



Chatter - IN THE WOODS -

Read the online version of the CHATTER at

www.redwoodmeadows.ab.ca

Let's get social!

Follow us on:

@Redwood Meadows  

Happy February Redwood! A month full of love for all.

Everyone makes fun of January for being an extra-long feeling month. With the cold snap and cold and flu viruses going around I would suggest people are on point this time.

We hope you enjoy the latest edition of the Chatter. We also hope that you will continue to support us and send us articles and local advertisements.

Our February issue! Familiar faces are back! Fitness with Anne is sharing her tips and a recipe and all our regulars are featured.

Happy Valentine's Day and Family Day! February is fun!

Enjoy reading and as always and if you have suggestions for the Chatter, RMCA programs or events please email: TheChatter@redwoodmeadows.ab.ca.

Thank you,

Jessie Seymour

INSIDE THIS ISSUE

RM Community Association	2
RM February Rink Schedule	4
RM Town Council	5
RM Business Listings	6
RM Emergency Services	7
Bragg Creek CA	9
Fitness with Ann Sullivan	11
Spirits West Merchants	12
Mage Networks Press Release	13
XCBC Events	14
Picapix Puzzle	15
A Simple Soup Recipe	16
RM Babysitters List	17
February Lovers Wine Article	19
Classifieds and Job Listings	20



**RMES brings home its new fire engine!
What a beauty!**



Wonderful February to you,

As we enter the month of love, RMCA would like to thank the families that support all our local non-profit groups. There isn't much that happens in and around Redwood Meadows and Bragg Creek that isn't supported by local volunteers. Volunteers help reduce cost to programs, facility upkeep, events and management. If ever you want to join us amazing volunteers, just drop us an email, phone call or come by our office at Redwood House or Bragg Creek Centre.

In fact, there are opportunities coming up for you to play your part in supporting our communities. There are three groups still looking for casino volunteers to fill day and evening spots. The Little Schoolhouse casino is on February 26/27. Please contact admin@thelittleschoolhouse.ca to find a spot for you. Bragg Creek Community Association's casino takes place in mid-March; please contact prupert@redwoodmeadows.ab.ca. Banded Peak School will run its casino in April; please contact tgizen@gmail.com. Having participated in 10 casinos and signed up for these three, I can vouch for how fun and gratifying it is to take part. No experience is necessary.

RMCA had its first 2020 meeting at the end of January with a full agenda. Topics ranged from grant writing, spring sports and our future bike pump park. We had Adrian from Bow Valley Rugby join us. He's very interested in adding rugby to our grassroots spring sports program. Our sports team will meet with Adrian again in February to see what this could look like. If you want to be part of the discussion, please contact Jessie Seymour, thechatter@redwoodmeadows.ab.ca.

We also had two super volunteers Dave Dunay and Bart Frasca attend. Both have been volunteers for more than 12 years. They are excited about the not-so-new craze of fat biking and are looking at how Redwood can have better and safer trails. We'll keep you up to date as this develops.

Mage Networks has donated \$500 to RMCA to help run our concession through the family week break. The money will cover the cost for a local youth to run the stand. Family skate will be expanded to Sunday, February 17 to Sunday, February 23rd, 11 to 2pm each day. Come enjoy treats like hot chocolate while having a stick/puck-free safe skate. RMCA is always happy to accept donations including anything from providing food at events or new equipment for our spring sports.

We have also set our next two events: paint night with David Zimmerman on Friday, May 1st and the return of the Spring Fling on May 28th. Watch for info in our next Chatter and local Facebook pages.

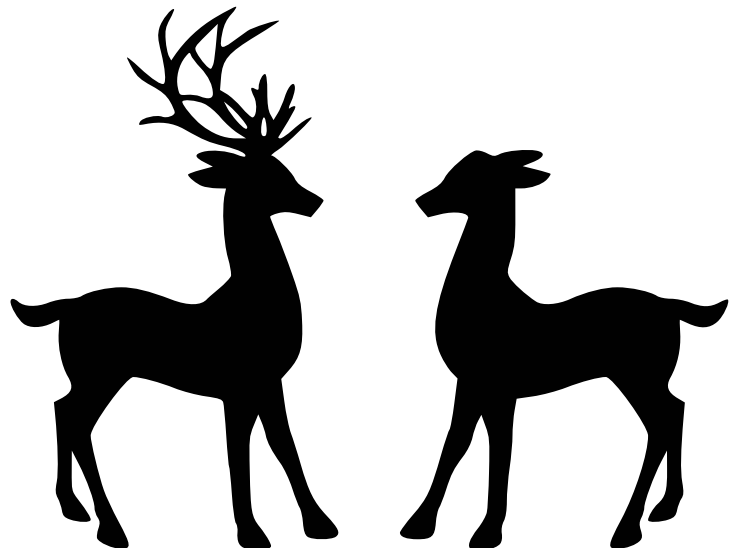
As always, I would like to thank our Townsite Council, admin staff and RMCA team for all they do to keep Redwood Meadows the amazing place we live and play in.

Happy Valentine's to all the love birds, enjoy you family and an extra happy birthday to any leap-year kids.

Yours truly,

Renate van der Zande

rmca-president@redwoodmeadows.ab.ca



CHATTER IN THE WOODS

is a monthly, volunteer-managed publication of the Redwood Meadows Community Association and is distributed via email to residents of Redwood Meadows and the surrounding area. The Chatter is also available online at www.redwoodmeadows.ab.ca.

Receive a link to the Chatter on the first day of each month by emailing us at:
thechatter@redwoodmeadows.ab.ca

A limited number of printed copies is available from the Chatter boxes located at the Redwood House, community mailboxes and at the BCCC in Bragg Creek.

ADVERTISING RATES:

Business Card	\$30/month
Quarter Page	\$44/month
Half Page	\$63/month
Full Page	\$120/month

Payment is required with your advertisement.

Discount rates are offered for six-month or one-year commitments.

