Let’s Get Together
In The Great Northwest

Spokane, here we come!!!

By Charles C. Moore
Editor, The IAL News

He sold close to 500,000 records. He had 41 Number one hits. Over his career he had songs at Number One for 171 weeks. He was the most influential popular music artist of the first half of the 20th Century. And his boyhood home is a short walk from the Red Lion Inn, where those attending the 59th Annual IAL Annual Meeting in June will be staying.

Yes, “Der Bingle” grew to manhood in Spokane and Gonzaga University, his alma mater, has set aside two places in his honor.

To continue please turn to Spokane on Page 11
Time-Tested Solutions
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Everything shown here is within walking distance (3/4 mile or less) from the Red Lion, our host hotel in Spokane. From top left: The 104-year-old, hand-painted carousel; The Caterina Winery; as the song says, “just cross over the bridge” at the Red Lion; Bing Crosby’s boyhood home at Gonzaga University, also his alma mater; finally, SkyRide, a gondola that drops down in front of the nation’s second largest urban waterfalls.

(Photographs provided by VisitSpokane.com and Gonzaga University. More Photos On Page 22)
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About The IAL News

The IAL News is published four times a year by the International Association of Laryngectomees.

Information provided by the IAL News is not intended as a substitute for professional medical help or advice, rather as an aid in understanding problems experienced by laryngectomees and the state of current medical knowledge.

A physician or other qualified healthcare provider should always be consulted for any health problem or medical condition.

The IAL does not endorse any treatment or product that may be mentioned in this publication. Please consult your physician and/or speech language pathologist (SLP) before using any treatment or product.

The opinions expressed in the IAL News are those of the authors and may not represent the policies of the International Association of Laryngectomees.

As a U.S. charitable organization, as described in IRS 501 (c) (3), the International Association is eligible to receive tax-deductible contributions in accordance with IRS 170.
The New Standard for Outstanding Performance, Exceptional Quality, and Unbeatable Value.

The new high performance ADDvox™ Clarus™ Electro Larynx is designed and built to meet the demands of a primary speech aid, yet is affordably priced to enable every laryngectomee to have the convenience and security of a standby or backup speech aid for emergency use.

Lightweight and durable, Clarus™ has a tapered design that fits comfortably in your hand, measures approximately 5" long and 1-1/4" in diameter, and weighs only 4.7 ounces with battery.

Easily operated with a single button, the Clarus™ Electronic Larynx has separate external control wheels to enable easy adjustment to a full range of pitch and volume for a more natural sounding voice tone — no tools required.

The ADDvox™ Clarus™ is available in two separate configurations: the Complete Kit, intended for full time use as a primary speech aid, comes with a compact “smart” charger and 2 high capacity rechargeable Lithium batteries that provide 8 to 12 hours of talk time each; and the Basic, for use as a standby or secondary speech aid, which comes with one regular disposable alkaline battery.

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**ADDvox™ Clarus™ Complete Kit**
Contains the high performance ADDvox™ Clarus™ speech aid plus 2 long lasting, rechargeable, high capacity 9v Lithium batteries, "smart" 110v/220v Dual Charger, 1 Spare Battery Case, removable lanyard neck cord, intra-oral adapter, 5 oral connector “straws” and full instructions.

`#TR3900KT $279.95`

**ADDvox™ Clarus™ Basic — Only $229!**
Affordably priced to provide the convenience and security of a standby or second speech aid for emergency use. The high performance ADDvox™ Clarus™ Basic includes one 9 volt disposable alkaline battery, removable lanyard neck cord, intra-oral adapter, 5 oral connector “straws” and full instructions.

`#TR3900 $229.00`
2013-15 IAL Officer, BOD position openings

Staff Reports

For those who may wish to apply for a position on the Board of Directors and missed the March 15, 2013 deadline that was necessary to meet the required 45-day notice from the IAL Secretary in the member club's packets, the following option to run from the floor may be used.

These openings are anticipated at the 2013 Delegate’s Meeting election:
1) The Office of Secretary:
2) Four expired BOD seats.

The applicant must have attended a previous IAL AM/VI, be at least 2 years post and able to communicate well. The endorsing club must be in good standing with dues paid up to date.

For late application go to www.TheIAL.com and download a copy of the Board of Directors Application, fill it out, and then follow the steps below:

In addition to the basic application, an approximate 100 word biography, a letter of endorsement from the person’s IAL Club president, and a high-resolution photograph (2 ½ x 4) needs to be submitted to IAL BOD Nominating Committee Chairperson, Elizabeth Finchem at the Spokane, WA AM/VI in person.

The applicant has to get to BOD Nominating Chairperson Elizabeth Finchem a signed letter from a leader of the club to which he/she belongs, stating the above and certifying that the applicant is in good standing with all dues paid, an approximate 100-word biography and a high-resolution photograph, preferably of 2 1/2” X 4.”

