



# CHATTER

## -IN THE WOODS-

Read the online version of the CHATTER @ [www.redwoodmeadows.ab.ca](http://www.redwoodmeadows.ab.ca)  
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March is the month in our household we say that Redwood Meadows comes out of hibernation. You see more people on the street, kids playing in the yard and overall the chatter of the community seems to be turned up. We can officially leave the polar vortex behind us and start thinking about spring sports and spring break as we inch towards summer.

We know that this can be a busy time for individuals and families therefore we invited writers to talk to us about organization and self care. We have a

wine education article, a great feature on the Bragg Creek Community Association along with our other favorites from the RMCA, RMES, and our council.

The survey results are in and we wish to thank you for your feedback and look forward to some enhancements based on some great suggestions.

If you have suggestions for the chatter, RMCA programs or events please feel free to get in touch with us!

[TheChatter@redwoodmeadows.ab.ca](mailto:TheChatter@redwoodmeadows.ab.ca)

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David Zimmerman educates and entertains residents and guests at the RMCA paint night February 1st.

### CHATTER IN THE WOODS

is a monthly, volunteer-managed publication of the *Redwood Meadows Community Association* and is distributed via email to residents of Redwood Meadows and the surrounding area. The Chatter is also available online at [www.redwoodmeadows.ab.ca](http://www.redwoodmeadows.ab.ca).

Receive a link to the Chatter on the first day of each month by emailing us at: [thechatter@redwoodmeadows.ab.ca](mailto:thechatter@redwoodmeadows.ab.ca)

A limited number of printed copies is available from the Chatter boxes at Redwood House, mailboxes and at the BCCC in Bragg Creek.

Contact the EDITORIAL TEAM at [thechatter@redwoodmeadows.ab.ca](mailto:thechatter@redwoodmeadows.ab.ca)

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Discount rates are offered for six-month or one-year commitments.

Deadline for each edition is the 15th of the month prior to publication.

Submitted articles must be signed. Chatter in the Woods assumes no responsibility for the content or accuracy of articles printed. The views reflected in this newsletter do not necessarily reflect the views of the editors.



**H**appy March! The month that will bring in spring, yippee! The RMCA enjoyed a quieter month in February, spending time with our family and loved ones. We had a very fun and artistic evening Feb 1<sup>st</sup> with David Zimmerman at our Winter Paint Night. Over 40 attended and put their artistic skills to test.

March will see the RMCA preparing for spring sports, the gear sale and the Spring Fling. Our April Gear Sale will be held on the 6<sup>th</sup> of April. It comes just in time for spring cleaning and the seasonal sport change. See the Gear Sale poster for more information and details. Spring sports registration will start by the end of March. Watch out for more information on our Facebook page and the Townsite website. Last year the sports program was such a success we will keep to the same layout. A survey will be sent out shortly to gain some feedback to make this year even more fun for kids and parents as well as a place to sign up to volunteer.

RMCA will be supporting our neighbouring community association on March 9th at A Scuzzy Beach Party. A very important fundraiser for the Bragg Creek centre. Our communities would look pretty bleak without the centre and activities the community association puts together. Check out the poster at the back of the Chatter or Facebook on how you can get your ticket.

Be sure to watch for our upcoming Spring Fling at Redwood House Friday May 3rd. Details are being ironed out but stay tuned for more information on what sounds to be like a great event. RMCA is always pleased to invite you and guests to our Community Café, next café is March 8th 10:30am.

RMCA next meeting will be March 12th at Redwood House 6:30pm.

The Chatter survey results are in and we really appreciate the insightful views of our readers and will be implementing several of the ideas in our upcoming editions. Our beloved Chatter will going back to 11 editions a year with the addition of our July issue back in the mix, as we wouldn't want anyone missing out on the cool activities happening around the Townsite during the summer months. Last thought, we wish to send out a huge thank you to all our advertisers and those that contribute to our newsletter. We really appreciate your support.

"May your home always be too small to hold your friends"  
Happy St. Patty's Day!

Renate Van Der Zande  
President RMCA  
[rmca-president@redwoodmeadows.ab.ca](mailto:rmca-president@redwoodmeadows.ab.ca)

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[bcph@xplornet.ca](mailto:bcph@xplornet.ca)  
Ph: 403-931-0486  
Fx: 403-931-1617

## Redwood Meadows Community Association—Business Listings

BCCA	403-949-4277	<a href="mailto:program@braggcreekca.com">program@braggcreekca.com</a>
Big Brothers/Big Sisters of Calgary and Area		<a href="mailto:Leila.maillet@bigbrothersbigsisters.ca">Leila.maillet@bigbrothersbigsisters.ca</a>
Bow Valley Rugby		<a href="mailto:Rugby34@telus.net">Rugby34@telus.net</a>
Bragg Creek Community Church	403-949-2072	<a href="mailto:braggcreekcommunitychurch@gmail.com">braggcreekcommunitychurch@gmail.com</a>
Cameron Westhead MLA		<a href="mailto:Cameron.westhead@assembly.ab.ca">Cameron.westhead@assembly.ab.ca</a>
Care in the Creek	403-949-2457	<a href="mailto:careinthecreek@gmail.com">careinthecreek@gmail.com</a>
Cochrane Public Library	403-709-0346	<a href="mailto:Andrea.Johnston@cochranepubliclibrary.ca">Andrea.Johnston@cochranepubliclibrary.ca</a>
Dieter Hendrickson	403-612-7849	<a href="mailto:dieter@remaxbraggcreek.com">dieter@remaxbraggcreek.com</a>
FCSS Rescue Center	403-851-2286	<a href="mailto:Wendy.farnsworth@cochrane.ca">Wendy.farnsworth@cochrane.ca</a>
Fitness with Ann Sullivan	403-689-4835	<a href="mailto:anns@safari.ca">anns@safari.ca</a>
Harder and Sons Exterior Maintenance Services Inc.	403-949-3442	<a href="mailto:Lowell@exteriormaintenance.ca">Lowell@exteriormaintenance.ca</a>
Indigenous Awareness Committee (IAC)	403-949-3563	
Juice Plus	403-650-7762	<a href="mailto:Carrie.hucal@aol.com">Carrie.hucal@aol.com</a>
KarmiK Elite Performance	403-408-6998	<a href="mailto:Michael.d.moore@hotmail.com">Michael.d.moore@hotmail.com</a>
Kathleen LaPlante Remax West	403-818-8049	<a href="mailto:kathleenlaplante@remax.net">kathleenlaplante@remax.net</a>
Kim Kiwanis	403-686-6325	<a href="mailto:community@kampkiwanis.ca">community@kampkiwanis.ca</a>
Linda Anderson - Barrister, Solicitor, and Notary	403-243-6400	<a href="mailto:linda@lindaandersonlaw.com">linda@lindaandersonlaw.com</a>
Mamabefit		<a href="mailto:stocmeg@hotmail.com">stocmeg@hotmail.com</a>
Maverick Law	403-949-3339	<a href="mailto:carmen@mavericklaw.ca">carmen@mavericklaw.ca</a>
Redwood Meadows Emergency Services (non emerg)	403-949-3481	<a href="http://www.rmesfire.org">www.rmesfire.org</a> ; Call 911 in an Emergency
Redwood Meadows Tae Kwon Do School	403-807-1030	<a href="mailto:ninedegrees@telus.net">ninedegrees@telus.net</a>
RMCA		<a href="mailto:programs@redwoodmeadows.ab.ca">programs@redwoodmeadows.ab.ca</a>
Robotics	403-993-2334	
Rocky Mountain Adventure Medicine	403-949-2632	<a href="mailto:Brenda.watt@adventuremed.ca">Brenda.watt@adventuremed.ca</a>
Swamp Donkey Musical Theatre Society		<a href="mailto:tgizen@gmail.com">tgizen@gmail.com</a>
The Little Schoolhouse	403-949-3939	<a href="http://www.thelittleschoolhouse.ca">www.thelittleschoolhouse.ca</a>
Wintergreen Athletic Therapy	403-667-7116	<a href="mailto:slmacphee@gmail.com">slmacphee@gmail.com</a>
Wintergreen Golf Course	403-861-8918	<a href="mailto:sjackson@wintergreengolf.com">sjackson@wintergreengolf.com</a>
XC Bragg Creek Ski and Bike Society		<a href="http://www.xcbraggcreek.ca">www.xcbraggcreek.ca</a>
Youngevity	403-949-4109	<a href="mailto:helencirin@gmail.com">helencirin@gmail.com</a>