The deadline for each edition is no later than the 15th of each month prior to publication. All submitted articles must be signed.

Chatter In The Woods assumes no responsibility for the content or accuracy of articles printed. The views reflected in this newsletter do not reflect the views of the editors.

Contact the Editorial Team at:
thechatter@redwoodmeadows.ab.ca

COUNCIL MEETINGS

Council meetings are held on the first and third Tuesday of every month at 7pm at the Redwood House.

Meeting Agendas are available to the community on the Redwood Meadows website prior to the Council meeting. If there is an agenda item that you would like to see added, please forward it to Peg Rupert our Council Executive Assistant on or by the Friday before the next scheduled Council meeting.

Contact:
admin@redwoodmeadows.ab.ca

COMMUNITY NOTICE

Just a friendly reminder that Tuesday is the new garbage pick up day for Redwood Meadows. Please have your garbage out no earlier than 7:00am.

SAVE THE DATE

Mark your calendar for these upcoming dates:

Friday, Feb. 7th - Banded Peak Fundraiser

Friday, Feb. 14th - Valentine's Day

Monday, Feb. 17th - Family Day

Saturday, Mar. 21st - First day of Spring

HOCKEY RINK

Some of you may have noticed that we have a installed a notice board up at our hockey rink. We will do our best to post information like schedules and rules here, to help keep everyone informed of private bookings or changes to the schedules. See page 4 for the February 2020 Rink Schedule.

February 2020 Rink Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				2	3	1 Bragg Creek Hockey League 8am-3pm
2 Family Skate 11am—2pm (no sticks)	3 Bragg Creek Hockey League 6-7pm Ladies Hockey 7:15-8:15pm	4 Bragg Creek Hockey League 6-8:30pm	5 Bragg Creek Hockey League 6-7pm	6 Bragg Creek Hockey League 6-8:30pm	7	8 Bragg Creek Hockey League 8am-3pm
9 Family Skate 11am—2pm (no sticks)	10 Bragg Creek Hockey League 6-7pm Ladies Hockey 7:15-8:15pm	11 Bragg Creek Hockey League 6-8:30pm	12 Bragg Creek Hockey League 6-7pm	13 Bragg Creek Hockey League 6-8:30pm	14	15 Bragg Creek Hockey League 8am-3pm
16 Family Skate 11am—2pm (no sticks)	17 Bragg Creek Hockey League 6-7pm Ladies Hockey 7:15-8:15pm	18 Bragg Creek Hockey League 6-8:30pm	19 Bragg Creek Hockey League 6-7pm	20 Bragg Creek Hockey League 6-8:30pm	21	22 Bragg Creek Hockey League 8am-3pm
23 Family Skate 11am – 2 pm (no sticks)	24 Bragg Creek Hockey League 6-7pm Ladies Hockey 7:15-8:15pm	25 Bragg Creek Hockey League 6-8:30pm	26 Bragg Creek Hockey League 6-7pm	27 Bragg Creek Hockey League 6-8:30pm	28	29 Bragg Creek Hockey League 8am-3pm



Redwood Meadows Family Week Skate Days Sponsored by Mage Networks

Mage Networks is pleased to announce we are partnering with the RMCA and the Town Council of the Townsite of Redwood Meadows by sponsoring this year's Family Week Skate Days. We are excited to be able to sponsor the concession at the Skate Shack, which will be open from 11am-2pm each day from Sunday, February 16th through to Sunday, February 23rd. Hot dogs, hot chocolate, and the usual snacks will be available during these hours.

At the same time we will enable free public access to our on-site Wi-Fi network in and around the rink. So you'll be able to create and publish your Facebook Live videos with your family right from the ice. Just look for our signage on the Skate Shack to find instructions on how to connect to our Wi-Fi when you get there.

Mage is proud to be a local sponsor of RMCA events, and to provide services that make it easier for you to stay connected while living in Redwood Meadows.

As we move into February let us all hope that Balzac Billy does not see his shadow on Groundhog Day... and that you keep your Valentine close for warmth...

We are excited to announce on behalf of Chief Evans and the RMES the arrival of our brand-new bouncing baby firetruck which was delivered to our Fire Station on the afternoon of January 29th! Congratulations Chief Evans and the whole team. Stay tuned for an upcoming open house where Rob and his team will show it off.

Our new Townsite mobile app is in the final testing stages where several tweaks and additions have been made stemming from suggestions from our "beta" testing team. It will be available soon to the general public for both iPhone and Android. The app will provide users with alerts and information on upcoming events, online forms for standard services, Council meeting minutes and much more. Stay tuned.

Council has been working hard on a composting solution for our community. The solution that we chose has been stalled temporarily. We expect to be able to provide the community with our revised plan shortly.

We continue to update and modernize our bylaws. The weekly updater will be posting upcoming council agendas and any bylaws that will be discussed at the following week's council meeting. Please feel free to offer suggestions prior to the meeting. Council did pass our updated "Emergency Management Bylaw" on our January 24th meeting.

Lease - We have made tremendous progress on the legal side of our lease negotiations in January with most of the legal documents being completed. Council will have an update to share with you very shortly on our overall progress.

The Redwood Meadows Town Council



Community Café

Come join your friends and neighbours
for coffee, tea and homemade treats,
all for just \$3



Everyone is welcome!

