



Chatter

- IN THE WOODS -

Read the online version of the CHATTER at

www.redwoodmeadows.ab.ca

Let's get social!

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@Redwood Meadows



Hello Redwooders and Neighbours,

At the risk of coming across as totally cheesy, I want to say how much I love our community! Before moving to Redwood Meadows, we lived in the same house in Calgary for five years and barely knew our neighbours. In fact, I'm embarrassed to admit that we didn't even know our next-door neighbours' names. Now, it's impossible to walk down the street without stopping to converse with most everyone we see along the way. If we have a childcare issue, there are plenty of families I can call to ask for help. And I love that kids playing doesn't necessarily have to be a "play date," it can just be kids showing up asking if my kid wants to play.

In the past month, neighbours have come by with flowers, plants, muffins, cookies, and lovely cards. They've done it, not because I've done anything special or am in need of assistance, but because they are awesome, kind, and giving people. Even though I am lucky to live on an amazing cul-de-sac (shout-out to Manyhorses Bay!), I know this generosity is replicated throughout our community.

There are a ton of other reasons to love Redwood Meadows, but the people and our community feel are arguably the most important (at least for me). One way we can improve and come together even more is to increase volunteerism. Since beginning to volunteer myself I've met some wonderful people, I feel even more invested in the community, and I have a personal sense of fulfillment knowing that I'm contributing towards all of the reasons I love Redwood so much! Please look at pages 10-11, 15 of this issue to see how you can get involved.

Last but not least, a HUGE shout-out to our newest Chatter contributors: Matthew Cowen and Sonja Allen! Thank you for making the Chatter great! Please contact us at theredwoodchatter@gmail.com for all Chatter and volunteer related inquiries.

Warm regards,

Rebecca Parzen

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A MESSAGE FROM THE RMCA PRESIDENT

*H*ello!

It's the season to start layering up for cold mornings and shedding pieces of outerwear as the day warms up. I love fall, it's one of the easiest seasons to be in. A season where we slow down, prepare for winter and reconnect with our friends and family.

As we relocate back to our community after our travels, take the time to look around your street to see what's new or has stayed the same. There is a good chance you have new neighbours. Be the first to welcome them. Share your knowledge about Redwood and our surroundings. Make them feel welcome.

Our Rockin' Redwood Chili Cook-Off on Saturday, October 3, is a great way to reconnect with old friends and new neighbours, as well as showing your support for two great volunteer groups in this community. RMCA and RMES are both a huge part of the foundation that solidifies Redwood Meadows. They are the strength and spirit that make Redwood Meadows so fantastic. And with all local forces—Townsite, Council, RMES and RMCA—collaborating to organize the event, it can only be predicted to be amazing.

RMCA is looking to add new faces to our association. We will be holding our AGM the third week of November and we will need positions filled. Some of our current team members are moving on to new adventures. I really want for everyone to know how much these people and former RMCA members have meant to me and how thankful we all should be to have such wonderful volunteers in our community.

I wish you all a great month enjoying the changing season and our surrounding communities. We are so very privileged to live here.

Kind regards,

Renate van der Zande

rmca-president@redwoodmeadows.ab.ca

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CHATTER IN THE WOODS

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www.redwoodmeadows.ab.ca.

Receive a link to the Chatter on the first day of each month by emailing us at:

theredwoodchatter@gmail.com

Printed copies are available from the Chatter boxes at Redwood House, mailboxes and at the BCCC in Bragg Creek.

ADVERTISING RATES

Business Card	\$30/month
Quarter Page	\$44/month
Half Page	\$63/month
Full Page	\$120/month

Payment is required with your advertisement.

Discount rates are offered for six-month or one-year commitments.

The deadline for submission is the 15th of the month prior to publication. All articles must be signed.

Chatter in the Woods is not responsible for the content or accuracy of articles printed. The views reflected in this newsletter do not reflect the views of the editors.

Contact the Editorial Team at:

theredwoodchatter@gmail.com



VS



ROCKIN' REDWOOD CHILI CHALLENGE & FALL FAIR



OCTOBER 3 12-6 PM
REDWOOD TOWNSITE

THE FIGHT IS ON! REDWOOD AND FIRE ASSOCIATIONS ARE FACING THE ULTIMATE CHALLENGE- A CHILI COOK OFF! \$8 FOR A VOTE+ 2 PORTIONS OF CHILI \$5 KIDS

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Buy tickets at: <http://bit.ly/redwoodchili>

Can't make the event? That's OK. You can still donate on the ticketing website.

RMCA AGM

When: Third week of November
Where: Redwood House
Who: All Redwood Meadows Residents

We can't do it without you! All executive positions need to be filled, plus more!
For more information, see page 10-11. We're excited to see you there!

A MESSAGE FROM REDWOOD MEADOWS MAYOR & COUNCIL

Happy October! We hope everyone is well and adjusting to a unique school year. Council and Townsite continue to work hard balancing the needs and safety concerns of our community.

- Townsite office and community spaces are still open by appointment only
- Activities such as Taekwondo and Zumba are starting up, adhering to COVID protocols
- Townsite is focused on ensuring winter outdoor recreation and associated amenities are ready to help keep everyone safe and active in the coming months

During this time, effective communication is key. Please sign up for our weekly Updater and get the Redwood Meadows app from The Apple App store or Google Play. We communicate special events, emergency alerts and general happenings through these methods. You will also find updates on our new website.