## Redwood Townnsite

**H**ello Redwood Meadows,  
**HAPPY ST. PATRICK'S DAY!**

The Townsite Council would like to take this time to say "Thank You" to everyone who attended our last two Lease Information Sessions. The turnout has been increasing and its greatly appreciated. Please note our next Lease information Session is scheduled for Monday, March 11th, 2019, at 7 p.m. at Redwood House. We encourage all Sublease Holders to attend.

Some of our continuing efforts include:

- ⇒ Continued focus on our lease renewal:
  - Finalizing a Community Ratification (Vote) process.
  - Finalizing the content of our Stewardship Agreement and drafting the Lease Agreement.
  - Confirming title information per Sublease to ensure the Sublease Voters' List is accurate. Please check with the Townsite Office to obtain a copy of your Sublease title and confirm the names are correct.
- ⇒ Working with RMES to improve emergency services. We have purchased a new fire truck which will arrive early next year!
- ⇒ Finalizing a vendor to renovate our skating rink this spring
- ⇒ Progressing discussions and initiatives to improve recycling, reduce waste and bring composting to our community

Some of the important dates to keep in mind for February 2019 are:

- Council Meeting – March 5th and 19th 7 p.m. in the Wild Rose Room at Redwood House.
- RWM Sublease Holders' Lease Information Session – March 11th at 7 p.m. in the Wild Rose Room at Redwood House.
- Ensure the Sublease Holder(s) name(s) are correct on the Sublease title by Friday, April 12th, 2019, in the Indian Lands Registry.

If you are a Sublease Holder and would like to receive lease updates by email or you would like a



topic added for a council meeting; please contact Colleen Thiessen, Executive Assistant, at [cthiessen@redwoodmeadows.ab.ca](mailto:cthiessen@redwoodmeadows.ab.ca)

In addition, if you have any questions regarding this update please feel free to contact the Townsite Office anytime for further details. Our office number is (403) 949-3563.

Looking forward to seeing you soon at one of the above meeting dates.

Mayor and Council



### Subscribe to Our Email Updates!

Feel like you're missing out on news and events in our community?



**Sign up for the Redwood Meadows Updater**

Email contact information to

[communitynews@redwoodmeadows.ab.ca](mailto:communitynews@redwoodmeadows.ab.ca)



**Or Check Us Out on Social Media**

[@ The Townsite of Redwood Meadows, AB](#)



[@RedwoodMeadows](#)



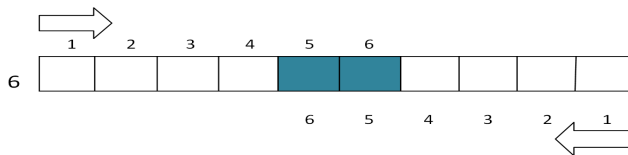
## Picapix Puzzle

The latest Japanese logic puzzle is here! A picture will evolve as you complete the puzzle. Start with the largest numbers or combination of, colour in squares and proceed to work back and forth between columns and rows.

The three basic rules are:

- Numbers represent how many squares you colour in to form a group or block.
- Leave at least one square between these blocks.
- The sequential order of the numbers is the order of the blocks, i.e., top number for a column is the top block, and left-most number for a row is the left-most block.

The “logic count method” shown below is very useful:



The clue at the left of the row is 6, so count 6 squares from the left to right and then count 6 squares from right to left.

Confidently shade in the overlapping squares. This is spatial reasoning. Even one shaded square can lead to others. This same method can be applied even when there is more than one number, remembering to allow one empty square between groups or blocks. Use a second colour for elimination of background squares. This is critical for solving.

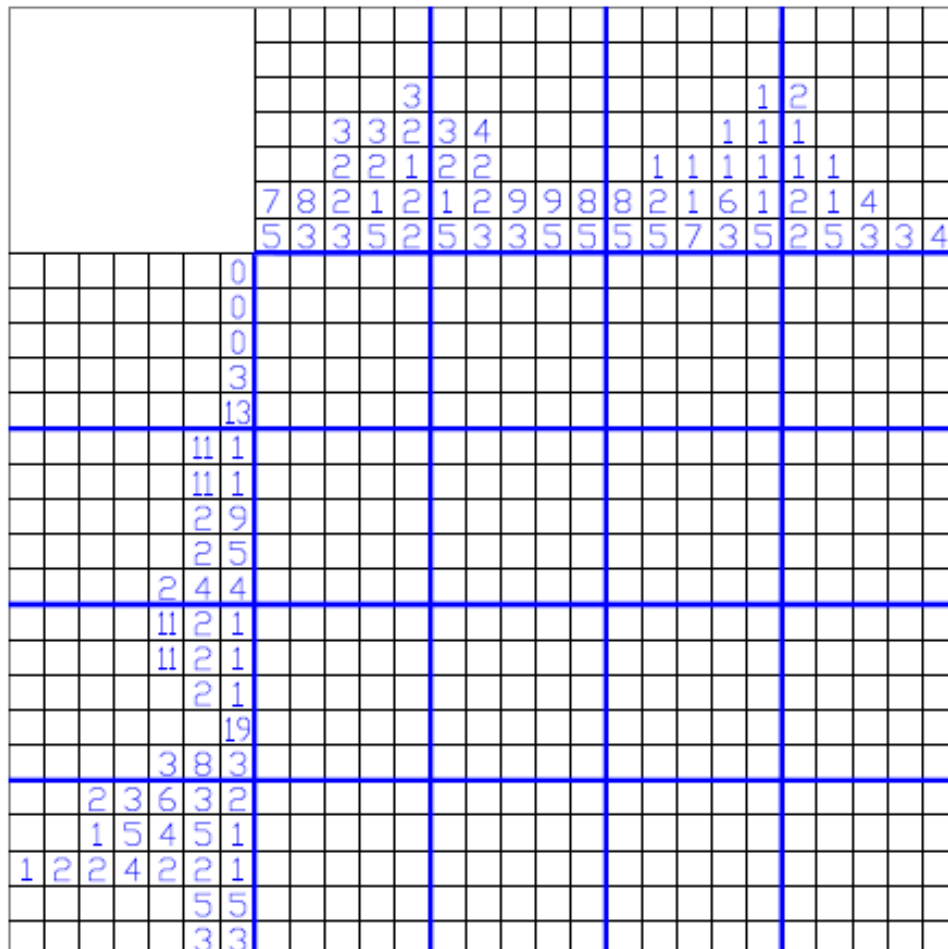
Remember – no guessing; try using your best number logic. For more information, visit

<http://www.learnpicapix.com>.

