Course on emergency treatment of laryngectomees scheduled for eve of 2013 IAL Meeting in Spokane

By Charles C. Moore
Editor IAL News

Those attending the Annual IAL meeting in Spokane might want to consider getting there a day or two early.

Ed Chapman and the Southeastern Washington Laryngectomee Club in conjunction with area medical professionals and the IAL are sponsoring a three-hour, emergency medical treatment course. All IAL attendees are welcome to observe.

It will be on Tuesday, June 4, beginning at 1 p.m. Registration begins at 11 a.m. The class lasts until 4 p.m.

“This program is designed to educate or refresh the knowledge of paramedics, EMTs, firefighters, and can include doctors, nurses, respiratory therapists, and CNAs,” said Chapman.

“This class is, of course, going to be directed toward EMS personnel so, although they can sit in on it, Larys, SLPs etc. aren’t really going to be invited to take an active part, said Chapman.

The topic of focus will be the altered anatomy and consequent complications that might arise in an emergency situation for laryngectomized individuals,” said Chapman.

Participants will be informed on the anatomy and physiology of the respiratory and digestive systems in normal individuals, as well as the altered anatomy of laryngectomees, pre-surgery complications, and post-laryngectomy complications that require medical attention.

The intention of this course is for the participants to gain enough information to be able to set up an ongoing education program at their work facility.

The goal, said Chapman, is that all appropriate staff is knowledgeable of the protocols about how to effectively help laryngectomees in emergency situations.

The class consists of two hours of instruction and one hour for questions and answers, including a test and summation.

Presented By
Southeastern Washington Laryngectomee Club
Spokane area medical professionals
IAL Annual Meeting /VI Meeting 2013

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*Data on file. The study compares Provlox StabiliBase to FlexiDerm / XtraBase.
About The IAL News

The IAL News is published four times a year by the International Association of Laryngectomees. Information provided by the IAL News is not intended as a substitute for professional medical help or advice, rather as an aid in understanding problems experienced by laryngectomees and the state of current medical knowledge.

A physician or other qualified healthcare provider should always be consulted for any health problem or medical condition.

The IAL does not endorse any treatment or product that may be mentioned in this publication. Please consult your physician and/or speech language pathologist (SLP) before using any treatment or product.

The opinions expressed in the IAL News are those of the authors and may not represent the policies of the International Association of Laryngectomees.

As a U.S. charitable organization, as described in IRS 501 (c) (3), the International Association is eligible to receive tax-deductible contributions in accordance with IRS 170.

Newsletter Postage Must Be Guaranteed By Subscribers

Outside North America

IAL News Staff Reports

Increasing costs have forced the IAL to stop mailing The IAL News to non-North American countries unless postage payment is guaranteed beforehand.

Canada is exempted from this Board of Directors action. Canadian clubs paying regular dues will continue receiving The News.

Foreign clubs who want to continue receiving The News, please contact the IAL at the telephone number or email address listed below.

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Items Available From The IAL

- IAL Brochures
- Postcards to order copies of The IAL News
  (Or Change Address)
- Orange Emergency Cards
  (English)
- Orange Emergency Window Stickers (English)
- “Laryngectomees Loving Life” DVD (35 minutes) ($10 donation requested)
- “First Steps”...Only available to download from the IAL website

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Charlie’s Voice

For the past few weeks I have been following the comments on WebWhispers and a couple of other sites concerning reactions to a laryngectomees’ voices.

The reactions range from the comedic to the absolute hurtful. But mostly they happen because of ignorance on the part of the person reacting.

The funniest one was a person asking if it would eventually “heal by itself.” Gosh, we hope not.

Then there was the most hurtful, though in this case it made the laryngectomee angry.

She was shopping in a large department store and needed some help getting an item. One of the store’s employees became agitated at the request and began mocking her. The incident was reported to the store’s manager.

My surgeon told me the quality of my post-op speech would depend on several variables: where the tumor was, how much had to be cut away in that area and how hard I was willing to work.

I ended up with a good-to-excellent voice, though I use a tracheoesophageal voice prosthesis 95 percent of the time and an electro larynx the other five.

The funniest thing I have ever had said to me was by a speech language pathologist a couple years back. I was searching for a back-up for Dr. Caryn Melvin, who might not be available at the crucial time, though she is nearly always.

Anyway, the SLP asked me: “Mr. Moore, are you sure you have had a laryngectomy?”

“I indeed am, I replied. “In fact I was referred to you by my surgeon.” She went on to compliment me and say she had a full load. (I eventually got a back-up in Charlotte, 35 miles from my home.) But back to some more of the questions.

Pete Meuleveld shared this priceless little gem.

“...And sometimes I meet people who have not seen me for a while, who will say: ‘Gee, you still have that thing. I thought ‘they’ were going to remove it!”