To do so, the person has to be nominated from the floor during the delegates meeting on Saturday morning, June 8. A second is also needed as well as a vote to allow this candidate to run. This information has to be in Mrs. Finchem’s possession not later than 48 hours prior to the delegates’ meeting, meaning she has to have it no later than Thursday morning.

First Timers Guide

By Elizabeth Finchem

For those who will be attending the IAL Annual Meeting &/or Voice Institute (AM or VI) for the first time it can be a bit confusing while planning for the trip and upon arrival at the hotel.

Here are a few tips that may help you plan ahead:

- First you must decide whether to register for the AM or VI. The registration forms will tell you if you qualify for the VI as a VIP or LT. If your spouse or (family members) are also attending they will have to register for the AM.

- You will have to make your own hotel and travel reservations. Teaming up with a roommate to share expenses works well for some. You will find it helpful to travel the day before the VI or AM, as the opening sessions start at 8:AM; VI on Wednesday and AM on Thursday respectively.

- As a special welcome at the IAL registration table in the hotel you will receive a FIRST TIMERS ribbon to apply to your nametag, and a bag of goodies with the printed program, restaurant and tour guides and other helpful information. As you look over the printed program you will find a schedule that includes a First Timer’s Orientation on Wednesday afternoon where you will learn a little more about the IAL, the AM & VI. Gathering together for the orientation is a good time to ask any questions you may have. If time permits a short tour of the hotel may be possible to help you find your way around the hotel and meeting rooms. Your next stop will be the Meet & Greet Reception for a chance to meet and mingle with some of the IAL Board members, VI faculty, vendors, Club Delegates, and long time IAL members.

- Remember, your registration fee includes the Meet & Greet, coffee breaks, and the banquet on Saturday evening. (It does not include the Web-Whispers Annual Dinner, which requires a separate advance reservation through WW.) You may wish to dress up for these three special evening dinner functions, but it is not necessary. Many won’t have time to change clothes with the busy schedules.

Please see First Timers, Page 18
WebWhispers Awards Banquet in its usual Thursday night slot

Seating begins at 7:00/7:15 p.m., immediately following the reception. "It’s a big event for us and we look forward to seeing many of you there. (Time will be set exactly later),” said WW President Pat Sanders.

The reception, hosted by Richard Najarian, owner of Bruce Medical Supply, begins between 6:15-6:30 p.m.

"This is where we have the opportunity to meet face-to-face, to talk and just have fun together. We take a moment to share grief over our losses, to present our scholarship checks and to rejoice over those who receive our awards. It is our moment to be together," said Sanders.

Registration cost is $30 and must be received by June 1. Please go to the WW website to reserve.

Make sure Of hotel reservations

Rates for Spokane, Washington’s, Red Lion Hotel In the Park are $99 plus tax.

There have been inquiries about costs of attending the 2013 IAL Annual Meeting and the Voice Institute during June 5-9 for the Voice Institute and June 6-9 for the IAL meeting.

For more hotel information please call the Red Lion at the Park’s Reservations Department at (509) 326-8000. Registrants can call 1-800-RED-LION and refer to IAL - International Association of Laryngectomees or reference the group code of INTE0602.

Clubs urged to pay IAL dues In timely fashion

IAL News Staff Reports

Dues invoices for 2013 have been mailed.

Member clubs’ timely payments will be appreciated and recognized when received.

“Their continued support provides the foundation for the membership to have representation in the IAL,” said IAL vice president Wade Hampton.

Dues range from $25 for the smallest clubs—one to 10 members—to $175 for the two largest categories.

The address for mailing is:
The IAL
925B Peachtree St. NE
Suite 316
Atlanta, Georgia, 30309-3918

The IAL’s Sponsorship Program

The IAL Board of Directors has established a sponsorship program to support continuation of the organization’s work. Individuals, clubs, organizations, foundations and non-laryngectomee product businesses are invited to contribute in any amount.

Donations are tax deductible under U.S. laws. Contributions are cumulative over time with the category increasing by the total amount given.

An example is that an individual could begin with a $5 gift. When donations from that person reach $50, he or she would be designated as a "Bronze"-level donor.

Please join those who are committed to the continued existence of our nearly 60-year-old organization by sending a check today to: The IAL, 925B Peachtree Street N.E., Suite 316, Atlanta, Ga. 30309-3918
Global solution for pulmonary and phonatory rehabilitation after a total laryngectomy

American laryngectomees can now fully benefit from the advantages of the Cyranose® HME®. It alone can be cleaned repeatedly, thereby proving cheaper with use. Thanks to the Cyranose® Global System, a Ceredas innovation, the pulmonary and phonatory rehabilitation of laryngectomees with or without a voice prosthesis is now possible throughout their life.