*Created by Diane Baher of Okotoks*

Solution on page 15

## MINI-HOME





### Smoke Alarms Save Lives – Check Yours Today!

There are many causes of home related fires including electrical, ignition of upholstered furniture or unattended cooking, fires or smoking devices.

People in homes with working smoke alarms are twice as

likely to survive house fires as those living in homes without smoke alarms. In house fires where smoke alarms didn't sound, half of them have missing or disconnected batteries. Learning how smoke alarms work, how to properly install and maintain them can help save lives.

#### Choosing a Smoke Alarm

Smoke alarms fall into two categories: ionization detectors and photoelectric detectors. Ionization detecting smoke alarms signal when smoke enters the chambers, disrupting the ionization process. They are very sensitive and can detect fast spreading, low smoke fires quickly. Photoelectric smoke alarms are simpler in design. When smoke enters the chamber, components in the device send an electric current triggering the alarm.

If someone in your household has difficult hearing, consider purchasing a smoke alarm that produces flashing lights or vibrations in addition to a loud noise to signal an emergency. *Did you know? Smoke alarms that have a personalized parent's voice have tested to perform better at waking and alerting children.*

#### Install Smoke Alarms in the Right Places

Everyone in your home should recognize the sound of your smoke alarm and hear it from their bedrooms. Where you install smoke detectors is important:

- Hear the beep where you sleep! Place them outside each sleeping area, inside any bedroom where the door is typically shut and on every story of the house, including the basement.
- Install wall-mounted smoke alarms 4-12 inches from the ceiling and ceiling mounted models at least 4-inches from the nearest wall.

#### Maintaining your Smoke Alarms

Time change is a great time to test and change your smoke alarm batteries!

- Show everyone in the house where the smoke alarms and CO detectors are.
- Change the batteries in your smoke alarms and CO detectors.
- Vacuum them with a brush attachment.
- Hit the "test" button on your smoke alarms and CO detectors to make sure they work.
- Talk to everyone in your home about the "Fire Escape Plan" and practice it.
- Age matters when it comes to smoke alarms. Replace smoke alarms every 10 years.

Until next month, stay safe!



### Community Café

Come join your friends and neighbours  
for coffee, tea and homemade treats,  
all for just \$3



**Everyone is welcome!**

Friday, March 8th, 2019

10:30am to noon

At Redwood House

*Community cafes are brought to you by the RMCA*

## For The Love of Wine—Organizing Your Wine

Just the term ‘organizing’ alone makes me feel a tad bit of anxiety. It’s enough I have to keep my house and all kids (including the biggest one-my husband) organized. But what about my wine? Well rest assured that we are not going to talk about cellaring here. That is a bigger topic and really for 1% of the population. Can you imagine buying fine crafted wine to cellar and age, and just when it becomes beautiful enough to drink you have to pass down to your children?? Ha! Not in this generation. My kids barely appreciate a box of Tim Bits which are finely crafted donuts holes n’est pas?

What is key to understand, is that most wine (over 95%) is made to drink young! So now that we don’t have to organize vintages and get dizzy over ratings, we can simply make things orderly and tidy for pulling a bottle out with ease. There are a few ways I suggest to clients to tackle this. First, you need to have a proper storage space. This could be a temperature-controlled fridge, a designed bottle holder that suits your style and habits (I love diamond shaped boxes), or simply some Ikea wooden racks under the stairs or crawlspace like mine. Secondly, make sure your wine is not in direct sunlight or heat, and try to find a little humidity to prevent those natural corks from drying up like our skin and faces in this climate! I then like to separate my bubbles, white and rosé in one section, and then move to rows of red starting with the lightest at the top. The next row would be your medium body reds, and lastly on the bottom, your big bad bossy ones. If you find that you are buying wine all at the same particular price point, then this works well. If you have some varying favorites and expertly crafted wines that are worthy of special events, or just for yourself for that matter, you can also try organizing from top to bottom, or left to right by price. I even have one client who puts colored dots on the bottles! You can choose neck tags also. Really, the way you like to Marie Kondo your house can work just as well with wine – except for Marie tells us to get rid of those things that don’t bring us joy – I couldn’t imagine that would apply to your wine collection because wine definitely brings joy. You just need to get a feel for what works so you are not guessing which bottle to pull at midnight, which one to serve your friends for dinner, and in my case, which one my husband is allowed to touch. Happy organizing!

**Karla Kochorek Watts—Ruby Red Vino**  
**Wine Education—[www.rubyredvino.com](http://www.rubyredvino.com)**







Our young students at The Little Schoolhouse have continued to grow through inquiry-based projects, creative exploration and collaborative experimentation. When provided with a diverse array of materials, imaginations flourish and the possibilities for learning are endless! Currently, our favourite projects include sculpture creation with recycled items and storytelling through dramatic play.

In kindergarten we are quickly becoming writers and readers. Through our daily journal work and home reading program, we are immersed in literacy. It is so wonderful to see young children cuddled with a book that captures their curiosity, fully engaging in the reading process. The children's journals reflect vivid imaginations and theories about their world. In numeracy studies we are looking at breaking numbers into parts (adding and subtracting), printing numerals, and number games to build our mental math skills.

The preschool classes are discovering letters and numbers in their world and representing their ideas through a variety of media. Painting, drawing, collage and sculpture have become favourite expressions. We provide our students with a variety of natural and manmade materials to explore and create with in the classroom. Their admirable passion for telling stories and building relationships amazes us as we document their works of art. Such an exciting time in these young lives!

I would like to thank our school families and our amazing staff for the incredible support provided to me during my leave from the classroom. I had to step back from teaching for a short time, while I cared for one of my own children. The parent board of The Little Schoolhouse was compassionate and understanding in this stressful time, and I am extremely grateful. Our village is truly amazing!

Registration for the 2018-19 school year began on January 16<sup>th</sup> at our Registration Night, and is now ongoing. Please visit our website at [www.thelittleschoolhouse.ca](http://www.thelittleschoolhouse.ca) for information and forms. Our Alberta Learning funded kindergarten program is on Tuesday and Thursday from 9-3:15 and multi-aged 3 & 4 year-old preschool programs are on Monday, Wednesday and Friday mornings from 9-11:45am and afternoons from 12:30-3:15pm. For information on programming please contact me at [mscara@thelittleschoolhouse.ca](mailto:mscara@thelittleschoolhouse.ca) or call the school at 403-949-3939.

Cara Haar, M.Ed., teacher



# REGISTER NOW!!!



Bragg Creek Kindergarten & Preschool Programs

### KINDERGARTEN

Tuesday/Thursday Full Days  
Fully funded by Alberta Education

### PRESCHOOL

Monday/Wednesday/Friday Morning & Afternoons

Located in our historic schoolhouse building beside the Bragg Creek Community Centre on White Ave.