Then there was this little nugget from Tommy Wilson. “Upon learning of my laryngectomy an MD said to me, “It’s reversible, right?”

I don’t think I have ever gotten angry at anyone about my “new voice,” gravelly though it may be. And I was able to keep my Southern accent. Voice Institute Director Dr. Phil Doyle assured me in 2010 that I still sound as Southern as Richard Petty.

Although I have been annoyed, it didn’t last long... It happened in October 2010, seven months after my surgery.

My wife and I had gone by the radiation clinic 25 miles from our home to pay part of the bill the clinic had provided.

As usual, the receptionists greeted us with smiles and began talking to my wife. “Whoa, there,” said I.

By this time Dr. Melvin had me talking as well as I do today.

“I believe you are going to be talking to me from now on,” I continued.

The girls began scurrying around getting all the techs and nurses who had helped with those miserable 35 days. Even my radiologist, Dr. Bobo, made an appearance. He is a good guy, even if he did go to Auburn.

And this, last, but best one, as far as I am concerned, from Aaron Futt., maybe because I use it a lot, too.

“...Was that from smoking?”

Like Aaron, I always say “yes,” though he quit 36 years ago and I smoked my last one three months after the surgery, 47 years total.

I never miss a chance to preach anti-tobacco.
INTRODUCING

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2013-15 IAL Officer, Board of Directors, position openings

In accordance with the 2012 revised Bylaws of the IAL, a notice is hereby given to all clubs and members of the IAL that are presently in good standing with dues paid up-to-date.

The purpose of this notice is to give each club time to scout their club for laryngectomee members who are qualified to serve as an IAL Officer or member of the Board of Directors. We are looking for persons who are well rehabilitated that would be an asset to the future of the IAL.

Any one interested in becoming a candidate in 2013 needs to go to the IAL website and read through the Bylaws, Code of Ethics and the Oath taken by elected BOD members and employees.

If you, the reader, are inspired by the goals set forth in the above documents we invite you to apply for a seat on the Board of Directors.

At the 2013 Delegate’s Meeting election we anticipate the following openings: The Office of Secretary, and four expired BOD seats.

To apply go to www.TheIAL.com and download a copy of the Board of Directors Application, or it may be filled out and submitted online. We also need a short biography, a 2 ½ x 4” photo, and letter of endorsement from your IAL member club. These can be emailed, or by hard copy by March 15th, 2013, mailed to the Chair of the Nominating Committee. This deadline is important because nominations must be mailed to all Qualified IAL Member Organizations at least forty-five days prior to the Annual Meeting of Club Delegates.

Elizabeth Finchem
Nominating Committee Chair
7145 W. Hunington Drive
Tucson, AZ  85743-5008

Atos Grant Honoring Eric Douglas Dolinger
By Charles C. Moore
Editor, The IAL News

Atos Medical announced this month that a $4,000 educational grant is to be budgeted, honoring the late Eric Douglas Dolinger.

Dolinger, 45, the Northeast representative for Atos, died on Nov. 13, 2011 of heart arrhythmia while hiking in Santiago, Chile, with his daughter.

The grant is budgeted for five years, said Rick Brokenshire President & Managing Director for Atos Medical. “We have budgeted this grant to continue for 5 years, it is my hope the IAL & WW will receive this grant every year. I cannot promise that but that is the intent.”

“Both the IAL and WebWhispers will receive a grant of $1,500.00 each, said Brokenshire. “Both organizations have agreed to split the $1,500.00 as follows; $1,000.00 is to be used at the discretion of each Board of Directors to continue their good work. The remaining $500.00 that each organization will receive is to be used to offset travel and/or lodging expenses for laryngectomee or their families to attend the annual meeting. As to who receives the travel offset and how much, that too is at the discretion of the Board of Directors for each group. The identities of who receives the travel offset are to be known only to the two Boards of Directors and not made public. I have asked only that each Board send me a letter after the annual meeting telling me how the funds were distributed (not who received them.”

As for the Harvard course, Brokenshire said they will receive $1,000.00 which is to be used solely for offsetting travel and/or lodging expense for healthcare professionals so that as many as possible can attend this great course.

“I must mention this course has due sponsors; Massachusetts Eye & Ear (Harvard) in Boston and Stanford University in Palo Alto, California. Harvard conducts the course in odd years (2013) and Stanford on the even years. With the laryngectomee population being so small compared to other groups it is important that we train as many healthcare professionals as we can so they can understand how important a role they play both in the rehabilitation process and the "new normal," he said.

To continue please see Choice, page 17
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Right Questions Critical Before Surgery

By Itzhak Brook MD

Choosing the best treatment for cancer may be challenging and difficult. Patients should be well informed before making their choice. Communication between the patient and family and their medical team including their physician is very important.