After surgery and during radiotherapy, CyTubeMajor™, a laryngectomy tube and tracheostoma support, receives the Cyranose® HME®. The CyGripOne™ is available for patients requiring a tracheostoma tube. The patented holding tab makes it easy to remove. Users of a voice prosthesis benefit from CyValveFreedom™, a hands-free valve avoiding the manual obstruction of the tracheostoma. Finally, Tracheodouche™, a shower protector, is fitted on the CyTubeMajor™ or the Cyranose® base, allowing for the pleasure of a shower without the risk of discomfort.

* Heat and Moisture Exchanger

Tracheoclean®
Disposable tracheal protection

Hygiene and Ease

Another Ceredas innovation distributed in the U.S., Tracheoclean®, the disposable tracheal protection used during the post-surgical period is also unique on the market. Easy and fast to insert, it doesn’t require any special care. It also protects the caregivers while preserving the patient’s self-image.

Cyanose®, Tracheoclean® : Patented / CyGripOne™ : Patent pending

www.ceredas.com
Our “Debi” will be remembered for her work with anti-tobacco campaigns and the anti-tobacco Public Service Announcements she made for TV. Six of these video tapings can also be found on www.youtube.com. To hear her story in her own words select the title “Debi Austin on Tobacco” that she made for the California Department of Public Health and California Tobacco Control Program.

The progression of emphysema and loss of her esophageal voice are apparent with each subsequent video recording. The more famous of the PSAs she made has had 392,150 hits on youtube.com. Fifteen years ago showing your stoma while giving a presentation to children was discouraged, but Debi told the truth without regard for the social stigmas. Some of us flinched with shock the first time we saw her message during commercial breaks on TV. Soon we understood she had found a way to get the kids attention. Many will attest to the fact that Debi helped them quit smoking, and that she was able to help them better understand the affect of this addiction and others on their health and their future.

Debi was my friend. We met 20 years ago just before she became a total laryngectomee. She and her mother had come pre operatively to the New Voice Club of the Valleys meeting. It was a misty raining day in S. CA. She was sitting in the driver’s seat of her VW Bug. I caught her before she drove away, and she rolled her window down so we could talk a bit more about her concerns as a communications company manager. I tried my best to reassure her that she would have speech options after the surgery so she could go back to work after her rehabilitation period. She said she was “scared to death and had her doubts”.

Please see “Debi,” Page 17
They are the Crosby Collection at Gonzaga and his boyhood home, which was close to the university when Crosby’s father acquired it. The home is now part of Gonzaga. Both are open to the public at no charge.

The Crosby collection and his former home are well worth the time to visit.

For those who want a longer trip, there are plenty of possibilities. “If you’re up to it, there is a two-hour bus trip across country to Grand Coulee Dam,” said Ed Chapman, president of Southeastern Washington Laryngectomee Club, host for the 2013 annual meeting.

“Or perhaps a lake Coeur d’Alene cruise. It’s about 40 minutes from Spokane,” said Chapman “There really are so many things to do, it’s hard to recommend one in particular.”

Coeur d’Alene, named after a tribe of Native Americans, is one of the most popular resort destinations in the world. The nearby lake spans 25 miles long, ranges from 1 to 3 miles wide and has over 109 miles of shoreline.

A spokesman for Coeur d’Alene resorts said while there is plenty of transportation between Spokane and Cour d’Alene, the best way for a small group—five or less—would be to rent a taxi.

For a medium-sized group, “Visits Spokane,” a tourism agency, suggests renting a van and splitting costs.

But there are tons of things to do without even starting an engine. An afternoon could be spent at the aforementioned Gonzaga.

A few years ago a song was written by “Jewel” entitled “Spokane Can.” Truthfully, it is pretty much spot on the money.

The first verse: “When other cities can’t, Spokane can. If you like shopping at all, Head to the River Park Square Mall. Or in the Riverfront park You can ride rides till after dark. What city can boast 76 lakes? Or a Cherry Festival for pies to bake, Spokane can, yeah Spokane can. When other cities can’t, Spokane can.”

River Park is just across a walking bridge, just over the beautiful Spokane River from the Red Lion Inn, the IAL host hotel.

Once over the bridge, says Peyton Boone, destination marketing coordinator for the agency “Visit Spokane,” “Fun is just out the back door and over the bridge!”

Boone also suggested that a visitor is almost obligated to take a spin on the historic, hand-painted Looff Carrousel, built in 1909.

The Carrousel, listed on the National Register of Historic Places, features 54 horses, one giraffe, one tiger, and 2 Chinese dragon chairs and still has a brass ring to catch. It can also accommodate wheelchairs.

Boone suggests one should also experience the Spokane Falls up close on the SkyRide, a gondola that drops down in front of the nation’s second largest urban waterfall. Formed from indigenous basalt formations and powered from the majestic Spokane River, the falls are truly spectacular! And they are within walking distance from the hotel.

Just blocks away, abundant shopping and incredible cuisine are waiting to be explored. Experience the region’s growing wine scene at neighboring Caterina Winery, Arbor Crest Wine Cellars tasting room or nearly a dozen others and toast a day well spent and savored in Spokane.