Friday, Feb. 7th, 2019

10:30am to noon

At Redwood House

Café is first Friday of each month

REDWOOD MEADOWS COMMUNITY ASSOCIATION - BUSINESS LISTINGS

BCCA	403-949-4277	PROGRAM@BRAGGCREEKCA.COM
BLINDA BILOUR - INTERIOR INSPIRATIONS	403-461-9748	BLINDABILOUINTERIORS.CA
BIG BROTHERS/BIG SISTERS OF CALGARY AND AREA	-	LEILA.MAILLET@BIGBROTHERSBIGSISTERS.CA
BOW VALLEY RUGBY	-	RUGBY34@TELUS.NET
BRAGG CREEK COMMUNITY CHURCH	403-949-2072	BRAGGCREEKCOMMUNITYCHURCH@GMAIL.COM
BRAGG CREEK TREE HUGGERS - PRUNING & REMOVAL	403-589-6594	-
CARE IN THE CREEK	403-949-2457	CAREINTHECREEK@GMAIL.COM
COCHRANE PUBLIC LIBRARY	403-709-0346	ANDREA.JOHNSTON@COCHRANEPUBLICLIBRARY.CA
COUNTRYSIDE FINANCIAL - CANDACE PERKO	403-560-6016	CPERKO@COUNTRYSIDEFINANCIAL.CA
DURANGO TRAILS	403-949-3266	HELLO@DURANGOTRAILS.COM
DIETER HENDRICKSON	403-612-7849	DIETER@REMAXBRAGGCREEK.COM
RESOURCE & SUPPORT SERVICES IN BRAGG CREEK	403-851-2286	WENDY.FARNSWORTH@COCHRANE.CA
FITNESS WITH ANN SULLIVAN	403-689-4835	ANNS@SAFARI.CA
HARDER AND SONS EXTERIOR MAINTENANCE SERVICES INC.	403-949-3442	LOWELL@EXTERIORMAINTENANCE.CA
INDIGENOUS AWARENESS COMMITTEE (IAC)	403-949-3563	-
JEFF MACKINNON, MAXWELL CANYON CREEK	403-860-9525	HOMESINALBERTA.CA
JUICE PLUS	403-650-7762	CARRIE.HUCAL@AOL.COM
KARMIK ELITE PERFORMANCE	403-408-6998	MICHAEL.D.MOORE@HOTMAIL.COM
KATHLEEN LAPLANTE REMAX WEST	403-818-8049	KATHLEENLAPLANTE@REMAX.NET
KAMP KIWANIS	403-686-6325	COMMUNITY@KAMPKIWANIS.CA
LINDA ANDERSON - BARRISTER, SOLICITOR, AND NOTARY	403-243-6400	LINDA@LINDANADERSONLAW.COM
MAMABEFIT	-	STOCMEG@HOTMAIL.COM
MAVERICK LAW	403-949-3339	CARMEN@MAVERICKLAW.CA
MONTESORI HOME - TUTORING (K-12) MATH & LANGUAGE	403-949-2238	-
REDWOOD MEADOWS EMERGENCY SERVICES (NON EMERG)	403-949-2012	WWW.RMESFIRE.ORG CALL 911 IN AN EMERGENCY
REDWOOD MEADOWS TAE KWON DO SCHOOL	403-807-1030	NINEDEGREES@TELUS.NET
REFINING FIRE WELDING - FABRICATION, REPAIR & ART	403-589-6594	-
RMCA	-	RMCA-PRESIDENT@REDWOODMEADOWS.AB.CA
ROBOTICS	403-993-2334	-
ROCKY MOUNTAIN ADVENTURE MEDICINE	403-949-2632	BRENDA.WATT@ADVENTUREMED.CA
SWAMP DONKEY MUSICAL THEATRE SOCIETY	-	TGIZEN@GMAIL.COM
THE LITTLE SCHOOLHOUSE	403-949-3939	WWW.THELITTLESCHOOLHOUSE.CA
WINTERGREEN ATHLETIC THERAPY	403-667-7116	SLMACPHEE@GMAIL.COM
WINTERGREEN GOLF COURSE	403-861-8918	SJACKSON@WINTERGREENGOLF.COM
XC BRAGG CREEK SKI AND BIKE SOCIETY	-	WWW.XCBRAGGCREEK.CA
YOUNGEVITY	403-949-4109	HELENCIRIN@GMAIL.COM



2019 was a busy year for Redwood Meadows Emergency Services (RMES), here's a breakdown on what we did:

Your volunteers responded to **280** calls for service throughout the year. On average, that's a call every 31 hours all year long. Responders get up from bed, watching TV, doing things with their families, or, for many, working at their paying job to answer the call. They drop everything and jump into action every time a 911 call is made in our area.

Of those 280 calls, **139** of them (or 50% of total call volume) were for medical responses to aid residents and visitors of our area. This is why we maintain Primary Care Paramedics on our staff and ensure their training is kept up to date on everything from the current hot

topics in pre-hospital care to the most mundane and 'normal' ailments or injuries we might come across.

The next most common type of call we attended was rescues, of which there were **72** (or 25% of total call volume). This includes everything from motor vehicle collisions to backcountry rescues to unlocking a car with a person (or animal) in distress inside.

Following that were actual fire responses, which numbered **37** (roughly 13% of total calls). Anything actually on fire (or a call type which could have led to a fire, i.e. alarm bells ringing) is in this category. 2019 was unusual in that there was little in the way of a dry season so we didn't see as many outdoor fires as in past years. This doesn't mean that it won't come back with a vengeance, as is plainly obvious in other parts of the world right now. We're going to continue our aggressive push for fire safety and prevention as all fire departments do.

The second-last category is hazmat (hazardous materials) responses, which counted for **6** calls or just over 2% of the total. Things like odors of natural gas or gasoline, or illness from carbon monoxide or other gases or products are included in this category.

Finally, there were **26** (9%) calls we just can't categorize into one of the above groups. These are things such as special hazards calls (electrical problems, trees down on structures/power lines, etc), helping other agencies (assisting police with an incident, or sending our specialized gear to assist in another town or district), and general service calls (picking up debris on the road, etc).

In addition to responding to calls, RMES members attended 48 3-hour training nights (all but 4 Tuesday nights of the entire year), and the standby shifts we staff every weekend of the year (and various holidays in between).

In total, RMES volunteer firefighters contributed a total of **13,105** hours of service in 2019. Thank you to our members' families for supporting them (and the community) through this extensive commitment.

Until next month, stay safe!

Get a local Point of View



Contact us to learn more about your full range of mortgage financing options ~ you're going to like the local point of view.