The medical team should describe the available treatment choices to the patient and the expected results of each of them as well as their possible side effects. Patients should carefully consider the available options and understand how these treatment modalities may affect their functions, general health, appearance and livelihood. The patient and his/her health care team can work together to develop a treatment plan that fits their needs and expectations.

When facing a new medical diagnosis that requires making a choice between several therapeutic options including surgery it is important to get a second opinion. There may be different medical and surgical approaches to care for a patient and a second (or even third) opinion may be invaluable. Getting such an opinion from physicians who are experienced in the issues at hand is wise. There are many situations where treatment cannot be reversed. This is why choosing the course of therapy after consulting with at least one more specialist is very important.

Some individuals may be reluctant to ask for a referral to see another physician for a second opinion. Some may be afraid that this will be interpreted as lack of confidence in their primary physician or doubts about their competence. However, most clinicians welcome and encourage the practice and many medical insurers welcome it.

Patients are often stressed and anxious when they learn that they suffer from a serious illness and may not be able to integrate all the information and explanations they hear. They may therefore need to hear these several times to understand and integrate the information. Having a patient advocate (family member or friend) attend the discussions with the medical team is desirable as they can assist the patient in making the correct choice.

Please see questions page 13

Dr. Brook also served 27 years as a Navy physician. Here he stands beside his ship, the aircraft Carrier USS John F. Kennedy
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IAL Website Upgrade
Making Major Progress
If you haven’t visited the IAL:website in a while, you need to do so.
There you will see the fruits of a major upgrade beginning to take shape.
In the near future IAL President Bob Herbst wants to see several standing service columns added, such as obituaries and upcoming events.
Technicians are working hard to develop the site into something in which the IAL membership can take pride.
The site is already more attractive, easier to navigate and use.
Shortly the IAL Board of Directors will begin soliciting information that might be suitable for the site.

In Honor Gifts

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Hotel rates released for
2013 IAL Annual Meeting

IAL News Staff Reports
Rates for Spokane, Washington’s, Red Lion Hotel In the Park are $99 plus tax.
There have been inquiries about costs of attending the 2013 IAL Annual Meeting and the Voice Institute during June 5-8 for the Voice Institute and June 6-8 for the IAL meeting.
Obviously, there is no way the IAL can give any costs projections for travel, depending on what type booking and mode of transportation is used.
For example, a round trip ticket from Charlotte, N.C., is selling for $586 right now. But it is too early to book.
There will be lots of information in this and even more in the April issue detailing the Red Lion and its amenities.
For more hotel information please call the Red Lion at the Park's Reservations Department at (509) 326-8000.

CLAudis Urged To Pay IAL Dues In Timely Fashion

IAL News Staff Reports
Dues invoices for 2013 have been mailed.
Member clubs’ timely payments will be appreciated and recognized when received.
“Theyir continued support provides the foundation for the membership to have representation in the IAL, “ said IAL vice president Wade Hampton.
Dues range from $25 for the smallest clubs—one to 10 members—to $175 for the two largest categories.
The address for mailing is:
The IAL
925B Peachtree St. NE
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Atlanta, Georgia, 30309-3918

The IAL’s Sponsorship Program

The IAL Board of Directors has established a sponsorship program to support continuation of the organization’s work.
Individuals, clubs, organizations, foundations and non-laryngectomee product businesses are invited to contribute in any amount.
Donations are tax deductible under U.S. laws. Contributions are cumulative over time with the category increasing by the total amount given.

In Honor Gifts

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Two long-time speech language pathologists were honored for their service to laryngectomees at the June 2012 IAL meeting in Durham, N.C.

Dr. Jan S. Lewin, MD Anderson Cancer Center, Houston, Texas, was presented the 2012 Clinical Excellence Award.”

Robert L. Keith, Mayo Clinic, Rochester, Minnesota, received the 2012 “Dr. James C. Shanks Master Clinician Award.”

Both Lewin and Keith were unanimously approved by the IAL Board of Directors.

Lewin is currently Professor in the Department of Head and Neck Surgery and Section Chief of Speech Pathology and Audiology at The University of Texas MD Anderson Cancer Center.

She received her undergraduate degree from the University of Michigan where she graduated Phi Beta Kappa and she also received her Master’s degree from the same institution. Her Ph.D. was received from Michigan State University.

“Dr. Lewin is well-recognized for her academic and clinical contributions to the areas of alaryngeal speech restoration after total laryngectomy and swallowing rehabilitation in those treated for head and neck cancer.

“She has been a fervent supporter of head and neck cancer survivors and is a frequently invited presenter to Cancer Care education workshops. She has lectured at local, national, and international conferences,” said IAL Voice Institute Director, Dr. Philip Doyle

Dr. Lewin also serves on the editorial review board for several professional journals. She is the principal investigator or a collaborator on numerous multidisciplinary research projects and has written or co-authored numerous articles and book chapters.

