td>
<td>(704) 772-4700</td>
<td><a href="http://www.healingandhopecounselingcenter.com">www.healingandhopecounselingcenter.com</a></td>
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<tr>
<td>* Genuine Counseling Services</td>
<td>Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in depression, anxiety, parenting, grief, stress management, bullying, conflict resolution, academic needs, and attention deficit.</td>
<td>Gastonia, NC 28052 332 South York Street</td>
<td>(704) 396-6547</td>
<td><a href="mailto:help@genuinecounselingservice.com">help@genuinecounselingservice.com</a></td>
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<tr>
<td>* Healing and Hope Counseling Center</td>
<td>Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in depression, anxiety, anger, stress, grief, adjustment disorders, ADHD, ODD, abuse, trauma, self-injurious behavior, and parenting.</td>
<td>Gastonia, NC 28052 419 South York Street</td>
<td>(704) 865-8722</td>
<td>healingandhopecounselingcenter.com</td>
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<tr>
<td>* Hope Psychiatric</td>
<td>Offers therapy for individuals, specializing in psychiatric evaluations, mood disorders, medication management, anxiety, addiction, ADHD, PTSD, and crisis intervention.</td>
<td>Gastonia, NC 28054 438 East Union Avenue</td>
<td>(704) 576-4935</td>
<td>jacquelinenajafianlmft.com</td>
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<td>Infinite Beginnings</td>
<td>Offers psychosocial rehabilitation day programs for adults with a severe mental disorder.</td>
<td>Gastonia, NC 28052 201 West 2nd Avenue, Suite E</td>
<td>(704) 671-4047</td>
<td><a href="http://www.infinitebeginningsnc.org">www.infinitebeginningsnc.org</a></td>
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<tr>
<td>* Janet Nekooas LMFT</td>
<td>Offers counseling for children, adolescents, adults, couples, and families, specializing in depression, adjustment disorders, anxiety, trauma, grief, substance use, and ADHD.</td>
<td>Gastonia, NC 28054 427 Catawba Street</td>
<td>(704) 861-0380</td>
<td><a href="http://www.jneckoo.com">www.jneckoo.com</a></td>
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<tr>
<td>† Jacqueline Najafian, LMFT</td>
<td>Offers therapy for children, adolescents, adults, couples, and families, specializing in divorce, anger, anxiety, grief, PTSD, sexual abuse, and stress.</td>
<td>Gastonia, NC 28054 1562-A Union Road</td>
<td>(704) 854-9595</td>
<td><a href="http://www.jneckoo.com">www.jneckoo.com</a></td>
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<tr>
<td>* Healing and Hope Counseling Center</td>
<td>Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in depression, anxiety, anger, stress, grief, adjustment disorders, ADHD, ODD, abuse, trauma, self-injurious behavior, and parenting.</td>
<td>Gastonia, NC 28052 419 South York Street</td>
<td>(704) 865-8722</td>
<td>healingandhopecounselingcenter.com</td>
</tr>
<tr>
<td>† Janet Nekooas LMFT</td>
<td>Offers counseling for children, adolescents, adults, couples, and families, specializing in depression, anxiety, stress, and addiction.</td>
<td>Gastonia, NC 28054 201 West 2nd Avenue, Suite E</td>
<td>(704) 671-4047</td>
<td><a href="http://www.infinitebeginningsnc.org">www.infinitebeginningsnc.org</a></td>
</tr>
<tr>
<td>† Jacqueline Najafian, LMFT</td>
<td>Offers therapy for children, adolescents, adults, couples, and families, specializing in divorce, anger, anxiety, grief, PTSD, sexual abuse, and stress.</td>
<td>Gastonia, NC 28054 1562-A Union Road</td>
<td>(704) 861-0380</td>
<td><a href="http://www.jneckoo.com">www.jneckoo.com</a></td>
</tr>
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<td>Infinite Beginnings</td>
<td>Offers psychosocial rehabilitation day programs for adults with a severe mental disorder.</td>
<td>Gastonia, NC 28052 201 West 2nd Avenue, Suite E</td>
<td>(704) 671-4047</td>
<td><a href="http://www.infinitebeginningsnc.org">www.infinitebeginningsnc.org</a></td>
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<td>Provider</td>
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<td><strong>New Hope Counseling and Wellness</strong></td>
<td>Offers counseling for children, adolescents, adults, and families, specializing in trauma, play therapy, substance abuse, pastoral counseling, depression, and anxiety.</td>
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<td><strong>Patterson Psych Group, PLLC</strong></td>
<td>Offers counseling for children, adolescents, adults, couples, and families, specializing in play therapy, depression, anxiety, trauma, PTSD, OCD, and conduct disorder.</td>
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<td><strong>Progress and Peace Counseling</strong></td>
<td>Offers counseling for children, adolescents, adults, couples, and families, specializing in play therapy, anxiety, depression, grief ADHD eating disorders, divorce, child and adolescent behavioral issues, school-related concerns, and relationship issues.</td>
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<td><strong>Providential Counseling</strong></td>
<td>Offers counseling for children, adolescents, adults, and families, specializing in ADHD, anxiety, anger, behavioral disorders, substance use, autism, and dual diagnosis.</td>
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<td><strong>Reach Counseling Solutions, PLLC</strong></td>
<td>Offers counseling for adolescents and adults, specializing in anxiety, depression, adjustment, anger, and behavioral concerns.</td>
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<td><strong>Round Table Coaching &amp; Consulting</strong></td>
<td>Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in mood disorders, trauma, PTSD, coping skills, anxiety, stress, anger management, and substance abuse.</td>
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<td><strong>South Point Counseling</strong></td>
<td>Offers counseling for children, adults, adolescents, couples, and families, specializing in depression, anger, grief, ADHD, phobias, anxiety, and parenting.</td>
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<td><strong>Steps for Success Family Services, LLC</strong></td>
<td>Offers counseling for children, adolescents, adults, couples, and families, specializing in anger, mood disorders, art therapy, anxiety, trauma, depression, conduct disorder, sexual aggression, abuse, and relationships.</td>
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<tr>
<td><strong>The Cathy Mabry Cloninger Center</strong></td>
<td>Offers services to victims of domestic violence including individual and group therapy and support groups.</td>
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<tr>
<td><strong>Veronda Bellamy</strong></td>
<td>Offers counseling for adolescents, adults, couples, and groups, specializing in substance abuse, women's issues, coping skills, learning disabilities, dual diagnosis, and life coaching.</td>
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</tbody>
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* denotes additional services or specializations.
Henderson County