More beautification projects have recently been completed, including:

- The Redwood House back patio is refinished and ready for outdoor events!
- A new fire pit has been installed by the Skate Shack – just in time for hockey season!
- Five new Interpretive Trail signs were recently installed along and behind the berm, acknowledging the Indigenous heritage of Tsuut'ina. The signs show the importance of hunting and gathering, wildlife and plants important to Tsuut'ina, the importance of cultural dance, the history of the Tsuut'ina leaders, and the historical territory and migration of Tsuut'ina.
- Redwood's 11-hole Disc Golf course is now open! A course map was recently sent through the Updater and is available by contacting the Townsite Office

Our focus in September was completing critical water distribution line repairs. Earlier this year, several leaks were detected, taxing the water treatment plant and causing home water pressure issues. Three significant repairs have been completed in the south end (apologies for minor outages and boil water advisories for Wolf Drive). North end repairs should be completed by end of September, after which the paving company will arrive to repair roads impacted by the digs throughout the community. Thank you for your patience while we complete this important planned work and improve water delivery to homes in Redwood.

Regarding the lease, we are exceptionally close. Final conversations are underway to confirm Department of Justice support and Tsuut'ina is drafting Band Council Resolutions for a lease vote. Leaseholders will be contacted as soon as we have a vote date. The lease communication packages containing all pertinent information are ready to go. PLEASE NOTE – If you have not completed your voter delegation package, contact Peg at the Townsite office.

Thank you as always for your ongoing support.

Scott Ackerman
Redwood Meadows Deputy Mayor and Council



REDWOOD MEADOWS TOWNSITE UPDATE

OFF LEASH DOG CERTIFICATION

The amended Animal Control Bylaw came into effect on September 15th. This Bylaw mandates all dogs to be on-leash within the boundaries of the Townsite at all times unless they have passed a behavioral exam to have their dogs off-leash on the BERM ONLY. If you wish to partake in a four-session training course with your dog finishing with a behavior exam, please contact Kim at Blue Ribbon Kennels, blueribbonkennel@icloud.com. All dogs that successfully pass the exam will be issued a white bandana tag with a number to be worn while on the berm.

FREE RUGBY SESSIONS

Rucking Good Time Rugby is hosting two more free Introduction to Rugby sessions at Curtis Field. Ages 8-18. To register contact admin@redwoodmeadows.ab.ca

- Saturday, October 3, 1100-1230hrs
- Saturday, October 10, 1100-1230hrs

TOWNSITE EQUIPMENT RENTALS

To rent our 5-ton log splitter contact admin@redwoodmeadows.ab.ca

VOTER DELEGATION PACKAGE

We have now completed over 200 of the 351 delegations! If you have not already completed your voter delegation package, please contact prupert@redwoodmeadows.ab.ca to book your appointment. Completed paperwork is required in order to participate in the vote for the new lease agreement.

FIRE SMART

If you would like to take advantage of a free property assessment contact admin@redwoodmeadows.ab.ca

BYLAW CONTACT INFORMATION

Please Note: Bylaw Officer Lynn Gallen can be reached at 403-813-3105 or email at lgallen@redwoodmeadows.ab.ca

COUNCIL MEETINGS

Meeting agendas are available to the community on the Redwood Meadows website prior to the Council meeting. If there is an agenda item that you would like added, please forward this to Peg Rupert, our Council Executive Assistant on or by the Friday before the scheduled Council meeting. Contact: admin@redwoodmeadows.ab.ca



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NEW INTERPRETIVE SIGNS AROUND TOWN!

When you are out for a walk enjoying the fall weather you may notice some new additions along the berm trail. Five interpretative panels were recently installed acknowledging the indigenous heritage of the Tsuut'ina Nation in our area. The five signs show the importance of hunting and gathering, wildlife and plants important to the Tsuut'ina, the importance of cultural dance, the history of the leaders of the Tsuut'ina Nation, and the historical territory and migration of the Tsuut'ina. To provide you with context, the project was funded through a grant from Y2Y, a conservation organization. The five panels were designed solely by Tsuut'ina's Communications Department, directed under the guidance of Jordan Bigplume. The historical, cultural, and heritage materials were worked on by her team in conjunction with the Gunaha Institute, Tsuut'ina's language and culture commission. The project took over a year to complete in its entirety and utilized research from documents and artifacts not normally provided to the public.

The construction of the signs was completed by two local companies: Outdoor Museum and M2 Design, which produce most of the trail signs for Alberta Parks and for Parks Canada. The project was initiated by the Council of Redwood Meadows in their ongoing partnership and in recognition of the stewardship of the community that the Tsuut'ina Nation entrusts them to do. Next time you are out for a walk, take some time to stop and have a read and enjoy the new additions to the community and gain some understanding of our geographical importance to the Tsuut'ina Nation. *Siyisgaas* (thank you).