At night, no matter one’s age or preference there are plenty of shops, restaurants, and just places to “hang out.”

A lady, who lives in San Francisco, but has spent a lot of time in Spokane said of it.

“It is just a wonderful city, she said. Your group is fortunate to be going there. But during the first part of June, you better take a sweater or light coat. It can get chilly, but that adds to the charm.”

Back to “Jewel.”

“...When other cities can’t, can’t, can’t Spokane can. Or if you want some local cheer, Head to the Blue Door Theatre. Or if you’re into rarities and you want to see ‘em Go to Carr’s One of A kind in the World Museum What town can offer good city planning yet Still let you go wide water rafting, Spokane can, yeah Spokane can”

I wish I had another page, but I don’t. However, the first week in June is going to be a great experience.
Let's Revive Our Visitor Program

By Candace Moltz, MS, CCC SLP

There is a need to revitalize the Visitor Program and to train well-rehabilitated laryngectomees for the task of providing prescribed visits to prospective and new laryngectomees.

How many laryngectomees were subjected to the life-saving surgery removing the larynx, without prior understanding of the implications to every part of their lives? It is the goal of this program to provide each prospective laryngectomee with support and information in a non-threatening setting to establish the road to total rehabilitation.

Have you noticed our world is changing? Have you noticed that attendance to laryngectomee support groups is in a period of waning? Have you noticed that people are too busy to go to the doctor until the last possible moment? Have you noticed everyone is too busy for activities that would not have been previously forgone? Have you noticed that we all want instant gratification; fast food, TV programming without ads, quick car service, immediate health care, etc.? Does this really work in real life?

Being busy does not change the need for people caring for people. So-called lack of time does not change the need for experience to be shared. In fact, don't we save time and appreciate it when we don't have to reinvent the wheel? There is a real need for the Visitor Training to be revitalized and implemented in a structured way, to focus on the preparation of new and prospective laryngectomees.

Thank heavens the International Association of Laryngectomees (IAL) had a manual written originally in the 1970s and revised in the 1990s in cooperation with the American Cancer Society. Upgrading the Visitor Training Manual was identified as a priority at the IAL Annual Meeting in Durham last summer. Since then, the manual was reworked and rewritten page-by-page to streamline the program, and to reflect changes in our medical care and our awareness of surgery and rehabilitation, and in the relationship with ACS.

The manual was reviewed for errors and subsequently presented to the IAL Board of Directors for additional proofing, suggestions and more revisions. The end product was trialed at the Texas Laryngectomee Association Annual Meeting in February 2013 and found to be quite helpful in producing competent and certified visitors. A handout originally written and used by the late Jessie Hart in her innumerable visitor training sessions held in Texas and at the IAL was also revised and used as a companion piece to the Visitor Training Manual. It proved invaluable within the training session and as a resource and review for the newly trained visitors. The Visitor Training Manual and the companion handout, once finally approved by the IAL Board of Directors (BOD) are scheduled for posting on the IAL website in the near future. It will be available for any state or club to use to educate and certify visitors.

The three-hour Visitor Training Course (reduced from eight hours) will be offered at the 2013 IAL Annual Meeting in Spokane, WA. It includes basic information about anatomy and physiology, surgery, and changes to breathing, speech and swallowing. It also includes information about privacy and ethics.

It is the hope of the BOD that this training will attract dedicated, rehabilitated laryngectomees with good speech (AL, ES, and/or TEP) skills and a calling to provide sound, nurturing visits to prepare patients who will have or have just had total laryngectomy surgery.

Please turn to Visitor Training, Page 15.
ADDvox™ 7 Watt Portable Speech Amplifier Increases Your Vocal Output Without Increasing Vocal Strain.

Designed to elevate the vocal volume of people with temporary or permanent voice impairments and to assist those who rely on an electronic speech aid, voice prosthesis or who use esophageal speech, the 7 watt ADDvox 7 is capable of increasing voice volume up to 15db without any feedback. It has a lightweight headset style microphone that picks up even the slightest whisper and remains comfortably in place for extended use. For maximum efficiency, its 7 watt amplifier has a built-in high capacity Nickel Metal-Hydride (NiMH) rechargeable power system which provides up to 14 hours of continuous use following an overnight charge.

Extremely lightweight (only 1lb, 1.4 oz. with batteries), the ADDvox 7 amplifier is comfortably worn at the front of the waist. Available with choice of a 110 volt Charger or 220 volt Charger for travel. ADDvox 7 Kit includes Amplifier/Speaker, Belt, Lapel and Headset Microphones, a Travel/Storage Case, and 8 NiMH Batteries with Charger (choice of 110v or 220v). 1 year Warranty.

#TR997 KT, ADDvox 7 Watt Kit, $199.95, Special $169.95

ADDvox™ Skin Tone Humidi-Foam™ Stoma Filters.