Rehabilitation

Premier Treatment Specialists
Offers treatment for opioid dependence, specializing in medication assisted treatment.
400 Beverly Hanks Center
Hendersonville, NC 28792
Phone: (828) 595-9558
Web: premierhendersonville.com

Vance Recovery
An opioid dependence treatment center offering medication assisted treatment and counseling services.
510 Dabney Drive, Suite B
Hendersonville, NC 27536
Phone: (252) 572-2625
Web: www.vancerecovery.com
Payment: accepts Medicaid

Support Services

NAMI Four Seasons
Provides free education, support groups, and advocacy to people with a mental illness and their families.
P.O. Box 2108
Hendersonville, NC 28793
Phone: (888) 955-6264
Email: info@namifourseasons.org
Web: www.namifourseasons.org

Therapy

Adrienne Maurin, LCSW
Offers counseling for adults, couples, and families, specializing in depression, anxiety, trauma, PTSD, mood disorders, impulse control disorders, ADHD grief, sexual abuse, stress, and women’s issues.
110 Williams Street
Hendersonville, NC 28792
Phone: (828) 301-0770
Email: adrienne.maurin@gmail.com
Web: www.adriennemaurin.com
Payment: accepts Medicaid and offers a sliding scale

Betsy Comingore, MS, LPC, BCN
Offers counseling for children, adolescents, and adults, specializing in anxiety, depression, ADHD, sleeping issues, impulsivity, emotional reactivity, and mood regulation.
1216 6th Avenue W, Suite 200, Unit 4
Hendersonville, NC 28739
Phone: (828) 799-0220
Email: betsyclpc@gmail.com
Web: betsyclpc.wixsite.com/heartandmind

^ Advent Health Hendersonville Behavioral Services
Offers partial hospitalization, intensive outpatient, and outpatient mental health treatment services for adults including medication management, animal therapy, geriatric psychiatric services, and psychiatrist or psychotherapist services.
HOPE Women’s Services is a unit that offers a full range of inpatient psychiatric treatment for women 18 and older.
100 Hospital Drive
Hendersonville, NC 28792
Phone: (828) 681-2282
Web:
adventhealth.com/hospital/adventheal
th-hendersonville/behavioral-care
Payment: accepts Medicaid