For additional information please contact  
[admin@thelittleschoolhouse.ca](mailto:admin@thelittleschoolhouse.ca)

403.949.3939

Or visit us online [www.thelittleschoolhouse.ca](http://www.thelittleschoolhouse.ca)

### Welcome to March Community!

**W**ell that Polar Vortex was really something wasn't it. We hope you have all managed to bundle up, stay warm and enjoy the beauty of a heavy snow fall in Bragg Creek (let's focus on the positives, right?). However, if the weather still has you down, beat those winter blues at our upcoming BCCA Fundraiser "A Skuzzy Beach Party" on MARCH 9<sup>th</sup>! Tickets are \$40 per person and \$300 for a full table of 8! We love being a part of the community by running programs, holding exciting events and being there for the residents, but now we need your help!! There is to be a giant palm tree, fun beach themed drinks and what is sure to be a memorable show by Skuzzy and the Woodticks! Stop by the Bragg Creek Community Centre and get your ticket today! You can also buy tickets online on Eventbrite!

Our thanks to community members who have donated some of their new and used tools to us over the past month. We have been accruing a nice little collection, but still would love your help. Our awesome maintenance manager, Lynn Gallen, is hard at work getting our tool shop up and running, so we can have your local community centre running even more smoothly! If you have the spare equipment, we would be so appreciative of the donation!

We are still looking for COMMUNITY YOUTH to join our Youth Summer Programming Committee. We will be holding committee meetings (Drinks and Snacks provided) for youth community leaders to discuss what they want to see and do this summer in and around Bragg Creek! This is an open meeting so if your youth are interested, we welcome all who want to gain volunteering experience and community programming skills! Email [coordinator@braggcreekca.com](mailto:coordinator@braggcreekca.com) for more information and keep posted to our Facebook page and website for meeting dates and times.



## Bragg Creek Centre

We'd also like to highlight exactly what we have to offer all for \$5!

Drop-In Pickle Ball | 7:30-9:30pm | Tuesdays  
Drop-In Badminton | 7:45-10:00pm | Wednesdays  
Walking Club | 10:30am | Wednesdays  
Artsy Afternoons | 1:00-4:00pm | Thursdays  
Family Movie Night | Doors open at 6PM | Last Friday of the Month

Be sure to check out our Facebook and website updates for more on what's going on in and around your local community centre!

See you all next month,  
Ben McTaggart

## PANCAKE BREAKFAST & Easter Egg Hunt

**SATURDAY, APRIL 20, 2019**  
~ Bragg Creek Community Centre ~

**PANCAKE BREAKFAST**  
**\$5/Person or \$10/FAMILY**  
**10:30AM - NOON**

**EASTER EGG HUNT**  
**FREE | 10:00AM SHARP! | AGES: 0-10**  
Dress for the weather (the hunt is outside) & make sure you bring your own basket!

*Brought to you by:*

Bragg Creek Community Association  
Bragg Creek Community Church  
Redwood Meadows Community Association

**FOR MORE INFO OR TO VOLUNTEER,**

**CONTACT: [info@braggcreekca.com](mailto:info@braggcreekca.com) | 949-4277**

### Bragg Creek Community Association

**W**e're lucky to be part of a great community, living in and around Bragg Creek. Right in the hamlet, we get to enjoy things like an ice rink, a new playground and movie nights. Much of that comes from having an engaged group of residents, one where members look out for one another and the greater community itself. An important part of that comes from having an active neighbourhood association like the Bragg Creek Community Association (BCCA).

"The BCCA was formed in 1958 by a group of residents to provide social and community interests for the benefit of all residents of Bragg Creek," says Peg Rupert, president of the BCCA. "We believe we continue to provide a welcoming space where our neighbours can come together for programs, events and services that strengthen and build community."

Purchasing a membership in the BCCA (ranging between \$15-40/year depending on type of membership) gives you discounts on a variety of programs and events, plus it also contributes to the sustainability of the BCCA. "A healthy membership also demonstrates an engaged community," says Rupert. "This engagement is an important factor when applying for funding."

The BCCA also hosts fundraisers such as the upcoming **Scuzzy Beach party on Saturday, March 9th** at the community centre. The evening features live music provided by local band Skuzzy and the Woodticks, delicious eats, 50/50 draws, silent auction and full bar. Tickets are \$40 each or \$300 for a table of eight, and available at the community centre or online at [facebook.com/events/382324512317055/](https://facebook.com/events/382324512317055/).

"We will also have fun games like limbo and hula contests so be sure to wear your best beach wear!" says Rupert. "Events like this help us meet the operating expenses of our centre while having fun with the community. But we really need people to come out and support in order for our fundraisers

to be successful."

What better way to spend an evening out with fellow neighbours than enjoying a fun beach-themed party?! We need it after the freezing temperatures we've endured! And, there's the added bonus of supporting a great local cause.

"The BCCA is the core of the community," adds Shawntel Dickinson, Facility Operations and Communications Manager. "The BCCA offers recreational programs to all ages, concerts, theatre, and community support services. However, the community centre is now 20 years old so we need lifecycle planning to keep the centre operating efficiently. For this, we need the community's support."

If you can't attend the March fundraiser, you can still help by making a donation, volunteering for the BCCA or purchasing a membership. "Times are tough so we are relying on the community to step up to keep the centre going!" says Dickinson.

23 White Avenue, Bragg Creek

403-949-4277

[braggcreekca.com](http://braggcreekca.com)

[info@braggcreekca.com](mailto:info@braggcreekca.com)

[facebook.com/BraggCreekCommunityAssociation](https://facebook.com/BraggCreekCommunityAssociation)



## Local Business Features

To have your local business featured please contact the Chatter team @ [thechatter@redwoodmeadows.ab.ca](mailto:thechatter@redwoodmeadows.ab.ca)





Redwood Meadows  
Community Association

# GEAR SALE

A fabulous opportunity to buy and sell gently used sports items, used children's clothing, toys and gear!

**SATURDAY, APRIL 6th, 2019**

**10 am - 1 pm SALE**

**GEAR DROP-OFF**

**Friday, April 5th, 10am - 8pm**

**@ Redwood House**

**PICK UP UNSOLD ITEMS 1:30PM-2:30PM**

Sellers price and tag their own gear.  
Tags and forms available at Redwood Meadows  
Townsite Office during regular business hours  
8:30am-4:30pm 1 Manyhorses drive

**10% of sales will be donated to the RMCA**

# BABYSITTING COURSE

Cochrane Boys & Girls Club's Kidproff Child Safety Facilitator will guide youth 11 - 15 years old, in developing skills to prepare for a babysitting job, deal with difficult situations, prepare safe and fun activities, make safe choices and provide emergency first aid.

email [info@bgccochrane.ca](mailto:info@bgccochrane.ca)  
call 403-981-2020 ext. 226

**SATURDAY APRIL 27, 2019**

**9:00 AM - 3:30 PM**

**\$70 per person**  
Workbooks, lunch and snacks provided.

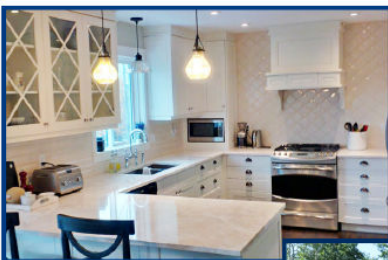


**BRAGG CREEK COMMUNITY CENTRE**  
[www.braggcreekca.com](http://www.braggcreekca.com)  
403.949.4277 | 23 White Ave.



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403-949-4248**

[linda@lindaandersonlaw.com](mailto:linda@lindaandersonlaw.com)

