IMPORTANT DATES

Spring Eggstravaganza - March 24th

Pool Opening Day - June 9th

Kids Triathlon - July 21st
The Rio Linda Elverta Recreation and Park District has all of your recreational and park needs as we head into the spring and summer of 2018!

Our pool opens on June 9th, come out for some lap swim or get involved with your child and become a member of our swim team. The AquaKnights is one of the most dynamic swim teams in the Greater Sacramento region and always shows well during swim meets.

As school is winding down for the year, you may want to consider one of our summer camps for your children. Our camps are programmed full of fun and sun in our parks and at the pool. Our seasoned staff will ensure that your child has a camp experience that will be remembered for years to come. Movies in the Park (and Pool) will be returning this year. This will be fun for the whole family.

For our adults, we are ready to start up the spring softball season. Get your team ready to compete at Westside Park on Sunday’s. For those looking to get more active, try our weeknight exercise program at the Depot and in Depot Park. Senior’s, our pickleball court still has matches taking place Monday and Wednesday mornings. Come on out and get involved in America’s fastest growing pastime. Pickleball is very popular for all participants.

We look forward to seeing you get involved in the District’s activities and events this year. Please join our staff in programs and fun! If you have any suggestions or ideas for new and exciting programs or events (for any age level) please contact the District Offices.

Yours in Recreation,

Mike Heller
District Administrator
mheller@rleparks.com

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**Jobs and Training**

**Now Hiring Summer Lifeguards!**

Must Be:
- Age 15 by June 1st 2018
- Lifeguard Certified
- Willing to teach swimming lessons
- Able to Swim Crawl, Breast, & Backstroke

Check our website for job description & applications!
*Lifeguards who certify through RLE Parks, work every week of summer & receive positive evaluations at season close will be eligible to receive back a portion of their initial certification fee.

For questions email adesalles@rleparks.com

**Safety Training Classes:**

**Lifeguard Certification**  
March 26th-28th  RLHS Pool  
Fee: $200  Re-Cert: $150

*Incentives for guards who complete Summer 2018 as part of the RLERPD Pool Staff.

For details call or email: (916)335-9161 adesalles@rleparks.com

**Title 22 Certification**  
June 7th-8th  Depot Building  
Fee: $100

*Adjusted fee available for returning RLERPD Pool Staff

**CPR & First Aid Cert.**  
April 28th  Community Center  
May 19th  Community Center  
Fee: $50

*Incentives for Rec Leaders who complete Summer 2018 as RLERPD Staff.

For details email: ehernandez@rleparks.com
**Kids Triathlon**

This event is a fun way to get out and get some exercise. Join us for a swim, walk/run, and bike event for all ages. Parents are encouraged to participate with their kids. Fee includes event participation, race bib, award, and celebration.

**Location:** RLHS pool  
**Date:** July 21st  
**Time:** 8:00am-12:00pm  
**Fee:** Sibling Discount: A $5 discount for each additional sibling registered in the same transaction.

- By July 6th: $30 Individual, $50 Parent/Child Team  

**Group Discounts Available**  
**Check our website for race details and more info**

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**Eggstravaganza**

**Saturday, March 24th 9:00am-12:00pm**

Bring the family for Breakfast, Carnival Fun, Raffle Prizes, Egg Hunting, and a Craft Fair with Local Vendors! At the Community Center!

**EGG HUNTS 9:30am, 10:30am, 11:30am**  
*Hunt areas are designated by age group. Each hunt time includes all ages.*

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**Movies in the Park**

**Location:** Depot Park  
**Time:** Movies Begin at Dusk  
**Fee:** Free  
**April 27th, May 25th, June 15th, July 13th, August 17th, September 14th**

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**Movies at the Pool**

**Location:** RLHS Pool  
**Time:** Movies Begin at Dusk  
**Fee:** $4  
**June 22nd, July 27th**  
*Concessions for Sale*  
*See www.RLEparks.com for Movie List*

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**Creek Week Cleanup 2018**

4 locations available- Hayer Park, Dry Creek Ranch House, Community Center Park, Northbrook Park  
**Time:** 9:00am-12:00pm Saturday, April 14th  
Come join other community members as we clean up the areas around our creeks. All supplies will be provided. Visit [www.creekweek.net](http://www.creekweek.net) for more information and to register.