Candace Perko,
Mortgage Broker
Tel: 403.949.4129

Box 1271 Bragg Creek, AB
cperko@countrysidefinancial.ca
www.countrysidefinancial.ca



Join Us At Our Upcoming Community Events!



BRAGG CREEK
community church

All Welcome!

Sunday Service 10:00 - 11:30am
at Bragg Creek Community Centre
Pastor Dave Zimmerman • braggcreekchurch.ca



Ladies Bible Study

*Mondays (except
school holidays) 10:30am*

Monthly Business Lunches

*Wed, Feb 26, 11:30-1:30pm
(fourth Wed of every month)*

*Visit our **Christian Fiction
& Nonfiction Library***

MEETING SPACE for your small group available!

Contact us at thehub@braggcreekchurch.ca to book your time!

Located in the Bragg Creek Shopping Centre • Balsam Ave

Dr. Karen Massey, REGISTERED PSYCHOLOGIST



Emergo Counselling
... for compassion to action

Helping Individuals and Couples



403- 390-1815 www.emergo.ca

www.FB.com/DrKarenMassey
www.Twitter.com/DrKarenMassey



Bragg Creek Centre

Hello Creekers,

Did you know that the Bragg Creek Community Association will be 62 this year? That is almost half the age of Bragg Creek itself! Since 1958 the BCCA has been the core of this community. In 1968 we became a charitable organization and the original Community Hall was constructed. Sadly 30 years later the Community Hall was destroyed by fire. September 2000 saw

the grand opening of the Community Centre as you know it today and for 16 years this new Centre provided year round events, programs and services to the residents of the Greater Bragg Creek area. Then in January 2016 the Centre was tragically struck again when the fire suppression system suffered a break in the sprinkler lines causing the auditorium to flood. Due to extensive damage and upgrades required, the Centre was forced to close for 10 months. Rocky View County generously funded \$75,000 toward the repairs but the BCCA was left with costs that totaled approximately \$200,000 - draining both our operational funds and reserves. With commitment and perseverance by board members, staff, and community volunteers we have been tirelessly working to regain momentum to get our beautiful Community Centre out of the red and into the black!

Become a Member, we need you!

The Centre is the hub that brings our community together. By purchasing a BCCA annual membership you directly contribute to the success and sustainability that keep our doors open for programs, events, concerts, church, childcare, fundraisers, community gatherings such as Remembrance Day and funeral services, the list goes on and on... buy a membership and show your support/dedication to the amazing community in which you live.

Membership has its perks so call, email or visit us today to get your membership.

403.949.4277 program@braggcreekca.com

Family membership \$40/year

Senior Family or Single membership \$25/year

What's happening at the Centre this month

Upcoming Events

Bragg Creek Performing Arts presents Hillsburn
February 8 - Doors open @ 6:30pm and Concert @ 7:30pm

Adults \$35 | Senior/Student \$33

Hillsburn's indie-rock sound draws on the songwriting focus of folk music, and combines it with a pop sensibility. The band's performances are dynamic, energized, and emotive.

You won't want to miss this band that is already on its way to becoming a national treasure.

Tickets available at www.bcpa.ca

Comedy Night in the Creek!

February 15 - Doors open @ 6:30pm Showtime 7:00pm

Tickets \$25 online | \$30 at the door

Get your laugh on! One night 3 comedians. Join us for an evening of hilarity as we turn the auditorium into a stand-up comedy club!

Featuring: Adam Blank, Malik Elassal and Brad Semotiuk

Tickets available at <https://www.eventbrite.com/e/comedy-night-in-the-creek-tickets-85989431705>

Cash Bar | *This is an 18+ event



Thursday | February 13, 2020 | 6:00 PM

Bragg Creek Centre

RSVP CHRISTINE POLLARD 403.949.4277

PROGRAM@BRAGGCREEKCA.COM



Family Movie Night - Wonder Park

February 28

Members FREE | Non-members \$5.00/person

A fun night for the whole family!

Have the kids dress in their PJ's, grab their pillow and a favorite stuffy so they can get comfy while you all watch a movie on the big screen.

*Parental supervision required

PROGRAMS

Adult Pickleball:

Tuesdays 7:30 – 9:30 pm

Drop in rates:

Members \$5.00 | Non-members \$8.00

Co-ed Adult Ball Hockey:

Wednesdays 7:30 – 9:30 pm *NEW*

Drop in rates:

Members \$5.00 | Non-members \$8.00

Leave the chill of winter and come in for some easy-going fun.

Bring your own plastic or fiberglass stick.

*Eye protection is recommended.

Walking Club:

Wednesdays, meet in the foyer @ 10:30 am

All abilities welcome, FREE

Rumble & Roar:

Thursdays 9:30 – 11:30 am

Member \$2/child | non-member \$5/child

Coffee provided, please bring your own mug

Artsy Afternoon:

Thursdays 1 – 4 pm

Members FREE | Non-Member \$5

Lego Club:

Feb 24, 3:30 – 4:30pm

(third Monday of each month until May 18, 2020)

FREE

If you have a program or event idea or just a comment in general, email us at

program@braggcreekca.com or call

403.949.4277.

Stay warm!

Your BCCA Staff and Board



**Get Honest
Experienced Help
Buying or Selling
Your Home**

*Over 35 Years
Unparalleled
Experience*

DIETER HENDRICKSON

A LEGACY FOUNDED ON
INTEGRITY & EXPERTISE

We are your locally operated RE/MAX office,
providing outstanding service to the greater
Bragg Creek, Redwood Meadows,
Priddis, Black Diamond, Cochrane and
Calgary areas

403-612-7849

dieter@remaxbraggcreek.com

www.remaxbraggcreek.com

RE/MAX (Mountain View) Bragg Creek

Embrace Winter this February

with Ann Sullivan

For people who would rather bake in the sun than freeze in the foothills, February (in fact, all the months between October and April) can be a challenge. But if you can't escape this Canadian winter, why not embrace it? There are so many good reasons to get outside, even when it's cold: fresh air in your lungs, improved mood, reduced stress and maybe even a bit of vitamin

D, which we could all use at these northern latitudes. If you can combine time in the outdoors with exercise and activity, so much the better!