Appointments available in  
Redwood Meadows & Calgary

### SERVICES:

- REAL ESTATE
- WILLS
  - Including -  
Personal Directives &  
Enduring Power of Attorney.
- ESTATES
- FAMILY LAW
  - Including -  
Divorce,  
Pre Nuptial & Co-habitation  
Agreements
- SMALL BUSINESS

## Mortgage Matters—How are Credit Scores Calculated

**C**redit scores are intended to help financial risk managers and others make fair decisions on whether to “take a risk” on someone. The risk might involve giving that person a loan (will they repay it?), offering a credit card (will they make the payments?) or approving their apartment rental application (will they pay their rent?). Credit scores are designed to predict the likelihood that individuals will pay their bills. While your credit score is important, it is only one of several pieces of information an organization will use to determine your creditworthiness. For example, a mortgage lender would want to know your income as well as other information in addition to your credit score before it makes a decision.

The main factors involved in calculating a credit score are:

- Your payment history
- Your used credit vs. your available credit
- The length of your credit history
- Public records
- Number of inquiries into your credit file

If you look at your credit scores based on data from both national credit reporting agencies – Equifax and TransUnion – you may see different scores. This is completely normal. Each credit bureau has multiple

scoring algorithms and lenders typically request only one of them when making decisions.

There are many different scoring models and here is a general breakdown of the factors the models consider:

### **Payment history: ~35%**

Your credit history includes information about how you have repaid the credit you have already been extended on credit accounts such as credit cards, lines of credit, retail department store accounts, installment loans, auto loans, student loans, finance company accounts, home equity loans and mortgage loans. In addition to reporting the number and type of credit accounts that you’ve paid on time, this category also includes details on late or missed payments, public record items and collection information. Credit scoring models look at how late your payments were, how much was owed, and how recently and how often you missed a payment. Your credit history will also detail how many of your credit accounts are delinquent in relation to all of your accounts on file.

### **Used credit vs. available credit: ~30%**

A key part of your credit score analyzes how much of the total available credit is being used on your credit cards, as well as any other revolving lines of credit that allows you to borrow, repay, and then reuse the credit line up to its available limit.

### **Credit history: ~15%**

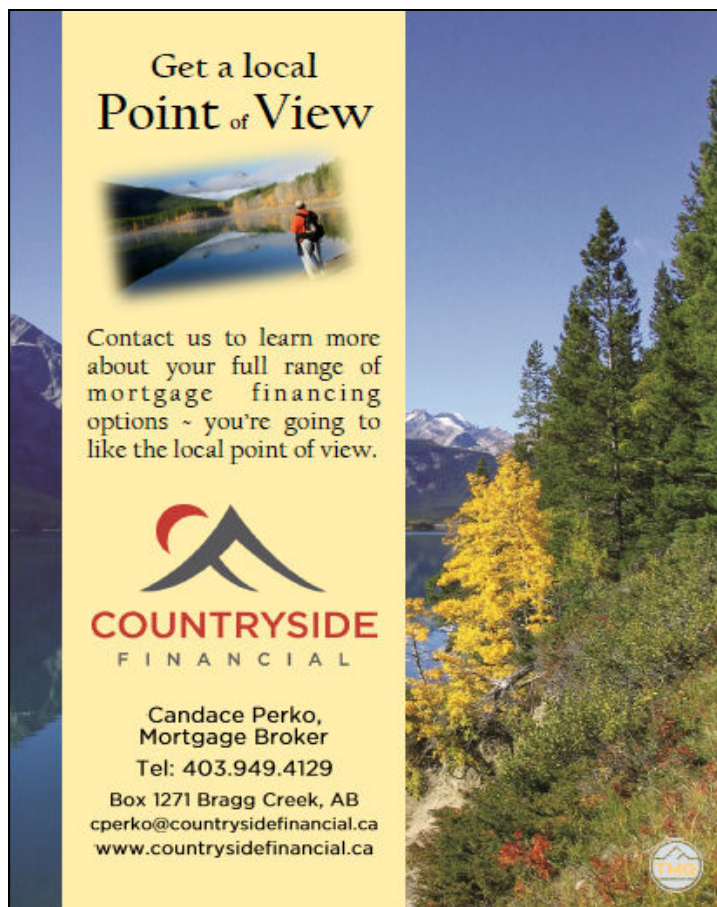
This section of your credit file details how long your credit accounts have been in existence. The credit score calculation typically includes both how long your oldest and most recent accounts have been open. In general, creditors like to see that you’ve been able to properly handle credit accounts over a period of time.

### **Public Records: ~10%**

Those who have a prior history of bankruptcy or have had collection issues or other derogatory public records may be considered risky. The presence of these events may have a significant negative impact on a credit score.


### **Inquiries: ~10%**

Anytime an individual’s credit file is accessed for any reason, the request for information is logged on the file as an inquiry. Inquiries require the consent of the individual and some may affect the individual’s credit score calculation. The only inquiries which may impact a credit score are those related to active credit seeking (such as applying for a new loan or credit card). These



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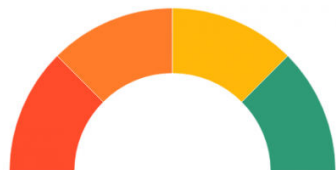
Continued from previous page:

inquiries are known in industry jargon as "hard pulls" or "hard hits" on your credit file. The hard inquiry may be the leading indicator, the first sign of financial distress that appears on the credit file. Of course, not every inquiry is a sign of financial difficulty, and only a number of recent inquiries, in combination with other warning signals on the credit file should lead to a significant decline in a credit score.

Your credit score does not take into account requests a creditor has made for your credit file or credit score in order to make a pre-approved credit offer, or to review your account with them, nor does it take into account your own request for a copy of your credit history. These are some

examples of "soft inquiries" or "soft pulls" of your credit.

*Source: Equifax*



● Bad 300-629 ● Fair 630-689 ● Good 690-719  
● Excellent 720-850

## REMINDER: EMERGENCY CALL-OUT SYSTEM



In the event of any future emergency, Redwood Meadows will be using an automated emergency call-out system.

It is therefore important for the townsite to have updated phone numbers and contact information, including alternate numbers, for all residents.

To update your contact information, please contact Peg Rupert at the townsite office: Email: [prupert@redwoodmeadows.ab.ca](mailto:prupert@redwoodmeadows.ab.ca)

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## Bragg Creek Performing Arts    The Northern Pikes

The Northern Pikes—March 23, 2019

**T**he Northern Pikes have been a band for 34 years, but you're going to have to forgive them if they're acting like a new group. In a way, it is a fresh start. There's a lot of excitement about their first full, cross-Canada tour in over a decade, and the release of a brand new collection.

Poor Nameless Boy—May 4, 2019

As Poor Nameless Boy, Regina-based indie folk artist Joel Henderson leaves a piece of himself on stage every night he performs. His mellow sound is personal, speaking honestly about love, life, and our changing hearts in a busy world. He has been described as a lighter version of Noah Gundersen with the wispy sounds of Gregory Alan Isakov. Listen carefully and take note of the passionate range of vocals and songs with stories, sung from the soul.

