

Dyslexia Screening by Jan Bedell, PhD, M.ND

This is a screening that gives indicators of Dyslexia. The right column contains possible root causes, from a NeuroDevelopmental perspective, of these symptoms that can be changed with proper stimulation to the brain.

Parent Check List

Please Answer the Following:	Yes	No	Possible Root Causes
Does your child have difficulty with reading, writing, or spelling?			Visual dominance, proprioception, visualizing skills and too many others to list here
Is your child able to blend words into sounds?			Low auditory processing
Does your child hesitate to read to you?			Fear of not getting help
Does your child reverse letters and groups of letters in words?			Mixed dominance
Does your child read slowly?			Visual issues, mixed dominance, low auditory processing, eye tracking
Does or did your child have trouble learning the names of letters and their sounds?			Possibly mixed dominance or poor visual discrimination
Does your child have difficulty recalling the names of familiar objects, colors, or letters of the alphabet?			Possibly mixed dominance or poor visual discrimination
Does your child expressing himself/herself clearly?			Mixed dominance, low auditory processing
Is your child disorganized?			Lower level brain disorganization
Does your child have directional confusions (left/right, before/after)?			Mixed dominance
Does your child appear to have a short attention span?			Low auditory processing
Does your child often forget or lose assignments?			Mixed dominance, neurological disorganization
Does your child have difficulty copying accurately from printed or written materials?			Visual acuity, visual convergence issue, central detail vision, near point/far point accommodation
Does your child confuse similar words such as "with" and "which"?			Poor central detail vision
Does your child have difficulty following directions?			Low auditory processing
Does your child spend more time than is appropriate on homework?			Neurological disorganization
Does your child appear disruptive in school?			Low auditory processing
Does your child appear to need instructions repeated often?			Low auditory processing

Traditional advice often given by professionals in this field (Coping Skills):

- **Be supportive.** Having difficulty learning to read may affect your child's self-esteem. Be sure to provide love and to support his or her talents and strengths.
- **Talk to your child.** Explain to your child what dyslexia is and that it's not a failure on his or her part. The better your child understands this, the more likely he or she will cope with and compensate for this learning disability.

Our advice: Don't accept a list of current symptoms to define your child's future. Find the root cause and fix it!

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