She has received numerous honors and awards for her meritorious contributions to academic scholarship. Dr. Lewin was made a Fellow of the American Speech-Language-Hearing Association in November, 2003.

In 2009, she received the Outstanding Alumni Award, College of Communication Arts & Sciences, as well as the Herbert J. and E. Jane Oyer Endowed Lecturer, 2010, from Michigan State University. She is a board recognized specialist in swallowing. She continues to serve on several institutional committees and has been a steering committee member of the Voice and Voice Disorders Special Interest Division of the American Speech-Language-Hearing Association, an invited committee member of the American Society of Clinical Oncology, American College of Surgeons Oncology Group, and the Radiation Therapy Oncology Group Surgical Subcommittee. Dr. Lewin serves on the editorial board for Head and Neck and provides editorial review for numerous other professional journals.

Dr. Lewin is the principal investigator or chairman on 10 research studies and is the co-investigator on several other multidisciplinary research projects.

Finally, she has written or co-authored over 50 articles in peer-reviewed journals, 17 book chapters, along with a myriad of other publications on the topic of functional restoration of speech and swallowing.
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Extremely lightweight (only 1 lb, 1.4 oz. with batteries), the ADDvox 7 amplifier is comfortably worn at the front of the waist. Available with choice of a 110 volt or 220 volt Charger for travel. ADDvox 7 Kit includes Amplifier/ Speaker, Belt, Lapel and Headset Microphones, a Travel/Storage Case and 8 NiMH Batteries with Charger (choice of 110v or 220v). 1 year Warranty.

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"Questions" continued From Page 8

- What is the size, location, spread, and stage of the tumor?
- What are the treatment options?
- Would they include surgery, radiation therapy, chemotherapy or a combination of these?
- What are the expected side effects, risks and benefits of each kind of treatment?
- How can side effects be managed?
- What is my chance of preserving normal functions and activities with each of the above treatments?
- How to prepare for treatment?
- Will the treatment require hospitalization and if so for how long?
- What is the estimated cost of the treatment and will insurance cover it?
- How will treatment affect one’s life, work and normal activities?
- Is a research study (clinical trial) a good option?
- Can you recommend an expert for second opinion regarding the treatment options?
- How often and for how long will there be a need for follow ups?

Hopefully these measures will assist the patient in making the best treatment choice.

Itzhak Brook is a Professor of Pediatrics at Georgetown University School of Medicine and author of the book "My Voice: A Physician’s Personal Experience With Throat Cancer"

He is also a retired U.S. Navy doctor, attaining the rank of commander before he was forced to retire.

Activities for IAL attendees in walking distance of hotel

By Charles C. Moore
Editor, IAL News

As nearly everyone connected with the IAL knows by now, the hotel for the 2013 Annual Meeting is the Spokane Red Lion Hotel at the Park.

And while Spokane is loaded with great sites for short trips, there is much to do within walking distance, according to Peyton Boone, destination marketing coordinator for the agency “Visit Spokane.”

Fun is just out the back door and over the bridge, he said.

Walk to nearby Riverfront Park to experience beautiful natural settings and family-friendly attractions.

“Take a spin on the historic Looff Carrousel, built in 1909 and adorned with numerous hand-painted horses. Look for the infamous sneaky tiger, or reach for the gold ring! Experience the Spokane Falls up close on the SkyRide, a gondola that drops down in front of the nation’s second largest urban waterfalls,” said Boone.

To continue, please see “Activities” on page 17
Robert L. Keith, Mayo Clinic, Rochester, MN, was awarded the IAL’s “Dr. James C. Shanks Master Clinician Award” at the June IAL Annual Meeting in Durham, N.C.

Over his clinical career, Mr. Keith served as the IAL Voice Institute Director for 10 years.

He also coordinated 12 seminars for the Mayo Clinic before and after his responsibilities as the Voice Institute Director.

Mr. Keith received his BS degree from Minot State University in 1957, obtaining his Master’s degree from the University of North Dakota in 1959. Following graduation, Mr. Keith assumed a clinical position at the Mayo Clinic in Rochester, Minnesota.

He worked full time at Mayo from 1962 to 1994 and then worked part-time from 1994 to 2007 when he was hit by a car and required 7 surgeries in the year that followed.

As an adjunct to his clinical work, Mr. Keith attended the Seminary part time in the mid 1990’s and received a certificate to serve as a Hospital Chaplain.

He is widely regarded as one of the “old school” clinical masters of post-laryngectomy rehabilitation and patient care,” said Dr. Philip Doyle, Voice Institute Director.