Opening Act: **Flint and Feather**

Independent Canadian performing artists **Flint & Feather** are a free-spirited husband and wife duo who are deeply passionate about connecting with people through folk/roots music, stories, and laughter. Based in Calgary, Alberta, co-members Joal and Lauren Kamps blend storytelling with song writing to create charming 'Rocky Mountain Folk-Pop' songs inspired by Canadian history, rocky mountain folklore, and their own personal journeys. Their original songs are filled with vivid imagery accented by delicate harmonies, and their honest and engaging approach to performing connects with listeners of all ages and backgrounds. Doors open at 6:30pm

Tickets for each show are \$30 for adults and \$28 for seniors.

Check [braggcreekperformingarts.com](http://braggcreekperformingarts.com) for more information.




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## Hello March

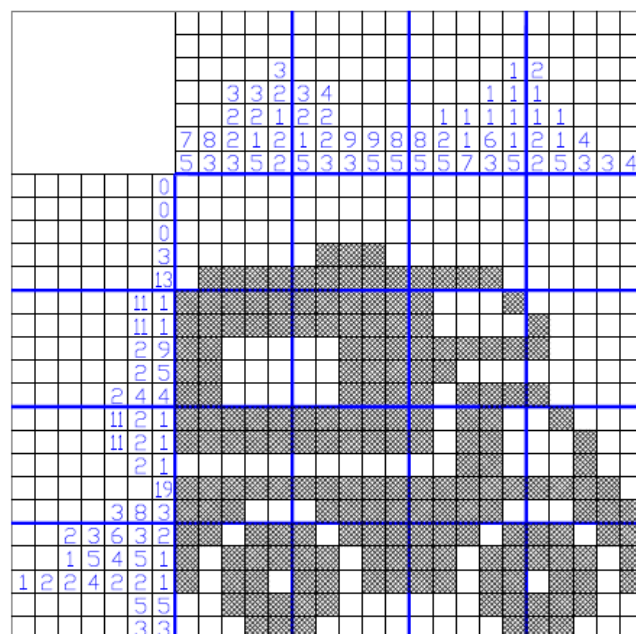


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### PicaPix Solution

### MINI-HOME



Please welcome Amber and Gillian—two local writers that we’ve asked to contribute to the Chatter. This month as we enter into spring and sometimes a busy time of life we asked them to share with us about self care.

### **Self Care—Making Yourself a Priority**

How important is it to make yourself a priority? That can often be easier said than done, especially if you’re life is mostly dedicated to the care of others. Some people feel guilty about taking time for themselves. We can often convince ourselves that self-care is an indulgence or a treat, certainly not a necessity. Others preach to self-care being essential for one’s wellbeing. Speaking from experience, when I allow myself to be a priority from time to time, I’m a much happier, grounded and amenable person. Doing an activity that I love, just for myself, allows my soul to sing a little.

I’d suspect everyone has a favorite hobby or activity that makes their soul sing. Perhaps self-care could be as simple as doing what makes you smile most. It doesn’t necessarily need to be a grand adventure or significant endeavour. Maybe it just needs to be a walk or bike ride, reading a book, watching a movie or taking a nap. For me, writing a novel or short story illuminates me from the inside and makes me giddy. Losing myself within the imaginary time and space of the characters I’m writing refreshes me. And while not everyone is keen to write a novel, or to write anything for that matter, we must all feel ignited by something. Perhaps carving out time for what makes us happy isn’t a luxury at all. Maybe, it’s truly something which needs to be nurtured for you to live your best life.

I encourage you to go ahead and do it – take time for yourself to do what makes you happy. You just might find a renewed skip in your step and more happiness in your heart. You know what? Happiness can be highly contagious. So, in my humble opinion, by making yourself a priority and allowing self-care, in doing the things that can help you spread happiness,

you’re doing the rest of the world a favour. Take good care – literally!

*Amber Kariatsumari is a long-time resident of Redwood Meadows. She is a Writer, mainly of children’s literature, under the pseudonym, Amber Zierath. To find out more, please visit her website: [www.amberzierath.com](http://www.amberzierath.com).*

### **Turning everyday rituals into self-care**

It’s so easy to go through our days, almost on autopilot. Only to get to the end of the day realizing that we haven’t done a thing for ourselves.

The challenge I find with “self-care” is that sometimes it feels like yet another *to-do* item on the already long list. I know it’s good for me, I know I always feel better after it’s done, but still, self-care can get buried under all of the other obligations in life.

One strategy I’ve found so helpful, especially having young kids, is changing how I look at self-care, or what it is for that matter.

The simplest and longest lasting change I’ve made is viewing my cup of morning coffee (insert: tea, matcha, hot water & lemon here if you like) as self-care. It’s something that I can count on everyday. It’s already built into my routine so I don’t feel like I’m adding anything to the list. It’s something that brings me JOY. It’s something my kids don’t ask me for. It’s all for me, every single day.

Bringing some mindfulness to my cup has taken *my morning self-care routine* to the next level. I allow that cup of deliciousness to stimulate my senses. I notice the warmth in my hands, I take in the sweet aroma, and savor the taste once the first sip hits my mouth. All of these small details, when I focus on them, have a brilliant way of bringing me to the here and now, the present moment. It takes me out of that mindless, auto-pilot, “what’s coming next” state and brings me back, even if just a few minutes a day. I look at the mundane activity of making and



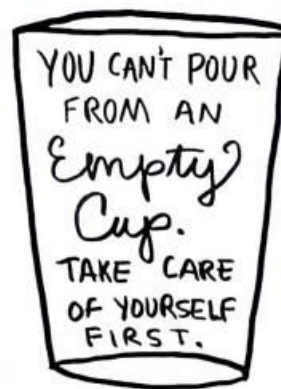
enjoying a coffee now as a sacred slice of “me time”, something that I’ve intentionally done for myself, that has brought me joy, that has “filled my cup” and anchored me into the present moment. I can rely on my coffee each day and it starts me off with the feeling that I have taken care of myself first.

Simple, easy, doable... This slight shift in perspective might just change your entire day.

Is there something *you* do each day, that you could turn into a mindful activity of self-care?

Yours in health,

Dr. Gillian Sawyer  
Prenatal & Pediatric Chiropractor  
Redwood Meadows/Cochrane  
<http://www.gilliansawyer.com/>



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*online booking available*

Join Us At Our Upcoming  
**Community Events!**



**BRAGG CREEK**  
community church *All Welcome!*

**Sunday Service 10:00am**  
**Youth Gym Night • March 1 & April 5 at 7:00pm**  
both at Bragg Creek Community Centre  
*Pastor Dave Zimmerman • [braggcreekchurch.ca](http://braggcreekchurch.ca)*




**Ladies Bible Study**  
Mondays 10:30am

**Needle Craft Club**  
First Sat of Every Month 7:00pm

**Monthly Business Lunches**  
Wed March 27 • 11:30am-1:30pm  
Do you own or manage a small business in Bragg Creek or Redwood Meadows?  
Retail AND home based businesses, join us for a **FREE lunch** once a month to get to know your fellow business operators!