^ Blue Ridge Health
A community health center offering behavioral health services for children, adolescents, and adults, specializing in couple, family, and group counseling, addiction, mental health crisis, and somatic therapy.
2579 Chimney Rock Road
Hendersonville, NC 28792
Phone: (828) 692-4289
Web: www.brchs.com
Payment: accepts Medicaid and offers a sliding scale
Brian Dugdale Counseling
Offers counseling for children, adolescents, adults, couples, and families, specializing in addiction, depression, anxiety, and relationship issues.
244 5th Avenue West
Hendersonville, NC 28739
Phone: (828) 283-0573
Email: briandugdale@hotmail.com
Web: www.briandugdale.com

Ceil Mattingly Counseling - Marriage Family Therapist LMFT
Offers counseling for adults, couples, and families, specializing in trauma, PTSD, EMDR, life transitions, anxiety, depression, sexual violence, domestic violence, divorce, and upsetting medical diagnoses.
Hendersonville, NC 28739
Phone: (828) 388-1558
Web: www.ceilmattingly.com

Cochran Christian Counseling
Offers counseling for adults, couples, and families, specializing in trauma, PTSD, EMDR, life transitions, anxiety, depression, and relationship issues.
611 North Church Street, Suite 204
Hendersonville, NC 28792
Phone: (828) 290-7968
Web: www.cochranchristiancounseling.com

Compassionate Counseling and Psychotherapy
Offers counseling for adults, specializing in stress management, coping with chronic illness, life changes, smoking cessation, pain management, and weight management.
1303 5th Avenue West, Suite B
Hendersonville, NC 28793
Phone: (828) 697-0160
Email: klscoettingham@bellsouth.net
Web: compassionatecounselingforyou.com

** ^ Doc Ann Counseling & Health Consultation
Offers counseling for children, adolescents, adults, couples, and families, specializing in anxiety, depression, family and relationship issues, parenting, stress management, health issues, and weight management.
Hendersonville, NC 28739
Phone: (828) 782-0343
Email: consult@docann.com
Web: www.docann.com
Payment: offers a sliding scale

Dona Menz, MS, LPC, LCAS
Offers counseling for adolescents, adults, and groups, specializing in life transition, depression, anxiety, trauma, addiction, and EMDR.
2684 A Greenville Highway
Flat Rock, NC 28731
Web: www.donamenz.com
Payment: offers a sliding scale

Eastern Sun Counseling
Offers counseling for adolescents, adults, couples, and families, specializing in depression, anxiety, stress, trauma, relationship issues, EMDR, Asperger’s disorder, and life transitions.
160 White Street
Hendersonville, NC 28739
Phone: (828) 785-8406
Web: www.easternsuncounseling.com

** ^ Family Preservation Services
Offers services for children, adolescents, and adults, specializing in medication management, outpatient therapy, school-based therapy, substance use, day treatment, psychosocial rehabilitation, and peer support services.
120 Chadwick Square Court
Hendersonville, NC 28739
Phone: (828) 697-4187
120 South Grove Street
Hendersonville, NC 28791
Phone: (828) 697-2660
Web: www.pathways.com

Fostering Real Change Counseling Services, Inc.
Offers counseling for adolescents, adults, couples, families, and groups, specializing in depression, anxiety, trauma, substance use, and addiction.
220 3rd Avenue West, Suite A
Hendersonville, NC 28739
Phone: (828) 376-0000
Email: info@fosteringrealchange.com
Web: www.fosteringrealchange.com
Payment: offers a sliding scale

Full Circle
Offers therapy for adolescents, adults, couples, families and groups, specializing in depression, anxiety, eating disorders, anger management, substance abuse, bipolar disorder, psychosis, schizophrenia, personality disorders, OCD, PTSD, and self-harm.
322 8th Avenue East
Hendersonville, NC 28739
Phone: (828) 222-0401
Email: info@fullcircleswc.org
Web: www.fullcircuitwc.org
Payment: offers a sliding scale

Grover Family Therapy
Offers counseling for adolescents, adults, couples, and families, specializing in depression, anxiety, trauma, substance use, and addiction.
425 Linda Vista Drive
Hendersonville, NC 28792
Phone: (828) 523-9912
Email: grovertherapy@gmail.com
Web: www.groverfamilytherapy.com
Payment: offers a sliding scale