Here are a few tips to get you started:

Find a friend or a group brave enough to commit to getting outside in any and all weather. You might not want to go outside, but knowing there's someone out there waiting for you might be all the motivation you need.

Dress for the weather and for the workout. Instead of one bulky layer that will make it impossible for you to move (think of a three-year-old in a one-piece snowsuit), dress in several light layers. Start with a wool or polypropylene underlayer to wick away sweat, a heavier wool or fleece top to keep you warm and then a shell or jacket to block the wind. Complete your winter ensemble with warm boots, a tuque and gloves or mitts.

All that said, if you'll be spending time outside moving slowly, maybe with young children, then by all means dress in one bulky layer (parka and snow pants) that will keep you warm at lower speeds.

Now that you're dressed and ready, it's time to discover—or rediscover—winter sports. Dust off, rent or borrow skis to get out on the trails. You can easily spend an hour or two on the groomed and trackset trails in Redwood Meadows. If you'd rather walk, run or fat bike, check out the winding paths between the Elbow River and the berm.

About 15 minutes away by car, the trails starting from the West Bragg Creek day use area are perfect for classic and skate skiing, snowshoeing, hiking, biking and horseback riding.

Outdoor winter activities can be fun, social and mood-altering. Think of the bragging rights you'll earn after 30 minutes outside at minus 30! Think of the extra calories you'll burn just trying to stay alive and warm!

Best of all, think of all the people you'll inspire to get outside with you next time.

Have fun!

Ann Sullivan

*Ann leads fitness classes at Redwood House
Monday, Wednesday and Friday from 9 to 10 am.
anns@safari.ca*

WANTED

MAVERICK LAW
BRAGG CREEK ALBERTA

CRIME
Legal advice without attitude

ACCOMPLICES
Honesty, humour, approachability

REWARD
Quality legal services

LAST SEEN
Bragg Creek, Redwood Meadows, Priddis,
Cochrane, and The Alberta Foothills

403-949-3339
www.mavericklaw.ca

Spirits West Merchants

If you're looking to imbibe in a delicious liquor or two, look no further than Spirits West. A boutique liquor store specializing in fine wines, rare whiskeys and craft beer, Spirits West has been locally owned and operated since 1997.

"Our selection is carefully curated, and we strive to provide the best variety across all of our products," says Fred Konopaki, who took over ownership in 2014. "We select our wines from over 15,000 offered in Alberta. Every product is tasted before it is offered to ensure that it meets the strict guidelines we set. Local producers are favoured, but only if they meet the standard."

Variety is also found in pricing at the store. "We aim to provide value at all price points, whether it be \$10 or \$200," says Konopaki.

To help customers find the perfect wine, the wine selection is organized by flavour profiles and tasting notes are available for every wine. This "makes it easier for our guests to find something they enjoy and acts as a guide to try new things while staying within their comfort zone," he explains. "Picking wines based on a country is fruitless now; there is too much variation and the odds of finding something you enjoy are very low."

Sometimes, you just have to taste to decide. That's why there's always something open for tasting at the store. Spirits West also offers educational evening tastings on Fridays, every 4 to 6 weeks. Plus, you can also book private tastings at their harvest table.

Konopaki and his family moved to Bragg Creek eight years ago, and they haven't looked back. "Bragg Creek provides us an open experience conducive to exploration and growth," he says. "We believe in charity and community involvement. We shop local because we believe it strengthens our community."

For more about what's happening in store, sign up for their newsletter at spiritswest.ca.

Spirits West

414-7 Balsam Avenue

403-949-2497

spirits2@telus.net

Monday - Sunday 9:59 am to 8:01 pm

twitter.com/spiritwest

facebook.com/SpiritsWestLiquor/

instagram.com/spiritwestmerchants



SHARON BAYER, Realtor

www.sharonbayer.com ~ sharon@sharonbayer.com

Cell: 403-554-8978



Your local RWM & Greater Bragg Creek real estate expert!

Mage Networks to open office in Bragg Creek

Mage Networks is pleased to announce they will open a new office in Bragg Creek. In the recently re-constructed office space capping the Esso gas station on Balsam Ave, Mage Networks is getting ready to become a full-time local presence in our community. “The current construction timeline has us moving in during the first few days of March,” according to Dr. Sayed (Sisso) El-Hamamsy, CEO of Mage Networks.

“Mage’s story,” recounts Brad Kamphuis, Vice President of Sales, “is a real-life hometown pride tale. Surprisingly few people are aware that Wi-Fi technology—the same technology most people use every day in one location or another—was invented in Calgary.” Mr. Kamphuis, a native Calgarian, goes on to describe how the former CEO of the Calgary company that invented Wi-Fi has moved on to become the CEO of Mage Networks. “Sisso presents as a quiet guy, but he’s impressive in so many ways; a Ph.D. from CalTech, and holder of 46 patents are just the beginning of his story. Now he and his team of Ph.D’s have engineered a way to distribute the already-impressive technology we know as Wi-Fi to people in sparsely-populated or hard-to-reach areas, and do it very cost-effectively.”



Brad Kamphuis, Vice President of Sales



Dr. Sayed (Sisso) El-Hamamsy, CEO

When asked how Mage Networks will benefit our residents, “It’s like this technology was custom-made for the people of the Bragg Creek and Redwood Meadows,” says Dr. El-Hamamsy. “The geologic conditions that make this region so beautiful—mountains, trees, and the river valley—also happen to be the exact condition that make bringing internet to homes in the area so difficult. Current technologies are simply not designed to overcome these obstacles without disrupting the environment. Cellular towers are eyesores to the landscape, which have very limited range within the trees. Alternatively, wired connections are buried, which disturbs the land while also succumbing to frost heaves and river rocks. Mage’s technology, MagiNet™, uses small antennas—some slightly larger than today’s smart phones—that interconnect to each other in short connection distances, called ‘hops’. They can be mounted on existing power poles thereby making very little impact on the tree-scape. And because they’re capable of interconnecting in an unlimited series of hops, our antennas can bring internet access to homes through virtually any terrain. Add to these benefits the fractional cost of our equipment compared to other carrier-grade technologies and you have something really special.”