**Christian Fiction & Nonfiction Library**  
**MEETING SPACE for your small group available!**  
Contact us at [thehub@braggcreekchurch.ca](mailto:thehub@braggcreekchurch.ca) to book your time!  
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## Chatter Survey Results

Thank you for your support of the Chatter. Our recent survey had great results. We plan to incorporate the feedback received to continue to enhance our community newsletter.

Here is a quick summary of what we heard. There were 30 survey responses.

**100% of respondents are avid readers**

**95% are currently happy with the look and feel**

**85% are satisfied to very satisfied with the content**

**72% believe we are meeting our mandate**

### Some suggestions:

- More history of Redwood and Bragg Creek
- Events Calendar
- More community support—ie. Job board, local business support, special people

**Look for more to come!**

## Mark Your Calendars

### March Events

Spring Sports Registration—Coming soon  
9th—A Skuzzy Beach Party—BCCA @ 6:30pm  
11th—Sub Lease Holder Meeting @ 7pm  
12th—RMCA Meeting @ 6:30  
17th—St. Patrick's Day  
22nd—Movie Night—BCCA  
March 30th—Outdoor Rink Party - Bragg Creek

### April Events—sneak peak

5th—Gear Sale Drop off  
6th—Gear Sale  
12th—Taste of Bragg Creek  
20th—Easter Egg Hunt and Brunch—BCCA  
21st—Easter  
26th—Movie Night—BCCA

### May Events—more to come!

May 3rd—Spring Fling—Redwood House  
May 4th—Poor Nameless Boy—BCPA

COCHRANE & WESTERN ROCKY VIEW



**Helping Hands**

**FOOD DRIVE**



**SATURDAY APRIL 13**

**10AM**

**HOSTING SITE: BOW VALLEY BAPTIST CHURCH**

**DONATE**

Residents of Bragg Creek "townsite" and Redwood Meadows "townsite", please place unexpired, non perishable food donations in a bag or box and leave on your doorstep before **10AM**. Volunteers pick up before **NOON**.  
(Toilet paper, cereal, peanut butter, canned goods - tuna - salmon - soup - fruit, cleaning supplies, coffee & tea, fruit cups, granola bars, oatmeal and rice)

Please call **587-580-9448** or email [fooddrive@helpinghandscochrane.ca](mailto:fooddrive@helpinghandscochrane.ca)  
(Donations may also be dropped off in the bins at Save On Foods, Safeway, Mark's No Frills & Sunset Ridge Pharmacy in Cochrane)

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Redwood Meadows'


*Spring Fling*

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May 3rd 2019

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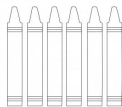
**We want to feature YOUTH!**

# Athlete or Artist of the Month



Please send your picture along with answers to the questions below to

✉ [thechatter@redwoodmeadows.ab.ca](mailto:thechatter@redwoodmeadows.ab.ca) for your chance to be featured.



Name:

Age:

What Activity/Activities do you participate in?

How long have you been participating?

What do you love about it?

Do you have a favourite move/piece/song/subject?

Any other highlights/recognition?

Perhaps a favourite coach/teacher/team member?

Do you have a budding athlete or artist at home?  
We would like to recognize the amazing and talented youth in our community.

Do your children (or hey you teens!) play a sport, participate in dance, taekwondo, maybe a gymnast in the family—or perhaps you've been working on your music, painting, photography, drawing or acting skills.

Regardless of the activity we would like to feature them/you!

*Are you a local business? We would enjoy a sponsor for this new feature, contact the chatter if interested*



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# Athlete/Artist of the Month

Ajuni Bhogal

Young Artist



Name: Ajuni Bhogal

Age: 10

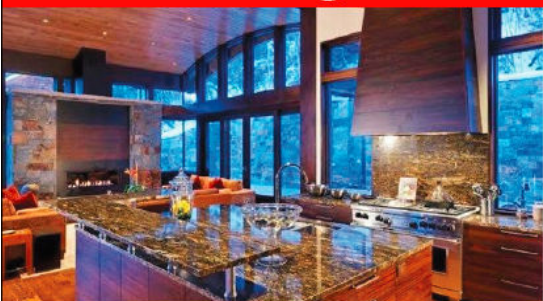
Favourite artist: Kenojuak Ashevak

School: Webber

Interests: Art & gym

*Barbara Jones* REALTOR®

Redwood Meadows Resident Realtor



*I have successfully sold numerous homes in Redwood Meadows and have introduced many new buyers to the community. If you're thinking of selling or buying, call me today! (403) 630-5194 cell*

*Barbara Jones*

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We would like to remind residents that Redwood Meadows has a "dog under control" by-law. While walking throughout the townsite and on the berm, keep in mind that not all residents enjoy dogs jumping or running after them and their kids.

**Dog Owners, Be Kind to Your Neighbours. Please be Considerate and Scoop up After Your Dog.**





## Taste of Bragg Creek—Experience ALL the Tastes of Bragg Creek!

In 2013 a small committee came together to bring attention to Bragg Creek in our slower off-season and showcase our local restaurants and the first annual Taste of Bragg Creek was born. Six years later and what was once a single-day culinary event has now grown into a year long celebration of all the Tastes of Bragg Creek; our outdoor adventure and beauty, art scene, boutique shopping AND our culinary scene.

On Friday April 12th, 2019 head to Bragg Creek for the 7th annual Taste of Bragg Creek.

Restaurateurs, caterers, and food and liquor merchants will prepare and serve unique “tastes” at booths at the Bragg Creek Community Centre. Park at the centre, purchase your tasting tickets and get started. Once you have experienced all the delightful dishes and libations at the centre we encourage you to grab a map and discover all the specials being offered at our local shops, boutiques and restaurant store-fronts. Tasting tickets will only be accepted in the Community Centre, but don’t worry there will be special menus, samples, promotions and even free tastings at the in-store venues.

Although we like to recognize the Tastes of Bragg Creek all year long, the past couple of years we have focused our efforts in the month of April. This year will be no different, during April local shops and restaurants will offer in-store promotions to celebrate Taste of Bragg Creek and encourage visitors to attend the annual event.

“Taste of Bragg Creek is not just about food anymore,” says founder Charlie Holschuh. “We have an exceptional culinary scene in Bragg Creek but we also have unparalleled natural beauty, talented artisans, unique shops and the best community spirit around. It’s a great time to head to our quaint Hamlet to taste all it has to offer.”

We’d like you to experience Bragg Creek every day of the year, but you’ll definitely want to be here on Friday April 12th, 2019 for Taste of Bragg Creek.

### Event Details:

Date: April 12th, 2019

Time: 5pm-9pm

Place: Bragg Creek Community Centre and local store-front vendors

23 White Ave, Bragg Creek

FREE admission and parking at Bragg Creek Community Centre

Tasting tickets are \$1.50 each

Number of tickets per sample is subject to merchant  
Visit [www.tasteofbraggcreek.ca](http://www.tasteofbraggcreek.ca) for more information.



### So make plans to dine out in Bragg Creek

On Friday April 12th, 2019 you're invited to the 7th annual Taste of Bragg Creek.

For complete details visit [tasteofbraggcreek.ca](http://tasteofbraggcreek.ca)



## Did you know? A Little Bit of Redwood Meadows History



**W**e heard through our recent Chatter survey that the history of Redwood was something that many would like to know more about. We have begun our search to bring you as much as possible.