Day or night, you'll breathe easier, with these low resistance, lightweight Skin Tone Humidi-Foam™ Stoma Filters that offer excellent protection against dust, dirt and pollen, while helping warm and moisten the air you breathe.

ADDvox® Moisture Exchange Turtleneck Stoma Cover.

These covers look like a turtleneck, yet provide proper trache care. Designed for men or women, they slip under a shirt like a fashion dickey, with an outer layer of soft 100% cotton knit. Inside, inner layers of special easy breathing material filter out dust, dirt and pollen and help keep secretions under control. You breathe warm, moist filtered air. Velcro fasteners adjust to fit necks up to 22".

#TR104, Turtleneck Cover — $29.95
Special $19.95

ADDvox® Moisture Exchange Stoma Scarf.

These attractive neckline scarves are available in a wide range of colors for men or women. They look just like a scarf or ascot, but provide positive benefits for trache care. Inside layers discreetly keep secretions under control while filtering out dust, dirt and pollen. You'll look great while you breathe warm, moist, filtered air. These quality scarves are completely washable and need little care. Adjustable to fit necks up to 22".

#TR103, Fashion Scarf — $29.95
Special $19.95

ADDvox™ Silicone Stoma Shower Shield.

Now you can shower or wash your hair in safety and comfort. The one-piece ADDvox™ Silicone Shower Shield will keep your airway free from water. Extremely soft and pliable, it creates a soft, comfortable and conforming seal along the irregular contours of your neck, shielding your stoma, while vents on the underside allow airflow.

Made from medical grade silicone, the ADDvox™ Shower Shield is not affected by temperature, ozone, sunlight, soap or detergents and is more comfortable, more durable, and safer than other products made of allergy-causing latex, nylon or vinyl.

#TR9916, Addvox™ Silicone Shower Shield — $57.00
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In Memory of

Debi Austin
Bill Rudarmel
Claire Vaundry

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Bob Herbst

14
Planning on time for laryngectomee rescue course

By Charles Moore
Editor, The IAL News

Ed Chapman and the Southeastern Washington Laryngectomee Club, in conjunction with area medical professionals and the IAL, are almost ready to present a three-hour, emergency medical treatment course. All IAL attendees are welcome to observe, but the course will be presented by Spokane area professionals and laryngectomees.

It will be on Tuesday, June 4, beginning at 1 p.m. Registration begins at 11 a.m. The class lasts until 4 p.m.

“The course is progressing well,” said Chapman, president of the club.

“The presenters are finessing their presentations. We have a brochure made up that will be going out to approximately 1,000 e-mail recipients that the Spokane County Emergency Medical Services has on their mail list. We will also be sending it to about 100 others that have shown an interest in the program,” he said.

The course represents a year’s work, said Chapman.

“Since Susan (Bruemmer, SLP) and I came back from Durham we have been working on this. There have been many steps that we thought would be good ideas that have fallen through the cracks and others that have been brought up and found to be viable. Too many of both to mention them all. To give a rough idea Susan and I have met with others and after nearly every meeting we have had to make adjustments in the outline. Susan has rewritten the outline for the program at least 8 times. With this still being a living program we foresee needed changes clear up until the presentation.”

It’s expected 40-70 will present the program.

“Ray Tansy (Administrator at Spokane County EMS) estimates the course will have 30 different emergency medical response groups, agencies, (Ambulance, Fire Departments etc.) that they have medical direction over. This of course includes large agencies such as the City of Spokane and AMR, down to the smallest rural Fire Department. We will also be mailing it to other areas that Ray has on his mailing list. At least state wide. This being the case we feel we, in all likelihood, will meet the maximum”, said Chapman.

“We felt that we should keep it small for the original one and see what the problems or needs will be for a larger group.”

Chapman said the Spokane area have been supportive from the beginning.

“Spokane County Emergency Medical Services, in particular Ray Tansey, have been involved more than anyone could expect.”

“First and foremost is Susan Bruemmer. If not for her exuberance and tenacity we wouldn’t be as far as we are. She not only has written and rewritten the outline many times but has kept me focused. In addition she will be one of the presenters while still working on the overall IAL visit.

“Providence Cancer Center (Sacred Heart Providence Group) produced the brochures we will be sending out,” Chapman said.

The Presenters. The following have given us some great ideas and assisted with the writing of the course:
Brian Shute PHD SLP, Dr. Brian Mitchell - He has been instrumental in the IAL coming to Spokane since day 1.

Visitor Training, continued from page 7

The program will equip the Visitor how to properly share information, what to do and what not to do, while sharing their knowledge and experience with the patient. An application and a reference will be requested for each interested participant in the training program. We look forward to producing the best visitors available to re-establish a working program across the nation for the overall rehabilitation of new laryngectomees.