“His contributions are widely acknowledged professionally. His contributions to the IAL are longstanding and if one were to identify the list of those who served to form the modern day foundation of the IAL, Mr. Keith’s name would immediately emerge.”

“Based on this service to those who have undergone total laryngectomy and members of their family, as well as his longstanding contributions to the IAL and the Voice Institute, on behalf of the IAL, I am pleased and honored to present the 2012 Dr. Keith Receives 2012 ‘Dr. James C. Shanks Master Clinician Award’

By Charles C. Moore
Editor, The IAL News

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- Wayne Baker
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- Phil Benadum
- Russ & Wendy Buhl
- Marie Cronin
- Jim and Janet Gilbert
- Bradford Gooch
- Terrie Hall
- Virginia Hegg
- Adam Herbst
- Simeon Hyde
- Harry Jensby
- Thomas Kaelin
- Art & Kate Kohout
- James Lombardo
- Marvin Mackoff
- H. W. Noles
- NCC of the Niagara Frontier
- Claire Overmeyer
- Susan Reeves
- Gwyneth Reid
- Erich Paulie Sender
- Thomas and Ruth Shreve
- Wilbur P. & Ester R. Slauson
- Tidewater Lost Chord Club
- Charley Underdahl
- Julie Williams
- Windsor & Essex Chapter of New Voices

**Silver $250**
- David Blevins
- Jeannette Canovaca
- William Freeman
- Wade Hampton
- Lesley Herbst
- Tom Herrig
- Marriott
- New Voice Club of Oregon
- John Solenberger

**Bronze $200**
- Edward Hammer
- Donald Hardeman
- Walter Hellyer
- Ron Leclair
- Charles Mickellar
- George & Leah Ostrander
- Peninsula Lost Chords Club
- Karen Roberts
- Shirley Salmon
- Lewis Trammel

**Bronze $150**
- Thomas Cleveland
- Sapp Funderburk
- James Hawkins
- Cheryl Lee
- Saul Silver
- Jerry Trabue

**Bronze $100**
- Kevin Ahern
- Wayne Baker
- Walter Bauer
- Phil Benadum
- Russ & Wendy Buhl
- Marie Cronin
- Jim and Janet Gilbert
- Bradford Gooch
- Terrie Hall
- Virginia Hegg
- Adam Herbst
- Simeon Hyde
- Harry Jensby
- Thomas Kaelin
- Art & Kate Kohout
- James Lombardo
- Marvin Mackoff
- H. W. Noles
- NCC of the Niagara Frontier
- Claire Overmeyer
- Susan Reeves
- Gwyneth Reid
- Erich Paulie Sender
- Thomas and Ruth Shreve
- Wilbur P. & Ester R. Slauson
- Tidewater Lost Chord Club
- Charley Underdahl
- Julie Williams
- Windsor & Essex Chapter of New Voices

**Bronze $50**
- Marion Alexander
- The Lost Chord Club of Central Arkansas
- Mary Bacon
- Kathleen Bashista
- Linda Battaglia
- Susan Campbell
- Brandon Carmichael
- Dr. David Castrodale
- Anne Cinquegrana
- Michael Cohn
- Julie Crane
- Natalie & Cliff Crew
- Moira Daly
- Laurie Gallant
- Patricia Gawron
- Logan Grayson
- Jackie Lee Kron
- Martin Jarmel
- Walter Josephson
- Joanne Kron
- Ronald Leek
- Norman R. Lovell
- Gary & Kathy Maloney
- Ann McKennis
- Ron Mattoon
- Bernie Marge Rissel
- Dale Rothenberger
- Jay Rothenberger
- George C. Rudge
- A C Scott
- Clyde V. Simmons
- Edward H. Snider
- Richard Strauss
- Ellie Tatro
- Ed Thomlinson
- Tri-City Nu-Voice Club
- Amie Walsh
- Phyllis Wheeler
- Gary Weber
- Claire Vaudry
- Dennis H. Yankey

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**Donations honoring individuals are on page 10.**
“Never, never, never give up!” This Winston Churchill quotation is also Frances Stack’s mantra.

Frances is an “old timer” in our laryngectomee circles, as a 57-year post-op survivor. She continues to help the newest laryngectomees.

This amazing woman begins her story telling us she was a high school dropout, hairdresser and entrepreneur with her own salon on the Southside of Chicago while she battled through her cancer, a partial laryngectomy and radiation therapy for three years. In 1955, at the age of 26, she had a total laryngectomy.

She learned to use esophageal speech very well. Frances continued to run her salon for another 17 years, and also managed to volunteer at the speech clinic one day a week as an instructor.

Her mentor convinced her to go back to school to get her GED and the degrees necessary for a speech pathologist. Helping her local group with speech therapy helped her come out of her post op shell. She attended her first IAL Voice Institute in 1969 in Pittsburgh, PA. Little did she know this would change the direction of her life.