“Our plans are to begin connecting homes and businesses in the Bragg Creek area in the latter half of March, followed by connecting residences in Redwood Meadows beginning in late April,” states Mr. Kamphuis. “We have some exciting service offerings coming to the community, and are planning a series of progress updates and announcements over the next few months.”

For further information feel free to email info@mage-networks.com, or call 403-272-1535 x105.





SUNCATCHERS DESIGN STUDIO
REGISTER NOW FOR SPRING STAINED GLASS CLASSES

THE RIVER DRAGONFLY
A SMALL STORE WITH A BIG HEART

MONDAY BY CHANCE
TUESDAY - SUNDAY 11:00 - 5:00
55 BURNSTALL DR BRAGG CREEK
403-949-4332

DISCOVER SOMETHING UNEXPECTED

**GREAT GIFTS FOR
YOUR VALENTINE**

WWW.SUNCATCHERSDESIGNS.COM

XCBC Events

Join XC Bragg Creek Ski and Bike Society (XCBC) this winter for two fun ski events on the trails in West Bragg Creek!

Test your endurance on Saturday, February 8 with the inaugural 2.4 Hours of Adrenaline "Fruit Loops." This event is open to skiers ages 10 to 110 (and older!). The challenge is to ski as many loops as possible on the links off West Crystal Line in 2.4 hours. Individuals and teams are welcome. Find out more and register at: <https://zone4.ca/register.asp?id=23207&lan=1&cartlevel=1>

On March 7 and 8, the Alberta Youth Cross Country Ski Championships (AYC) return to our area for the 9th time. Skiers ages 10 to 13 from across Alberta and Western Canada will compete in both classic and freestyle events on the trails in West Bragg Creek. Don't miss the fun costume relay on Saturday afternoon!

Both Fruit Loops and AYC include competitive cross country ski races.

XCBC would like to thank the volunteers and local businesses who have always supported us so generously over the years. We appreciate your help! If you would like to get involved with Fruit Loops or AYC as a volunteer or a prize donor, please contact Ann at anns@safari.ca.

**BRAGG
CREEK
PLUMBING &
HEATING LTD.**

DOUG TUTTLE
 bcph@xplornet.ca
 Ph: 403-931-0486
 Fx: 403-931-1617

Box 1148, Bragg Creek, Alberta T0L 0K0

COMMERCIAL • RESIDENTIAL • GASFITTING • PRIVATE SEWER

www.braggcreekplumbingandheating.com

PICAPIX PUZZLE

A picture will evolve as you complete the puzzle. Start with the largest numbers or combination of, colour in squares and proceed to work back and forth between columns and rows.

The three basic rules are:

1. Numbers represent how many squares you colour in to form a group or block.
2. Leave at least one square between these blocks
3. The sequential order of the numbers is the order of the books
i.e., top number for a column in the top block, and left-most number for a row is the left-most block.

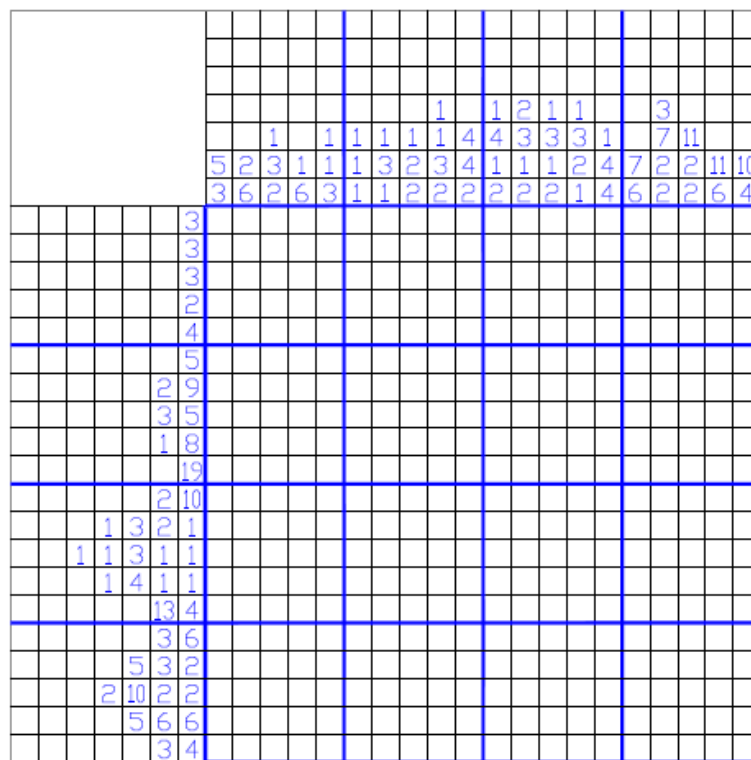
The “logic count method” shown below is very useful:

The clue at the left of the row is 6, so count 6 squares from the left to right then count 6 squares from right to left. Confidently shade in the overlapping squares.

This same method can be applied even when there is more than one number, remembering to allow one empty square between groups or blocks. Use a second colour for elimination of background squares.

Created by Diane Baher of Okotoks

RIDE ON



DEBORAH CLARK
YOUR COUNTRY RESIDENTIAL REALTOR®
Community Member West of Calgary Since 2002
Bragg Creek, Redwood Meadows, Springbank, Elbow Valley, Calgary SW & NW

REAL ESTATE
WEST of CALGARY
www.realestatewestofcalgary.com

CENTURY 21
Bamber Realty Ltd.

