Thinking about contact lenses?

We’ll need to book you in for a contact lens assessment. We can either build this into your regular eye examination by allocating some more time, or schedule it for an alternative day.

Once we select the best contact lenses for you, our practice staff will teach you how to insert and remove your lenses, as well as how to care for them.

This process can be a bit tricky to begin with, so we give you all the support you’ll need to confidently manage this process at home. You’ll soon discover just how easy wearing contact lenses can be.

Depending upon your contact lens prescription, Medicare may cover you for additional costs related to your contact lens assessment and fitting. We will discuss this with you beforehand, so you’re fully informed.
Chances are if you wear glasses, you can wear contact lenses too.

Today’s wide range of contact lenses provide an option for just about everyone. We have the flexibility to meet almost every visual and lifestyle need.

Whether you’re longsighted or shortsighted, you require multi-focal correction or are astigmatic; you too can experience the freedom of contact lenses.

Comfortable to wear
Advances in contact lens technology means that uncomfortable contact lenses are a thing of the past.

Latest contact lenses are made from materials that are highly comfortable and breathable so your eyes remain fresh and lubricated right throughout the day.

We even have ultra-moist contact lenses that are ideal for people who experience the symptoms of dry eye.

Keeping your eyes healthy
Before being fitted for contact lenses, we will assess the health and wellbeing of your eyes to ensure you are ready for contact lens wear.

Contact lenses should not cause any issues for your eye health if you keep to the replacement schedule and correct lens care regime recommended by our practice.

The very few people who do experience eye complications from wearing contact lenses are generally those who fail to follow lens care instructions. This includes wearing lenses past their replacement date, sleeping in lenses that are not approved for overnight wear or poor lens hygiene.

We’ll ask you to return for a check-up within one to two weeks after you begin wearing contact lenses and regularly after that to monitor your eye health.

Many options
There are many choices when it comes to the type of contact lenses you can select. The best solution for you will depend on how often you plan to wear them, whether you’d like to be able to sleep in them, as well as your visual needs and budget.

Daily disposable contact lenses are simply thrown out at night before bed and replaced in the morning with a ‘fresh’ new pair.

Sleep-in, extended wear contact lenses are great for a busy lifestyle and seeing clearly at any time, including first thing in the morning.

Daily care contact lenses can be worn for up to a fortnight or a month depending upon the lens, and are removed and cleaned nightly for reuse the next day.

Multi-focal contact lenses enable people in their 40s and over to see clearly and comfortably at all distances without having to wear glasses.

Contact lenses for astigmatism are available in daily disposable (depending on your prescription), sleep-in, fortnightly and monthly replacement options in the latest designs and breathable materials.

Wearing contact lenses costs around $2 a day. Less than one cup of coffee!