She served on the IAL BOD for many years, and was elected President of the IAL (1988-90).

Frances struggled through working and classes to graduate with her degrees and went on to become an accomplished speech pathologist, and later became Supervisor of Communicative Disorders and Audiology at Christ Hospital in Oak Lawn, IL. She also began teaching in different universities as a guest Mayo Clinic Faculty member that traveled halfway around the world conducting rehabilitation seminars in Canada, Australia, New Zealand, Hawaii and other destinations.

Over the decades Frances Stack inspired many and encouraged laryngectomees to become lay speech instructors and speech pathologists. She was one of my earliest mentors as she supported my rehabilitation and involvement in the IAL and at Mayo Clinic. It has been an honor to work with her and have her friendship.

Many others share this respect.

“My first experience in meeting Frances was when I conducted a seminar on Apraxia of Speech & Dysarthria of Speech here at Mayo in Recognition of Dr. Fredric Darley. Frances was an attendee - and that was my first time of meeting her. “ I involved her in my seminar that year which would have been in the 1970’s. She continued as a staff member of all my Seminars both for Mayo and for IAL. She was a great example of what could be accomplished in learning speech as a laryngectomee and also being a professional in the area of Speech Pathology,” said Robert Keith, MS, CCC, SLP, and former professor at the Mayo Clinic. He was awarded the “Dr. James C. Shanks Master Clinician Award” in 2012.

I was pleased when Francis was elected President of the IAL. She could relate to men, women, old, and young. As I recall, she was only in late teens or very early twenties when she was diagnosed and had her surgery. She became an excellent esophageal speaker and never seemed to let the surgery have a negative effect on her life. Frances was always willing to help another person who had the surgery, no matter when or where. She also has a good sense of humor. She is a pet lover, devoted to her dogs,” said Zilpha Bosone, Ph.D., SLP.

To continue please see “STACK,” Page 17
Stack, continued from page 16

And from Shirley Salmon, PhD, SLP:

“Frances Stack has spent many years teaching esophageal speech to laryngectomies. She has served as a model for those in her home state (Illinois), as well as for those in other states, wherever the IAL Voice Institutes have been held annually.”

From Joanne Fenn, M.S., CCC-SLP:

“I had the pleasure of meeting Fran Stack back in 1989 when the IAL Meeting and Voice Institute made its way to Bellevue, Washington. I had recently become involved in the Seattle Laryngectomy Club through the American Cancer Society right at the time in which the Club was frantically making arrangements for the Annual meeting that summer. At the time, I did not yet have my degree in Speech Pathology, but was working in health care.

I attended that meeting after having been elected as President of our local club. That meeting changed the course of my life. I attended the Voice Institute and met among many others, Fran Stack, who stood out. She was the President of the IAL at the time, and also the only practicing laryngectomized Speech Pathologist I had heard of. Upon meeting Fran and seeing her devotion to and involvement with the IAL, I immediately began to think of returning to school for my Master’s degree in Speech Pathology. With her encouragement and mentoring, I did so and graduated in 1992. Over the ensuing years, I continued to work closely with Fran, both within the Voice Institute and on the IAL Board of Directors. Fran remained very involved and inspirational.

When I think back to my early years with the IAL and Voice Institute, and I realize that I go back quite a ways now, Fran was instrumental in heading me on this path to where I am today. She helped foster the confidence and belief that I, another laryngectomized individual, could become a speech pathologist. I am very grateful to her and to the IAL for this. I can count on many fingers, the amazing individuals I have had the pleasure and honor to meet through my involvement with the IAL, and Fran Stack is one of those people who is at the top of the list.”

Grant, continued from page 6

“This year it happens to the Harvard/Stanford Course,” he said.

A native of Wilmington, DE, Dolinger graduated from Brandywine H.S., George Washington University, and Temple University. He was a speech pathologist at Christiana Care, and worked as the Northeastern Sales Representative for Atos Medical.

Dolinger is survived by his wife, Beth Bryant Dolinger; his children, Molly Everett Dolinger, Benjamin Jay Dolinger and Taylor Jordan Bost.

Activities, continued from page 13

Formed from indigenous basalt formations and powered from the majestic Spokane River, the falls are truly spectacular! Take a refreshing stroll across one of the numerous walking bridges and feel the mist on your face as you take in the view, he said.

“Relax on one of the park benches along the tree-lined pathways, or catch some sun on the steps along the river while feeding the ducks. Just blocks away, abundant shopping and incredible cuisine are waiting to be explored.

“Experience the region’s growing wine scene at neighboring Caterina Winery, Arbor Crest Wine Cellars tasting room or nearly a dozen others and toast a day well spent and savored in Spokane.
April is oral, head & neck Cancer Awareness Month

By Charles C. Moore
Editor, The IAL News

In April, many clubs and groups throughout the world will shine light on oral, head and neck cancer, focusing mainly on helping survivors.