The Free Clinics
Offers short-term counseling and a bi-monthly psychiatric clinic.
841 Case Street
Hendersonville, NC 28792
Phone: (828) 697-8422
Web: www.thefreeclinics.org
Payment: maintains eligibility requirements for services including county residency, lack of insurance, and income guidelines
* Kintsugi Healing
Offers counseling for children, adolescents, adults, and families, specializing in trauma, anxiety, depression, play therapy, and stress.
121 3rd Avenue West
Hendersonville, NC 28792
Phone: (828) 290-5126
Email: kati@kintsugihealingcounseling.com
Web: kintsugihealingcounseling.com

Peggy Bintz, PMHNP-BC
Offers services to adults, couples, and families, specializing in medication management, ADHD, anxiety, autism spectrum, bipolar disorder, depression, mood disorder, OCD, ODD PTSD schizoaffective disorders, and women’s issues.
558 Fleming Street, Suite A
Hendersonville, NC 28739
Phone: (828) 697-8444
Web: peggybintznp.wordpress.com
Payment: accepts Medicaid

Resilient Journeys
Offers counseling for adults, couples, and groups, specializing in depression, anxiety, borderline personality disorder, bipolar disorder, trauma, domestic violence, substance use, anger management, chronic pain management, and LGBTQ issues.
220 3rd Avenue West, Unit A
Hendersonville, NC 28739
Phone: (828) 376-0055
Web: www.resilientjourneysnc.com
Payment: accepts Medicaid and offers a sliding scale

Mountain Counseling Associates, LLC
Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in mood disorders, anxiety disorders, trauma, PTSD, pain management, child and adolescent behavior problems, developmental disabilities, family and relationship issues, and veterans issues.
110 Williams Street
Hendersonville, NC 28792
Phone: (828) 692-7300
Web: mountaincounseling.com/
Payment: accepts Medicaid

Mountain Creative Arts
Offers therapy for adults and groups, specializing in art therapy, trauma, anxiety, depression, EMDR, and trauma-informed counseling.
307 North Main Street, Suite 9-10
Hendersonville, NC 28792
Phone: (828) 785-4789
Email: kgilmore@mountaincreativearts.com
Web: www.mountaincreativearts.com

Shirley Nicholson Counseling
Offers counseling for adolescents, adults, and couples, specializing in depression, anxiety, OCD, self-esteem, relationship issues, and infertility counseling.
131 4th Avenue West, Suite 216
Hendersonville, NC 28792
Phone: (828) 242-7806
Email: shirleynicholson@gmail.com
Web: shirleynicholsoncounseling.com
Payment: offers a sliding scale

Tammy Maxey, MS, LPC, LCAS, CEDS
Offers counseling for adolescents and adults, specializing in eating disorders, anxiety, depression, addiction, mood disorders, personality, and self-harm.
120 Chadwick Square Court, 2nd Floor, Suite D
Hendersonville, NC 28739
Phone: (828) 696-6985
Email: tammaxey@gmail.com
Web: hendersonvillecounseling.com

Terri Morgan, M.Ed., LPC, LCAS
Offers counseling for adults, couples, and groups, specializing in depression, anxiety, relationship issues, family issues, substance abuse, personality disorders, mood disorders, and sexual trauma.
244 5th Avenue West
Hendersonville, NC 28739
Phone: (828) 333-7931
Web: www.terrilmorgan.com

Wellness Within Counseling
Offers counseling for adults and groups, specializing in trauma, PTSD, dissociative disorders, depression, anxiety, anger management, and relationship issues.
840 Fleming Street, Suite 2
Hendersonville, NC 28791
Phone: (828) 692-8097
Web: wellnesswithinncounseling.net

* † Safelight
Believe Child Advocacy Center
Offers services for survivors of interpersonal violence, sexual assault, and child abuse including counseling for children, adolescents, and adults.
133 Fifth Avenue West
Hendersonville, NC 28792
Phone: (828) 693-3840
Email: info@safelightfamily.org
Web: www.safelightfamily.org
Payment: counseling services are free

Wellness Within Counseling
Offers counseling for adults and groups, specializing in trauma, PTSD, dissociative disorders, depression, anxiety, anger management, and relationship issues.
840 Fleming Street, Suite 2
Hendersonville, NC 28791
Phone: (828) 692-8097
Web: wellnesswithinncounseling.net
Lincoln County

