

# Hyaluron Pen Pre/Post Treatment Care

## How Long Does It Last?

This treatment lasts anywhere from 4-12 weeks. The duration of the effect is dependent upon the area treated and if this is an initial treatment. For lip augmentation with the hyaluron pen, having more than one treatment will greatly extend the length of time the results last from 6 months to a year. We cannot guarantee a specific length of time for how long the hyaluron pen effects last due to individual metabolism and lifestyle factors.

## How Many Treatments Are Required?

One or two treatments may be needed to reach the desired volume effect. Since there is minimal swelling, the results you see will be close to your final result in 3-7 days. It is best to wait 2 weeks before receiving another treatment.

## Precare

If you are receiving this treatment on the lips you can prepare for the treatment by using a mixture of sugar and coconut oil to exfoliate the lips one week before the session. Do not use vitamin E oil as this will promote bleeding. Drink plenty of water before your treatment for the best results. Hyaluronic acid can hold 1,000 times its weight in moisture. Anti-inflammatory supplements and medications such as aspirin, Vitamin E, ibuprofen and others should be discontinued a week prior to treatment.

## Day of Treatment

Do not wear any makeup on the area to be treated. Avoid coffee or other caffeinated beverages before treatment. Your hyaluron pen session will take approximately 30 minutes. No numbing solution is needed for this procedure.

## Post Treatment

You may notice some lumps, but these will subside on their own within a week. You can lightly massage the area to help the serum spread and even out. Do not exercise for 24 hours following treatment or engage in any swimming or sauna activities. Be sure to drink plenty of water to help improve the hyaluronic acid's ability to volumize your treated area since it is a hydrophilic molecule that attracts moisture. Use petroleum jelly to keep the lips moisturized following treatment and wear an SPF lip balm if you will be outdoors. If you experience bruising, arnica cream can be rubbed on the area.

I, \_\_\_\_\_, have read and understand the above information and of my own free will I choose to move forward with my procedure. I acknowledge that not following pre and post treatment instructions may affect my results.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_