Lesson 3: Voice of Love

WE ARE LEARNING THAT: The words we choose to listen to affect how we see ourselves.

BORIS ASKS: Can the children identify the important voices in their lives?
Can the children recognise the difference between kind and unkind voices in their lives?

RESOURCES: Worksheet; Boris the Robot book or PDF version

Explain to the children that we all have people who speak into our lives - some speak love, some speak harm. Some voices will encourage us, cheer us on and help us live well, other voices will put us down, belittle us and make us feel rubbish. Explain that the most important voices in our lives, are the ones that we choose to listen to.

Remind the children of Boris’ story and ask:

- How did Boris feel when he chose to listen to the Scrapman? (he believed he was scrap and went back to the scrapyard)
- How did Boris feel when he chose to listen to Amber and Josh? (he believed he was loved and returned home with them)

Just like Boris had to choose who to listen to, it is up to use to choose who we listen to as well. On the worksheet, ask the children to list the different voices that they have in their lives (e.g teacher, parent, carer, friend). Ask them to write some of the things that person says about them* and draw a heart next to the voices that bring the most encouragement and love. These are the voices that we should listen to. Draw a star next to the most important voice to you.

*Be aware of any children who are sharing that they are only spoken to in negative ways.

HERE ARE SOME WAYS IN WHICH THIS RELATES TO THE CURRICULUM:

R&HE
- F2. the characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other’s lives.
- CF3. that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.

PSHE
- H1. what positively and negatively affects their physical, mental and emotional health
- R10. to listen and respond respectfully to a wide range of people, to feel confident to raise their own concerns, to recognise and care about other people’s feelings and to try to see, respect and if necessary constructively challenge others’ points of view

BIBLE REFERENCE
What you say can mean life or death. Those who speak with care will be rewarded. Proverbs 18:21

SMSC
The spiritual development of pupils is shown by their:
- a sense of enjoyment and fascination in learning about themselves, others and the world around them
- willingness to reflect on their experiences.

SIAMS
Strand 2: Wisdom, Knowledge and Skills

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