Mike Decore
Townsite Councillor



REDWOOD MEADOWS—LOCAL BUSINESS LISTINGS

Adrian Turner Wall&Floor Tiling/Bow Valley Rugby	403-863-2758	rugby34@telus.net
BCCA	403-949-4277	program@braggcreekca.com
Blinda Bilou - Interior Design & Renovation	403-461-9748	BlindaBilouInteriors.ca / bdbilou@gmail.com
Big Brothers/Big Sisters of Calgary and Area		Leila.maillet@bigbrothersbigsisters.ca
Bragg Creek Community Church	403-949-2072	braggcreekcommunitychurch@gmail.com
Bragg Creek Tree Huggers - Pruning & Removal	403-589-6594	
Bragg Creek Insurance and Registry	403-949-2599	info@braggcreekinsurance.ca
Care in the Creek	403-949-2457	careinthecreek@gmail.com
Cochrane Public Library	403-709-0346	Andrea.Johnston@cochranepubliclibrary.ca
Counseling, Dr. Karen Massey, Reg. Psychologist	403-390-1815	drkaren@emergo.ca / www.emergo.ca
Countryside Financial - Candace Perko	403-949-4129	cperko@countrysidefinancial.ca
Fitness with Ann Sullivan	403-689-4835	anns@safari.ca
Harder and Sons Exterior Maintenance Services	403-949-3442	Lowell@exteriormaintenance.ca
Jennifer Illescas, CIR Realty	403-966-4224	jillescas@cirrealty.ca / jenniferillescas.alberta.cirrealty.ca
KarmiK Sport & Personal Development	403-408-6998	karmikathletics@outlook.com
Kamp Kiwanis	403-686-6325	general@kampkiwanis.ca / www.kampkiwanis.ca
Linda Anderson - Barrister, Solicitor, and Notary	403-243-6400	linda@lindaandersonlaw.com
Maverick Law	403-949-3339	admin@mavericklaw.ca / www.mavericklaw.ca
Mountain's Edge Renovations	403-949-7727	www.mountainedgerenovations.com / 4wolves@persona.ca
Redwood Meadows Emergency Services	403-949-2012	www.rmesfire.org Call 911 in an Emergency
Redwood Meadows Tae Kwon Do School		redwoodtaekwondo.com / redwoodtaekwondo@telus.net
Refining Fire Metalworks (comm & res welding)	403-589-6594	bdbilou@gmail.com
Resource & Support Services in Bragg Creek	403-851-2286	wendy.farnsworth@cochrane.ca
Robotics	403-993-2334	
Rocky Mountain Adventure Medicine Inc.	403-949-2632	rmam@adventuremed.ca / www.adventuremed.ca
Swamp Donkey Musical Theatre Society		www.swampdonkeytheatre.com / swampdonkeytheatre@gmail.com
The Little Schoolhouse	403-949-3939	www.thelittleschoolhouse.ca
Trish Berkshire—Avon & Tupperware Consultant	403-949-5508	bberkshire@personainternet.com
Wintergreen Golf Course	403-861-8918	sjackson@wintergreengolf.com
XC Bragg Creek Ski and Bike Society		www.xcbraggcreek.ca
Youngevity Distributor—Helen Cirin	403-604-9785	helencirin@gmail.com / helencirin.youngevitysocial.com

REDWOOD MEADOWS EMERGENCY SERVICES

*L*ike it or not, winter is coming. It's time to get prepared for whatever it will bring! Follow these tips for staying safe:

1. Have fun outdoors.

- Before heading out, complete a trip plan and leave it with friends or family. Start your adventures early in the day in case you encounter problems so we can find you in daylight.
- Get trained for your adventure and stay within your limits.
- Take survival essentials with you and equipment.
- Wear a helmet when skiing, skating, snowboarding and snowmobiling.
- Dress in layers to avoid hypothermia and keep your head, ears and hands covered to prevent frostbite.
- Be careful when completing fall cleaning activities. Use equipment such as ladders and chainsaws safely.

2. **Be safe indoors:** Make sure your smoke and carbon monoxide alarms work, get your furnace serviced and don't leave burning candles unattended.

3. **Check your family emergency kit:** Gather basic emergency kit items, such as a flashlight, battery-operated radio, food, water, extra medication, pet food and blankets.

4. **Get your vehicle ready:** Get your vehicle serviced. Prepare an emergency kit and keep it in your vehicle.

A final note....hazardous material drop offs at the fire hall are becoming a problem. Some of these drop offs are occurring during weekend duty shifts when members are there and can redirect them. Other times, hazardous materials are being dropped off more secretly. **Redwood Meadows Emergency Services is not set up to accept hazardous materials – please do not leave them at the fire hall.** The Bragg Creek Waste Transfer Station is equipped and welcomes you to bring your waste, recycling and hazardous material drop offs to them during regular hours.

Until next month, stay safe!

Alison Archambault



*H*ello Creekers!

Nature School - A program to support Homeschool

The Bragg Creek Centre is once again partnering with Rediscover Play to offer nature programs that support Homeschool. Our nature programs offer an optional Homeschool extension that will document curriculum connections and learning outcomes to support Homeschool planning. Morning and/or afternoon sessions on Monday and Wednesday - with the homeschool extension if desired. Fridays will be morning nature programs only. For families who are not comfortable with the return to conventional schooling but are unable to be at home we have a full-time nature homeschool service available. Our staff will implement curriculum, mostly outdoors, that meet Alberta Education and Homeschool outcomes.

Internet Co-Workspace

Need to work from home but struggling with unreliable internet? Wondering how you will make that important Zoom meeting? We've got you covered! Our Co-Workspace offers individual workstations with access to a robust internet connection in a clean, safe shared space. Contact us to book by the day, week or month.

Upcoming

Parenting during a Pandemic and Talking to your Child about Fears

October 15, 6:30 – 8:00 PM (In-person Event)

Parenting can be challenging especially during these uncertain times. Join the Family Resource Network to learn parenting tips and how to help your child navigate their fears. Suitable for parents with children ages 5 – 12.

This workshop requires registration in advance.

Email: info@braggcreekca.com or call 403-949-4277 to register

BCCA AGM—October 28, 7:30 PM (In-person Event)

Want to help support Bragg Creek and Area residents and build community for current and future generations? Do you share in our vision of a connected and engaged community with a welcoming and vibrant Community Centre? Bring your knowledge, energy, and expertise and join us!

We specifically require Board members who possess marketing, financial and business acumen to help strengthen our governance and strategic decision making. We have both 1 year and 2 year term positions open. We would love for you to attend, get involved and have your say. Remember only current members can vote! Call us now to purchase or renew your membership today!

Halloween Prowl—October 31, 6:30 – 9:00 PM (Outdoor Event)

Join us Halloween night for a spooky evening of safe trick-or-treating and ghoulish fun here at the Centre. Visit the resident witches, ghosts and goblins at each of their lairs (exterior doors around the building) to get your fill of treats. Show off your best Superhero, Monster or ironic getup in the *Costume Parade*. Bring your epic carving skills and enter the *Jack-o-Lantern Judging Contest*. Concession will be open.

Watch our website and social channels for more upcoming programs and events!