See you in Spokane!
Candy Moltz, MS, CCC SLP
Laryngectomee Leader, Advocate Dies at 70

By Charles C. Moore
Editor, The IAL News

Leonard Librizzi, 70, of Hacketts-town, NJ passed away on Wednesday, August 22, 2012 at home. Born on December 3, 1941 in New York, NY, He worked as an electrical engineer for Hazeltine Corporation for many years. He was an Apple computer enthusiast, and contributor to WebWhispers (WW.) For many years he served as WW webmaster.

He also had served as board member and treasurer for the International Association of Laryngectomees (IAL).

He became a laryngectomee in 1990.
He enjoyed traveling, and spending time with his grandchildren.

He is survived by his loving wife, Maryann (Moroz) Librizzi; his daughter Eva and husband Mike Tomasco; his son Dan Librizzi and wife Allison; 3 grandchildren, Gavin, Andrew, and Harry, and by his great aunt Rose Stigler.

He became the President of the Anamilo Speech Club of Nassau County and has been editor of that club’s newsletter since 1993. Len was a volunteer with The American Cancer Society (Eastern Division) as Cansurmout volunteer visitor, a Camp Adventure volunteer visitor and a Camp Adventure volunteer and for Relay for Life.

One of his closest friends was Jack Henslee. “Len was my friend and I really mourn our loss of someone who was so valuable and such a great example of what humanity really means.

“We are a small community, sometimes with no voice, always with a voice less heard. If you have a hero out there let the world know, let them know they are loved and appreciated, honor them as I honor my friend, Leonard Librizzi,” said Henslee.

“Len finished his last term, retired from the IAL, and took over as the WW webmaster, along with providing extensive support for the newsletter. After all he was a publisher. He also devoted himself to caring for his wife, MaryAnn, who had just been diagnosed with Alzheimer’s,” he said.

Please visit the IAL website and read a moving testimonial by his daughter, Eva.
Voice Institute Director explains theme for Spokane

By Philip Doyle, Ph.D., CCC-SLP

Spokane will provide an excellent venue for this year’s IAL Voice Institute (VI).

This year’s VI is designed to maximize hands-on time for esophageal, tracheoesophageal, and artificial larynx sessions. Laryngectomee rehabilitation efforts that provide current information on the importance of postlaryngectomy voice and speech options is critical to both the young and experienced clinician. These sessions will once again be conducted by master clinicians.

Additionally, state-of-the-art information on current issues and trends in postlaryngectomy rehabilitation will be provided by experts from across the United States.

The VI is also designed to permit those who attend to “get out” into the lovely community a bit more than in past years and to have increased time to interact with professionals, students, laryngectomees, and the vendors. The ability to interact with each other is an essential component of learning. Being able to spend time with those who have undergone laryngectomy, as well as members of their family provides an outstanding opportunity to understand and learn.

As the director of the VI, I look forward to welcoming each of you to an outstanding educational program and to provide to you the most current information on the treatment of laryngeal cancer, the consequences of laryngectomy, a laryngeal speech options, clinical problem-solving, comprehensive assessment of the laryngectomees and his/her loved ones, and the importance of teamwork in providing the best and most current information relative to this important clinical population.

I, as well as the Assistant Director Jodi Knott, and the remainder of the IAL faculty look forward to welcoming you to Spokane in June. See you then!

Philip C. Doyle, Ph.D., CCC-SLP
Voice Institute Director

“Debi,” continued from Page 10

Debi learned to use the intra oral Cooper Rand very well and kept it handy as a back up that was comfortable to use in an emergency. Debi briefly tried the puncture and TEP about a year post op, but gave it up after twice dropping her prosthesis down into her trachea. After those two trips to the ER to have the prostheses removed from her trachea and lung (all the while teaching the ER staff how to treat her problem with her Cooper Rand) was enough to cause her to focus learning esophageal speech techniques. She came early to the Valley’s Club monthly meetings for the group ES lessons I taught. She caught on quickly and ES became her primary method of speaking for about 18 years. With her new ability to speak she attended a seminar that she claimed helped her begin the anti-tobacco campaign and presentations.

“Women who behave rarely make history”, describes the life of women like Debi.

Debi was a warrior. It should come as no surprise to learn that Debi’s family was Iroquois. Her sister Deena says, “Mother’s grandmother was pure bred Iroquois (daughter of the chief) and her grandfather was 1/2 Iroquois and 1/2 French on her father’s side”. As close friends we shared this American Indian heritage; Iroquois & Cherokee. She made a red leather medicine bag for me for my health and spiritual protection. We both knew she was getting ready for her long good bye. (She was beginning to deal with tongue cancer and she knew chemo was a long shot.) Over long “friends catching up” lunches she would described herself as a rogue, pistol packing, street fighter, “biker chick”, and remained so at heart. Debi lived life her way, the personal/spiritual Native American way to live daily.

Debi started smoking at 13. Addicted to a $.25 pack a day very quickly. This was a problem that meant she went to every high school in the valley. She was kicked out of each of them for smoking. She finally graduated from California Youth Authority. Later this unique background and her grit helped her to connect with youth and adults who had all sorts of addictions. Debi went on to attend classes at UCLA and Berkley. Few know that her work with the classes on anti-tobacco were part of her studies that lead to her MA and eventually her PhD.