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**Saturday Morning Flea Market**

Our Flea Markets are coming back in June and will be every third Saturday through September. Rent a space and sell anything that fits into your spot except for food; firearms or dangerous items; drugs or paraphernalia; and animals. Vendors must register by the Thursday prior to each date.  
**Dates:** June 16th, July 21st, August 18th, September 15th  
**Time:** 8:00am-1:00pm  
**Price:** $20.00 for 3 parking spots $35.00 for 6 spots  
**Location:** Community Center
Youth Rugby Camp
Rugby NorCal along with Rookie rugby will be providing a three day camp that will introduce kids to rugby, and help refine basic skills and techniques. This is a non-contact clinic, flags will be utilized for small sided games. No metal cleats allowed.

Date: June 25th - 27th
Time: 5:30pm-8pm
Ages: 6 years- Adult
Fee: $61 monthly fee
Location: Community Center

Youth Fishing
Youth Fishing: Gain entry-level experience into the sport of fishing! Learn common fishing tackle, practices, and guidelines as we fish stocked ponds with “Fishing in The City.” Transportation and equipment provided. Youth Fishing is led by Patrick Kozitza a fishing hobbyist & commercial fisherman. 3 week program, 7 spots available.

Days: Saturdays beginning February 24th
Time: 8:00am-11:00am
Ages: 8-14
Fee: $20
Meeting Location: Community Center

Pitch Hit and Run
Come test your baseball skills at this FREE competition. Winners will have the opportunity to advance to an Oakland A’s game or a San Francisco Giants game and potentially the 2018 MLB All Star Game.

NO METAL CLEATS ALLOWED
Date: Sunday April 15th, 2018
Time: 9:00am
Ages: 6-15 years old
Location: Babe Best Park
Contact to register:
Tina Vaughn
(916) 802-3997
volunteers@riolindall.com

Youth Tennis
Join us for a FREE youth tennis program run by our recreation leaders. This program will last six weeks, and will introduce players to the game of tennis. Rackets and balls will be provided. Funded by the Sacramento Tennis Fund Grant

Day: Saturdays beginning April 7th
Time: 11:30am Ages: 6-10
Fee: FREE
Location: Community Center Tennis Courts

Joanna’s Kids R it
Curriculum based and standardized programs

Floor Gymnastics, Mondays
Ages 2+ times vary

Dance– Ballet, Tap & Jazz Fridays
Ages 2+ times vary

Adult tap Fridays
Ages 18+ 6:15pm

Fee: $42/ month plus annual registration fee
(see website for detailed times and dates)

Contact: 916-331-0554  www.joannaskidsrit.com

Karate/ Jujitsu
This class will build strong internal commitment and inner balance. Sensei Galen Reece will train students both physically and mentally, improving self confidence, self-defense and discipline.

Days: Tuesdays and Thursdays
Time: 6:00-8:00pm
Ages: 6 years- Adult
Fee: $61 monthly fee
Location: Community Center
Summer Camp

Want to keep your kids busy over the summer? Drop your kids off for a fun filled day camp, including visits to the pool (Mon, Wed, Fri), crafts, field trips including the Zoo, movie theatres and much more. Ages 3-5 and 6-10

**Location:** Community Center

**Days:** Monday-Friday beginning June 11th

**Time:** 8:00am-5:00pm (half day available 8:00am-12:30pm, or 12:30-5:00pm)

**Weekly Fee:**

- $130 full days
- $85 half days (8:00am-12:30pm, or 12:30-5:00pm)
- $40 daily drop in

Junior Counselors

We are looking for young leaders in this Community to partake in a summer full of fun activities and events. Our camp counselors will learn to coordinate and lead summer camp activities for participants. Counselors will be rewarded each week with their own trips and events. Ages 11-15

**Location:** Community Center

**Days:** Monday-Friday beginning June 4th

**Time:** 8:00am-5:00pm

**Weekly Fee:** $50

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Sewing Class

Beginning sewing for adults. Bring a working sewing machine, thread, scissors and fabric. Come and sew with me! This is a 6 week program and there are only 5 spots available.