Christine Pollard
Program and Event Manager





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REDWOOD MEADOWS—VOLUNTEER OPPORTUNITIES

We can't do it without you! With the Redwood Meadows Community Association AGM fast approaching in November, there's no better time to start thinking about ways to volunteer in our community. Redwood Meadows has so many great events and activities because of people like you! Volunteering is a great way to share your skills, learn new skills, give back to the community, add to your resume, make new friends, and expand your professional networks. Please join us and share your passion, skills, and enthusiasm.

There is a range of opportunities to choose from—from one-time event volunteering to more engaged commitments like joining a committee or the Board of Directors. Please check out the opportunities below and thank you for making Redwood Meadows a great place to live!

If you would like to start volunteering in any capacity please send your name, contact information, and positions in which you have interest to theredwoodchatter@gmail.com. Alternatively, you can go to the Townsite website to submit your information:

<https://www.redwoodmeadows.ab.ca/Community#VolunteerOpportunities>

EVENT OPPORTUNITIES

Events Committee – This committee decides how events will look and they make each event successful and fun. If event planning is something that interests you, come join for one or all events!

Winter Festival
Spring Fling
Easter breakfast and egg hunt
Canada Day

Movie in the Park
Chili Cook-off
Paint Night
Halloween

Kananaskis Christmas Market
Photos with Santa
Santa in the Woods
New Year's Eve Potluck



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REDWOOD MEADOWS—VOLUNTEER OPPORTUNITIES

Event Volunteer Opportunities – Are you looking to volunteer without making a larger commitment? Come out to support an event! Send us your information so we can contact you when help is needed or watch for announcements in Updater emails and on social media to sign up to volunteer for these events.

COMMITTEES

Committees are essential to support the work of the Redwood Meadows Community Association. Each committee has different time commitments and schedules. If you have passion for any of the following areas, your talents and enthusiasm are critically needed:

Executive Committee

The purpose of the Executive Committee is to fulfill obligations including financial stability, good governance, transparency, strategic planning, and Board performance review. The Executive Committee is composed of the President, Vice President, Secretary, and Treasurer.

Audit and Finance Committee

The purpose of the Audit and Finance Committee is to assist the Board in fulfilling its fiscal oversight responsibilities including review of financial information, review of existing financial position, and support the ongoing development of relevant financial management policies and procedures, including overseeing the annual financial statement audit and risk management related to financial assets, data management, and the insurance.

Governance Committee

The purpose of the Governance Committee is to assist the Board to develop and maintain governance policies and practices that address transparency, independence, accountability, fiduciary responsibilities, ethics and management oversight. This committee oversees the implementation and effectiveness of the by-laws and other governance documents and recommends modifications as needed.

Communications Committee

The purpose of the Communications Committee is to communicate and inform residents, media, and the public at large about the events, issues, and accomplishments that pertain to the Redwood Meadows Community Association. This committee also liaises with Townsite and Council for effective and non-redundant messaging. Communication mediums include but are not limited to:

- Redwood Meadows social media presence
- Chatter in the Woods (newsletter)
- Townsite website and app

Sports Programming Committee

The purpose of the Sports Programming Committee is to organize community-run spring sports and act as liaison between the Redwood meadows sports clubs and the RMCA.

Ad hoc Committees

When a new project or topic comes up that we need a temporary or permanent committee for, we'll form a committee that will include all interested parties.

Halloween Jokes

Q: What do you call a witch's garage?
A: A broom closet

Q: What do you get when you cross a snowman with a vampire?
A: Frostbite

Q: What's it like to be kissed by a vampire?
A: It's a pain in the neck

PICAPIX PUZZLE

A picture will evolve as you complete the puzzle. Start with the largest numbers or combination of, colour in squares and proceed to work back and forth between columns and rows.

The three basic rules are:

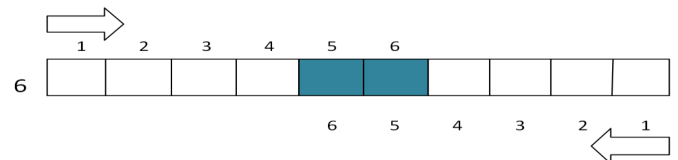
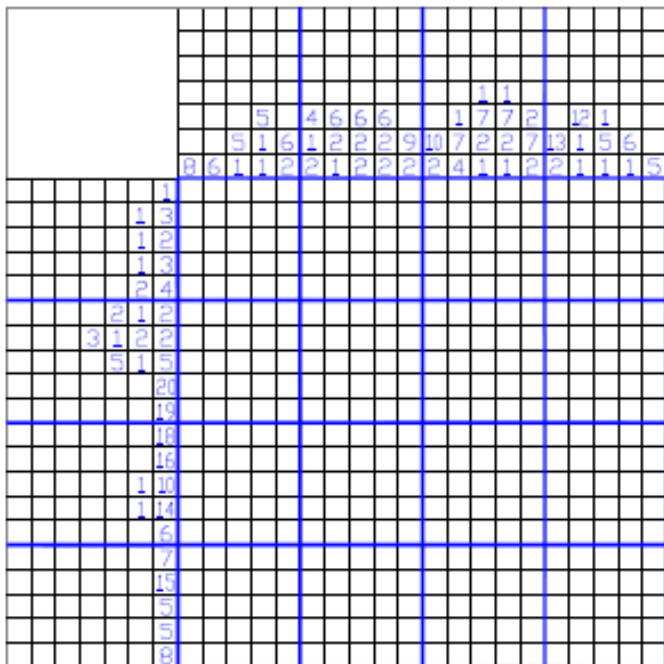
1. Numbers represent how many squares you colour in to form a group or block.
2. Leave at least one square between these blocks.
3. The sequential order of the numbers is the order of the blocks, i.e., top number for a column is the top, block, and left-most number for a row is the left-most block.

