Our mission is to:
- Create an environment that balances fun with a work ethic that encourages players to strive to be the best they can be
- Develop players to a high level of physical and technical ability
- Help players build social skills to be successful within a team environment
- Provide an experience comparable to a professional club
- Bridge the gap between grassroots and elite football

INDIVIDUAL DEVELOPMENT GOALS

**TECHNICAL / TACTICAL**
- Ball control
- Playing on different surfaces
- 1v1
- Possession
- Understanding pressure
- Positioning
- Making space

**PSYCHOLOGICAL**
- Decision making
- Gaining confidence
- Learning new skills
- Patience
- Learning from mistakes
- Awareness

**PHYSICAL**
- Movement on/off the ball
- Passing
- Co-ordination
- Balance
- Turning & Running with the ball
- Heading
- Shielding

**SOCIAL**
- Teamwork
- Applauding & encouraging others
- Communication
- Offering help & advice
- Making new friends
- Behavior & enjoyment
- Smile!
These notes are designed to guide players, coaches and parents on the use of the Player Development Plan (PDP) at Herts Vipers.

WHAT IS THE PDP?
• The PDP is a tool designed to support the Club in its mission to develop players to a high level of physical and technical ability, equipped with the decision-making capability to tactically manage game situations, build social skills and generally be successful in a team environment.
• Our PDP is based on the FA 4-Corner Model, which forms the modern DNA behind the coaching and playing philosophy of the England international teams.

WHO COMPLETES THE PDP?
• The PDP belongs to the player and is intended to be their own personal plan, completed by them in partnership with their coach.
• The PDP is not a form the coach fills in and just gives to a player.

HOW DOES IT HELP?
• Most players will have ideas on aspects of their game they wish to develop, so the PDP is a way to help ensure the coach is aware of this and a plan is agreed together.
• The coach will see areas of the player’s game they believe may require extra focus, so the PDP supports the player’s awareness of things their coach is keen for them to try and work on, and provide a method of tracking progress.

WHEN SHOULD IT BE COMPLETED?
• At the start of the season, every player should make time to discuss their individual development goals, ideally before or within the first two weeks of the season starting.
• During the season, the PDP should then be reviewed on a regular basis by the player and coach together, so they’re both tracking progress and adjusting existing goals or adding new things to work on as appropriate. Equally, for junior players, the player can share their PDP with a parent/carer if they wish so they are aware of the things we’re working on.
• At the end of the season, the PDP should be reviewed again so the player and coach can see the progress that’s been made over the season. The PDP can continue over the close-season (e.g. summer fitness training etc.) and forms the foundation for the following season’s PDP cycle.

WHO DO I SPEAK TO IF I HAVE A QUESTION?
• If you have any questions about something on the PDP you can always speak to your coach. Your coach wants you to do well, so they’ll always be happy to explain things.
• Alternatively you can speak to a member of the Committee – e.g. our Safeguarding Officer. Contact details can be found on our website: www.hertsv.co.uk

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