Rehabilitation

* † ^ Phoenix Counseling and Crisis Centers
Offers mental health, substance abuse, and sexual assault services for children, adolescents, and adults.
Lincoln Outpatient
510 South Aspen Street
Lincolnton, NC 28092
Phone: (704) 735-7325
Lincoln Wellness Center
311 McBee Street
Lincolnton, NC 28092
Phone: (704) 732-0018
Web: www.phoenixcc.us
Payment: accepts Medicaid and offers a sliding scale

Support Services

Infinite Beginnings
Offers psychosocial rehabilitation day programs for adults with a severe mental disorder.
526 East Main Street
Lincolnton, NC 28092
Phone: (704) 671-4047
Web: www.infinitebeginningsnc.org
Payment: accepts Medicaid and offers a sliding scale

Therapy

* Breakthrough Mental Health Counseling
Offers counseling for children, adolescents, and adults, specializing in anxiety, anger management, depression, eating disorders, phobias, play therapy, relationships, self-esteem, stress, and women’s issues.
2485 NC-16 Business
Denver, NC 28037
Phone: (980) 247-0301
Email: alexis@breakthroughmentalhealth.com
Web: breakthroughmentalhealth.com

Counsel for Hope
Offers counseling for children, adolescents, adults, couples, and families, specializing in addiction, codependency, ADHD, abuse, anger, anxiety, grief, eating disorders, depression, and relationships.
119 Fuchia Lane
Lincolnton, NC 28092
Phone: (704) 201-9063
Email: info@counselforhope.com
Web: www.counselforhope.com
Payment: accepts Medicaid and offers a sliding scale

Charles Counseling & Consulting
Offers counseling for children, adolescents, adults, couples, and families, specializing in relationship issues, grief, anxiety, depression, parenting, and stress management.
2589 East Main Street, Suite 102
Lincolnton, NC 28092
Phone: (980) 263-0458
Email: appointments@chalescounselingconsulting.com
Web: charlescounselingconsulting.com