403.835.3385
dclark@realestatewestofcalgary.com

A Simple Soup To Get you Through Winter

February is a short month, but for those who don't like winter, it can feel long. If you want to warm your home and your belly, try this very simple soup recipe. It's one of my family's favourites and one I've loved since I was a kid.

By Ann Sullivan

Vegetarian Lentil Soup

1 cup brown or green lentils, rinsed and picked over
5 cups water
½ cup pot or pearl barley
¼ cup oil
1 onion, chopped
1 celery rib with leaves, coarsely chopped
1 carrot, diced
1 potato, diced finely
2 T minced fresh parsley
8 ounces canned tomatoes (diced or whizzed with an immersion blender)
1.5 tsp salt
Pepper to taste

Place all ingredients in a pot and bring to a boil. Reduce heat, cover and simmer 1 hour, or until lentils and barley are tender, stirring occasionally. Add more water if too thick. Serve each bowl with a splash of balsamic vinegar.



Barbara Jones REALTOR® Redwood Meadows Resident Realtor



I have successfully sold numerous homes in Redwood Meadows and have introduced many new buyers to the community. If you're thinking of selling or buying, call me today! (403) 630-5194 cell

Barbara Jones

ROYAL LEPAGE
Benchmark

Cell: (403) 630-5194 bjones@royallepage.ca

REDWOOD MEADOWS COMMUNITY BABYSITTERS LIST

NAME	AGE	QUALIFICATIONS / COURSES	CONTACT INFORMATION
Banon	14	Home Alone, Babysitting Course	403-949-4104
Bo	13	Home Alone, Babysitting Course	403-949-8471
Darian	15	St. John's Babysitting, Home Alone	403-949-2490
Ella	11 ^{1/2}	Babysitting Course	403-470-6411
Elizabeth	12	Red Cross Babysitting, CPR	403-540-8056 ekorthuis@telus.net
Emma	19	CPR, First Aid, Special Needs Experience	587-899-5420
Emily	17	First Aid, CPR	587-582-2846
Griffin	12	Babysitting Course	403-408-6998
Hunter	12	Red Cross Home Alone, Babysitting Course	403-949-8888 (Redwood)
Jerrith	14	Red Cross Babysitting	403-869-5634
Kate	16	Babysitting Course	403-860-9525
Keeling	17	Red Cross Babysitting, Home Alone, First Aid	403-949-3149 keelingbarrie@me.com
Kyle	14	Babysitting Course	403-470-6411
Liam	16	Babysitting Course	403-949-2090
Logan	14	St. John's Babysitting, Home Alone	403-949-2825
Lucy	21	CPR, First Aid, Babysitting Course	587-586-5129 lucygracetalman@hotmail.com
Mackaela	14	Babysitters License, Standard First Aid, CPR-B	403-969-6732 macarchambault@gmail.com
Mairenn	15	St. John's Babysitting, Home Alone	403-949-2490
Nolan	11	CPR, Babysitting Course	905-999-0635 tanyasilvercyr@gmail.com
Quinn	14	Babysitting Course	403-949-3149 quinnbarrie@me.com
Sawyer	14	Red Cross Home Alone, Babysitting Course	403-949-8888 (Redwood)
Tanis	13	Red Cross Babysitting Course	403-949-3303
Tessa	12	Babysitting Course	403-949-3214
Tia	14	Babysitting Course, Home Alone	403-949-4475
Tianna	12	St. John's Babysitting, Home Alone	403-949-3463
Zara	14	Babysitting Certificate	403-949-4474

DISCLAIMER:

THE CHATTER PROVIDES THIS LIST SOLELY AS A SERVICE TO THE COMMUNITY.
IT IS THE RESPONSIBILITY OF PARENTS/GUARDIANS TO CHECK ALL CREDENTIALS AND REFERENCES BEFORE
HIRING A CAREGIVER FOR THEIR CHILD(REN).

THE POWDERHORN SALOON

BRAGG CREEK, AB.

LATE KITCHEN TAKE-OUT MENU
DAILY DRINK & FOOD SPECIALS
LIVE MUSIC FRIDAYS
PRIVATE EVENTS CATERED FOR & HOSTED
Open Mic Every Thursday from 7pm

February Happenings

- ◆ Sunday 2nd - Super Bowl with Beer Buckets & Team Platters
- ◆ Friday 7th - Al Barrett
- ◆ Friday 14th - Boomer Dance Party & Valentine Feature Dinner (see Advertisements & Posters)
- ◆ Friday 21st - May Contain Alcohol
- ◆ Saturday 22nd - TRIVIA Night, get your teams together
- ◆ Friday 28th - The Tumbleweeds
- ◆ Saturday 29th - Rani's Rasoi & BINGO

Free Rental on our Stampede Room for your private parties

Be Ready with your teams for Trivia night
Saturday, February 22nd.

Saturday, February 15th, 2020

COMEDY NIGHT

in the creek

featuring:

Adam Blank
Malik Elassal
Brad Semotiuk

Bragg Creek Centre
23 White Ave., Bragg Creek

Doors Open 6:30 pm
Show Starts 7:00 pm

Cash Bar

TICKETS
\$25
\$30 AT THE DOOR

WWW.EVENTBRITE.COM

Bragg Creek Centre
www.braggcreekca.com | 403.949.4277

CRABAPPLE COTTAGE

There's No Place *like The Cottage!*



red hot!
UP TO 80% Off!*

#willyoubemine

heart warming
NEW Spring Arrivals!



love yourself!
Fresh Bouquets of
driftwood denim
are here

open daily! · 403.949.4264

The Old West Mall · 2-27 Balsam Ave, Bragg Creek



Follow Us. Feel Good.
[@crabapplecottagebraggcreek](https://www.facebook.com/crabapplecottagebraggcreek)



*While Quantities Last

small place, Big Destination!

February Lovers Wine

Lots of exciting indigenous varieties are starting to make their way into our markets. One of my most favorite things is having the pleasure to share them with you to try for the first time! Now, I may absolutely butcher trying to say the varietal name, but I will make a grand effort to bust out my best accent.