The “logic count method” shown below is very useful: The clue at the left of the row is 6, so count 6 squares from the left to right and then count 6 squares from right to left. Confidently shade in the overlapping squares.

This same method can be applied even when there is more than one number, remembering to allow one empty square between groups or blocks. Use a second colour for elimination of background squares.

Created by Diane Baher of Okotoks

GONDOLIER



Join Us At Our Upcoming
Community Events!

BRAGG CREEK
community church

All Welcome!

Sunday Service 10:00 - 11:30am

We are meeting again, with **PHYSICAL DISTANCING, LIMITED ATTENDANCE** as we observe Alberta protocols. For what to expect, visit our website and join the email list for up to date info.

You can also still join us on Facebook Live or YouTube, details on our Facebook page and website




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- SMALL BUSINESS

NATURE CORNER—THE LARCH CONUNDRUM

Growing up in Michigan, fall color change has always been a part of my life. We had huge maples, oaks, birches, and elms that turned beautiful shades of red, yellow, and orange. Raking up the leaves, smelling the faint odour of decomposition, and jumping in the huge piles was a highlight every October. The importance of this time of year continued to evolve for me when, on our first date, my now-husband took me to the mountains in the Colorado Rockies to see the bright yellow Aspens. Three years to the day later, we went back to the same stand of trees to sign our wedding papers. Taking drives and hikes during this beautiful time has become an annual tradition for our family.

When we first moved to Alberta, we were especially enamoured with the larch trees. I had previously seen them ornamentally, but I had never observed the huge wild stands that dot the high mountains in Kananaskis and Banff. That we have so many larches in Redwood Meadows and Bragg Creek makes my forays during this time of year that much more special. I can't help thinking, though, what makes larches so different from other pines?

As it turns out, the answer to my question wasn't as straightforward to find as I thought. According to Wikipedia, "*Although they are conifers, larches are deciduous trees that lose their needles in the autumn.*" Wait, what?! I was taught in school that trees are either coniferous or deciduous, how can they be both at the same time? Throw into the mix the term "evergreen" and I became even more confused. Some websites claim larches are evergreens while others claim the opposite, and more still have ambiguous wording leaving the classification completely up in the air. So, let's break this down together. Here are some important definitions from [Dictionary.com](https://www.dictionary.com):

Deciduous (adj): (of a tree or shrub) shedding its leaves annually

Informal: (of a tree or shrub) broadleaved

Conifer (n): a tree that bears cones and needle-like or scale-like leaves that are typically evergreen...

Evergreen (n): a plant that retains green leaves through the year

OK, a few things seem pretty clear to me. First, larches are not evergreens since their leaves (needles) turn yellow every year. Second, most of what I learned in elementary school about deciduous and coniferous trees being mutually exclusive was incorrect, and not rooted in science. Although trees are often only deciduous or coniferous, their definitions are not mutually exclusive (unless you look at the informal definition of deciduous). A deciduous tree need not have broad leaves and a coniferous tree is not necessarily an evergreen. Thus we can have a deciduous conifer in our midst, such as the larch. Larches shed their leaves every year AND they bear cones. The fact that they are not evergreen makes them unique among conifers, but still coniferous. Similarly, the fact that they have needles instead of broad leaves makes them unique among deciduous trees, but still deciduous.

Now, keep in mind that I am not a botanist and I have absolutely no qualifications other than interest and enthusiasm to classify a larch. Do you have a different opinion, or perhaps you are actually qualified to provide clarity? I would love to hear from you and post any comments I receive in next month's Chatter, theredwoodchatter@gmail.com.

Rebecca Parzen



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ARTICLES BY KIDS! —SOCCER REVIEW—Cavalry FC at the Island Games

Great start for Cavalry FC at the Island Games this year, but a disappointing ending. Due to COVID 19, it was a late start to the Canadian Premier League, however it did kick off on the 13th of August in P.E.I.

The opening game for Cavalry was against Forge FC, of Hamilton, Ontario. The first player to score was Zator, a Calgarian defender who rose to the occasion to head the ball past Triston Henry in goal. In the 26th minute, Novak of Forge acrobatically volleyed the ball into the back of the net. After the halftime break, Forge were the dominant team and in the 70th minute of the game, Cavalry lost possession in midfield and would be made to pay. A minute later, Forge's captain, Bekker, put a diving header into Carducci's net. In the 91st minute of 5 added, Cavalry won a penalty as the ball struck the arm of Forge's Samuel. Suddenly Cavalry had a chance to draw level. The English full-back, Mavila, took the penalty resulting in **Cavalry 2 - Forge 2**.

Cavalry's next match on the 16th was against Valour from Winnipeg. After a few early chances for both sides, it was the Cav's who opened the deadlock in the 29th minute. Just 4 minutes later another great goal for our local side was scored, resulting in an important win for Cavalry. **Cavalry 2 - Valour 0**. Next was the Al Clasico, the most fierce rivalry in Canadian Soccer, a local derby between Calgary and Edmonton. Cavalry were strong favourites but it was Edmonton who had the first chance, in the 12th minute, but luck was on the Horseshes side, as they ended up winning. **Cavalry 2 - Edmonton 0**

Cav's fourth game in the opening round was against HFX Wanderers from Halifax. It was Mavila who opened the scoring in the 27th minute. Just over an hour later, Jordan Brown put us two goals in front. Unfortunately, HFX managed to pull one back in added time.

Cavalry 2 - HFX -1

Cavalry then faced the new boys to the league, Atletico Ottawa. A draw would see Cavalry automatically through to the next round, but this was not to be. **Cavalry 0 - Atletico Ottawa 2**. They followed that up with a 2-1 loss against Pacific FC.

