This program focuses on coaching applications of the Cape Cod Model©, a specific intervention technique that supports the individual’s own competencies and ability to move towards change. It is designed for both clinically and organizationally trained people either working as coaches or for those considering a move into coaching.

The program features supervised practice applying the Cape Cod Model© with visiting clients. It also provides opportunities to discuss how working with an individual is similar to and different from working with a small group or organization, exploration and expansion of the ways participants use themselves in the coaching process, and opportunities to discuss challenging coaching cases.

In the context of applying the Cape Cod Model© in a one-on-one setting, participants will clarify their understanding of the role of a coach, better appreciate the difference between coaching and therapy, explore the coach’s relationship with an organization, and discover how to determine whether a client needs more than coaching.

Participants

The program is designed for people who practice coaching or who are considering the practice of coaching.

Benefits

As a participant in this program you will:

• Learn to use the competency perspective and structured feedback techniques of the Cape Cod Model© as powerful coaching tools

• Have the opportunity to receive personalized feedback from faculty, clients and peers during supervised coaching practice with visiting clients

• Develop insight and new approaches to current work situations and challenging coaching clients

• Have an opportunity for extensive practice

Continuing Education

This program is ICF certified for 24 core competency and 10 other continuing education hours.