This month your “learn by drinking” is brought you by the grape Mencía. A lovely smooth beauty.

Mencía (“Men-thee-ah”) is a medium-bodied red wine grape that produces high quality wines with floral and red fruit flavors. If you’ve never heard of it, it’s not surprising, Mencía only grows in Spain and Portugal on the Iberian Peninsula. What makes Mencía special is it has shown the ability to age like other fine wines and it offers rich aromas in the glass. If you love Pinot Noir and other aromatic reds (like Gamay or Schiava), then Mencía is something worth investigating.

The vineyards of Alvarez de Toledo are in the “Gold Mile” of El Bierzo’s wine country. Exceptionally orientated terrains with the best soils of the entire region. The area surrounds the towns of Villafranca del Bierzo and Valtuille de Arriba, the most traditional production areas of the Mencía grape variety for red wines with an altitude range of 420 to 500 meters above sea level. Plants are 40 to 60-year-old Mencía vines. Their reduced production of bunches maximizes quality. The grapes are harvested manually, so the wines are loyal to the terroir of the region, el Bierzo. The local variety of grape, Mencía, is perfectly suited to both its climate and environment. The ancestral use of this grape, generation after generation, has resulted in a natural selection, making Mencía the most suitable variety for producing red wines of great character.



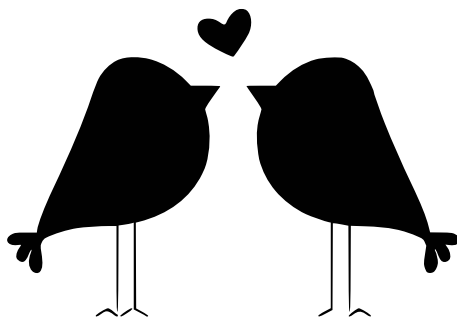
Mencía has been described as, ripe blackberry, plum and prune aromas that are smoky and generous. Lush but fresh and balanced palate resting comfortably on a bed of firm tannins. Blueberry and prune flavors ending long and earthy, with chewy tannins and balsamic complexity. So... settle into a bottle soon with a cozy blanket!

Cheers!

Karla Watts

Ruby Red Vino Wine Education

www.rubyredvino.com



ARE YOU HIRING?

We would love to post your job listings here.
Email your jobs to:

thechatter@redwoodmeadows.ab.ca

MONTHLY PHOTO SUBMISSIONS IN AND AROUND REDWOOD

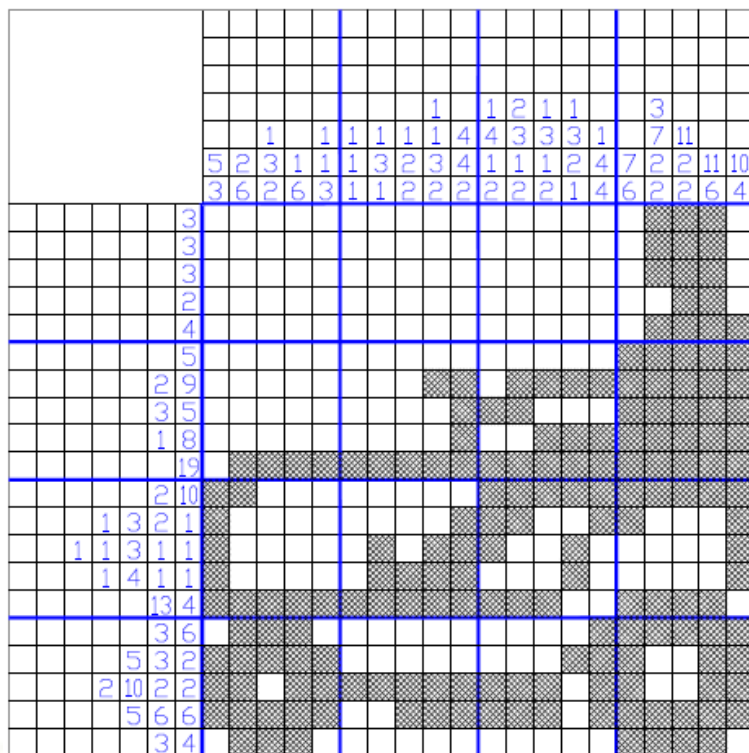
Submit your photos in and around the area for your chance to be featured in future Chatter Editions!
Email your photos with subject line "Photo Submission" to: thechatter@redwoodmeadows.ab.ca

Disclaimer:

*All published photos will be credited to the rightful owner(s).
Please ensure you disclose that you are the owner of the photo along with your name and the location.
Please be advised that by submitting a photo you are agreeing to allow The Chatter to publish without further consent or compensation.*

PIXAPIC SOLUTION

RIDE ON



STAY IN THE KNOW...

Feel like you're missing out on news and events in our community?

Subscribe to our email updates!
Sign up for the Redwood Meadows Updater



Email your contact information to:
communitynews@redwoodmeadows.ab.ca



The Townsite of Redwood Meadows, AB



@RedwoodMeadows




Linda A. Anderson

Barrister & Solicitor, Notary Public

25 Years Experience

403-243-6400
403-949-4248

linda@lindaandersonlaw.com

Appointments available in
Redwood Meadows & Calgary

SERVICES:

- REAL ESTATE
- WILLS
Including -
Personal Directives &
Enduring Power of Attorney.
- ESTATES
- FAMILY LAW
Including -
Divorce,
Pre Nuptial & Co-habitation
Agreements
- SMALL BUSINESS



It's ba-ack!

3rd ANNUAL
BANDED PEAK SCHOOL COUNCIL
DINNER & SILENT AUCTION
FUNDRAISER

Friday, February 7, 2020
Bavarian Inn Restaurant
doors open/cocktails @ 5:00 p.m.
dinner @ 6:30 p.m.

tickets \$75 in advance or \$90 at the door
available through School Cash Online or the school office

contact Trisha Gizen at tgizen@gmail.com
to donate silent auction items or for more information