The final game of the first round was against York 9, a must-win. Luckily the Cav's did score thanks to Haber. They managed to hold on for the final twenty minutes, which meant they finished top of the table and went through to the next round! **Cavalry 1 - York 9 0**

Unfortunately, the second stage of the Island games did not go so well. A great game against Pacific resulted in a 3-1 victory. But it was all downhill from there, losing 2-1 against Halifax and then facing their main opposition from last year, Forge. It didn't start well with Forge scoring half an hour in. There was to be no way back for Cavalry. What turned out to be their last game of the season was a disappointing one. Elimination from the tournament, and an anticlimax to a promising campaign. I can highly recommend watching the home games at AtcoField, Spruce Meadows.

Matthew Cowen (Age 13)

Soccer enthusiast



Calling All Chatter Enthusiasts:

We are looking for contributors (yes, YOU!) to make the Chatter the best it can be. Make a submission once or commit to a monthly article. If you are looking for a topic here are some ideas:

Gardening - Some topics could be how to prepare your garden for winter or planting bulbs in the fall.

Recipes - Do you have a favourite family recipe (or one you just came across) that you'd like to share?

How-To Article - This could range from a small building project to making an origami crane to practicing mindfulness. You choose!

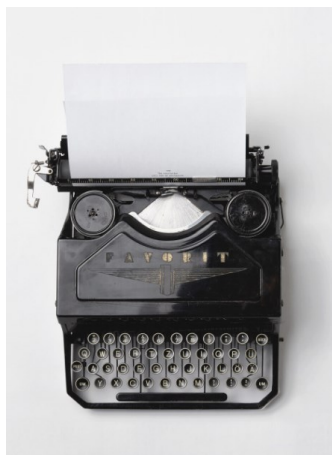
Top Ten List - Another open-ended one...movies from the '80s, poisonous spiders, vacation destinations. So many possibilities!

Get to Know Your Community Volunteers - Any aspiring journalists out there? Interview our wonderful community volunteers and write a monthly article on a different person doing amazing things in Redwood Meadows.

Creative Entries - Do you write short stories or poems? Are you an artist? Send your work in and we'll share it with the community.

Kids Entry - KIDS, the Chatter is for you too! Write a story, draw a picture, come up with anything creative you would like to see published!

Please help make the Chatter the best it can be and fun for the entire community to read! Email submissions and inquiries to theredwoodchatter@gmail.com



We want what you
have to say!!!!

Contribute to the chatter today



MORTGAGE MATTERS—What happens if your mortgage deferral period is about to end?

The three to six month mortgage deferral, used by 760,000 Canadians and \$170 billion worth of outstanding mortgage vacations taken from their mortgage payments, will come to an end soon. OSFI, Canada's banking regulator, announced it will start phasing out special regulatory capital treatment of deferrals given improving economic conditions.

But what happens if your mortgage deferral period is about to end, what are your options?

If you can resume your payments now

When your deferral lapses and/or when you're ready, resume your regular payment as per your mortgage schedule. Getting back on track reduces the overall interest you'll pay. Also, you'll come out of "deferred status" on your credit report which is important as you may not be able access any new credit while in this condition. Be sure to check your personal credit report the next month to make sure it updated correctly. Congrats, you're back on track!

If you need a bit more time to re-start payments

If there is a small gap between when your payments are set to start and when you'll have the money for the payment, here are some ideas:

- Contact your lender and ask if they will extend the deferral period for the small time needed.
- If you have a line of credit, borrow from it to make your mortgage payment. Only consider this if you can repay it promptly.
- Can a friend/family member help cover your costs in the interim?

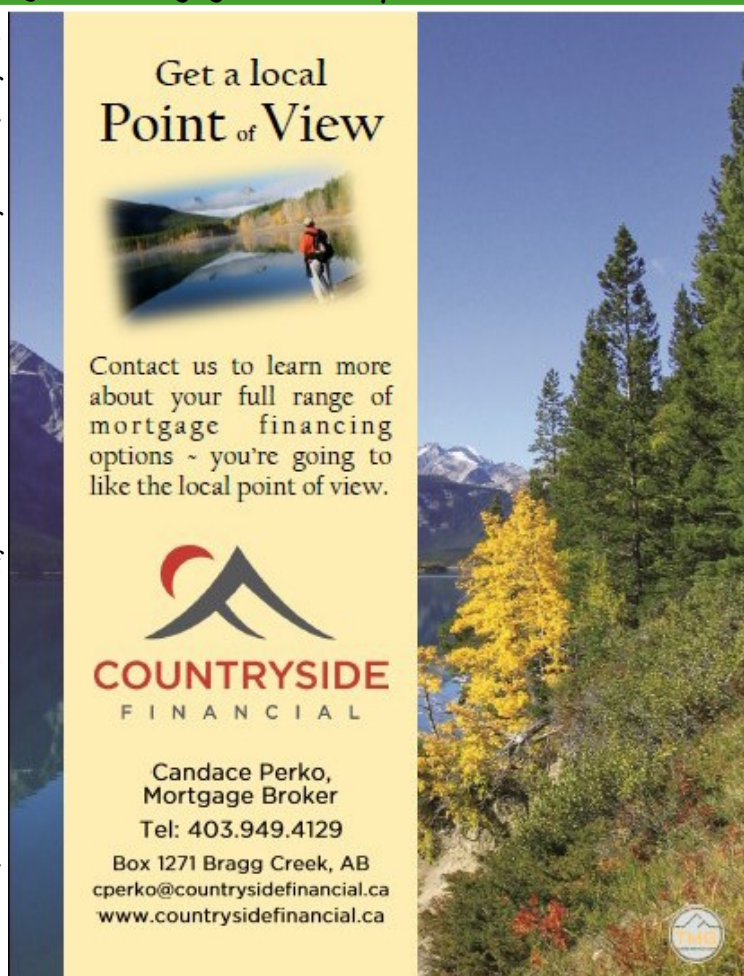
If you deferred payments not because you had to, but to build an emergency fund

A significant share of mortgage deferrals were done by homeowners who, while able to pay, chose to defer to save the mortgage payment to build up an emergency fund. When your deferral lapses and/or when you're ready, resume your regular payment schedule but leave your emergency account untouched. The current economy has many unknowns and your situation could change rapidly. Having an established emergency account may be a blessing in the coming months.