Debi was a beautiful woman inside and out with a sense of humor so wicked she could easily have been a stand up comedian. Instead she became a sit down presenter that used her humor like a teaspoon of sugar to get the tough message to go down. Even while receiving chemo with a roomful of folks that needed to laugh at their situation she could find something funny enough for them all to chuckle and laugh together until tears rolled down their cheeks.

You are invited to visit our homepage www.TheIAL.com to see the obituary for Debi that begins with her sister, Deena White’s, announcement letter, and continues open ended for additional testimonial comments from others who knew and cared about Debi as a dynamic memorial.
Cruise To Cozumel, Earn Continuing Education Units
By Aimee McGinnis

Whether you are a professional in the field of speech and language pathology and need **ALL YOUR Continuing Education Units (CEU)** for 2013 to be taken care of in one trip, or you are simply someone wanting a great deal on the trip of a lifetime, come join us in October for a 5-day cruise to Cozumel, Mexico, aboard Carnival Cruise Lines!

Susan Reeves, M.Ed., CCC-SLP, owner and Director of Reeves Rehab Speech Therapy Center in San Angelo, Texas, is also the IAL Administrative Manager and IAL Office Staff Manager, has put together this fundraising cruise for all who would like to participate! It will also be a fundraiser for the International Association of Laryngectomees as well as the Texas Laryngectomee Association.

The cruise will leave from Galveston, Texas, on Thursday, October 17 and will return on Monday, October 21. The speaker will be Ms. Susan Reeves herself and she will be teaching on “Alaryngeal Rehabilitation: Review of Anatomy/Physiology, Changes in Body, Alaryngeal Voices, Evaluation and Treatment Goals”. Each professional will obtain 10 CEU’s as a result of the training and as stated all the proceeds from the continuing education monies will be donated to both The International Association of Laryngectomees and The Texas Laryngectomee Association.

Prices including taxes, gratuities, meals, cruise, CEU’s, etc. are as follows:
- Basic price: Interior/no windows: $547.06-$557.06
- Ocean view/picture window: $587.06-$592.06
- Balcony: $676.06

Deposit: $150.00 per person by April 5, 2013; $200.00 per person additionally by June 4, 2013; and the Balance due; August 12, 2013.

*If you/spouse/friend want to attend and do not want to obtain CEU’s; subtract $75.00 off of the figures above.*

For more information contact either:
Travel Agent:
Peggy Byron at: peggybyron@bellsouth.net or call (205) 995-0036

Or contact:
Reeves Rehab Speech Therapy Center
(325) 340-4020
reevesrehab.am@gmail.com

EVERYONE IS WELCOME! COME AND BRING A FRIEND!
Please don’t hesitate to call!! We hope to see you there!!

(Advertiser note: Ms. McGinnis is a member of Susan Reeves’ staff)

First Timers, continued from Page 7

Yes, there will be dancing at the banquet! The rest of the week there are places to eat near this hotel for breakfast and lunch breaks and a chance to get outdoors for a few minutes.

You may wish to bring your swimsuit and join in during our annual pool party where laryngectomeme swimmers demonstrate how they continue to enjoy water activities. You could combine lunch by the pool while you observe this event. Every year we have a few new swimmers willing to join in with us. Some have come into the water in a tee shirt and pants rolled up when they see us having fun in the water.

Anybody can join the Auxiliary membership. On Saturday morning a breakfast meeting is held for all Auxiliary members during the delegate’s annual business meeting and the Voice Institute wrap up session. The IAL Auxiliary has a table of donated items for sale, some to be raffled off on Saturday afternoon. The proceeds from the Auxiliary volunteer efforts support the Voice Institute.
IAL Annual Meeting Registration  
Spokane Washington

If you are a laryngectomee and would like assistance to develop your speech, you should register for the IAL Voice Institute as a Voice Institute Pupil (VIP) and use FORM B (IAL Voice Institute Form)

If you have been a laryngectomee for at least two years, have good speaking skills, and would like in-depth instruction in communication methods and related topics to serve as a peer counselor to other laryngectomees, register for the IAL Voice Institute as a Laryngectomee Trainee, and use FORM B (IAL Voice Institute Form)

All others please complete this form to register for the annual meeting.

Registration fee:          $90 per person (postmarked on or before May 1, 2013
$100 per person (postmarked after May 1, 2013

First Attendee (please print)
___________________________Laryngectomee? □ Yes  □ No

Second Attendee (please print) __________________________________ Laryngectomee? □ Yes □ No

Street Address______________________________________________________________________
City___________________________State/Province__________Zip________Country_____________

Phone Number(___)________________________Email___________________________________

Note: All sessions of the Annual Meeting and Voice Institute are conducted in English and, if needed, you must arrange for your own translator.