**Days:** Wednesdays

**Time:** 5:00-7:00pm

**Date:** March 7th-April 11th

**Fee:** $50 for 6 weeks

**Location:** Community Center

Painting Class

This class promotes personal creativity while teaching students to construct works of art. Students are encouraged to bring their own personal supplies. Classes are ongoing monthly.

**Ages:** 18+

**Fee:** $20 month

**Days/ Time:** Thursday 1:00-3:00pm

**Location:** Community Center

The Rio Linda Farmers’ Market & Peddlers’ Fair

A variety of local crafters, produce from local growers and entertainment. The Market is a center for information about events and activities in the Rio Linda Elverta Community. All groups welcome to participate in the Market. No charge for booths.

**Days:** Thursdays, May - September

**Time:** 5:00-8:30pm (vendor set up at 4:00pm)

**Location:** Depot Park

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Lisa’s Fit Camp

A women's fitness bootcamp class for all ages and skill levels. We use different equipment such as dumbbells, kettlebells, battle ropes and tires and utilize them in different forms of training, working on the full body or focused on a particular muscle group. Along with strength training, we incorporate cardio, plyometrics, body weight, Tabata and HIIT exercises to increase endurance, strength and stamina. Come out and join an amazing group of women for a great workout and witness the transformations and lifestyle changes many of these women have made.

**Location:** Depot Building

**Fee:** Unlimited Classes for the month - $65

Individual Classes- $5

5 Classes - $20 EXPIRES 4 weeks from purchase date

10 Classes - $40 EXPIRES 8 weeks from purchase date

**Check website monthly for updates**
The Elder Craftsman’s E.C.H.O Program
Learn while you enjoy the company of like minded adult crafters. We make beautiful quilts, afghans, scarves, hats and other crafts that are donated to several community outreach programs. No age or time requirements. Materials provided. Ongoing program
Days: Wednesdays
Time: 10:30am-2:30pm
Location: Depot Building

Zumba
Description: Zumba is a cardio class that uses Latin music as a form of fitness. Come and dance to salsa, cumbia, merengue, and hip hop.
Ages: All ages
Fee: $5 drop in
Days/ Time: Wednesday 7:30pm ongoing
Location: Community Center

Senior Lunch Program
Hosted by district staff and sponsored by Meals on Wheels, this free lunch program allows participants an opportunity to socialize and engage within their community. Active adults gather with friends to share stories and lunch. Transportation available
Days: Monday-Thursday
Time: Lunch served at 11:30am (Come early for coffee, donuts, conversation and a walk on our beautiful bike trail!)
Age: 60+ years young
Fee: Donation based
Location: Community Center

AARP Drivers Safety
This class updates drivers with current info to aid the mature driver. This course may qualify you for a discount on your car insurance. Ages 50+
Location: Community Center
Renewal class: April 13th 9:00am-1:30pm
Full course: June 21st & 22nd 9:00am-1:00pm
Must attend both days

RLE Pickleball Club
A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players. Come out and play the game that is taking the nation by storm!
Ongoing program
Days: Mondays, Thursdays, and Saturdays
Times: 9:00am
Location: Community Center Park

Yoga
Want to do yoga but not sure where to begin. Come practice Yin Yoga a passive practice that involves variations of seated, supine, standing and wall poses. Positions are typically held for 3 to 5 minutes, accessing deeper layers of fascia and stretching the connective tissues. Improves flexibility, joint mobility and muscle strength. Get Flexy. Do Yoga with Mary Ann of "Yogi Wonders"
Days: Tuesdays 5:00pm, Sundays 10:00am. Ongoing beginning February 13th
Fee: $5 per class
Location: Community Center