If you cannot resume your payment


If you cannot resume your payment any time soon, it is unlikely your lender will allow a further deferral. While this is a difficult situation, start exploring options now. Do not wait until you've missed a payment to speak to your lender. Make sure you are in contact having an honest conversation about your situation. They may work with you to extend amortization, reduce payment frequency, change mortgage product, etc. - they will do what they can to help. When you miss even one payment, you allow a lender to potentially start the foreclosure process. You can also file a consumer proposal. With a consumer proposal, homeowners can reduce/amend their non-mortgage debt and very likely keep their home, assuming you can and will keep up with regular mortgage payments. You can also list the property for sale. A timely sale will repay the mortgage in advance of the lender proceeding with foreclosure.

Candace Perko



Get a local
Point of View

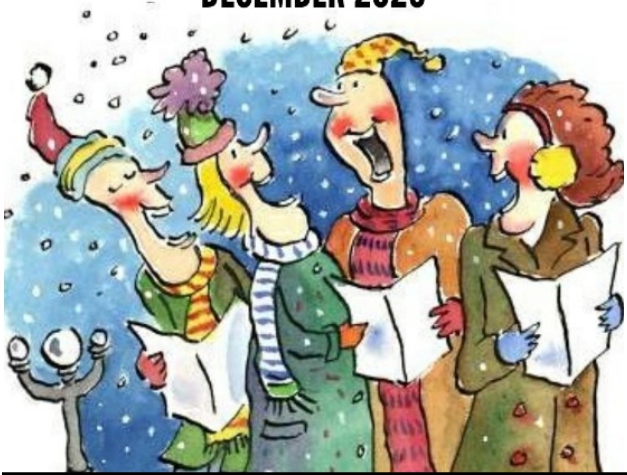
Contact us to learn more about your full range of mortgage financing options ~ you're going to like the local point of view.


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Candace Perko,
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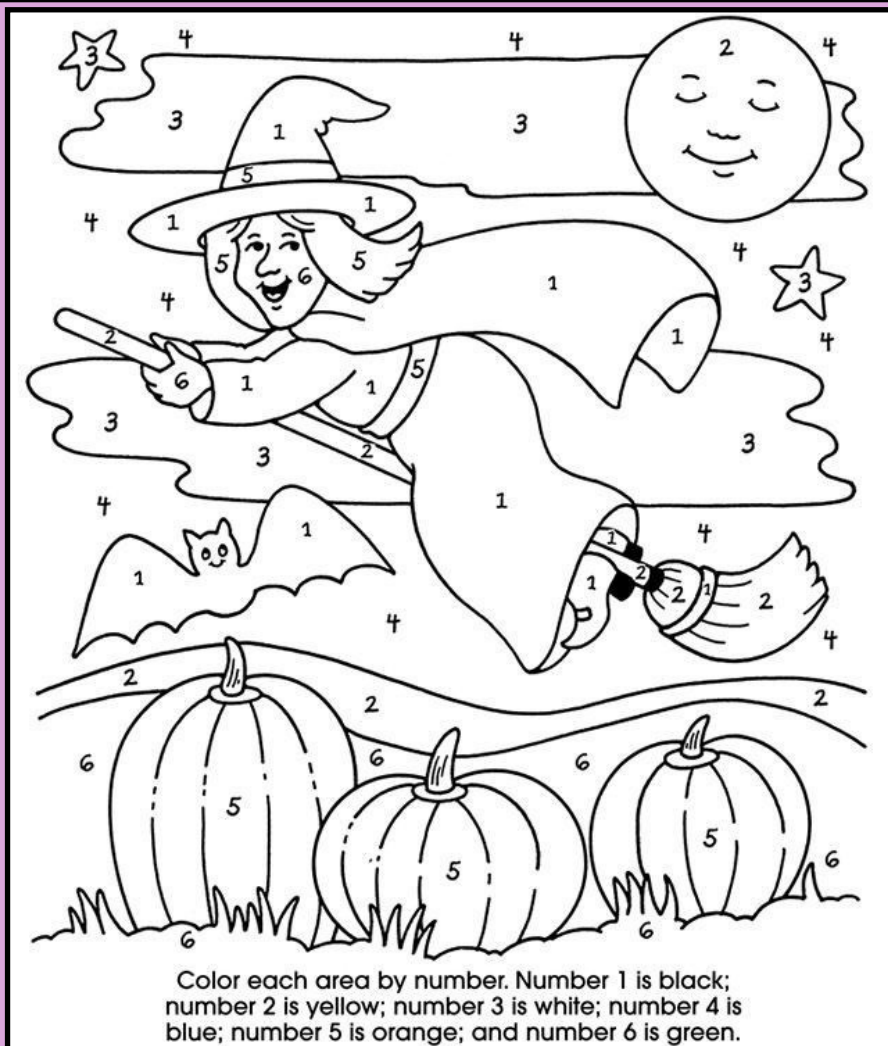
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AUTUMN TRIVIA

1. What is the first day of fall called?
2. How long does autumn last in the Northern hemisphere?
3. What is a harvest moon?
4. What are the 3 Zodiac signs of fall?
5. What weed pollen causes the most common fall allergies?
6. T/F: On autumnal equinox the number of hours of daylight and darkness are equal.
7. In autumn do you turn your clocks ahead or back?
8. During which month does summer end and autumn begin?
9. Why do the leaves change colour in autumn?
10. Although some varieties are available year round, what fruit is freshest in the fall?

