LEADING SELF
Blended Learning
(Online)

Leading Self: Blended Learning (Online)

Gestalt foundations for personal, team and organizational success

Participants

This program is for individual contributors, valued professionals, emerging and experienced leaders, and others wishing to learn the fundamentals of relational leadership practice. The program will help anyone in a leadership role or preparing for leadership gain self-awareness and the personal tools necessary for building strong professional relationships and set the foundation for further skill development.

This self-paced program integrates video lessons taught by two of our leading Gestalt faculty, with reading, reflection, and online and written exercises.

This program is a prerequisite for all other core leadership programs for participants who are new to GISC’s leadership training.

Benefits

As a participant in this program you will:

- Learn about yourself in profound new ways
- Increase awareness of your leadership strengths and how to leverage them
- Explore the powerful 5Dynamics energy model for work, learning, and collaboration
- Develop insight and clarity about how to manage your natural energy at work
- Increase your ability to be intentional and effective in the choices you make
- Develop new understanding of your impact on others
- Gain new insights regarding your leadership presence
- Create a plan for continuing your leadership journey

How it works

Begin with a live-online group session to kick off and orient you to the program. Your learning will be supported by your own leadership coach and group facilitator.

Complete the self-paced portion of the program on our online platform and meet with your coach one-on-one during the month following the kick-off.

Finish with a second group meeting to wrap up the program and help you integrate what you’ve learned.

Please select your start date upon registration.

Live online meetings:
Intro session meets Thursday, 12:00 - 1:00pm Eastern
Closing session meets Thursday, 12:00 - 1:30pm Eastern

INCLUDES:

- Faculty-led 60-minute online orientation session
- Unlimited access to self-paced program platform
- 5 Dynamics Profile
- One-on-one coaching session
- Faculty-led 90-minute group follow-up session

FACULTY DRAWN FROM:
Louise Holmes, ACC
Jamie Morin, PhD, PCC
Marianne Roy, PCC

PROGRAM FEE:
$695
$645 GISC MEMBER

CE HOURS
8

2020 DATES:

SELECT A COHORT

September 10 Start
October 8 Finish
October 15 Start
November 12 Finish
November 19 Start
December 17 Finish

Success, effectiveness and fulfillment in today’s fast-paced, team-based, global work environments require a well developed ability to connect with others and build relationships. Understanding oneself is at the heart of this ability and central to effective workplace relationships, leadership and influence.

In this program, your focus will be on developing a greater self-awareness and a more profound understanding of your impact on other people, through the integrated use of Gestalt core concepts such as Awareness, Optimism, Presence and the Cycle of Experience. The learning will include tools, self-assessments and practices designed to develop core skills that are essential to leadership, and to building your performance, effectiveness and resilience in today’s complex, fast-moving organizations.

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Blended Learning Notes:

Once you register, you will receive access to the online platform and assessments as well as connection instructions for your live-online sessions.