GFHS Lincolnton Family Medicine
A patient-centered medical home offering behavioral health services specializing in anxiety, depression, stress, substance use, mood, pain, behavior, attention, and relationships.
212 Gamble Drive, Suite C
Lincolnton, NC 28092
Phone: (704) 735-7145
Web: www.gfhs.info
Payment: offers a sliding scale
<table>
<thead>
<tr>
<th><strong>Grace Roads Counseling Center, PLLC</strong></th>
<th><strong>Solid Foundations Counseling Center</strong></th>
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<tbody>
<tr>
<td>Offers counseling for adolescents, adults, couples, and families, specializing in ADD, anxiety, coping skills, depression, grief, parenting, relationships, and substance use. 274 North Highway 16, Suite 100 Denver, NC 28037 125 East Main Street Lincolnton, NC 28092 Phone: (704) 550-4792 Email: <a href="mailto:sbenson317@gmail.com">sbenson317@gmail.com</a> Web: <a href="http://www.groundedingrace.net">www.groundedingrace.net</a> Payment: offers a sliding scale</td>
<td>Offers counseling for children, adolescents, adults, couples, and families, specializing in physical and sexual abuse, mood disorders, ADHD, parenting, defiant behavior, domestic violence, trauma, and relationships. 151 Sigmon Road Lincolnton, NC 28092 311 McBee Street Lincolnton, NC 28092 Phone: (704) 466-0162 Email:<a href="mailto:bobbyfisher@solidfoundationscounseling.com">bobbyfisher@solidfoundationscounseling.com</a> Web:solidfoundationscounseling.com Payment: accepts Medicaid</td>
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<th><strong>^ Hope Psychiatric</strong></th>
<th><strong>Stepping Forward Counseling Services, PLLC</strong></th>
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<tr>
<td>Offers therapy for individuals, specializing in psychiatric evaluations, mood disorders, medication management, anxiety, addiction, ADHD, PTSD, and crisis intervention. 1220 North Flint Street Lincolnton, NC 28092 Phone: (704) 748-9558 Email: <a href="mailto:hopeappointment@gmail.com">hopeappointment@gmail.com</a> Web: <a href="http://www.hopepsychnc.com">www.hopepsychnc.com</a> Payment: accepts Medicaid</td>
<td>Offers counseling for children, adults, and adolescents, specializing in grief, coping, stress, anxiety, depression, transitions, and school issues. 327 North Laurel Street Lincolnton, NC 28092 Phone: (704) 339-7749 Web: stepping-forward-counselingservices-pllc.business.site</td>
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<tr>
<th>*** † Lincoln County Child Advocacy Center**</th>
<th><strong>Youtopia Counseling Services</strong></th>
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<tr>
<td>Offers services for survivors of interpersonal violence, sexual assault, and child abuse including counseling for children, adolescents, and adults. 161 Policarp Street Lincolnton, NC 28092 Phone: (704) 736-1155 Web: cac-lincolncounty.org</td>
<td>Offers counseling for children, adults, adolescents, couples, families, and groups, specializing in depression, grief, parenting, anxiety, coping, addiction, emotional and crisis management, and eating disorders. 388 North Highway 16 Denver, NC 28037 Phone: (980) 231-0955 Web: <a href="http://www.youtopiacounseling.com">www.youtopiacounseling.com</a></td>
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<th><strong>^ A Caring Alternative</strong></th>
<th><strong>CareNet Counseling</strong></th>
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<tr>
<td>Offers therapy, intensive in-home, and day treatment services for children and adolescents, and offers therapy and support services for adults, specializing in mental health and substance use disorders. 361 North Main Street Marion, NC 28752 Phone: (828) 652-5444 Email: <a href="mailto:info@caringalternative.com">info@caringalternative.com</a> Web: <a href="http://www.caringalternative.com">www.caringalternative.com</a></td>
<td>Offers counseling for children, adolescents, adults, couples, and families, specializing in depression, grief, parenting, anxiety, coping, addiction, emotional and crisis management, and eating disorders, and spiritual concerns. 79 Academy Street Marion, NC 28752 Phone: (828) 559-0125 Web: <a href="http://www.carenetnc.org/about/our-regional-centers/western-region/">www.carenetnc.org/about/our-regional-centers/western-region/</a> Payment: offers a sliding scale</td>
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<tr>
<th><strong>† McDowell County Children's Advocacy Center - Lily's Place</strong></th>
<th><strong>† McDowell County Children's Advocacy Center</strong></th>
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</thead>
<tbody>
<tr>
<td>Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required. 378 South Main Street Marion, NC 28752 Phone: (828) 659-5565 Email: <a href="mailto:burkecac@southmountain.org">burkecac@southmountain.org</a> Web: <a href="http://www.southmountain.org/childrens-advocacy-centers/">www.southmountain.org/childrens-advocacy-centers/</a></td>
<td>Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required. 378 South Main Street Marion, NC 28752 Phone: (828) 659-5565 Email: <a href="mailto:burkecac@southmountain.org">burkecac@southmountain.org</a> Web: <a href="http://www.southmountain.org/childrens-advocacy-centers/">www.southmountain.org/childrens-advocacy-centers/</a></td>
</tr>
</tbody>
</table>
Neural–Synergistic–Network & Domestic Appeal
Offers therapy for children, adolescents, adults, couples, and families, specializing in trauma, PTSD, neurofeedback, relationship issues, anxiety, depression, grief, and anger.
150 North Madison Street
Marion, NC 28752
Phone: (828) 460-3411
Email: neurosynergists@gmail.com, deanneackley@earthlink.net
Web: www.domesticappeal.com

^ RHA Health Services
Offers services for children, adolescents, adults, families, and groups, specializing in diagnostic assessment, child and adolescent day treatment services, domestic violence, peer supports, medication management, and substance abuse.
486 Spaulding Road, Suite B
Marion, NC 28752
Phone: (828) 652-2919
Email: laura.mcilvaine@rhanet.org
Web: www.rhahealthservices.org
Payment: accepts Medicaid

* ^ Blue Ridge Health
A community health center offering behavioral health services for children, adolescents, and adults, specializing in couple, family, and group counseling, addiction, mental health crisis, and somatic therapy.
155 West Mills Street
Columbus, NC 28722
Phone: (828) 894-2222
Web: www.brchs.com
Payment: accepts Medicaid and offers a sliding scale

* ^ Family Preservation Services
Offers services for children, adolescents, and adults, specializing in medication management, outpatient therapy, school-based therapy, substance use, day treatment, psychosocial rehabilitation, and peer support services.
96 White Drive
Polk, NC 28722
Phone: (828) 894-2290
Web: www.pathways.com