Here we have some historical information on how Redwood Meadows came to be from an existing Redwood Meadows Backgrounder completed by Mayor Anderson in 1987.

The conditional land surrender date for Tsuu T'ina lands was on September 5, 1974. Surrender of the land was required to enable non-native lease ownership and mortgage financing. The land surrender allocated 1592.25 acres for the development of a town site. An 18 hole golf course was built which we now know as The Redwood Meadows Golf Course.

The "Master Plan" provided for 1200 homes with light commercial development. The Water treatment plant, water lines, sewer lines and lift station were designed for a residential development of 4000 people.

More Current information or facts suggest that Redwood Meadows now is a residential community of 351 homes and approx. 1150 residents located near the western edge of the Tsuu T'ina Nation reserve, approximately 25KMs South West of Calgary, Alberta. The development occupies approximately 400 acres, which includes homes, community buildings, roadways and common park areas with playgrounds. Presently there are no commercial developments. Community services include virtually all municipal services including but not limited to: water, sewer, fire and emergency medical, street lighting, paved roads, and refuse disposal among others.

For perspective, the current populations is approximately 50%-70% of the populations of communities such as Cross field or Turner Valley and we are actually larger than towns such as Coronation, Irricana and Trochu.

Next Month we will discuss how the Streets were named. Stay tuned!

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## Classifieds and Job Listings

### JOIN YOUR FRIENDS FOR A WALK IN THE HAMLET

The Ladies Auxiliary hosts a weekly walking group in Bragg Creek. Meet at 10:30am Wednesdays at the community centre. Email [jahand@telus.net](mailto:jahand@telus.net).

### GET ACTIVE WITH ADULT FITNESS CLASSES IN REDWOOD

Join us for a fun, varied and challenging one-hour workout at Redwood House every Monday, Wednesday and Friday at 9am. Bring running shoes, a water bottle, yoga mat and hand weights if you have them. First class is free so you can try it out! Email [anns@safari.ca](mailto:anns@safari.ca) or text 403-689-4835 for information.

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### Are you hiring?

We would love to post your job listings here.

Email your jobs to

[thechatter@redwoodmeadows.ab.ca](mailto:thechatter@redwoodmeadows.ab.ca)

## THANK YOU!

The Banded Peak School Council and Friends of Banded Peak Society would like to thank everyone who supported our fundraising dinner and silent auction. We are pleased to announce that this event raised approximately \$6,600 for our new playground!

Special thanks to Eric Rohatinsky and his team at the Bavarian Inn for their generous support of this event.

We would also like to thank the following individuals and businesses for their generous support of our fundraiser:

Absolutely Massage (Sylvia Lappa)

Andrea & Mike Hanson

ATB Bragg Creek

Banded Peak School Staff

Bavarian Inn

Bragg Creek Foods

Christy & Bart Frasca

Creekers Restaurant

Dave Zimmerman

Donna Sukovieff

Enmax

Faith & Darren McLean

Fieldstone Fruit Wine

Helen Cirin

Hitch Out Inc. (Jeff Weiss)

Iain Shaw

Jobe Jewellery Design

Kelly & John Kangles

Kirsten & Nolan Tudor

Komer Kitchen

Kristen & Tyson Schmidt

Laura Johansen

Lyle & Yvonne Slenger

Michelle Minke

Renate van der Zande & Dave Foster

Rocky Mountain Weddings (Julie Padgett)

Ruby Red Vino (Karla Watts)

Sonja Allen

Spirits West (Fred Konopaki)

Sport Chek (Crowfoot Location)

Stillwater Design (Sandy Angle)

Stone Willow Jewellery (Nicole Martin)

The Little Schoolhouse

Trisha & Jeremy Gizen

Unified Systems Group (Jason Burke)

Veritas Developments (Roxanna & Ryan Bird)

Wintergreen Athletic Therapy (Susie MacPhee)

## Playgroup in Redwood

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**NEW TIME**

**Tuesdays**

**10:30am to 12:00pm**

**\$2**



Come out and meet other parents with little ones. Indoor playgroup at Redwood House for parents and children up to 3. There are toys, play structures, mats and overall frivolity for the kids.

There is coffee and chairs for the parents.

Hosted by RMCA

[www.redwoodmeadows.ab.ca](http://www.redwoodmeadows.ab.ca)

## Redwood Meadows Babysitters List

Name	Age	Courses	Contact
Banon	14	Home Alone, Babysitting course	403-949-4104
Bo	13	Home Alone, Babysitting course	403-949-8471
Darian	15	St. John's Babysitting, Home Alone	403-949-2490
Elizabeth	12	Red Cross Babysitting, CPR	403-540-8056 <a href="mailto:ekorthuis@telus.net">ekorthuis@telus.net</a>
Emma	19	CPR, First Aid, Special Needs Experience	587-899-5420
Emily	17	First aid, CPR	587-582-2846
Griffin	12	Babysitting course	403-408-6998
Jerrith	14	Red Cross Babysitting	403-869-5634
Kate	16	Babysitting course	403-860-9525
Keeling	16	Red Cross Babysitting, Home Alone, First Aid	403-949-3149 <a href="mailto:keelingbarrie@me.com">keelingbarrie@me.com</a>
Liam	16	Babysitting course	403-949-2090
Logan	14	St. John's Babysitting, Home Alone	403-949-2825
Lucy	21	CPR, First Aid, Babysitting course	587-586-5129 <a href="mailto:lucygracetalman@hotmail.com">lucygracetalman@hotmail.com</a>
Mackaela	12	Babysitter's license, standard first aid and CPR-B	403.969.6732 <a href="mailto:macarchambault@gmail.com">macarchambault@gmail.com</a>
Mairenn	15	St. John's Babysitting, Home Alone	403-949-2490
Nolan	11	CPR, Babysitting course	905-999-0635 <a href="mailto:tanyasilvercy@gmail.com">tanyasilvercy@gmail.com</a>
Quinn	12	Babysitting course	403-949-3149 <a href="mailto:quinnbarrie@me.com">quinnbarrie@me.com</a>
Sawyer	13	Red Cross Home Alone, Babysitting course	403-949-8888 (Redwood)
Tanis	13	Red Cross babysitting course	403-949-3303
Tessa	12	Babysitting course	403-949-3214
Tia	14	Babysitting course, Home Alone course	403-949-4475
Tianna	12	St. John's Babysitting, Home Alone courses	403-949-3463
Zara	14	Babysitting Certificate	403-949-4474

**Disclaimer: The Chatter provides this list solely as a service to the community. It is the responsibility of parents/guardians to check all credentials and references before hiring a caregiver for their child(ren).**





**A SKUZZY**  
**"Beach Party"**  
**A BCCA FUNDRAISER**  
**MARCH 9 2019**  
**AT THE BRAGG CREEK COMMUNITY CENTRE**

**TIKI THEMED DRINKS, SILENT AUCTION, 50/50, LIMBO & HULA HOOP CONTESTS, MUSICAL PERFORMANCE BY SKUZZY & THE WOODTICKS**

**6:30 DOORS 8:30 MUSIC**    **\$40 TICKETS**    **SOLD AT THE COMMUNITY CENTRE AND EVENTBRITE.CA**

**DINNER WILL BE SERVED BETWEEN 7 AND 9 PM**  
**VISIT OUR BEACH CANTINA WINDOW TO PICK UP YOUR PLATE**

