Causeway U3A

www.causewayu3a.co.uk

Causeway U3A Business

Membership update from Eric Martin

At this time of year, I’d normally be imploring members to pay their membership fees as soon as possible! However, in these Covid-infested times I’m not going to do so. Instead, I’d just like to remind you that the committee decided to extend until September 1st the ‘period of grace’ in which a membership remains current even if the fee has not been paid. For members who do not participate in activities, the date will be extended further until 2 weeks after the end of the lockdown.

I’ll end with a brief statistic: so far, 868 members have paid their subscriptions for the coming year and about 420 have not yet done so.

If you want to contact me about your membership you can do so by email at membership@causewayu3a.co.uk or by phone at 078 6021 3274. For data protection reasons, you should have your membership number available if you contact me.

Next CU3A Committee Meeting

The next Causeway U3A Committee meeting, using video conferencing, will be held on Wednesday 10th June. If any member wishes to have an item considered or to submit information, please send it to the Secretary Audrey Henderson secretary@causewayu3a.co.uk

Covid-19 Information

NI Government Advice

The local government advice relating to the pandemic is available at NI Government Information

This is NI’s five-point plan for exiting coronavirus lockdown (already started but with no firm dates for the steps)
The proposed five-point plan

- 1st step - includes groups of four to six people who are not from the same household being able to meet outdoors while maintaining social distancing, drive-through church services, churches opening for private prayer, opening of outdoor spaces and public sport amenities, drive-through cinemas and more sports, including some water activities, golf and tennis.
- 2nd step - will see groups of 10 being able to meet outdoors, team sports training on a non-contact basis in small groups, re-opening of some libraries and open-air museums, as well as indoor activities involving limited contact of less than 10 minutes and with two to four people.
- 3rd step - will see groups of up to 30 being able to gather outside, re-opening of more libraries as well as museums and galleries, concert and theatre rehearsals resuming and larger indoor gatherings.
- 4th step - is set to see socially distanced church services, resumption of competitive sport behind closed doors or with a limited number of spectators, leisure centres re-opening and outdoor concerts resuming on a restricted basis.
- 5th step - will include the resumption of close physical contact sports, return of competitive sport, spectators at live events on a restricted basis as well as the re-opening of nightclubs and concerts on a limited basis.

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**Useful information from Community Development and Health Network**

During the pandemic, there are lots of words and terms being used on TV, radio or online that many of us have never seen or heard before. To help improve everyone's understanding, we have compiled an A-Z glossary of COVID-19 words and terms using plain English!

It is available at [Community Development and Health](#)

When we include a word or term in our glossary, we also include useful links where you can go to find out more. This glossary is updated regularly as new words and terms appear in government briefings, articles, newspapers and on social media.

An example is this explanation of R value;

‘The R value tells us the average number of people that one infected person can pass the virus on to.’

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**NI Volunteers Wanted**

Covid 19 Symptom Tracker App is asking for more participants from NI. If you haven't heard of it, this is not the Government Isle of Wight tracking test. It simply tries to gather data on the spread by asking participants to report daily if they have had a test or developed
symptoms. It is run by a reputable organisation (King’s College, London) so some members have tried it out. ‘It only took a few minutes to register, including some personal details but with an extensive privacy policy, and the daily report only takes seconds to complete.’ The link refers to a specific twins study but it is applicable to everybody.

**Kings College app**

Something you could do? I’m going to investigator it.

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**Home Entertainment**

Nothing new to report, there are still plenty of plays, concerts and museum tours streaming on YouTube. I also noticed art classes and musical sing/play alongs.

As a reminder, Chelsea Flower Show is online all this week, with different items every day: [Chelsea Flower Show](#)

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This email was sent by Beacon on behalf of newsletter@causewayu3a.co.uk