This workshop focuses on the radically simple yet powerful approach to working with clients and client systems: The Cape Cod Model©. It is designed as an introduction for those unfamiliar with the model, but can also be useful as further learning for those who have previous experience using this method of intervening.

Throughout the workshop, we will focus on heightening your self-awareness and on the power your presence brings to your interventions with the client system. You will be taught to perceive the client system as a whole, regardless of its size, and to give structured feedback interventions in real-time client interactions. Participants also will be taught to see and articulate the competence of the client system—a critical element of the Cape Cod Model©.

For those unfamiliar with The Cape Cod Model©, there will be opportunity to practice new learning in a safe environment; participants already familiar with the model will benefit by sharpening their skills and deepening their understanding of the theory and principles that support it.

By learning to perceive the system as a whole and to provide brief bold, and direct feedback, all participants will increase their ability to create effective interventions necessary to support change and growth.