* ^ FENCE Therapeutic Riding of Tryon
Offers therapeutic riding and equine assisted activities for children, adolescents, and adults with physical, developmental, and cognitive disabilities.
3381 Hunting Country road
Tryon, NC 28782
Phone: (828) 859-9315
Email: horseshow@fence.org
Web: www.fence.org/trot

Angela Gupta-Thomas, PhD, LCSW
Offers counseling for children, adolescents, adults, couples, and families, specializing in abuse, trauma, anger management, anxiety, coping skills, stress, chronic illness/pain, depression, disordered eating, relationships, grief, parenting, and divorce and blended families.
590 South Trade Street
Tryon, NC 28782
Phone: (828) 708-0953
Web: www.angelaguptathomas.com
Payment: accepts Medicaid

Polk County
Therapy
Rutherford County Support Services

NAMI South Mountains, NC
Provides free education, support groups, and advocacy to people with a mental illness and their families.
124 South Powell Street, Suite D
Forest City, NC 28043
Phone: (828) 771-6305
Email: namisouthmountainsnc@gmail.com
Web: namirutherfordclevelandburke.org

Therapy

* ^ Blue Ridge Health
A community health center offering behavioral health services for children, adolescents, and adults, specializing in couple, family, and group counseling, addiction, mental health crisis, and somatic therapy.
187 West Main Street
Spindale, NC 28160
Phone: (828) 288-2881
146 Nesbitt Ridge
Lake Lure, NC 28746
Phone: (828) 625-4400
Web: www.brchs.com
Payment: accepts Medicaid and offers a sliding scale

Flourishing Lives Counseling
Offers child, adult, adolescent, and family counseling, specializing in ODD, ADHD, adjustment, parenting, anxiety, bipolar, depression, divorce, neglect, PTSD, and sexual and physical abuse.
179 West Main Street, Suite 122
Forest City, NC 28043
Phone: (828) 289-7612

Nelson Christian Counseling
Offers counseling for adults, couples, and families, specializing in marriage, PTSD, anxiety, and depression.
179 West Main Street, Suite 122
Forest City, NC 28043
Phone: (828) 513-6491
Web: nelsonchristiancounseling.com

Preferred Choice Healthcare
Offers family, couples, adult, child, and adolescent therapy, specializing in anger, EMDR, trauma, play therapy, substance abuse, and parenting.
182 West Court Street
Rutherfordton, NC 28139
Phone: (828) 287-7806
Web: www.pchnc.com
Payment: accepts Medicaid and offers a sliding scale

† Family Preservation Services
Offers services for children, adolescents, and adults, specializing in medication management, outpatient therapy, school-based therapy, substance use, day treatment, psychosocial rehabilitation, and peer support services.
356 Charlotte Road
Rutherfordton, NC 28139
Phone: (828) 288-8773
139 East Trade Street
Forest City, NC 28043
Phone: (828) 288-2707
Web: www.pathways.com

† Family Resources of Rutherford County - Wanda Paul Children’s Center
Provides services to victims of domestic violence, sexual assault, and child abuse, including counseling for children, adolescents, and adults.
358 East Main Street
Forest City, NC 28043
Phone: (828) 247-1440

Restoration Counseling
Offers adult, couple, and family counseling, specializing in anxiety, grief, depression, blended families, relationships, divorce, transitions, health concerns, and spiritual concern.
2975 Memorial Highway, Suite A
Lake Lure, NC 28746
Phone: (704) 858-2926
Email: maryalisonreitano@gmail.com
Web: restorationcounselingcarolinas.com

† RHA Health Services
Offers child, adolescent, adult, family, and group services, specializing in diagnostic assessment, child and adolescent day treatment services, substance abuse, peer support, and medication management.
132 Commercial Drive, Suite 120
Forest City, NC 28043
Phone: (828) 248-1117
Email: laura.mcilvaine@rhanet.org
Web: www.rhahealthservices.org
Payment: accepts Medicaid

Payment: accepts Medicaid

Solid Foundations Counseling Center
Offers child, adolescent, adult, family, and couples counseling, specializing in parenting, mood, ADHD, defiant behaviors, relationships, domestic violence, trauma, and abuse.
172 South Oak Street, Suite C
Spindale, NC 28160
Phone: (704) 466-0162
Email:bobbyfisher@solidfoundationscounseling.com
Web: solidfoundationscounseling.com
Payment: accepts Medicaid