In the U.S., approximately 40,000 people were newly diagnosed with oral cancer in 2012, according to the Oral Cancer Foundation.

The National Cancer Institute estimated that 12,360 men and women (9,840 men and 2,520 women) were diagnosed with laryngeal cancer last year. It also estimated 3,650 men and women died of cancer of the larynx in 2012.

The Institute also estimated there were 6.2 cases per 100,000 men, and 1.3 per 100,000 cases for women.

There are no accurate numbers for how many laryngectomies there are in this country. Estimates are from 60,000 to 100,000, meaning of the 12,360 cases mentioned earlier, only about 3000 would undergo surgery.

Laryngeal cancer is listed as a "rare disease" by the Office of Rare Diseases (ORD) of the National Institutes of Health.

All this points out the advances that have been made over the past 140-plus years.

Supposedly the first laryngectomy was performed in Germany in the 1870s. Since then many famous people have died because of the disease.

Inarguably, the most famous American to die of the disease was the 18th President Ulysses S. Grant.

Prior to his presidency Grant, a Civil War hero, was made commander of all Union forces in March 1864. He accepted Lee's surrender at Appomattox, Virginia on April 9, 1865. After the war, he served as secretary of war (1867-68). He was elected to the nation's highest post in 1868, serving through 1876.

He was diagnosed with throat cancer in 1884 and died on July 23, 1885. He smoked upwards of 20 cigars a day.

But the most famous of all throat cancer deaths had to have been Kaiser Frederick III on June 15, 1888, after serving only 99 days on the throne.

Frederick's death would ultimately help propel Europe into the "The Great War: (WWI) and many historians attribute the rise of Hitler to the emperor's untimely death. He was only 56.

It was widely known that Frederick III favored a constitutional monarchy, unlike the other two powers on the continent: Austria and Russia., who favored the "Divine Right" of kings.

Had there been a parliament in Germany. It is unlikely Germany would have entered WW I. As it was, Frederick's son, Kaiser Wilhelm II, was opposed to any form of government he thought infringed on his "Divine Right."

The new Kaiser continued with the same policies as before and surrounded himself with people who thought the same as he.

It is unknown exactly how much Frederick III smoked but it was said he smoked a pipe constantly.
Texas Laryngectomee Association to Hold Annual Conference In Dallas

By Charles C. Moore  Editor IAL News

All Laryngectomees, spouses/caregivers, SLPs and speech and language pathology graduate students are invited to attend the 22nd Texas Laryngectomee Association annual conference February 15-17, 2013, in Dallas.

The event will be held at the Double Tree Hotel Near the Galleria.

“Joann Fenn from Seattle and our tremendous staff are ready to offer a superior program for all to help meet our mission, a total rehabilitation of the laryngectomee” said John Ulrich, Texas Laryngectomee (TLA” Registrar.)

Ms. Fenn, MS, CCC-SLP is a Speech Language Pathologist and clinical specialist in voice and swallowing disorders, and disorders related to head and neck cancer treatment.

She provides evaluation and treatment for a variety of voice, swallowing and other related conditions including professional voice issues and vocal cord dysfunction.

She has clinical expertise in all aspects of alaryngeal voice restoration including tracheoesophageal puncture (TEP) prosthesis fitting and management, electrolarynx training, and teaching esophageal speech.

She is a faculty member and clinical instructor for the I.A.L. (International Association of Laryngectomees) Annual Voice Institute and is listed in the I.A.L. Directory of Alaryngeal Speech Instructors.

She facilitates the Seattle Chapter of the SPOHNC support group for oral, head and neck cancer.

Ms. Fenn is an ASHA member, and a member of the ASHA Special Interest Groups 3 & 13 for voice and swallowing disorders.

Spokane In 2013...

Members Mark Your Calendars

Voice Institute Wednesday, June 5, 2013—Sunday June 8
IAL Meeting, Thursday, June 6, 2013—Sunday, June 8

Education * Fun * Activities * Vendors’ Latest

Left: The Red Lion Hotel—where we will be staying. It is located on the banks of the Spokane River. Right: The hotel’s patio on the river. (Hotel Photos)

**The IAL Annual Meeting**
IAL Annual Meeting Registration  Form A
Spokane Washington
June 6-8, 2013

If you are a laryngectomee and would like assistance to develop your speech, you should register for the IAL Voice Institute as a Voice Institute Pupil (VIP) and use FORM B (IAL Voice Institute) (form)

If you have been a laryngectomee for at least two years, have good speaking skills, and would like in-depth instruction in communication methods and related topics to serve as a peer counselor to other laryngectomees, register for the IAL Voice Institute as a Laryngectomee Trainee, and use FORM B (IAL Voice Institute Form)

If you are a spouse, caregiver or a laryngectomee not looking for speech assistance as a VIP or becoming a Laryngectomee Trainee, please fill out this form.