Water Aerobics
Burn-up those calories in the pool! Water Aerobics provides a low-impact way to build strength while having fun. All skill levels are welcome!
Dates: June 11th– August 3rd
Days: Monday-Friday
Time: 5:30-6:30pm
Age: 15+
Fee: $5 Daily Drop In / $20 for 5 Visit Card
Register at the pool on the day of class!
Location: Rio Linda High School Recreation Pool

Tai Chi
Learn the ancient art of Tai chi in a peaceful atmosphere. For all levels of experience. Students will be taught how to exercise and feel better through meditation, relaxation, and stress management.
Days: Monday at the Depot and Wednesday at the Community Center. Ongoing
Time: 9:30-10:30am
Fee: Donations accepted for program supplies
Location: Community Center
AquaKnights Swim Team

The AquaKnights are back for another great season! The Rio Linda Elverta AquaKnights is a recreation youth swim team in the Nugget Conference of the NorCal Swim League. The AquaKnights swim out of the Rio Linda High School Pool. The season starts April 3rd and runs through late July. Team practice is daily and includes Saturday swim meets. For more information check out our website at: www.RLEAquaKnights.org

REGISTER NOW for Early Reg. Discount! Early Reg: March 1-31: $150 (per child)

Registration: April –June 1: $180

Fees:
$180 — 1st Child  
$160 — 2nd Child  
$155 — 3rd Child+ (Rate does NOT apply to 1st & 2nd Child)  
*$90 — 15-18 years old *With signed Jr. Coaching Agreement

Public Swim Fees

Early bird family rate (4 people) $135 Purchase by May 30th

Daily $4  
10 visit punch card $25  
Individual Pass $60  
Regular Family Pass (4 people) $160

2018 Swim Lessons – Registration Info

Each lesson is 35 minutes long, and sessions run Monday-Thursday for 2 weeks  
*8 classes total

Sessions:

1. June 11th-June 21st  
(Registration begins May 1st)

2. June 25th-July 6th  
(Registration begins May 1st)  
NO CLASS July 4th **Make-up Friday, July 6th

3. July 9th-July 19th  
(Registration begins June 25th)

4. July 23rd-August 2nd  
(Registration begins June 25th)

Pool Party Rentals

HAVE YOUR BASH WITH A SPLASH!

Monday & Wednesday:  
$35/hour  
Friday through Sunday:  
$55/hour

Price Includes:  
Reserved Area, Tables, Chairs & Certified Lifeguards  
15 Guests included  
(additional guests $4/each)

*Party must be held during Public Swim Hours  
*2 Hour Minimum

PUBLIC SWIM!

Dates: June 9th-August 3rd

*CLOSED: June 16th, July 4th, 7th & 14th

LOCATION: Rio Linda High School Pool 6309 Dry Creek Rd

Hours: M, W, F, Sat, Sun:  
12:00-4:00pm

CLOSED:  
TUESDAYS AND THURSDAYS
FACILITY & PARK RENTALS
For availability and rates, call (916) 991-5929 or visit rleparks.com for details and insurance requirements.

INDOOR RENTALS
1. RLE COMMUNITY CENTER
   Seating for 144 people with parking, restrooms, a full kitchen and audio capabilities.

2. DEPOT BUILDING
   This facility is perfect for meetings and smaller parties. It can seat 56 people and has parking and restrooms.

PICNIC RENTALS
We have several picnic areas that will meet your needs including tables, shade, BBQ and fun activities.

MULTI-PURPOSE BALL FIELDS
1. PAULSEN FIELD
   Westside Park, 6601 W 2nd St.

2. BABE BEST PARK BALLFIELDS
   7525 10th St.

CENTRAL PARK HORSE ARENA

REGISTRATION
PHONE:
Registration and payments may be placed over the phone at (916) 991-5929. There may be a charge for debit and credit card transactions.

MAIL:
Please make checks payable to RLERPD. Cash and money orders are also accepted.

WALK-IN:
Registration is open during normal business hours. There is also a secure drop-box at the Community Center for after-hours drop off.

ONLINE:
Registration and program information is available at RLEPARKS.COM.

All forms and payments are due prior to the first day of class, event or program.

*All classes are subject to cancellation due to low enrollment*