ANSWERS: (1) autumnal equinox (2) mid-Sept to mid-December (3) the full moon which occurs closest to the autumnal equinox (4) Libra, Scorpio, and Sagittarius (5) ragweed (6) True (7) Back (8) September (9) As the leaves lose chlorophyll, their other pigments are exposed. (10) Apples

Content Provided
by Sonja Allen

REDWOOD MEADOWS—BABYSITTERS LIST

NAME	AGE	QUALIFICATIONS / COURSES	CONTACT INFORMATION
Ella	12	Babysitter Course	403-470-6411
Griffin	14	Babysitter Course	403-408-6998
Hunter	13	Red Cross Home Alone, Babysitter Course	403-949-8888
Kinley	13	Babysitter Course	403-899-4914 kinleyroberts13@gmail.com
Kyle	14	Babysitter Course	403-470-6411
Lila	14		403-860-9525
Mackaela	14	Babysitters License, Standard First Aid, CPR-B	403-969-6732 macarchambault@gmail.com
Sawyer	15	Red Cross Home Alone, Babysitter Course	403-949-8888
Zara	16	Babysitting Certificate	403-949-4474

TO ADD, DELETE, OR EDIT A LISTING, PLEASE CONTACT [THEREDWOODCHATTER@GMAIL.COM](mailto:theredwoodchatter@gmail.com)

DISCLAIMER: THE CHATTER PROVIDES THIS LIST SOLELY AS A SERVICE TO THE COMMUNITY. IT IS THE RESPONSIBILITY OF PARENTS/GUARDIANS TO CHECK ALL CREDENTIALS AND REFERENCES BEFORE HIRING A CAREGIVER FOR THEIR CHILD(REN).

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feel something special

BUSINESS FEATURE—ROOTED MEAL PREP

With kids back to school and parents back to work, there isn't always time to plan and cook healthy meals for your family. Thankfully, a local subscription meal delivery company is here to help. Rooted offers a plant-based meal kit that focuses on creating healthy comfort food, delivered right to your door. "We take care of the meal planning, shopping, and delivery so that you can spend your valuable time doing the things that are most important to you while still being able to create healthy homemade meals for you and your loved ones," says owner Sheena Rozak.

As a mom of three, Rozak also "understands the challenges of having to feed a family the food that they will eat while not sacrificing on their health."

That's why Rooted uses quality plant-based ingredients in its delicious recipes, staying as organic and local as possible. "We understand the importance of community and do our best to support other local businesses and farmers," she says.

That means Rooted meals contain whole-food (less processed), plant-based options like whole grains, vegetables, tubers, fruits, legumes, nuts and seeds. If you're new to plant-based eating, Rooted can help you incorporate more vegetables and remove processed foods by providing completely plant-based meals that you could try out for a week.

Rozak currently operates Rooted out of her Redwood Meadows home but is in the process of moving to and setting up a new commercial kitchen in Bragg Creek, hopefully by the new year. Local residents can sign up for fresh food to their door and take advantage of 25% off your first box on a subscription plan with the code CREEKER25. All subscription plans are flexible and can be paused or cancelled at anytime.

To learn more about Rooted, visit www.rootedmealprep.com or reach out to Rozak directly at 587-888-2074 or info@rootedmealprep.com.

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MONTHLY PHOTO SUBMISSIONS IN AND AROUND REDWOOD

Submit your local photos for your chance to be featured in future Chatter editions! Email your photos with subject line "Photo Submission" to:
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Disclaimer:

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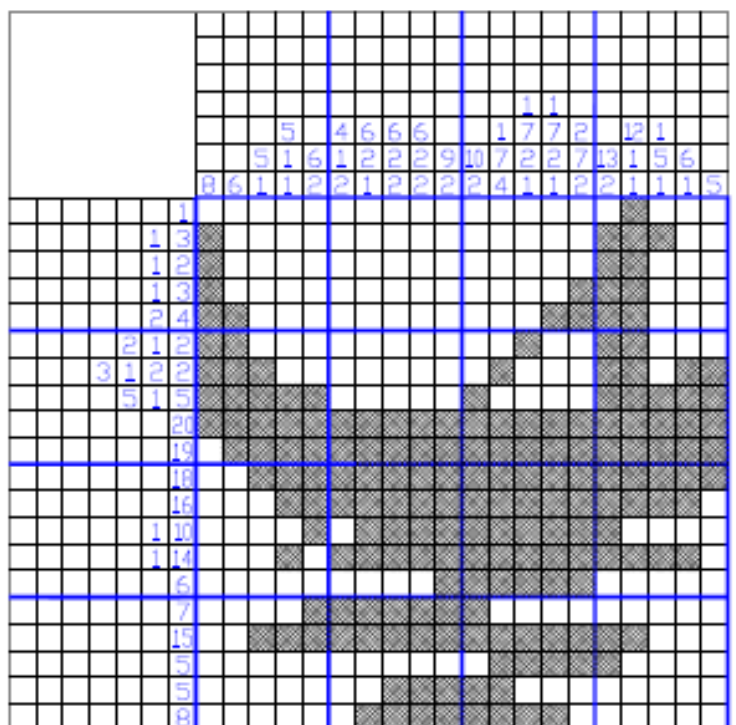
3-Mornings 8:45am-11:45am (M/W/F)

3-Afternoon 12:15pm-3:15pm (M/W/F)

5-Mornings 8:45am-11:45am (M-F)

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UPCOMING EVENTS

- Chili Cook-Off Fundraiser (Oct 3)
- Paint Night with David Zimmerman (Oct 23)
- Halloween (Oct. 31)
- RMCA AGM (November)
- Photos with Santa
- Redwood Carollers
- Santa in the Woods
- New Years Eve Potluck and Fireworks

Stay tuned for dates and more information

WE ARE LOOKING
FOR YOU!



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VOLUNTEERS!**

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contact : theredwoodchatter@gmail.com
to sign up today!!!