Please Check here if you require assistance, have dietary restrictions, or need special accommodations to attend the meeting because of physical limitations. You will be contacted for other information.

You may also register online at http//www.theial.com or by check or money order payable in U.S. dollars to the International Association of Laryngectomees and mail it to IAL, 925B Peachtree Street NE, Suite 316, Atlanta, Georgia  30309

Payment by Credit Card:
Please check: □ Visa □ Mastercard □ American Express □ Discover (go to theial.com to use PayPal)

Cardholder Name_______________________Security Code_____________Cardholder Signature__________________

Red Lion Hotel at the Park - Spokane, WA
303 West North River Drive, Spokane, WA 99201 Tele: 1-800-733-5466
A hotel spokesperson said to be ready to provide the staff with your date of arrival and what group you are with (IAL Annual Meeting) to ensure the group rate. The negotiated rate of $99, plus tax, per night, ends May 13. Dates are June 5-8 for the Voice Institute and June 6-8 for the IAL
IAL Voice Institute Registration
Spokane Washington
June 5-8, 2013

If you are a laryngectomee and would like assistance to develop your speech, you should register for the IAL Voice Institute as a Voice Institute Pupil (VIP) using this form.

If you have been a laryngectomee for at least two years, have good speaking skills, and would like in-depth instruction in communication methods and related topics to serve as a peer counselor to other laryngectomees, register for the IAL Voice Institute as a Laryngectomee Trainee (LT) using this form.

Speech pathologists (ST) and graduate students (GS) should also use this form.

All others please complete Form A (Annual Meeting Registration Form)

<table>
<thead>
<tr>
<th>Registration Fees</th>
<th>Check One</th>
<th>On or Before May 1, 2013</th>
<th>After May 1</th>
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<tr>
<td>Voice Institute Pupil (VIP)</td>
<td>$100 (Limited Scholarships Available)</td>
<td>$120</td>
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<tr>
<td>Laryngectomized Trainee (LT)</td>
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<td>Speech Pathologists (SP)</td>
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<tr>
<td>Undergraduate/Graduate (GS)*</td>
<td>$200</td>
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* A 10 percent discount per student is available for groups of five or more students from the same institution. Groups must be identified to the IAL in advance of registration for approval.

First Attendee (please print)___________________________Laryngectomee? Yes No
Second Attendee ______________________________________Laryngectomee? Yes No
Street Address________________________________________
City___________________________State/Province__________Zip________Country_____________
Phone Number(______)___________________Email_______________________________________

Note: All sessions of the Annual Meeting and Voice Institute are conducted in English and, if needed, you must arrange for your own translator.

Please check here if you require assistance, have dietary restrictions, or need special accommodations to attend the meeting because of physical limitations. You will be contacted for further information.

You may also register online at http://www.theial.com or by check or money order payable in U.S. dollars to the International Association of Laryngectomees and mail it to IAL, 925B Peachtree Street NE, Suite 316, Atlanta, Georgia 30309.

Payment by Credit Card:
Please check Visa □ MasterCard □ Discover □ American Express □ (Go to theial.com to use PayPal)
Cardholder Name___________________________Security Code_________Cardholder Signature___________________

Please register for the IAL Annual Meeting (Form A) or the IAL Voice Institute (Form B). Do not register for both events. Also, register for the hotel by calling 1-800-733-5466 (Additional hotel infor-

There are a limited number of Batten Scholarships for laryngectomees who require financial assistance to attend. For eligibility please visit http://theial.com or contact: Philip Doyle, Ph.D., at pdoyle@uwo.ca
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Above: an evening cruise on Lake Coeur d’Alene.
Center: a wine tasting just over the bridge from the hotel.
Bottom: Downtown Park in Spokane, just minutes from hotel.
Photos either purchased or from “Visit Spokane.”
Atos Medical products and expertise are developed in close cooperation with leading institutions, doctors, researchers, speech language pathologists and patients from all over the world. All our claims and arguments rest on the results of clinical studies. Atos Medical started the research and development on the first Provox voice prosthesis in 1987. Throughout the years, we have worked hard to develop Provox as the leading voice and pulmonary rehabilitation system on the market. We continue to allocate substantial resources for product development and training programs for Ear, Nose and Throat specialties. Our goal is clear: Atos Medical will continue to lead the way in ENT. www.atosmedical.us

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The new Provox StabiliBase adhesive is specially designed to improve your comfort, while wearing a HME cassette, a FreeHands HME or another product from the Provox system. Its unique design and structure aims to provide a good fit and device stability during speech.

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Provox StabiliBase adhesive stayed on significantly longer and did not need to be changed as often as FlexiDerm™ or XtraBase™. Provox FreeHands HME® users reported that with StabiliBase they could use their FreeHands device for significantly more hours than with FlexiDerm or XtraBase.

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The Provox StabiliBase is designed in a convex shape with stabilizing bars providing a good stoma fit, especially for users with deep stomas.

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