

# Health Covid-19 Return to Face to Face Site Risk Assessment

**The 3 Point F2F Check**

Only if a 3 point F2F check has been passed, should patients be booked in for F2F Physiotherapy.

- ✓ Clinically indicated
- ✓ Risk assessment passed
- ✓ Consent of patient



<b>Clinic Name</b>	Vitalize Physiotherapy	<b>Reason for Assessment</b>	Reopening for face-to-face appointments
<b>Assessor Name</b>	Simon Noad	<b>Date of Assessment</b>	27/06/2020
<b>Person(s) at Risk</b>	Clients are Therapist		

Likelihood of Risk – Frequency Risk Score (F)		Potential Consequence – Severity Risk Score (S)	
1	Rare	1	Negligible
2	Unlikely	2	Minor
3	Possible	3	Moderate
4	Likely	4	Major
5	Almost Certain	5	Catastrophic

**Risk Rating (R) = F x S**

		Likelihood				
		Rare 1	Unlikely 2	Possible 3	Likely 4	Almost Certain 5
Consequences	Catastrophic 5	5	10	15	20	25
	Major 4	4	8	12	16	20
	Moderate 3	3	6	9	12	15
	Minor 2	2	4	6	8	10
	Negligible 1	1	2	3	4	5

## Tolerability of Risk Post-Control/Mitigation

Risk Rating (R)	Action to be taken
15 - 25	Do not continue with activity; attempt further mitigation with controls
6 - 14	Take action to improve and reassess after additional controls; consider criticality of activity if no further mitigation possible
1 - 5	No further action required; ensure controls are maintained; reassess as necessary in the event of change

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Risk No	Hazard(s)	Risk / Harm Potential	Without Controls			Control measures in place	After Controls		
			F	S	R		F	S	R
1	Clinically vulnerable/Extremely Vulnerable Persons	Patients/staff at greater risk of significant health issues if Covid-19 is contracted	4	4	16	PPE for all staff Hand sanitising protocols for staff and clients All patients screened prior to appointment Advised virtual consultant if patient deemed high risk	2	2	4
2	Staff and patients travelling to and from clinic	Restrictions on maintaining 2 metre recommended social distancing and increased risk of infection as a result	2	2	4	Staff to travel to work independently Patients to come to appointment by themselves, if need to be accompanied must be with a member of own household Staff advised to wash uniform at first opportunity	1	1	1
3	Staff returning to work	Risk to personal health due to reduced social distancing; risk to patients if symptomatic; potential risk to pandemic controls	3	2	6	Staff screened sessionally with screening questions Staff to adhere to self isolating policies and get tested if symptomatic Staff to wear PPE if breaching 1+rule Hand sanitising protocols for staff and clients	2	1	2
4	Clinic site attributes	Location, facilities, space/capacity, communal areas, shared occupancy with other businesses	1	1	1	Very spacious environment 1 patient in and out at a time Social distancing to be observed at all times	1	1	1
5	Access and egress	Shared occupancy or facilities, appointment timing, increased risk of social distancing failures, control of symptomatic visitors	2	2	4	15min gaps between appointments to ensure no cross over of patients No access of symptomatic visitors No access of additional to personnel when clients present	1	1	1

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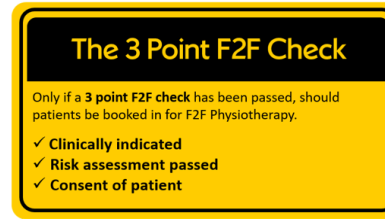
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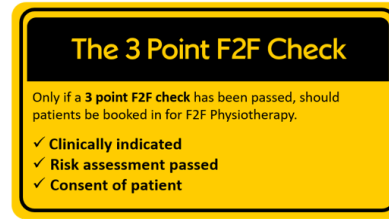
6	Clinic space/capacity	Over-occupation of premises, increased risk of contraction of Covid-19	2	2	4	Only 1 client allowed in treatment room at one time In Communal areas social distancing to be adhered to	1	1	1
7	Staff culture	Non-compliance with procedures; employee tiredness; reduced risk perception leading to shortcuts in safety procedures	1	1	1	Minimal staff involved in company Staff fully briefed and trained Shorter clinics than usual to minimise fatigue Staff will not be allowed to practice if do not follow guidelines	1	1	1
8	Workstations/computers/tablets	Surface contamination transfer of Covid-19 virus	3	2	6	All Workstations/computers/tablets and other equipment to be cleaned following each client	1	1	1
9	High traffic areas	Surface transfer throughout the premises, especially waiting/communal areas; doors, toilets; staff-rooms, kitchens	3	2	6	All high traffic areas to be cleaned at regular intervals throughout the day by the cleaning team (organised by the landlord). Patients advised to adhere to social distancing and not touch unnecessary objects	1	1	1
10	Infection Prevention and Control (IPC)	Risk of contamination of surfaces and equipment	3	3	9	IPC procedures to be followed after each client All surfaces to be cleaned after each client Clients Screened Prior to each appointment	2	2	4
12	Personal belongings	Risk of cross infection from contaminated items in shared storage areas, lockers	3	2	6	Personal belongings of therapists to remain in car outside of clinic Patients advised to bring minimal personal belongings Surfaces that belonging touch to be cleaned following each client	1	1	1

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13	Clinical uniform	Risk of cross infection despite the use of PPE	3	2	6	Staff to change out of uniform at soonest opportunity Uniform to be washed on a daily basis	1	1	1
14	Toilets and showers	Risk of infection from contaminated surface, reduced social distancing	3	3	9	Showers will be closed – not accessible Toilets deep cleaned on cleaned at regular intervals throughout the day by the cleaning team (organised by the landlord).	2	2	4
15	Building and office vestibules	Shared occupancy; risk of symptomatic visitors, cross contamination from hard surfaces	3	3	9	15min gaps between appointments to ensure no cross over of patients No access of symptomatic visitors, all clients screened All surfaces cleaned between clients	1	1	1
16	First aid/basic life support in emergency circumstances	Risk of cross infection	1	2	2	First aid procedures to be followed as normal as per government advice	1	2	2
17	Emergency procedures	Social distancing procedures	1	1	1	Social distancing guidance and hand sanitising produces to be followed at all times.	1	1	1
18	Deliveries	Maintaining social distancing and integrity of access/egress and escape routes	1	1	1	N/A	1	1	1
19	Stress and wellbeing	Mental health wellbeing, feelings of isolation, concerns over pandemic	2	2	4	Regular staff well-being checks by practice manager	1	1	1

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20	Occupational hazards	Skin exposure, dermatitis additional use of hand sanitisers, washing	2	2	4	No skin complaints with staff Moisturising cream to be provided to staff for hands	1	1	1
21	Air movement/ventilation	Lack of natural ventilation in confined spaces increase risk of spread of Covid-19	3	2	6	Windows to be open whenever possible Doors to be open whenever possible Minimise time spent in enclosed spaces	1	1	1