All others please complete this form to register for the annual meeting.

Registration fee:  $90 per person (postmarked on or before May 1, 2013
$100 per person (postmarked after May 1, 2013

First Attendee (please print)
_________________________________________________________Laryngectomee? □ Yes □ No

Second Attendee (please print) __________________________________Laryngectomee? □ Yes □ No

Street Address________________________________________________________

City___________________________State/Province__________Zip________Country_____________

Phone Number(____)________________________Email____________________________________

Note: All sessions of the Annual Meeting and Voice Institute are conducted in English and, if needed, you must arrange for your own translator.

Please Check here if you require assistance, have dietary restrictions, or need special accommodations to attend the meeting because of physical limitations. You will be contacted for other information.

You may also register online at http://www.theial.com or by check or money order payable in U.S. dollars to the International Association of Laryngectomees and mail it to IAL, 925B Peachtree Street NE, Suite 316, Atlanta, Georgia 30309

Payment by Credit Card:

Please check: □ Visa  □ Mastercard  □ American Express  □ Discover (go to theial.com to use PayPal)

Cardholder Name_____________________________Security Code_________Cardholder Signature___________________

Red Lion Hotel at the Park - Spokane - Spokane, WA
303 West North River Drive, Spokane, WA 99201 Tele: 1-800-733-5466

A hotel spokesperson said to be ready to provide the staff with your date of arrival and what group you are with (IAL Annual Meeting) to ensure the group rate. The negotiated rate of $99, plus tax, per night, ends May 13. Dates are June 5-8 for the Voice Institute and June 6-8 for the IAL
IAL Voice Institute Registration  
Spokane Washington  
June 5-8, 2013

If you are a laryngectomee and would like assistance to develop your speech, you should register for the IAL Voice Institute as a Voice Institute Pupil (VIP) using this form.

If you have been a laryngectomee for at least two years, have good speaking skills, and would like in-depth instruction in communication methods and related topics to serve as a peer counselor to other laryngectomees, register for the IAL Voice Institute as a Laryngectomee Trainee (LT) using this form.

Speech pathologists (ST) and graduate students (GS) should also use this form.

**All others please complete Form A (Annual Meeting Registration Form)**

### Registration Fees Check One

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*A 10 percent discount per student is available for groups of five or more students from the same institution. Groups must be identified to the IAL in advance of registration for approval.*

First Attendee (please print)___________________________ Laryngectomee? □ Yes □ No
Second Attendee __________________________________ Laryngectomee? □ Yes □ No

Street Address

City___________________________ State/Province__________ Zip________ Country_____________

Phone Number(______)___________________ Email_______________________________________

Note: All sessions of the Annual Meeting and Voice Institute are conducted in English and, if needed, you must arrange for your own translator.

Please check here if you require assistance, have dietary restrictions, or need special accommodations to attend the meeting because of physical limitations. You will be contacted for further information.

You may also register online at [http://www.theial.com](http://www.theial.com) or by check or money order payable in U.S. dollars to the International Association of Laryngectomees and mail it to IAL, 925B Peachtree Street NE, Suite 316, Atlanta, Georgia 30309.

Payment by Credit Card:

Please check □ Visa □ MasterCard □ Discover □ American Express □ (Go to theial.com to use PayPal)

Cardholder Name____________________________ Security Code_________ Cardholder Signature___________________

Please register for the IAL Annual Meeting (Form A) or the IAL Voice Institute (Form B). Do not register for both events. Also, register for the hotel by calling 1-800-733-5466 (Additional hotel information on Page 20).

There are a limited number of Batten Scholarships for laryngectomees who require financial assistance to attend. For eligibility please visit [http://theial.com](http://theial.com) or contact:

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- **Exclusive**: Pressure-Sensitive Button, for More Natural Expression
- Wide Frequency Range, Allowing for Masculine or Feminine Voice Adjustment
- **Exclusive Option**: 9v Battery Operation Means No Custom Mail-Order Batteries
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Don’t Get Caught With Your Charge Down!™

Griffin Laboratories, Inc. is proud to be the first speech aid company to offer integrated USB charging. This innovative feature will allow individuals to charge their device at home, in the car, and on the go.

<table>
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<th>Servox® Digital</th>
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<td>Full 5-Year</td>
<td>2-Years</td>
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- Light Weight, Small Size and Extremely Durable
- Wide Frequency Range Allows for Masculine or Feminine Voice

**Liberty**

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- AA Battery Operation
  - Lowest Operating Cost
  - Longest Battery Life

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**Very Good**

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**Good For Backup EL**

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